



Leonardo dos Santos Lourenço Bastos

**An essay on analysis of performance and use of
resources in healthcare systems**

Tese de Doutorado

Thesis presented to the Programa de Pós-graduação em Engenharia de Produção of PUC-Rio in partial fulfillment of the requirements for the degree of Doutor em Engenharia de Produção.

Advisor: Prof. Silvio Hamacher

Co-advisor: Prof. Fernando Augusto Bozza

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Abstract

Bastos, Leonardo dos Santos Lourenço; Hamacher, Silvio (Advisor); Bozza, Fernando (Co-Advisor). **An essay on analysis of performance and use of resources in healthcare systems**. Rio de Janeiro, 2021. 221p. Tese de Doutorado - Departamento de Engenharia Industrial, Pontifícia Universidade Católica do Rio de Janeiro.

The adequate management of healthcare resources is essential to provide optimal patient care, especially under high stress/strain conditions or limited resources. Benchmarking is helpful to evaluate the performance and quality of care within these systems and provide targets for improvement. This is especially important for the intensive care units (ICUs), which deal with complex cases, high costs and provides relevant insights for treating severe diseases. Under usual conditions, assessing performance in intensive care is complex since metrics must account for the patient's case-mix and the unit's organizational settings. When high strain or stress conditions arise, the resource use increases, and the unit performs in unusual conditions. One of these settings is the COVID-19 pandemic, which has overwhelmed healthcare systems worldwide since December 2019, notably intensive care resources. This thesis aims to evaluate the use of resources and performance of healthcare systems under the perspectives of before and during the COVID-19 pandemic. Using data from Brazilian hospitals, we developed six individual studies aiming to perform ICU benchmarking in a pre-pandemic period and understand the use of ICU resources and outcomes during the progression of the pandemic. We managed each work as data science projects following the Data Science Life Cycle, under the Design Science research framework, and used different statistical approaches to analyze data. Our main results show that before the pandemic, the assessment of quality-of-care metrics and active surveillance of infections were associated with efficient ICU units. During the pandemic period, the use of resources and outcomes varied temporally and regionally in Brazil. North and Northeast, regions with more vulnerable healthcare systems, showed poor outcomes and lower availability of ICU resources than South and Southeast regions. The impact on the Brazilian healthcare system was intensified in a second pandemic surge, showing increasing use of respiratory resources and mortality. Finally, when evaluating the mortality evolution in a

network of private hospitals that underwent preparedness and presented large availability of resources, the overall mortality was low and decreased over time. Noninvasive respiratory support was independently associated with a reduction in mortality

Keywords

Healthcare systems; Resource management; Benchmarking; Outcomes; COVID-19

Resumo

Bastos, Leonardo dos Santos Lourenço; Hamacher, Silvio; Bozza, Fernando. **Um ensaio sobre análise de desempenho e uso de recursos em sistemas de saúde.** Rio de Janeiro, 2021. 221p. Tese de Doutorado - Departamento de Engenharia Industrial, Pontifícia Universidade Católica do Rio de Janeiro.

A gestão adequada dos recursos de saúde é essencial para fornecer os cuidados ideais aos pacientes, especialmente em condições de alta pressão no sistema ou recursos limitados. O *benchmarking* é útil para avaliar o desempenho e a qualidade do atendimento em sistemas de saúde e para identificar pontos de melhoria. Na unidade de terapia intensiva (UTI) isto é essencial, pois nela há ocorrência de casos complexos, custos elevados e geração de conhecimento relevante para o tratamento de doenças graves. Em condições normais, a avaliação do desempenho em terapia intensiva é uma tarefa difícil, uma vez que métricas de desempenho devem levar em conta o perfil dos paciente admitidos e os aspectos organizacionais da unidade. Condições de alta pressão no sistema aumentam a variabilidade no uso de recursos e, portanto, a unidade passa desempenhar de maneira incomum. Um desses cenários é a pandemia COVID-19, que sobrecarregou os sistemas de saúde pelo mundo desde dezembro de 2019, especialmente em termos da terapia intensiva. Esta tese tem como objetivo avaliar a utilização de recursos e o desempenho dos sistemas de saúde nos cenários de pré e durante a pandemia de COVID-19. Utilizando dados de hospitais brasileiros, desenvolvemos seis estudos individuais com o objetivo de realizar *benchmarking* em UTIs em um período pré-pandêmico e compreender o uso de recursos e resultados da unidade durante a progressão da pandemia. Cada trabalho foi executado como um projeto de Ciência de Dados seguindo o Ciclo de Vida da Ciência de Dados, embasado pelo *Design Science framework*, e usando diferentes técnicas e modelagens estatísticas para analisar dados. Os principais resultados mostraram que antes da pandemia os dados de UTIs brasileiras indicavam que a avaliação das métricas de qualidade e a vigilância ativa de infecções eram atividade organizacionais associadas às unidades eficientes. Além disso, durante o período de pandemia o uso de recursos e os desfechos variaram temporal e regionalmente no Brasil. Regiões com sistemas de saúde mais vulneráveis e menor disponibilidade de recursos de UTI, tais como Norte e Nordeste, apresentaram panoramas desfavoráveis em comparação às

regiões Sul e Sudeste. Este impacto no sistema de saúde brasileiro foi intensificado em um segundo surto da pandemia, mostrando aumento no uso de recursos respiratórios e mortalidade. Por fim, ao avaliar uma rede de hospitais privados com grande disponibilidade de recursos, verificamos que a mortalidade geral foi baixa, e o suporte respiratório não invasivo foi independentemente associado à redução da mortalidade.

Palavras-chave

Sistemas de saúde; Recursos de saúde; Análise de desempenho; Desfechos; COVID-19

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List of Abbreviations

AENET – Adaptive Elastic Net
AIC - Akaike information criteria
AMIB - Brazilian Association of Intensive Care (Associação Brasileira de Medicina Intensiva)
APACHE - Acute Physiology and Chronic Health Evaluation
ATE - Average Treatment Effect
AUROC – Area Under the Receiving Operating Characteristic curve
BIC - Bayesian information criteria
Brazil CAAE - Committees and the Brazilian National Ethics Committee (Certificado de Apresentação de Apreciação Ética)
CI- Confidence Interval;
CLABSI- Central-line associated bloodstream infection;
CNES – Cadastro Nacional de Estabelecimentos de Saúde
COPD – Chronic Obstructive Pulmonary Disease
COVID-19 – Coronavirus Disease 19
CPH - Cox proportional hazard regression model
CRF - Causal Random Forests,
CRISP-DM - Cross-Industry Standard Process for Data Mining
CVC- Central Venous Catheter;
DSLCL – Data Science Life Cycle
DSR – Data Science Research
EDA - Exploratory data analysis
Generalized linear model - GLM
GIVITI - Italian Group for the Evaluation of the Interventions in Intensive Care Units (Gruppo Italiano per la Valutazione degli interventi in Terapia Intensiva)
HFNC - High-flow Nasal Cannula
HR - Hazard Ratio
IBGE – Instituto Brasileiro de Geografia e Estatística
ICU – Intensive Care Unit
IHM – In-hospital Mortality
IMV - Invasive Mechanical Ventilation
IPTW - Inverse-probability Treatment Weighting
IQR- Interquartile Range;
KM - Kaplan-Meier
LASSO – Least Absolute Shrinkage and Selection Operator
LOS - Length-of-Stay
LR - Logistic Regression
MAR - Missing at Random
MFI – Modified Frailty Index
MICE - Multiple Imputation by Chained Equations
ML - Machine Learning
MLE - Maximum Likelihood Estimator
MV- Mechanical Ventilator;
NICE – National Intensive Care Evaluation
NIRS - Noninvasive Respiratory Support
NPPV - Noninvasive Positive Pressure Ventilation
OR - Odds Ratio
ORCHESTRA – Organisational CHaracteriSTics in cRitical cAre
RASS- Richmond Agitation-Sedation Scale;
RRT – Renal Replacement Therapy

RT-PCR - Reverse transcription polymerase chain reaction
SAPS – Simplified Acute Physiology Score
SARI – Severe Acute Respiratory Infection
SARS – Severe Acute Respiratory Syndrome
SARS-CoV-2 – Severe Acute Respiratory Disease CoronaVirus 2
SD – Standard Deviation
SES - State health departments (Secretaria Estadual da Saúde)
SIVEP-Gripe - Influenza Epidemiological Surveillance Information System (Sistema de Informação de Vigilância Epidemiológica da Gripe)
SMR – Standardized Mortality Ratio
SOFA - Sequential Organ Failure Assessment
SRU – Standardized Resource Use
STROBE -
SUS - Brazilian Universal Health System (Sistema Único de Saúde),
UK – United Kingdom
UTI- Urinary tract infection;
VAP- Ventilator-Associated Pneumonia.
VoC – Variant of Concern
VoI – Variant of Interest
VTE - Venous Thromboembolism
WHO - World Health Organization

1

Introduction

Healthcare systems aim to provide suitable treatment to patients. For this purpose, the decisions vary from state-of-the-art treatments to adequate use of resources. Management of resources is essential to satisfactorily treat patients and improve efficiency, especially under high strain conditions or limited resources, such as low-and-middle-income countries (BOZZA; SALLUH, 2010).

The use of resources is different among departments within a hospital or a system. One way to improve resource allocation is through benchmarking. In healthcare systems, benchmarking follows the Donabedian's framework and is divided into three perspectives (DONABEDIAN, 1988): structure, process and outcome. Several studies have identified targets for improvement in different departments with this framework to reduce costs and improve patient outcomes (AYANIAN; MARKEL, 2016).

One of the main departments in a healthcare system is the intensive care unit (ICU), which deals with complex cases, results in high costs, and provides relevant insights for treating severe diseases (GARLAND, 2005). In the intensive care field, benchmarking consists of quantifying units' performance using standardized measures to allow fair comparison (WOODHOUSE et al., 2009). Previous studies focused on benchmarking ICU's outcomes, since they are easy to collect, especially mortality (clinical efficacy) and use of resources (efficiency), measured by the Standardized Mortality Ratio (SMR) and the Standardized Resource Use (SRU), respectively (FLAATTEN, 2012; VERBURG et al., 2018).

Performing benchmarking in intensive care units is challenging (GARLAND, 2005). Factors such as the organizational culture, the availability of data, and the implementation of protocols may impact the adequate evaluation of the whole system. The challenge increases with an unexpected strain increase, mainly due to external or non-controlled factors such as a pandemic. Under these conditions, the healthcare system may provide unusual performance, with a sudden change of organizational procedures to deal with the high resource demand.

On March 11, 2021, the World Health Organization (WHO) has declared the coronavirus disease (COVID-19) pandemic caused after the global outbreak of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) (WORLD HEALTH ORGANIZATION, 2020). The first confirmed case was in Wuhan, China, in December 2019 (ZHU et al., 2020), spreading to other Asian countries, Europe, and the Americas. Each healthcare system has dealt differently with the surge of cases trying their capacity with the increased demand for ICU resources, especially respiratory support.

This surge concerned specially low-and-middle-income countries (LMIC), where hospitals and ICU are limited (MURTHY; LELIGDOWICZ; ADHIKARI, 2015; RANZANI et al., 2021). One of those countries was Brazil, which became one epicenter of the COVID-19 pandemic. The first COVID-19 case was confirmed on February 26, 2020, and more than 17,7 million cases and 496,004 deaths were confirmed as of June 18th, 2021 (DONG; DU; GARDNER, 2020).

Brazil has one of the largest unified healthcare systems, providing universal care throughout the territory. It has an extensive national surveillance database that provided important data to understand the impact of the pandemic on healthcare resources (BASTOS et al., 2020a; RANZANI et al., 2021). Previous studies have shown that the progression of the COVID-19 pandemic started in State capitals and moved to inner regions, being locations with more and fewer healthcare resources in the country (CANDIDO et al., 2020; RANZANI et al., 2021). The pandemic has also intensified social-economic and regional inequalities, which may have influenced healthcare access and outcomes (BAQUI et al., 2020; DANTAS et al., 2021; PERES et al., 2021).

Understanding the best and worst-performing units using benchmarking provides essential insights for better allocation of resources. In addition, evaluating the course of the pandemic and its impact on resource use and outcomes assist decision-makers in better actions for pandemic mitigation and control and improve patient outcomes. Hence, this thesis consists of a collection of studies addressing these two major topics.

1.1

Research topics and objectives

Two major research topics guide this thesis: the benchmarking or analysis of performance before the COVID-19 pandemic and evaluating outcomes and use of resources during the pandemic. In the first, the main research question was “What does drive the performance of healthcare systems?”; in the second part, the question was “What is the impact of COVID-19 pandemic in the use of resources and outcomes of healthcare systems?”. Hence, this thesis consists of a collection of research studies on evaluating healthcare systems, use of resources, and outcomes, both pre and during the COVID-19 pandemic.

These research questions motivated six research studies in this thesis, from which four were already published, and two are still ongoing. A summary of those research studies is presented in Section 2.1.

1.2

Thesis structure

This thesis is structured as follows: this first chapter corresponds to the Introduction, providing background on the research topics, research questions, and objectives. Chapters 2 comprises the research methodology, analytical methods, and main research steps that guided this thesis. Chapters 3 to 8 are composed each by the research studies that follow this thesis. Chapter 9 provides the final considerations of the research studies and suggestions for future work. Chapter 10 summarizes all publications that occurred during this thesis's research period, with bibliographic reference and journal information. Chapter 11 is a single list of references cited in this thesis. Chapter 12 corresponds to the single appendix section comprised of the supplementary material of the six articles.

2 Research Methods

This section described the Data Science Life Cycle, a general framework for executing data science projects and extracting important insights from databases. We addressed each proposed research question as individual Data Science projects. In addition, we described the main methods used for data analysis in each project inside the life cycle.

2.1 Design Science Research and Data Science Life Cycle

This thesis followed a scientific methodology based on Design Science Research (DSR). The DSR is a paradigm that guides research focused on finding solutions or designs artefacts to solve daily problems and improve the activities of professionals (DRESCH; LACERDA; ANTUNES JR, 2015). Different from research in Social or Natural sciences, the DSR promotes the creation of artefacts (e.g., products, tools, information) to produce scientific knowledge in several areas (DRESCH; LACERDA; ANTUNES JR, 2015; MANRESA PEREZ, 2020). In this thesis, our research questions provided the initial motivation and problems to solve. Then, we combined the healthcare and epidemiology field knowledge with insights from statistical models' data and provided insights and artefacts to assist physicians, healthcare professionals, and decision-makers.

In brief, the DSR is composed of three main cycles (HEVNER, 2007) as illustrated in Figure 2.1: Design – in this cycle, the artefacts are designed, developed, evaluated, and improved to address the problem to be solved; Relevance – connects the main opportunities and demands to develop the artefact with the professionals and context of application; and the Rigor – consists in the knowledge foundation to guide the artefact development and guarantee the innovation and research relevance (e.g., scientific research, theories, frameworks).

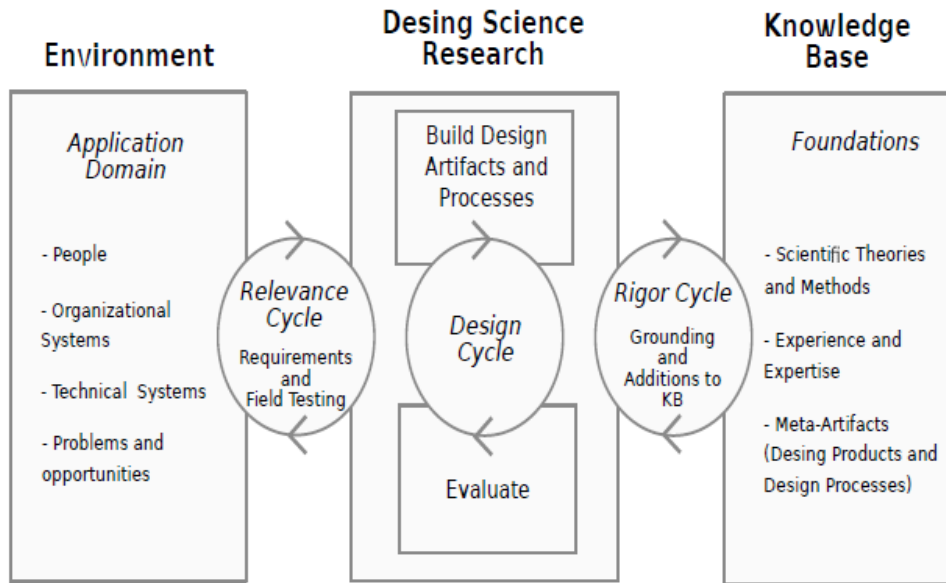


Figure 2.1 - Design Science research cycles (HEVNER, 2007; MANRESA PEREZ, 2020)

In the DSR paradigm, a work method is required to guide the research questions and develop the artefact (MANRESA PEREZ, 2020; NISBET; ELDER; MINER, 2009). In this thesis, we considered extracting knowledge from data to improve the comprehension of the context and problems and assist decision-making to the resource management in healthcare. Hence, we addressed each research question as a Data Science project, following the Data Science Life Cycle (DSLCL).

We used the Cross-Industry Standard Process for Data Mining (CRISP-DM) among the several frameworks to explore and obtain information from data. The CRISP-DM is a framework that provides steps to guide a data mining project within the DSLCL (SHEARER, 2000): Business Understanding, Data Understanding, Data Preparation, Modelling, Evaluation, and Deployment. We note that the steps are progressive but iterative and cyclical, allowing the incorporation of new questions or hypotheses, new experiences from business knowledge, and improving the final artefact. Each step or phase is briefly described as follows (Figure 2.2).

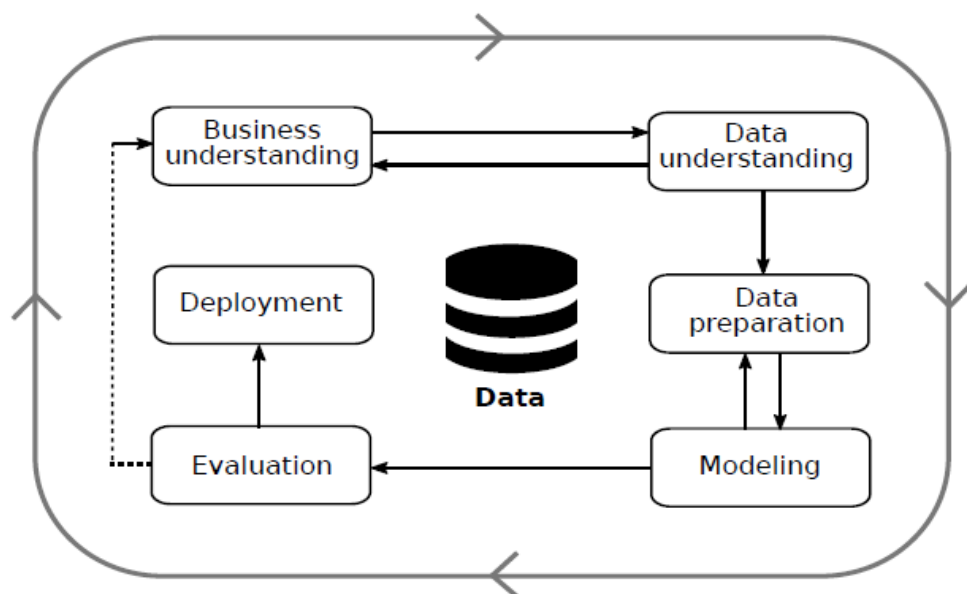


Figure 2.2 –Data Science Life Cycle (MANRESA PEREZ, 2020; SHEARER, 2000)

a) **Business Understanding:** This phase focuses on understanding the main research questions and business needs to be addressed. Therefore, the researcher defines the questions, the potential methods for addressing them, and the expected goals to solve them. Information from the environment, such as stakeholders and (business) specialists, also plays an important role in providing a good definition of the questions. In this thesis, our research questions were based on the previous knowledge of their corresponding healthcare field of study with inputs from healthcare specialists to refine the objectives and comprehend the needs to address them.

b) **Data Understanding:** This phase mainly comprises collecting, describing, and assessing the available data. Exploratory data analysis (EDA) comes into play to provide a deep understanding of what and when are the available data sources, potential biases, and data quality problems (e.g., missing values, inconsistencies), and what are the main characteristics and variables and their distributions. Descriptive statistical methods are used to obtain the main statistics from each variable and identify potential data errors and spurious values that could be addressed. Imputation may also be considered for missing values. In this thesis, our data sources were mainly healthcare databases of national surveillance and monitor systems used for decision-making and benchmarking. We evaluated data quality

and refinements with the assistance of healthcare specialists to improve further analysis.

c) Data Preparation: One prepares the (final) dataset to extract information in this phase. This process may comprehend the selection of variables of interest to address the research questions, data cleaning, filtering, feature engineering, and format. In this thesis, we defined the study population – the final data sample and the variables or characteristics to be analyzed in the study.

d) Modelling: This phase comprehends the application of models and algorithms to identify patterns and extract relevant information from data. Depending on the research or business goal, a different model or several models may be considered, from an extensive list of data-driven models based on, for instance, machine learning or statistical models. Besides the model application, one should also evaluate its fitness to the research question and assess its results, using metrics for comparison or statistical tests. In this thesis, each research question considered a set of methods to evaluate the relationship among characteristics with a single response or outcome variable, mainly using statistical models. We briefly describe the main statistical methods considered in this thesis in Section 2.1.1.

e) Evaluation: This thesis evaluates if the model or data analysis method results were satisfactory to address the research question. Additional questions or hypotheses may arise to refine the previous steps and provide better results. Hence, the researcher may plan the next steps for the study and how to address them further. We described the main findings, discussed the potential drivers for those results and implications from the healthcare field, and the main limitations that can be overcome in future studies.

f) Deployment: In this “final” phase, one releases or deploys the main findings and artefacts obtained from the project to the environment. Feedback from users or other parties can be incorporated into the cycle to improve the results. In this thesis, each research question motivated research studies from which the results and knowledge built were reported as research articles. A few of those questions promoted the development of models and dashboards (tools) publicly available for the community.

2.1.1 Modeling in Data Science projects

The objective of the modeling phase is to extract patterns and obtain relevant information from data to respond to the research question. Technically, one aims to estimate a functional form to obtain a signal from data (expected pattern) and separate it from the random variation (noise). This process has two major objectives: named “inference” and “prediction”, respectively (HARRELL, 2015).

When making Inference, one aims to identify or establish a relationship, correlation (also referred to as “association”) or causal, between one or more variables (JAMES et al., 2021). In these settings, the research question provides one or more hypotheses to be verified and potentially confirmed. The researcher creates the (statistical) analysis plan by defining the variables of interest and the expected relation to be tested. For instance, one may be interested in identifying which organizational aspects provide better performance in hospitals or which characteristics from a patient are associated with increased odds of survival.

Regarding methods, statistical models play a significant role in Inference studies since they estimate the uncertainty around the hypothesis. The main methods or models are regression analysis and hypothesis testing. Assumptions are made to evaluate the hypothesis regarding a specific single estimator or a combination of variables.

On the other hand, Prediction consists of extracting patterns and relationships from a set of variables within a dataset to repeat them to newly available data (JAMES et al., 2021). Prediction models correspond to estimate a function in which a target variable (response) is explained by a set of inputs (predictors). In this context, the goal is to perform the best prediction in newly available data (generalization), as this model can offer inputs for future decisions. One example is prognostic modeling, in which a patient’s conditions are inputs to estimate the risk of death for certain diseases.

One of the most often used prediction models is regression modeling. The response variable is a function of predictors and the noise or natural variability (HASTIE; TIBSHIRANI; FRIEDMAN, 2009). When the mapping function between response and predictors is linear, it is called “linear regression”. However, transformations of the response variable or different mapping functions may be

necessary, extending those models to different contexts and improve the model fitness. This class of models is called the “generalized linear model” (GLM), and typical examples are linear regression and logistic regression, in which the response variable is numeric or binary (two classes), respectively.

In addition to regression modeling, machine learning (ML) has been developed to improve state of the art in prediction. ML provided more flexibility to the estimated function, allowing non-parametric modeling, and high dimensional settings (number of predictors greater than the number of observations), which extended some of the assumptions from previous models (JAMES et al., 2021). ML models presented better results than classic regression methods in certain settings, especially when different models are combined to make predictions, which is called ensemble (HASTIE; TIBSHIRANI; FRIEDMAN, 2009; JAMES et al., 2021). Examples of widely used machine learning models are the tree-based models such as Random Forest and Artificial Neural Networks (HASTIE; TIBSHIRANI; FRIEDMAN, 2009; JAMES et al., 2021).

Statistical models and machine learning algorithms can be applied in both Inference or Prediction perspectives. For instance, regression models have used regularization methods to address high dimensional variables and improve model fitting and prediction performance (JAMES et al., 2021). Also, tree-based models have been reformulated to obtain good statistical estimates for identifying causal relationships, such as the Causal Random Forests (ATHEY; TIBSHIRANI; WAGER, 2019).

2.1.2

Main statistical methods used

In this thesis, we used different methods to perform Inference over healthcare data. We focused on applying statistical methods to describe the study sample and model the relationships and hypothesis using clinically relevant variables under each data science project. We then evaluated models’ goodness-of-fit, and their results were validated regarding the hypothesis tested and the adequacy to the research question. We briefly describe the main methods and techniques used for data analysis in each project:

- a) Descriptive Statistics

Descriptive Statistics consists of describing data distributions in the dataset. Descriptive methods are widely used for an initial analysis and assessment of data quality and potential correlations. For this purpose, we evaluate statistical estimates for central tendency – e.g., mean, median or mode, dispersion measures – e.g., standard deviation, range, or interquartile range (AMBROSIUS, 2007). In addition to those statistics, visual data distribution is assessed using histograms, boxplots, bar plots, or scatterplots.

b) Regression analysis

The linear relationship between two variables is often assessed using correlation coefficients, such as Pearson's correlation coefficient or Spearman's rho. Further analysis is conducted using regression models (HARRELL, 2015): where a specific random variable of interest, called "dependent" or "response" variable, is a function of another single or many random variables, called "independent" or "predictor" variables. The most common and simple model is Linear Regression.

Linear Regression assumes that the expected value of the dependent variable is a linear combination of the independent variables and a random error due to natural variability (Equation 1).

$$E(Y|X) = X\hat{\beta} + \varepsilon \quad (1)$$

Where:

Y is the vector of the response variable

X is the matrix of predictors' values

$\hat{\beta}$ is the vector of the estimated coefficients

$X\hat{\beta}$ is the linear combination of predictors, $X\hat{\beta} = \hat{\beta}_0 + \hat{\beta}_1X_1 + \hat{\beta}_2X_2 + \dots + \hat{\beta}_pX_p$, and p is the number of predictors ($X_0 = 1$)

ε is the error or residual, where $\varepsilon \sim N(0, \sigma^2)$

The $\hat{\beta}$ coefficients are estimated using the Least Squares estimator (JAMES et al., 2021). Those coefficients are helpful to understand the independent variable's contribution either as the rate of change (slope) of a line or plane or the effect size

of this variable in explaining the response depending on the analysis or business objectives. For instance, one could evaluate the relationship between height and weight and understand how much weight increases with height and predict weight using height values.

The linear model is advantageous in several statistical analyses, especially when performing Inference. However, in some situations, the response variable may present different assumptions of the residual component, which requires the linear model to be extended. This more general set of models are called generalized linear models (GLMs), in linear models include transformations of the response or predictor variables using link functions.

In this thesis, we widely used Logistic Regression (LR), a GLM in which the response variable is a categorical variable of two classes (HARRELL, 2015; WALKER; DUNCAN, 1967). Most commonly, the Y is modelled as a binary or indicator variable $\{0,1\}$, in which “1” corresponds to the class of interest (or “positive class”) and zero is the counterpart or baseline reference (or “negative class”). The modelling of the response variable is provided using a binomial link function. Hence, the LR model provides probabilities and measures of associations with respect to the class of interest. Examples in which response variables are binary classes are the patient’s outcome (discharge/death) or the results of a diagnostic test (positive/negative). The mathematical formulation of the LR model is:

$$P(Y = 1|X) = \frac{1}{(1 + e^{X\beta})} \quad (2)$$

Where:

$P(Y = 1|X)$ is the conditional probability of Y (the binary response variable) to be equal 1, given the set of predictors X

X is matrix of predictor’s values

β is the vector of the estimated coefficients

In the LR, the linear assumption is made to the logit of the response variable (*logit*(P), Equation 3), a mathematical transformation that allows the model to become linear in the logarithm. Hence, the estimation of β coefficients is possible

in linear settings using the Maximum Likelihood Estimator (MLE) (HARRELL, 2015; JAMES et al., 2021).

$$\text{logit}(P) = \log\left(\frac{P}{1-P}\right) \quad (3)$$

Where:

$P = P(Y = 1|X)$, and $\frac{P}{1-P}$ is the odds.

Similar to the linear regression model, the LR's coefficients represent the contribution of the predictors to the response. Since the response variable was transformed, the coefficients now represent the change in *log odds*, i.e., the rate of change in the logit of the Y for each unit of X. For some studies, the *log odds* do not provide a direct interpretation. Hence, one prefers to obtain the odds ratio (OR). The odds ratio is a measure of association between two variables, and in the LR model, it corresponds to the exponential of the log odds (BLAND, 2000). An $OR = 1.00$ corresponds to a $\log \text{ odds} = 0$, indicating that X does not influence Y . Therefore, if the $OR > 1.00$, the odds for Y are increased in X ; and if the $OR < 1.00$ the odds are decreased.

c) Regularization

The assumptions of regression models and GLMs are maintained under settings where the sample size (n) is large. However, when the number of independent variables (p) increases, the model fitness may reduce. Two major problems arise when p approaches n : overfitting and curse of dimensionality. Overfitting occurs when data is precisely modelled by the statistical model, often when the number of predictors is larger than necessary. In this case, the model fits precisely the data used for its estimation, but its performance and fitness are reduced when applied to new data. When the number of predictors approaches ($p = n$) or becomes larger than the sample size ($p \gg n$), also known as “high-dimensionality settings”), data become sparse, which increases the need for a larger sample and harms some properties of the LSE or MLE. Subsequently, the estimated coefficients may not be statistically reliable. With a large number of predictors, the problem of collinearity increases.

To overcome these limitations, regularization methods have been applied to classic regression models or GLMs (JAMES et al., 2021). Regularization consists of adding a penalization parameter to the conventional regression coefficients. This method improves prediction accuracy. In addition, it allows an increased number of predictors, even larger than the sample size, and manages multicollinearity (BARRETT; LOCKHART, 2019; HASTIE; TIBSHIRANI; FRIEDMAN, 2009).

We consider two main types of penalties: the L1 and L2-norm. The first comprehends penalties in the absolute values of the coefficients, whereas the second is the penalty on the squared values (BARRETT; LOCKHART, 2019; HASTIE; TIBSHIRANI; FRIEDMAN, 2009). Each penalty also provides different properties. L1 and L2-norm also define the LASSO (Least Absolute Shrinkage and Selection Operator) and Ridge regression models, respectively.

The L1-norm allows coefficients to be reduced to zero, which features a variable selection approach. The mathematical formulation of LASSO regression is displayed in Equation 4:

$$\hat{\beta}(LASSO) = \{argmin_{\beta} \|\mathbf{y} - \mathbf{X}\beta\|_2^2 + \lambda \|\beta\|\} \quad (4)$$

Where:

$\hat{\beta}(LASSO)$: the vector of the estimated coefficients

λ penalty factors for the L1-norm

\mathbf{y} : vector of the response values ($n \times 1$)

\mathbf{X} : matrix of the predictor values ($n \times p$)

$\|\beta\|$: is the L1-norm term, where $\|\beta\| = \sum_{j=1}^p |\beta_j|$, and p is the number of variables

The L2-norm has an identical structure. Due its squared power in the L-norm, it does not shrink the predictor' coefficient to zero, thus enabling, all variables to present a coefficient value through shrunken, including correlated predictors. The mathematical formulation for the Ridge Regression's estimator is displayed in Equation 5

$$\hat{\beta}(Ridge) = \{argmin_{\beta} \|\mathbf{y} - \mathbf{X}\beta\|_2^2 + \lambda \|\beta\|^2\} \quad (5)$$

Where:

$\hat{\beta}(Ridge)$: the vector of the estimated coefficients

λ penalty factors for the L2-norm

\mathbf{y} : vector of the response values ($n \times 1$)

\mathbf{X} : matrix of the predictor values ($n \times p$)

$\|\beta\|^2$: is the L2-norm term, where $\|\beta\|^2 = \sum_{j=1}^p \beta_j^2$, and p is the number of variables

Compared to nonregularized regression models, regularization has shown improvement in model prediction. However, when making Inference, those penalized coefficients does not provide statistical inference properties (ZOU; ZHANG, 2009). To overcome this limitation, bias-adjustment methods have been applied, such as the adaptive LASSO and Adaptive ElasticNet. Those models provide unbiased estimators with asymptotic distribution (oracle properties), thus allowing the estimation of confidence intervals and accounting for the uncertainty in the estimated effect size.

In this thesis, we explored the Adaptive ElasticNet (AENET). The AENET is a regularization method based on the elastic-net regularization in which L1 and L2 norm penalties are added to estimates/coefficients to reduce their variance with the application of bias. However, to diminish the bias, AENET considers adaptive weights to coefficients and, therefore, can provide the oracle properties of its estimator (ZOU; ZHANG, 2009). Therefore, we chose to perform a multivariable analysis using the AENET model.

The AENet estimator is:

$$\hat{\beta}(AENet) = \left(1 + \frac{\lambda_2}{n}\right) \left\{ \underset{\beta}{\operatorname{argmin}} \|\mathbf{y} - \mathbf{X}\beta\|_2^2 + \lambda_2 \|\beta\|_2^2 + \lambda_1 \sum_{j=1}^p \hat{w}_j |\beta_j| \right\} \quad (6)$$

Where:

$\hat{\beta}(AENet)$: the vector of the estimated coefficients

λ_1 and λ_2 : penalty factors for the L1 and L2 norms, respectively

\hat{w}_j : adaptive weights, defined as $\hat{w}_j = (|\hat{\beta}(ENet)|)^{-\gamma}$, which consists of the scaled coefficients from an elastic-net or ridge regularization initially fitted to the data, where γ is the scaling factor

\mathbf{y} : vector of the response values ($n \times 1$)

\mathbf{X} : matrix of the predictor values ($n \times p$)

$|\beta_j|$: is the L1-norm term

$\|\beta\|_2^2$: is the L2-norm term

d) Survival Analysis

Survival analysis comprehends a set of methods and models to evaluate the occurrence of events in time (KLEINBAUM; KLEIN, 2012). This concept arises from the analysis of the time for a failure to occur. In biostatistics, “survival” corresponds to the risk of death in a defined period, e.g., death or survival in 60-days. However, extended modelling examples consist of time to intubation or time to a defined outcome.

Survival curves such as from the Kaplan-Meier estimators are one of the main methods to assess a patient’s outcome progression in time t (KLEINBAUM; KLEIN, 2012). Regression models can also be applied to evaluate the relationships of a variable with the response; however, in this case, the response is a time-to-event variable. The most common is the Cox proportional hazard regression model (CPH).

The CPH models the time-to-event response as a function of predictors (COX, 1972; HARRELL, 2015; KLEINBAUM; KLEIN, 2012). The CPH model is composed of the baseline hazard function and the linear predictor. The hazard function () consists of the event's risk at the time, which is updated by the linear predictor, a linear combination of independent variables or predictors. The mathematical formulation for the CPH model is displayed in Equation 7 (COX, 1972; HARRELL, 2015; KLEINBAUM; KLEIN, 2012).

$$h(t, X) = h_0(t)e^{X\beta} \quad (7)$$

Where:

$h(t, X)$: indicates that the hazard of the event to occur at time t and given the predictors X

$h_0(t)$ is the baseline hazard, which is there reference risk of the event occur at time t independent of the predictors

$X\beta$ is the linear combination of predictors values and coefficients independent of time t . It is also called the “linear predictor”. $X\beta = \sum_{j=1}^p \beta_j X_j$

β is the vector the predictor’s coefficients ($p \times 1$)

The coefficients in the linear predictor for the CPH model are estimated via the Maximum Partial Likelihood Estimator in the logarithm of the linear predictor (HARRELL, 2015). Similar to the logistic regression, the coefficients in the linear form are called log hazards. To provide a better interpretation, some studies opt to calculate the Hazard Ratio (HR), which is a measure of association between the predictor and the response. The Hazard Ratio is obtained as the exponential of the log hazard and corresponds to the average rate of change in the risk of the event to occur in time with respect to the independent variable X (HARRELL, 2015; KLEINBAUM; KLEIN, 2012). An $HR = 1.00$ corresponds to a *log hazard* = 0, indicating that X does not influence in Y . Therefore, if the $HR > 1.00$, the hazard for Y to occur are increased in X ; and if the $HR < 1.00$ the hazard are decreased.

The settings of each model application and additional assumptions are described thoroughly in each project from Sections 2.2 and Chapters 3 to 8.

2.2

Thesis projects and data science applications

Each research question was addressed as a Data Science project in this thesis, following the phases described in Section 2.1. In addition to the definitions, we include general settings that pertained to all projects, described as follows:

- 1) Business Understanding (Hypothesis generation): In the first stage of the process, we generated the research questions and goals of the study. We also listed potential variables and their sources required for achieving the expected results.
- 2) Data understanding and preparation (Data collection and processing): Studies were observational, and data sources were retrospective, using convenience sampling. Different data sources were used, which required thorough preparation, data recovery when possible, and linking of databases. For public data, we informed the corresponding data source location. Private data could not be shared but can be provided under request. We also reported the data selection criteria, such as patients and units, also named “Study Population”, following the study's objectives. For all studies, an ethics statement was provided. We highlight that data

used in the studies were anonymized or de-identified following the Brazilian General Regulation of Data Protection (Lei N° 13.709, de 14 de Agosto de 2018)

- 3) Modeling (Statistical Analysis): We described the analyzed population using descriptive statistics. According to the study's objective, different statistical methods were used, ranging from regression models to regularization. We conducted sensitivity analyses that included intermediate, additional, or subgroup analysis and imputation of missing values to evaluate the robustness of the results. Most of the analyses were performed using the R programming language (R CORE TEAM, 2021)
- 4) Evaluation (Interpretation of the results): We reported the main findings and model outputs using tables and figures. Results were then discussed separately, considering the main findings' statistical and clinical interpretation. We note that one or more healthcare specialists reviewed the studies under the context of healthcare data.
- 5) Deploy (Reporting and sharing evidence): The studies were mainly reported as research articles. Additional analyses were compiled into supplementary materials for those articles. Codes and data were shared whenever possible at a GitHub Repository (<https://github.com/lslbastos>) – we provided the sources' locations for public data and code for data preparation and statistical analysis. Articles already published also contain more specific information on the data sources.

The data science projects resulted in six research articles that summarize and compile all the research questions. A summary of the articles is presented in Table 2.1, and we provide a brief description of the data sources, methods, and findings.

- 1) **Article 1 - “Structure and process associated with the efficiency of intensive care units in low-resource settings: An analysis of the CHECKLIST-ICU trial database”:** In this study, we aimed to identify organizational characteristics associated with ICU efficiency. We used data from the CHECKLIST-ICU clinical trial - 13,635 adult ICU patients in 118 units in Brazil, with 63 potential organizational characteristics (structure and process) to be evaluated. To define ICU efficiency, we calculated risk-adjusted metrics, the SMR and the SRU and identified two efficiency groups (efficient vs non-

efficient units). We used a multivariable logistic regression model with adaptive elastic-net regularization (AENET). AENET combines the LASSO (Least Absolute Shrinkage and Selection Operator, L1-norm) and the ridge (L2-norm) penalizations with weights to provide consistent estimators. Compared to the traditional stepwise approach to select variables and infer associations, the AENET model can include all variables of interest and provide more reliable estimates. We Identified 47 efficient and 71 non-efficient units and conduct surveillance of nosocomial infection rates, and the assessment of infection control was associated with efficiency.

Table 2.1 – Summary of research studies

Research Study	Research question	Objectives	Study Participants/Data	Methods
Article 1: Bastos et al. (2020) Published - Journal of Critical Care	What are the organizational characteristics that drive efficiency in ICUs under low-resource settings?	To identify structure and process characteristics associated with ICU efficiency	118 ICUs; 13,635 ICU admissions; CHECKLIST-ICU Trial	- ICU benchmarking with Rapoport-Teres efficiency matrix. - Adaptive Elastic-net multivariable logistic regression to identify associations
Article 2: Bastos & Wortel et al. (2021)* Ongoing article	What are the advantages and disadvantages of the continuous and categorical combinations of SMR and SRU for ICU benchmarking?	To compare the use of categorical and continuous approach to combine SMR and SRU for benchmarking ICU performance	ORCHESTRA study data (Brazil) 134 ICUs and over 282,000 admissions (2016-2019) NICE registry (The Netherlands) 83 ICUs over 164,000 admissions (2016-2019)	- Efficiency matrix - Regression analysis and correlation in different settings (Brazilian and Dutch ICUs) List the advantages and disadvantages of continuous and categorical approaches.
Article 3: Bastos & Wortel et al. (2021)* Ongoing article	What are the organizational characteristics that drive efficiency in ICUs?	To identify the organizational factors associated with efficiency in ICUs considering potential confounders.	ORCHESTRA study data (Brazil) 134 ICUs and over 284,000 admissions (2016-2019)	Defining confounder variables - Estimating average treatment effects using causal random forests (CRF), a machine learning algorithm for causal inference -
Article 4: Ranzani & Bastos et al. (2021)* Published - The Lancet Respiratory Medicine	What are the characteristics and outcomes of COVID-19 hospital admissions in Brazil?	To describe the course of the first 250,000 COVID-19 admissions (characteristics, use of intensive care, respiratory support, and outcomes) in Brazil.	254,288 COVID-19 hospital admissions, in five macro-regions of Brazil; SIVEP-Gripe (Influenza Epidemiological Surveillance Information System)	- Descriptive statistics stratified by patient's demographics, Brazilian macro-regions, and type of resource (ICU and respiratory support)
Article 5: Bastos & Ranzani et al. (2021)* Published - The Lancet Respiratory Medicine	What are the major differences in severity, use of resources and outcomes between the first and second COVID-19 waves?	To compare the first and second wave of COVID-19 hospital admissions in Brazil regarding severity, use of resources (ICU and respiratory support) and outcomes.	1,217,332 COVID-19 hospital admissions, in five macro-regions of Brazil; SIVEP-Gripe (Influenza Epidemiological Surveillance Information System)	- Descriptive statistics stratified by patient's demographics and use of resources - Comparison between two time periods - Development of an R shiny app for monitoring of hospital admission

Article 6: Kurtz & Bastos et al. (2021)* Published - Intensive Care Medicine	What are the factors associated with evolving changes in mortality for COVID-19 ICU admissions?	To analyze the dynamic of COVID-19 ICU admissions: characteristics, use of respiratory support and differences in 60-day in-hospital mortality	126 ICUs; 13,301 COVID-19 ICU admissions; Data from the Rede D'Or São Luiz (Epimed Solutions)	- Descriptive statistics stratified by patient's demographics. - Identification of breakpoints periods of change in the structure of time series. - Survival analysis for 60-day mortality using random-effects Cox multivariable regression
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*Joint first authors

- 2) **Article 2:** This proposed study aims to evaluate whether combining risk-adjusted metrics such as the SMR and SRU using a categorical or continuous approach is more suitable for ICU performance evaluation. SMR and SRU are widely used to measure ICU performance or efficiency, and most studies benchmark them with Rapoport-Teres' efficiency matrix, thus obtaining four groups. Recently, a study proposed a continuous combination by using the average of SMR and SRU $\left(\frac{SMR+SRU}{2}\right)$. Although the continuous metric provide statistical properties, it must be validated in the settings considered for the study since the association between SMR and SRU may impact the resulting metric. The advantages and disadvantages of using a categorical or continuous combination of SMR and SRU are uncertain for ICU benchmarking. As methods, we used statistical modelling to evaluate the distribution of those combinations in two sets of ICU data, one from Brazil and the other from The Netherlands.
- 3) **Article 3:** This proposed study follows the results from Article 2. We considered one of the efficiency modeling approaches identified as best suited for benchmarking for the Brazilian ICUs. Then, using a causal inference approach, we identified those organizational factors associated with increased performance in intensive care units. We proposed the Causal Random Forests (CRF), a causal machine learning method based on the Random Forest but adapted to estimate the average treatment effect. Compared to regression models, CRF has the advantage of being nonparametric and can incorporate potential nonlinear relationships between the treatment variable and the outcomes, adjusted by the potential confounders.
- 4) **Article 4 - "Characterisation of the first 250 000 hospital admissions for COVID-19 in Brazil: a retrospective analysis of nationwide data":** In this

study, we provided a thorough description of the initial COVID-19 hospital admissions in Brazil. We used data from adult patients with COVID-19 confirmed by RT-PCR (registered in the national surveillance system, the SIVEP-Gripe, the main notification database for COVID-19 cases and hospital admissions and other data sources. Along with an extensive linking of different datasets, we mainly used descriptive statistical methods to estimate the total burden of hospital admissions per population and in-hospital mortality for the whole country and stratified by region, age, sex, sociodemographic conditions, and use of resources (ICU and respiratory support). We evaluated the robustness of estimates by including analyses of patients diagnosed by other testing criteria and imputing missing data using Multiple Imputation by Chained Equations (MICE). From February 16, 2020, to August 15, 2020, 258,288 hospital admissions occurred. Temporally, the first cases were confirmed in the Southeast region. There was an increase of cases in the North region, followed to the Northeast and the South and Central-west regions. 232,036 were admissions with an outcome, from which overall in-hospital mortality was 38%, 59% for those who required intensive care, and 79% for those invasively ventilated. The use of resources and outcomes also varied within regions; for instance, North and Northeast regions, which have the lowest number of ICU beds, mainly were impacted by the pandemic, compared to South and Southeast regions, those with the highest bed availability. Mortality was also increased for patients aged under 60 years old. Our results showed that vulnerable healthcare systems were heavily affected by the pandemic, showing potential collapse and high mortality. This study was one of the first analyses on a large dataset of COVID-19 patients nationwide and consisted of documentation of this context. We reinforce that this study was used as the basis for new documents and strategies for mitigating and controlling the pandemic for policymakers and other institutions after its publication.

- 5) **Article 5 – “Severity, resource use and outcomes of COVID-19 hospital admissions in Brazil: a comparison between the first and second wave”.** This study is a short, updated analysis of Article 4. This article included adult hospital admissions registered in the SIVEP-Gripe database from February 16, 2020, to May 24, 2021. We used descriptive statistics and calculated estimates for resources utilization and outcomes stratified by age and respiratory support.

1,217,332 hospital admissions were analyzed. In this period, Brazil showed a second surge of the COVID-19 pandemic, with more admissions per week, more patients with severe symptoms than the first wave (mostly depicted in Article 4), and increased in-hospital mortality among those that underwent respiratory support. This second wave was also present in the context of new Variants of Concern in the country and large variation of mobility pattern indicating low adherence to non-pharmacological. This study was published as a Correspondence/short paper to inform the pandemic situation and highlight the need for urgent actions to control the pandemic. A dashboard was created as an *R shiny app* to provide updated information on the course of the pandemic (https://lsbastos.shinyapps.io/sivep_covid_brazil/) and assist the decision-makers and other researchers.

- 6) **Article 6 – “Evolving changes in mortality of 13,301 critically ill adult patients with COVID-19 over 8 months”.** Throughout the pandemic, the profile of patients and use of resources dynamically changes, which may impact mortality. This study aimed to analyze the association of clinical profiles and respiratory support to ICU patients' mortality changes. We included data from patients admitted between February 26th, 2020, to October 28th, 2020, at 126 ICUs from a private Brazilian hospital network (*Rede D'Or São Luiz*). To assess temporal changes in the pandemic progressions, we identified breakpoint periods by evaluating structural changes in the time series of daily number of deaths. Then, we used a random-effects multivariable Cox regression model to estimate the association of the initial respiratory support, adjusted by clinical profiles and admission periods, with 60-day in-hospital mortality. To account for the nonrandomization of data, we used with inverse probability weighting method. We identified 13,301 COVID-19 ICU admissions, with a 60-day in-hospital mortality of 13% and 58% for those who underwent invasive mechanical ventilation. We identified four distinct periods: mortality was high initially and decreased in the last periods. Also, the use of noninvasive respiratory support and increased throughout the period. We observed an increase in the number of beds as the number of admissions arose. Finally, we identified that noninvasive respiratory support was associated with survival after adjusting for clinical profiles with the Cox regression model. This study complements the findings from Article 4, showing the perspective ICU setting

different from the national or average Brazilian setting, thus indicating that adequate preparedness and high availability of resources may improve the outcomes during the pandemic.

Article 1 - Structure and Process Associated with the Efficiency of Intensive Care Units in Low-Resource Settings: An Analysis of the CHECKLIST-ICU Trial database

This article was published at the *Journal of Critical Care*

Abstract

Purpose: Characteristics of structure and process impact ICU performance and the outcomes of critically ill patients. We sought to identify organizational characteristics associated with efficient ICUs in low-resource settings.

Materials and Methods: This is a secondary analysis of a multicenter cluster-randomized clinical trial in Brazil (CHECKLIST-ICU). Efficient units were defined by standardized mortality ratio (SMR) and standardized resource use (SRU) lower than the overall medians and non-efficient otherwise. We used a regularized logistic regression model to evaluate associations between organizational factors and efficiency.

Results: From 118 ICUs (13,635 patients), 47 units were considered efficient and 71 non-efficient. Efficient units presented lower incidence rates (median[IQR]) of central line-associated bloodstream infections (4.95[0.00-22.0] vs 6.29[0.00-25.6], $p=0.04$), utilization rates of mechanical ventilation (0.41[0.07-0.73] vs 0.58[0.19-0.82], $p<0.001$), central venous catheter (0.67[0.15-0.98] vs 0.78[0.33-0.98], $p=0.04$), and indwelling urinary catheter (0.62[0.22-0.95] vs 0.76[0.32-0.98], $p<0.01$) than non-efficient units. The reported active surveillance of ventilator-associated pneumonia (OR=1.72; 95%CI, 1.16-2.57) and utilization of central venous catheters (OR=1.94; 95%CI, 1.32-2.94) were associated with efficient ICUs.

Conclusions: In low-resource settings, active surveillance of nosocomial infections and the utilization of invasive devices were associated with efficiency, supporting the management and evaluation of performance indicators as a starting point for improvement in ICU.

Keywords: Intensive care; ICU organization; ICU benchmarking; Quality indicators; Organizational characteristics

Abbreviations: AENET, Adaptive Elastic-Net; CI, Confidence Interval; CLABSI, Central-line associated bloodstream infection; CVC, Central Venous Catheter; ICU, Intensive care unit; IQR, Interquartile Range; MV, Mechanical Ventilator; RASS, Richmond Agitation-Sedation Scale; SAPS, Simplified Acute Physiology Score; SMR, Standardized Mortality Ratio; SRU, Standardized Resource Use; UTI, Urinary tract infection; VAP, Ventilator-Associated Pneumonia.

3.1 Introduction

The evaluation of intensive care unit (ICU) performance has been a demand from society and funders to ensure the optimal use of resources and better patient outcomes. This assessment provides potential “actionable indicators” that can assist the management and improvements (DE LANGE; DONGELMANS; DE KEIZER, 2017) in areas such as risk-adjusted mortality, patient safety, processes of care, costs, and patient satisfaction (DONABEDIAN, 1988; GARLAND, 2005; SALLUH; SOARES; KEEGAN, 2017; WOODHOUSE et al., 2009). ICU efficiency has been mostly evaluated in two domains: mortality and resource use. Also, the determinants of ICU efficiency are especially critical in low- and middle-income countries (LMIC), where access to intensive care is limited (BOZZA; SALLUH, 2010), and outcomes remain suboptimal (SALLUH; SOARES; SINGER, 2017).

Besides the patients’ severity-of-illness, variability in ICU clinical outcomes, and its efficiency is also related to the structure and processes of care (CHECKLEY et al., 2014). Efficient ICUs were defined by the presence of daily clinical rounds and the presence of an emergency department (ROTHEN et al., 2007). Units with poor mortality outcomes have increased staff occupancy rates, after-hours discharges, and lower staffing levels (MCCLEAN et al., 2017). In Brazil, previous studies showed that better mortality and resource use rates were associated with an increased number of care protocols (SOARES et al., 2015), and the low availability of resources was related to poor mortality outcomes for sepsis (MACHADO et al., 2017).

Little has been shown on what organizational characteristics are determinants of efficiency in LMIC (MACHADO et al., 2017; SOARES et al., 2015, 2017). Also, previous analyses only considered a more organized sample of units that spontaneously adhered to a commercial benchmarking database (SOARES et al., 2015). Therefore, our study sought to identify structure and process characteristics associated with efficiency using data from the CHECKLIST-ICU trial (CAVALCANTI et al., 2016), a large contemporary multicenter randomized trial that tested a quality improvement intervention on a variety of units with different organizational aspects.

3.2 Materials and Methods

3.2.1 Study design and data source

This study is a secondary observational analysis of a cluster-randomized trial testing the effect of a multifaceted quality improvement intervention in mortality outcomes (the CHECKLIST-ICU Trial, ClinicalTrials.gov Identifier: NCT01785966) (CAVALCANTI et al., 2016). Detailed information on this Trial has been published previously (CAVALCANTI et al., 2016; DAMIANI et al., 2015). Briefly, the trial was conducted in two phases, an observational (August 2013 - March 2014) and a randomized (April 2014 – November 2014) phase with two parallel groups. The Trial did not consider patients with a high likelihood of early death before 72-hours of ICU stay, those receiving exclusive palliative care, and those with suspected or confirmed diagnosis of brain death (CAVALCANTI et al., 2016).

3.2.2 Study population

As the effect of the CHECKLIST-ICU intervention was not statistically significant, we considered all 13,635 adult patients from 118 ICUs in our analysis. Thus, the median number of patients included per unit in the trial was 120 (IQR: 119-120), with a minimum of 64 patients and a maximum of 136.

In our analysis, we considered the patient's Simplified Acute Physiology Score (SAPS-3) at admission, the discharge status at the hospital, the ICU length-of-stay provided in the CHECKLIST-ICU database. We also included the trial's secondary exploratory outcomes of clinical results and processes-of-care to our analysis (CAVALCANTI et al., 2016; DAMIANI et al., 2015): days on a mechanical ventilator; ventilator-free days in a 28-day period; and infection events regarding ventilator-associated pneumonia (VAP), central-line bloodstream infection (CLABSI), and urinary tract infection (UTI); and the information of seven care processes: head-of-bed elevated at 30° or more; moderate to light sedation or alert and calm (Richmond Agitation-Sedation Scale score [RASS], -3 to 0); mechanical ventilation tidal volume 8 mL/kg of predicted body weight or less; venous thromboembolism (VTE) prophylaxis; central venous catheter use (CVC); and indwelling urinary catheter use and mechanical ventilator (MV) use.

The primary ICU data comprised reported characteristics of the unit regarding its structure and processes based on the recommendations from the Brazilian Health Surveillance Agency (DAMIANI et al., 2015). Those aspects consisted of general information on the ICU and hospital and the organizational characteristics in human resources, health care resources, infrastructure, equipment, availability of care protocols, surveillance of quality-of-care measures, transport of patients, prevention of health care related infections, risk management, and family policies (DAMIANI et al., 2015)

3.2.3

Outcomes and ICU efficiency

Our primary outcome was the efficiency of ICU units, which was mainly evaluated in two domains: mortality and resource use.

We considered the standardized mortality ratio (SMR) and standardized resource use (SRU) (ROTHEN et al., 2007). The first was defined as the observed number of deaths divided by the expected number of deaths for each ICU using the SAPS-3 standard mortality equation (MORENO et al., 2005). To obtain a proper calibration of the SAPS-3 risk model, we conducted the first-level customization, which diminished the over- or underestimation of the predicted mortality. We evaluated the recalibrated model with the calibration belt technique (FINAZZI et al., 2011; POOLE et al., 2012) (for more details, see Appendix A1.1). SRU was

defined as the ratio of observed-to-expected resource use (ROTHEN et al., 2007). We used the ICU-LOS as a surrogate variable to measure resource utilization (NEWGARD et al., 2010; ROTHEN et al., 2007), and to reduce potential miscalibration, we estimated the expected resource use denominator from the CHECKLIST-ICU database (for more details see Appendix A1.2).

We defined efficiency based on the Efficiency Matrix method (ROTHEN et al., 2007; SALLUH; SOARES; KEEGAN, 2017): units with SMR and SRU values lower than their respective overall medians as the efficient units, and non-efficient otherwise. We refer to those classifications as “efficiency groups.”

We obtained information on structure and process from the CHECKLIST-ICU data (CAVALCANTI et al., 2016; DAMIANI et al., 2015), which comprehended the reported presence of a specific process-of-care, organizational practices, or resources in the ICU. Information was retrieved from a questionnaire filled by the unit's representative (for more information, see CAVALCANTI et al. (2016) and DAMIANI et al. (2015)). Since the reported presence was in a “Yes/No” format, we considered only those characteristics applicable to all units and in which there was at least one positive response. From the 63 organizational characteristics, 50 were deemed eligible (for more details, see Appendix A1.4). Our study sought to evaluate the association between these organizational aspects with ICU efficiency.

Our secondary outcomes were the CHECKLIST-ICU's exploratory secondary outcomes of clinical results and processes-of-care. As in the Trial (CAVALCANTI et al., 2016; DAMIANI et al., 2015), we calculated the number of patient-days using the invasive device over the total number of patient-days for each process-of-care. For clinical results, we obtained the number of VAP, CLABSI, and UTI events over the total number of patient-days on MV, CVC, and indwelling urinary catheter, respectively, as well as the number of days in moderate to light sedation or alert and calm (Richmond Agitation-Sedation Scale score [RASS], -3 to 0) and venous thromboembolism (VTE) prophylaxis over the total number of patient-days, and the total patient-days of mechanical ventilation tidal volume 8 mL/kg of predicted body weight or less over the number of MV days. We calculated these rates for each unit and evaluated their variability within the efficiency groups.

3.2.4

Statistical analysis

We described for the efficiency groups the median and interquartile range (IQR) for quantitative variables, frequency, and proportions for categorical variables, when appropriate. We used the two-sided Wilcoxon signed-rank test and Fisher's exact test to evaluate differences between efficiency groups. Therefore, we analyzed the general characteristics and the secondary outcomes of clinical results and process-of-care.

Furthermore, we evaluated individual associations of each organizational characteristic in a univariate analysis using the mentioned statistical tests. For the multivariable analysis, we selected those characteristics with $p < 0.15$ in the statistical tests as the independent variables. We evaluated the strength of their association by calculating Cramer's V coefficient (KOTRLIK; WILLIAMS, 2003). The response variable corresponded to the efficiency groups.

We used the adaptive elastic-net (AENET, ZOU; ZHANG, 2009) in the multivariable logistic regression. This model is a regularization method that combines L1 and L2 norms (BARRETT; LOCKHART, 2019) to penalize regression coefficients, which allows the inclusion of a large set of independent variables, and group those with some degree of collinearity (BARRETT; LOCKHART, 2019; HASTIE; TIBSHIRANI; FRIEDMAN, 2009; HEINZE; WALLISCH; DUNKLER, 2018). The effects were evaluated with odds ratio and 95% confidence interval (Details on the model estimation procedure are in Appendix A1.5).

All of the analyses were performed in R 3.6.0, with RStudio 1.2.1335, using the *dplyr* and *ggplot2* packages from *tidyverse* for data manipulation and visualization, *givitiR* (NATTINO et al., 2017a) for fitting the calibration belts, and the *glmnet* (FRIEDMAN; HASTIE; TIBSHIRANI, 2010) and *msaenet* (XIAO; XU, 2015) packages for AENET model.

3.3 Results

3.3.1 Efficiency groups and general characteristics

The SMR and SRU of the ICUs are depicted in the efficiency matrix (**Figure 3.1**), which also discriminates the efficiency groups.

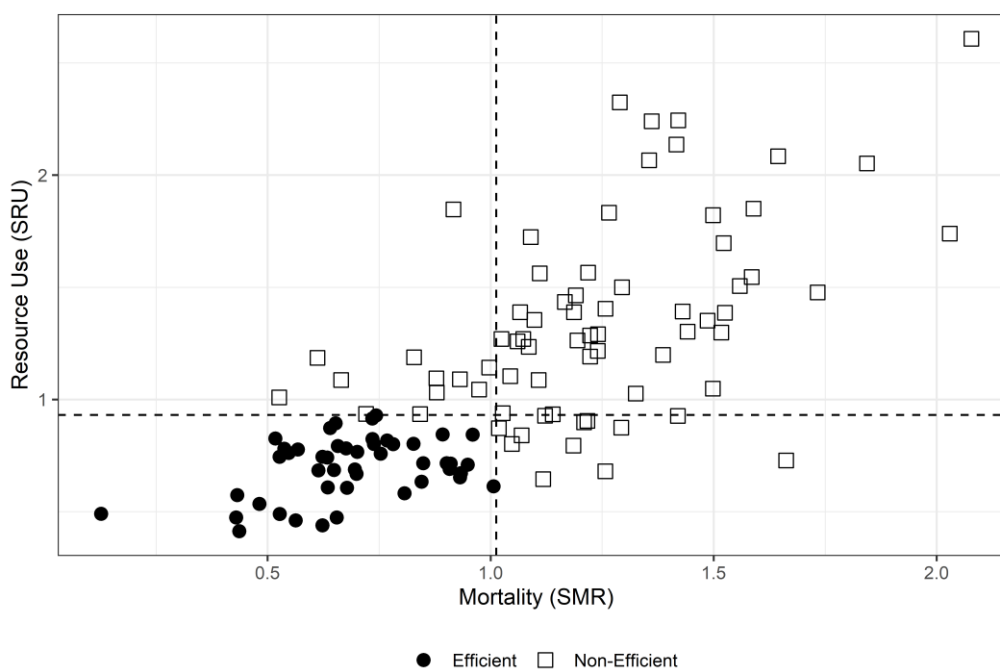


Figure 3.1 - Efficiency matrix and the efficiency groups.

Axis corresponding to the performance indicators: the standardized mortality ratio (SMR) and standardized resource use (SRU). Reference lines are the overall median SMR = 1.01 and the overall median SRU = 0.93. The efficient units are those with both SMR and SRU lower than their corresponding medians, and non-efficient otherwise. From 118 units, 47 were classified as efficient and 71 as non-efficient.

The overall median SRU and median SMR were 1.01 (IQR, [0.71-1.15]) and 0.93 (IQR, [0.74-1.34]), respectively, and the median SAPS-3 was 51 (IQR, [40-64]). The efficient group included 47 units, whereas the remaining 71 units were in the non-efficient group (A list with all units and their corresponding performance indicators is Appendix A3.3). The performance indicators and case-mix values were different between the groups ($p < 0.001$). There was a strong linear correlation between the SMR and SRU (Pearson's correlation test: 0.73; 95% CI, 0.64-0.81).

The general characteristics of the ICUs, according to the efficiency groups, are shown in **Table 3.1**.

Table 3.1- General characteristics of all ICUs the efficiency groups.

Characteristics of the ICUs within the performance groups. The number of ICUs from the efficient and non-efficient performance groups are reported with the percentage of the total size of each performance group and the median (IQR) for hospital and ICU beds. P-values were calculated using Fisher's exact test for the categorical variables and the Wilcoxon signed-rank test for the quantitative variables. SMR and SRU were expected to differ between groups due to the classification criteria. Although the test rejected the hypothesis of differences in the SAPS-3 median, this distinction was in 2 points.

Characteristic	Total (n = 118)	Efficient (n = 47)	Non-efficient (n = 71)	p
SMR, median (IQR)	1.01 (0.71-1.25)	0.68 (0.59-0.82)	1.22 (1.06-1.42)	< .001
SRU, median (IQR)	0.93 (0.74-1.34)	0.71 (0.61-0.80)	1.27 (1.03-1.53)	< .001
SAPS-3, median (IQR)	51 (40-64)	52 (41-65)	50 (39-63)	< .001
Hospital complexity, no. (%)				0.06
Primary	2 (2)	0 (0)	2 (3)	
Secondary	24 (20)	14 (30)	10 (14)	
Tertiary	92 (78)	33 (70)	59 (83)	
Hospital type, no. (%)				0.18
General	101 (86)	43 (92)	58 (82)	
Specialized	17 (14)	4 (8)	13 (18)	
Hospital beds, median (IQR)	214 (131 - 344)	157 (97 - 294)	237 (150 - 350)	0.01
ICU beds, median (IQR)	12 (10-20)	12 (10 - 22)	12 (10-20)	0.96
ICU type, no. (%)				0.05
Mixed	93 (79)	38 (81)	55 (77)	
Medical	13 (11)	8 (17)	5 (7)	
Surgical	5 (4)	0 (0)	5 (7)	
Specialized	7 (6)	1 (2)	6 (9)	

ICU: Intensive Care Unit

IQR: Interquartile Range (1st Quartile – 3rd Quartile)

SAPS-3: Simplified Acute Physiology Score – version 3

SMR: Standardized Mortality Ratio

SRU: Standardized Resource Use

Most of the ICUs were in tertiary and general hospitals, without significant differences between the efficient and non-efficient ICUs. However, the efficient group was mostly composed of ICUs from hospitals with a smaller number of beds (Median: 157 [IQR, 97-294]) than the non-efficient ICUs (Median: 237 [IQR, 150-350]). The median number of ICU beds was similar between the performance groups. The type of ICUs differed between the efficient and non-efficient groups (p

= 0.05), being with a large proportion of mixed ICUs in both groups. However, surgical and specialized units were mostly present within the non-efficient ICUs.

3.3.2

Adherence to processes of care and clinical results

The secondary exploratory clinical outcomes of adherence to processes of care and clinical results within each performance group are presented in Table 3.2.

Compared to the non-efficient units, the efficient ICUs had lower median utilization rates of MV use (0.41 [IQR, 0.07-0.73] vs 0.58 [IQR, 0.19-0.82]; $p < 0.001$), CVC use (0.67 [IQR, 0.15-0.98] vs 0.78 [IQR, 0.33-0.98]; $p = 0.02$), and indwelling urinary catheter use (0.62 [IQR, 0.22-0.95] vs 0.76 [IQR, 0.32-0.98]; $p < 0.01$). There was also a high median rate of adequate prophylaxis for VTE in the efficient ICUs (0.83 [IQR, 0.57-0.99] vs 0.73 [IQR, 0.16-0.96]; $p < 0.001$).

Regarding the clinical outcomes, the CLABSI incidence density was lower in the efficient ICUs (4.95 [IQR, 0.00-22.0]) compared to the non-efficient units (6.29 [IQR, 0.00-25.6]; $p = 0.04$). The number of days on mechanical ventilation and average ventilator-free days in a 28-day period were lower in the efficient units than in the non-efficient ICUs. The utilization rates of VAP (3.11 [IQR, 0.00-11.2] vs 3.56 [IQR, 0.00-14.0]; $p = 0.33$) or UTI (6.93 [IQR, 0.00-19.2] vs 8.47 [IQR, 0.00-36.8]; $p = 0.37$) did not present relevant differences between the groups.

3.3.3

Association of structure and process with the efficiency groups

Finally, we evaluated the association of the characteristics regarding structure and process with the efficiency groups. In the univariable analysis (for more details see Appendix A1.4), we verified that the efficient ICUs had an association to the practice of assessing the mechanical ventilation utilization rate (OR, 3.47; 95% CI, 1.29-10.51) and central venous catheter utilization rate (OR, 4.66; 95% CI, 1.67-15.2).

Similarly, the efficient units also had a higher proportion of reported positive responses to the practice of monitoring ventilator-associated pneumonia (VAP) incidence density (OR, 5.09; 95% CI, 1.56-21.86), central line-associated bloodstream infection (CLABSI) incidence density (OR, 3.26; 95% CI, 1.07-12.09), and urinary tract infection (UTI) incidence density (OR, 2.72; 95% CI, 1.00-

8.3). Efficiency units also presented some association with the reported evaluation of 24-hour readmission rate (OR, 2.00; 95% CI 0.89); and the routine of registering ICU adverse events (OR, 1.95; 95% CI, 0.85-4.59).

Table 3.2 - Efficiency groups and secondary outcomes of adherence to processes of care and clinical results

Results from the secondary outcomes of adherence to processes of care and clinical results of patients during the CHECKLIST intervention execution period. We calculated those metrics for each ICU and provided information regarding the variability of the units in each efficiency group. We tested the differences using the Wilcoxon signed-rank test. In process-of-care, the utilization rates of mechanical ventilation, central venous catheter, and indwelling urinary catheter were lower in efficient units compared to the non-efficient groups. The result was similar regarding the CLABSI incidence density rates, and the average number of ventilator days and ventilator-free days.

Metric	Efficient (n = 47)	Non-efficient (n = 71)	P
Processes of care, no. of patient-days used/total no. of patient-days, median (IQR)			
Head of bed elevated $\geq 30^\circ$	0.99 (0.75-1.00)	0.99 (0.38-1.00)	.30
Adequate prophylaxis for venous thromboembolism (VTE)	0.83 (0.57-0.99)	0.73 (0.16-0.96)	< .001
Moderate sedation to alert and calm (RASS -3 to 0)	0.39 (0.02-0.71)	0.34 (0.04-0.66)	.55
Mechanical ventilator use	0.41 (0.07-0.73)	0.58 (0.19-0.82)	< .001
Central venous catheter use	0.67 (0.15-0.98)	0.78 (0.33-0.98)	.04
Indwelling urinary catheter use	0.62 (0.22-0.95)	0.76 (0.32-0.98)	< .01
Tidal volume ≤ 8 ml/kg of predicted body weight	0.59 (0.33-0.86)	0.57 (0.22-0.82)	.77
Clinical results			
Ventilator-associated pneumonia (VAP), events/1000 patient-days of mechanical ventilator use, median (IQR)	3.11 (0.00-11.2)	3.56 (0.00-14.0)	.33
Central-line associated bloodstream infection (CLABSI), events/1000 patient-days of central venous catheter use, median (IQR)	4.95 (0.00-22.0)	6.29 (0.00-25.6)	.04
UTI, events/1000 patient-days of indwelling urinary catheter use, median (IQR)	6.93 (0.00-19.2)	8.47 (0.00-36.8)	.37
Number of days on mechanical ventilation, median (IQR)	2.48 (0.28-7.07)	4.28 (1.39-8.43)	< .001
Average ventilator-free days in a 28-day period, median (IQR)	3.25 (0.47-9.70)	5.38 (1.54-11.10)	< .001
IQR: Interquartile Range (1 st Quartile – 3 rd Quartile) RASS: Richmond Agitation-Sedation Scale			

A total of 10 characteristics were selected for the multivariable analysis. We verified that the reported practices of infection incidence density (VAP, CLABSI, and UTI) surveillance and monitoring of invasive devices utilization rate (MV and

CVC) presented a high degree of collinearity (**Table 3.3**). A moderate association is also observed among the mentioned practices and the routine of registering adverse events as well as the research on infections related to invasive devices.

Table 3.3 - Cramer's V values for the association between the characteristics of structure and process

Matrix with Cramer's V value for each pairwise association between the characteristics of structure and process. Cramer's V ranges from [0, 1], in which 0 indicates no association, and 1 shows a complete association. Values greater than 0.60 were considered a strong association, and those greater than 0.20 were considered a moderate association (KOTRLIK; WILLIAMS, 2003).

Structure and process	1	2	3	4	5	6	7	8	9	10
1 Exclusive routine physician per 10 beds or fraction during every shift	-									
2 Transportation of patient with adequate equipment	0.01	-								
3 Adverse events registering routine	0.18	0.13	-							
4 Research on infections related to invasive devices and multiresistance for clinical epidemiology	0.06	0.10	0.11	-						
5 24-hour readmission rate	0.13	0.03	<u>0.31</u>	0.06	-					
6 Ventilator-associated pneumonia (VAP) incidence density	0.11	0.10	<u>0.24</u>	<u>0.25</u>	<u>0.37</u>	-				
7 Mechanical ventilation (MV) utilization rate	0.04	0.16	<u>0.3</u>	<u>0.28</u>	<u>0.44</u>	0.63	-			
8 Central-line associated bloodstream infection (CLABSI) incidence density	0.11	0.07	<u>0.32</u>	<u>0.36</u>	<u>0.34</u>	0.80	<u>0.59</u>	-		
9 Central venous catheter (CVC) utilization rate	0.04	0.10	<u>0.32</u>	<u>0.27</u>	<u>0.38</u>	0.62	0.77	0.62	-	
10 Urinary tract infection (UTI) incidence density	0.12	0.16	<u>0.22</u>	<u>0.31</u>	<u>0.34</u>	0.79	0.66	0.79	0.73	-

Underscored: Coefficients greater than 0.20 were considered moderate associations.

Bold: Coefficients greater than 0.60 were considered strong associations.

IQR: Interquartile Range (1st Quartile – 3rd Quartile)

We then performed the multivariable logistic regression with adaptive elastic-net regularization (**Table 3.4**). The reported practices of surveillance of the central venous catheter utilization rate (OR, 1.94; 95% CI, 1.32-2.94) and ventilator-associated pneumonia incidence density (OR, 1.72; 95% CI, 1.16-2.57) were independently associated with efficiency. We also observed that the effect of those variables was present in all resamples (Proportion of non-shrunk coefficients = 100%). Some variables that presented an OR closer or equal to 1.00 (no effect), with a narrow confidence interval, which means that in some resamples, their effect

was often or not relevant to the response variable (95% CI, 1.00 to 1.00, 0% proportion of non-shrunk coefficients) during the AENET procedure.

Table 3.4 - Results from the regularized multivariable logistic regression of the organizational characteristics

Proportion of positive responses and association of structure and process characteristics with the performance groups. We reported the frequency of units from each group. We also presented the results from the adaptive elastic-net applied to the multivariate logistic regression and the proportion of samples in which the effect of the variable was shrunk to 1.00 (no effect). Confidence intervals were estimated using 10,000 resamples. The reported practice of evaluating the rates of ventilator-associated pneumonia and the utilization of a central venous catheter were the variables associated with efficiency. Variables with CI (1.00-1.00) were not relevant in any of the resampling subsets (For more details on the modeling procedure, see Appendix A2.5).

Category	Structure and process	Efficient n = 47 (%)	Non-efficient n = 71 (%)	AENET multivariable logistic regression OR (95% CI)	% of non- shrunk coefficients
Human resources	Exclusive routine physician per 10 beds or fraction during every shift	43 (91)	70 (99)	0.22 (0.05 - 0.96)	99.3
Transport of patients	Transportation of patient with adequate equipment	32 (68)	60 (85)	0.37 (0.18 - 0.78)	100
Risk management	Adverse events registering routine	32 (68)	37 (52)	1.02 (0.96 - 1.04)	74.6
Prevention of health care related infections	Research on infections related to invasive devices and multiresistance for clinical epidemiology	46 (98)	64 (9)	1.91 (0.87 - 4.99)	98.9
Quality-of-care Metrics	24-hour readmission rate	28 (60)	30 (42)	1.00 (0.99 - 1.00)	20.8
	Ventilator-associated pneumonia (VAP) incidence density	43 (91)	48 (68)	1.72 (1.16 - 2.57)	99.9
	Mechanical ventilation (MV) utilization rate	40 (85)	44 (62)	1.09 (0.97 - 1.19)	93.3
	Central-line associated bloodstream (CLABSI) incidence density	42 (89)	51 (72)	1.00 (1.00 - 1.00)	0
	Central venous catheter (CVC) utilization rate	41 (87)	42 (59)	1.94 (1.32 - 2.94)	100
	Urinary tract infection (UTI) incidence density	40 (85)	48 (68)	1.00 (1.00 - 1.00)	0

IQR: Interquartile Range (1st Quartile – 3rd Quartile)

AENET: Adaptive Elastic-Net

3.4 Discussion

Our study presented a secondary observational analysis from the CHECKLIST-ICU, a multicenter cluster-randomized clinical trial conducted in 118 ICUs in a middle-income country (CAVALCANTI et al., 2016). We observed that 47 ICUs were classified as efficient in terms of risk-adjusted mortality and resource

use. Reporting the active surveillance of nosocomial infection rates was associated with efficiency. Additionally, efficiency units presented lower CLABSI incidence density and utilization rate of invasive devices compared to non-efficient.

The efficient units mostly reported to surveil and assess the use of invasive devices utilization and nosocomial infection rates, especially CVC and VAP incidence density. We also found a high association among those variables with Cramer's V. Our results suggest a cultural behavior of self-evaluation within units using different quality-of-care metrics and not only a few. This conduct was likely to be present more often in efficient ICUs than non-efficient.

It is noteworthy that the prevention and control practices are not limited to the evaluation of metrics, but also include the bundle of care for specific conditions or illnesses, and both depend on the unit's culture (KLOMPAS, 2017). For instance, prevention practices of ventilator-associated pneumonia have been considered effective in decreasing the LOS, the number of ventilator days, and, thus, infection incidence (HEWSON-CONROY; ELLIOTT; BURRELL, 2010). This pattern can be extrapolated to other processes of care in the unit, such as interdisciplinary clinical rounds (ROTHEN et al., 2007), staffing levels (ZIMMERMAN; ALZOLA; VON RUEDEN, 2003), and visitation policies (SOARES et al., 2017).

The secondary outcomes analysis showed efficient units presented had lower utilization rates of invasive devices (MV, CVC, and IUC) and CLABSI incidence density compared to the non-efficient ICUs, even though their median SAPS-3 was higher (**Table 3.1**). Therefore, we hypothesize that the active surveillance of nosocomial infections may result in low infection rates in efficiency units.

Our results depict that efficient units have more implemented care protocols than non-efficient, although not statistically significant. The ORCHESTRA study (SOARES et al., 2015) identified that a higher number of implemented protocols was associated with lower mortality and resource use, in a different set of Brazilian ICUs. Implementation of infection prevention protocols is a priority for LMIC (VUKOJA et al., 2014), and they can provide better outcomes and performance for low-resource setting ICUs.

The stepwise regression (GARLAND, 2005; MCCLEAN et al., 2017; MERZ et al., 2008; NATHANSON et al., 2007; NISKANEN; REINIKAINEN; PETTILÄ, 2009; ROTHEN et al., 2007) can result in issues with the interpretability of the confidence intervals (HEINZE; WALLISCH; DUNKLER, 2018). To overcome

this limitation, we used regularization methods (HEINZE; WALLISCH; DUNKLER, 2018). As far as we know, there is no bias correction or asymptotic distribution of ANET estimator, and it presents oracle property. Hence, we inferred the confidences intervals using the bootstrapping method, although estimates can be imprecise. To the best of our knowledge, this is the first application of regularization methods to evaluate the associations in ICU benchmarking studies. We provide a thorough discussion of the AENET model in Appendix A1.5.

We used the efficiency matrix (RAPOPORT et al., 1994; ROTHEN et al., 2007) to classify low-settings ICUs into efficient and non-efficient. Although this is a common approach for benchmarking, it has some limitations. First, the estimates of SMR and SRU may depend on the severity score applied. In this study, we used SAPS-3 as it showed proper calibration and discrimination in the Brazilian ICU population (MORALEZ et al., 2017; SILVA JUNIOR et al., 2010). Second, using the LOS as a surrogate variable for resource use is debatable since it may be influenced by the unit's process and the patient's case-mix. However, it is a reasonable proxy for measuring resource use (NEWGARD et al., 2010) and widely available, even in low-resource settings. Third, other outcomes and process indicators could be considered when defining efficiency. We evaluated mortality and resource, which are widely used metrics for assessing the performance in ICUs, both at the unit and patient-level (NOUIRA et al., 2018; SOARES et al., 2015, 2017). Nonetheless, we also considered an extensive list of structure and process characteristics to evaluate those outcome indicators. Finally, the SMR and SRU estimates could be imprecise for some ICUs, thus impacting their classification. Additionally, aggregating “underachieving,” “overachieving,” and “least efficient” units into a single group may hide the heterogeneities among them. However, we also observed a high linear correlation between SMR and SRU, which suggests that the dichotomized classification is valid.

3.5 Conclusions

By evaluating the performance groups of ICUs in low-resource settings, we found that efficient units are more likely to conduct surveillance of nosocomial infection rates compared to non-efficient units. Therefore, our results suggest that

the management and assessment of infection control should be promptly implemented in quality improvement programs of low-resource settings ICUs.

Article 2 - Comparing continuous versus categorical measures to assess and benchmark intensive care unit performance and efficiency

This article is under revision by its authors and will be submitted

Purpose: To compare the use of categorical and continuous approaches combining Standardized Mortality Ratio (SMR) and Standardized Resource Use (SRU) for benchmarking performance of ICUs.

Materials and Methods: We analysed adult ICU patients, admitted between 2016 and 2018, in Brazil and The Netherlands. Performance was defined as a combination of SMR and SRU using recalibrated SAPS-3 or APACHE-IV for Brazilian or Dutch ICUs, respectively. Categorical combination was the Rapoport-Teres matrix, whereas the continuous approach was the average between the two metrics (Average Standardised Ratio, ASER). For each country, we evaluated the association among metrics using Spearman's rho coefficient and the R^2 from linear regression. An expert focus group consisting of methodologists and intensivists listed potential advantages, limitations and interpretations of both SMR and SRU combinations.

Results: We included 282,303 Brazilian and 164,399 Dutch ICU admissions. Median ASER was 0.99 (0.83, 1.20) and 0.99 (0.92, 1.09) in the Brazilian and Dutch dataset respectively. Correlation between SMR and SRU with ASER in the Brazilian dataset was high (R^2 : 0.75 and 0.74 for SMR and SRU, respectively), while lower in the Dutch sample (R^2 : 0.67 and 0.60). Continuous combination offers appropriate statistical properties for evaluating performance, especially when doing benchmarking analysis, whereas the categorical combination facilitates the interpretation but should be used with caution.

Conclusions: A continuous approach is more favourable for conducting benchmarking analysis, since it keeps desired statistical properties, especially when outcome metrics are highly correlated. The categorical approach should be used with caution as the number of ICUs is often limited.

4.1 Introduction

Benchmarking assists healthcare professionals and policymakers to identify outliers and targets for quality improvement (SALLUH et al., 2018). In intensive care, benchmarking of performance is frequently applied using risk-adjusted mortality and resource use measures (WOODHOUSE et al., 2009). Intensive care unit (ICU) performance should be evaluated in different perspectives (DONABEDIAN, 1988; GARLAND, 2005; SALLUH; SOARES; KEEGAN, 2017), and standardised outcome measures have been preferred since they are case-mix adjusted and easy to interpret. The two most commonly used metrics to assess ICU performance are the standardised mortality ratio (SMR) and the standardised length-of-stay (SLOS) also called standardised resource use (SRU), which measure the clinical efficacy and the efficiency of a unit respectively (KEEGAN; GAJIC; AFESSA, 2011; NATHANSON et al., 2007; SALLUH; SOARES; KEEGAN, 2017).

Quantifying ICU performance based on a combination of these two measures is challenging. A few studies have considered two approaches to combine SMR and SRU, i.e. a categorical approach and a continuous approach. The first approach has been used more traditionally since the '90s and consists of using the Rapoport-Teres graph or “efficiency matrix” (BASTOS et al., 2020b; NATHANSON et al., 2007; RAPOPORT et al., 1994; ROTHEN et al., 2007; SOARES et al., 2015) to categorize ICUs into efficiency groups, using quadrants based on median or mean values, resulting in the categories most efficient, least efficient, overarching and underachieving. The second approach was proposed more recently and used a mathematical procedure to combine the metrics and keep the continuous nature, such as the average of the SMR and SRU for each unit, and thus obtaining a single performance metric (WORTEL et al., 2021).

Each approach has its benefits and drawbacks. The categorical approach can identify groups of interest straightforwardly, such as the best and worst-performing units (ROTHEN et al., 2007; ROTHEN; TAKALA, 2008). However, categorising a continuous outcome may result in loss of information for further inference analysis. Otherwise, the continuous approach is an attractive alternative to reduce information loss and improve the comparisons when benchmarking. However, the resulting single performance metric has yet to be assessed. (VERBURG et al., 2018).

This study aimed to compare the categorical and the continuous approaches combining SMR and SRU to benchmark ICU performance. We hypothesize that clinicians have different opinions on the application possibilities of the two approaches and that different relations between SMR and SRU might provide different results and interpretations in practice. An ICU might be considered efficient using one approach but not when using the other, or the ICU efficiency could be affected by the data sample. Hence, we used two sets of ICUs, one from Brazil and the other from The Netherlands. We assessed the use of the average SMR and SRU in the two different settings and provided recommendations on the usage of both approaches on combining SMR and SRU.

4.2 Materials and Methods

4.2.1 Study design and data source

We performed a retrospective observational analysis on data from ICU national registries in Brazil and the Netherlands (SOARES et al., 2015; VAN DE KLUNDERT et al., 2015; ZAMPIERI et al., 2019). Brazilian data was obtained from the “Organisational CHaracterEriSTics in cRitical cAre” (ORCHESTRA) network (SOARES et al., 2015; ZAMPIERI et al., 2019). This dataset contains demographic and clinical data, and outcomes for adult patients (≥ 16 years old) admitted to 134 intensive care units in 79 hospitals from 2016 to 2018 in Brazil. Patient data was retrieved from the Epimed Monitor System® (Epimed Solutions®, Rio de Janeiro, Brazil) (ZAMPIERI et al., 2017). Dutch patient admission data was obtained from the Dutch National Intensive Care Evaluation (NICE) registry, a non-profit foundation established by intensivists in 1996 (VAN DE KLUNDERT et al., 2015) to evaluate ICU performance and quality of care. It consists of demographic, physiological, and clinical data and outcome of ICU patients from all Dutch ICUs in the Netherlands, mainly extracted from electronic patient records and manually validated according to stringent data quality measures. Brazilian Local Ethics Committees and the Brazilian National Ethics Committee (Brazil CAAE: 19687113.8.1001.5249) approved the study and waived the need for informed consent as it contains anonymised data. The Medical Ethics Review Committee of the Amsterdam

University Medical Centers also waived the need for informed consent (reference number W20_192#20.223).

4.2.2

Study population

We included all adult ICU patients (age ≥ 18 years old) in both datasets, admitted between 2016 and 2018. As both countries use different severity of illness scoring systems, in the Brazilian dataset patients were excluded based on the Simplified Acute Physiology Score 3 (SAPS-3) exclusion criteria (missing core data such as age, location before ICU admission and main ICU admission diagnosis (METNITZ et al., 2005), while in the Dutch dataset patients were excluded based on the Acute Physiology And Chronic Health Evaluation (APACHE) IV exclusion criteria. These criteria consisted of patients with an ICU length-of-stay (LOS) shorter than four hours or longer than one year; readmissions; patients admitted from another Coronary Care Unit (CCU) or ICU; patients with missing admission diagnosis or admission type; patients with burns; transplant patients or CCU or recovery patients (ZIMMERMAN et al., 2006). In addition, patients with missing SAPS-3 or APACHE-IV scores were excluded. Patient-level data furthermore consisted of the patient's demographics (age and gender), type of admission (i.e., medical, elective surgical, or urgent surgical), the severity of illness at ICU admission, i.e., the SAPS-3 used in Brazilian ICUs, and the APACHE-IV used in Dutch ICUs, the in-hospital and ICU mortality, and ICU length-of-stay in days (defined as 24-hour periods based on admission and discharge dates and time). Organizational level data consisted of ICU and hospital size expressed in the number of beds.

4.2.3

Outcomes and ICU performance

Our primary outcome of interest was the ICU performance based on a combination of two outcome measures, the SMR and SRU, both adjusted for the severity of illness score as used in each country. The SMR corresponds to the ratio of observed number of deaths to the expected number of deaths. The expected number of deaths was obtained by the sum of mortality probabilities obtained from the recalibrated SAPS-3 standard equation (MORENO et al., 2005) or APACHE IV risk models (ZIMMERMAN et al., 2006) (Appendix A2.1). Similarly, SRU corresponds to the observed resource use to the expected resource use ratio. For this purpose, we considered the ICU LOS as a surrogate measure of ICU resource use as previously published (ROTHEN et al., 2007). We

calculated the expected LOS with the average LOS for each decile of the recalibrated probabilities obtained from SAPS-3 (Brazil) or APACHE-IV (The Netherlands) models (Appendix A4.2).

We measured overall ICU performance in two ways: categorical approach and continuous approach. In the first, we grouped the ICUs using the SMR and SRU efficiency matrix (RAPOPORT et al., 1994; ROTHEN et al., 2007). Using the respective medians of SMR and SRU distribution, we defined the groups as follows: the most efficient (both SMR and SRU < median), underachieving (SMR ≥ median and SRU ≤ median), overachieving (SMR ≤ median and SRU ≥ median), and the least efficient (both SMR and SRU > medians). Second, we used the average of SMR and SRU to obtain a single performance metric (WORTEL et al., 2021), defined as $(SMR + SRU) / 2$. We referred to this metric as the Average Standardised Efficiency Ratio (ASER) and the interpretation is very straightforward, the lower the ASER the better the ICU performance and efficiency than expected.

4.2.4

Statistical analysis

We described the study population (patients and ICUs) from both countries. For continuous variables we used median and interquartile range (IQR) or mean and standard deviation (SD) depending on their distribution. For categorical variables, we used absolute frequencies and proportions.

For each country, we analysed the distribution of SMR and SRU values. We evaluated the SAPS-3 and APACHE-IV risk probabilities using the calibration belts (FINAZZI et al., 2011) (Appendix A2.1 and A2.2). We visualised the association between SMR and SRU using the efficiency matrix and estimated their correlation using Spearman's rho coefficient (VERBURG et al., 2018).

We calculated the ASER per ICU per country. To assess the ASER in each sample, we evaluated its distribution and association with SMR and SRU both combined and individually. First, we added the ASER in the efficiency matrix and observed the pattern of low and high performing units and described the distribution of ASER per efficiency group. Then, using a linear regression model, we estimated the R^2 coefficient of determination to obtain the level of association using ASER as the response variable and SMR or SRU as the predictor. We also assessed potential unexpected behaviour of units due under and overestimation in ASER using funnel plots. Funnel plots are widely used

to compare performance among units regarding one metric and identify those values outside statistical control limits (SPIEGELHALTER, 2005; VERBURG et al., 2018).

Since the severity of illness of patients in ICUs from both countries is not comparable due to the different risk scores (SAPS-3 vs APACHE-IV) used, we performed all analyses for each country separately. A p-value of 0.05 was considered significant in statistical tests, and 95% confidence intervals were calculated using 5,000 bootstrapped samples. We performed all statistical analysis in R version 4.0.5.

4.2.5

Advantages and disadvantages of SMR and SRU combinations

In order to obtain a list of recommendations, including limitations, clinical and statistical interpretation, and implications for further use for benchmarking purposes, we conducted an expert focus group. This group consisted of four intensivists and four statisticians/methodologists and discussed and identified the main clinical and statistical advantages and disadvantages using both approaches.

4.3

Results

Of 446,702 patients, 282,303 (63%) were admitted to 134 Brazilian ICUs and 164,399 (37%) were admitted to 83 Dutch ICUs. Brazilian ICUs were, on average, larger than Dutch ICUs (Table 4.1). The median age in Brazilian ICUs (Table 4.2) was comparable to the median age in Dutch ICUs, but the proportion of patients over 60 years old was higher in the Dutch population (62.9% vs 58.7%). Median SAPS-3 score in Brazilian patients was 43 (IQR: 24-54) and median APACHE-IV score in Dutch patients was 53 (38-75). Dutch ICUs admitted more male than female patients, this difference was lower in Brazil (male: 57.6% vs 49.0%). Most of the ICU admissions were medical in both samples (over 60%). Proportions of crude in-hospital and ICU mortality in Brazilian and Dutch units were comparable. ICU length of stay between Brazilian and Dutch patients was also similar (median ICU LOS 2 days IQR (1, 5) and 2 days IQR (2, 4) respectively).

Table 4.1 - Characteristics and outcome metrics of Brazilian and Dutch ICUs

Characteristics and outcomes	Brazil	The Netherlands
Total number of ICUs	134	83
ICU Beds, median (IQR)	13 (10, 20)	12 (7, 16)
Hospital Beds, median (IQR)	214 (153, 368)	438 (315, 626)
Proportion of ICU bed/Hospital bed (%), median (IQR)	5.6 (3.3, 12)	2.7 (2.1, 3.5)
Overall outcome performance, median (IQR)		
Standardized Mortality Ratio (SMR)	0.97 (0.75, 1.21)	1.00 (0.89, 1.12)
Standardized Resource Use (SRU)	1.06 (0.79, 1.34)	0.98 (0.88, 1.08)
Averaged Standardized Efficiency Ratio (ASER)	0.98 (0.81, 1.23)	0.99 (0.92, 1.09)

ICU: Intensive Care Unit

IQR: Interquartile Range (1st Quartile, 3rd Quartile)

ASER: Average between SMR and SRU

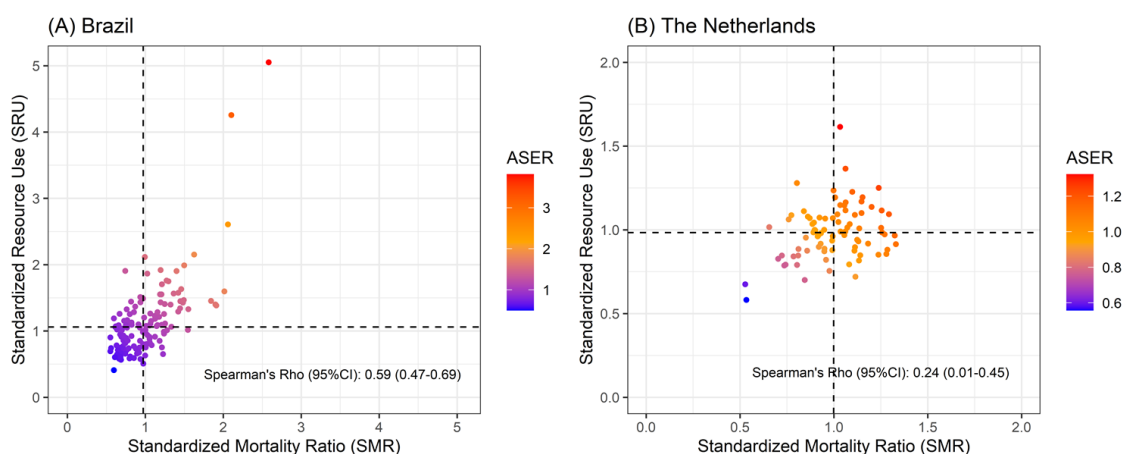


Figure 4.1 Distribution of SMR, SRU, and ASER values in the efficiency matrix in (A) Brazilian ICUs and (B) Dutch ICUs

The distribution of SMR and SRU was quite different between the two countries (Figure 4.1, Appendix A2.3 and A2.4). Brazilian units showed larger variability in SMR and SRU compared to Dutch units (Table 4.1, Figure 4.1). The SMR and SRU were more correlated in Brazilian ICUs than in Dutch ICUs (Spearman's Rho: 0.59 vs 0.24). The proportion of overachieving or underachieving units, taken as one group, was lower in Brazil (30% vs 41%, Appendix A4.3). When observing the ASER values, for both countries, the highest and lowest values of ASER were concentrated in the least and most efficient groups, respectively. However, Brazil has more units with high SMR or SRU, which was expressed as a larger number of extreme ASER values, mostly concentrated in the "least efficient" group. In contrast, Dutch units are more concentrated toward the median (Figure 4.1).

Table 4.2 - Characteristics and outcomes of critically ill patients in Brazil and The Netherlands

Characteristics and Outcomes	Brazil	The Netherlands
Total number of patients	282,303	164,399
Age (years), median (IQR)	65 (49, 78)	66 (54,75)
16-30, N (%)	19,877 (7.0)	9,599 (5.8)
31-40	26,214 (9.3)	8,558 (5.2)
41-50	28,591 (10)	15,300 (9.3)
51-60	41,878 (15)	27,707 (16.9)
61-70	53,435 (19)	42,542 (25.9)
71-80	53,956 (19)	41,572 (25.3)
81-90	45,737 (16.2)	17,716 (10.8)
> 90	12,615 (4.5)	1,405 (0.9)
Gender, N (%)		
Female	142,848 (51)	69,636 (42.4)
Male	139,314 (49)	94,748 (57.6)
Unknown/Transgender	141 (<0.1)	15 (<0.1)
Admission type, N (%)		
Medical	186,235 (66)	100,252 (61.0)
Elective surgery	75,832 (27)	43,742 (26.6)
Urgent surgery	20,236 (7.2)	20,405 (12.4)
Severity-of-illness score, median (IQR)		
Simplified Acute Physiology Score (SAPS-3)	43 (34, 54)	-
Acute Physiology and Chronic Health Evaluation (APACHE IV)	-	53 (38, 75)
Predicted mortality risk		
SAPS-3 Predicted mortality risk	0.09 (0.03, 0.24)	-
APACHE-IV Predicted mortality risk	-	0.08 (0.03, 0.26)
Outcomes		
ICU Length-of-Stay (days), median (IQR)	2 (1, 5)	2 (2,4)
ICU mortality, N (%)	25,510 (9.0)	16,048 (9.8)
Hospital mortality, N (%)	38,898 (13.7)	23,023 (14.0)

Figure 4.2 shows the association between SMR and SRU with the ASER using a linear regression model. In the Brazilian sample, the association between SMR and SRU with ASER was high (R^2 : 0.77 and 0.91 for SMR and SRU, respectively), while in the Dutch sample, this association was lower (R^2 : 0.67 and 0.60 for SMR and SRU respectively). We used a funnel plot to assess under or overestimation of ASER values among units. In both datasets, the ICUs were mostly located within the 95% and 99.8% control limits for SMR, SRU and ASER, and there were no signs of under or overestimation of values.

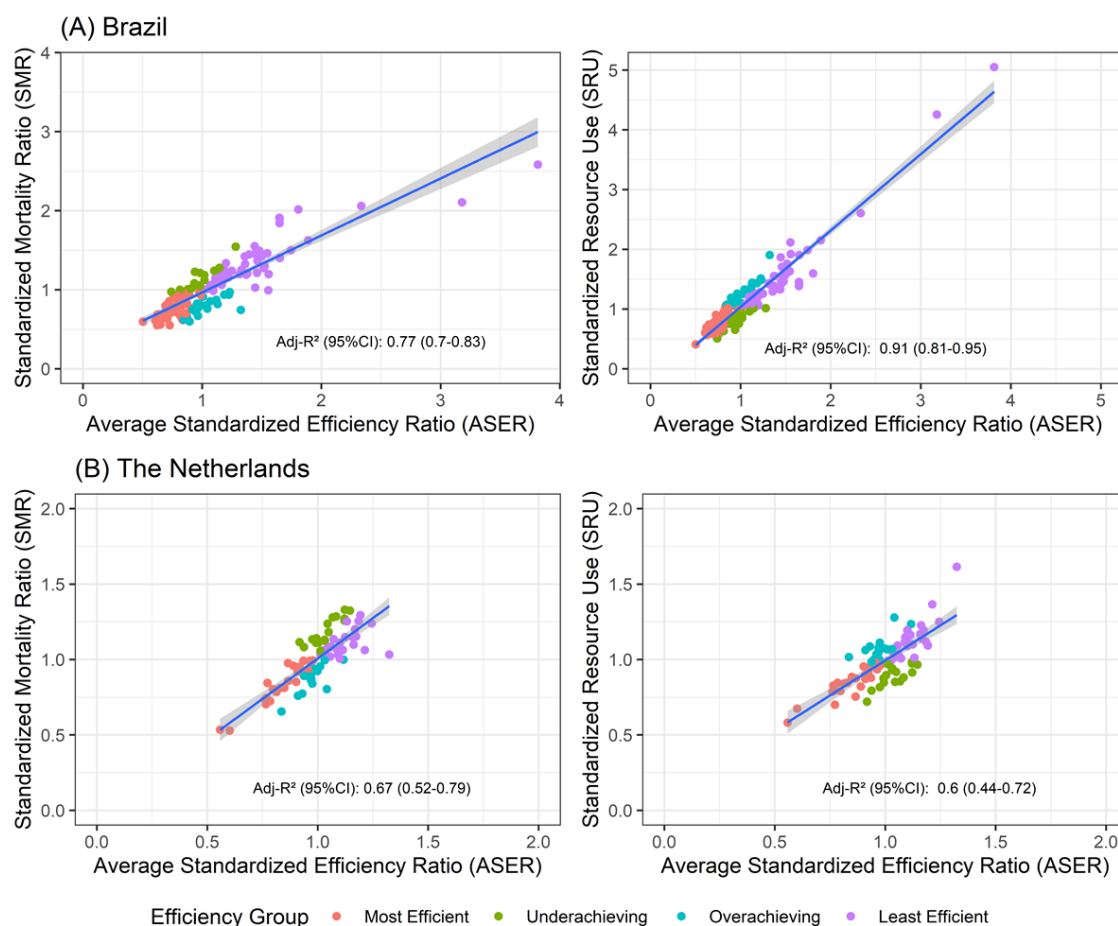


Figure 4.2 - Association between SMR and SRU with ASER in (A) Brazilian ICUs and (B) Dutch ICUs. Bisector line represents a perfect correlation between metrics. The blue line is the regression line with confidence intervals (shaded area). R² was obtained from the regression line using the ASER as a predictor for SMR or SRU.

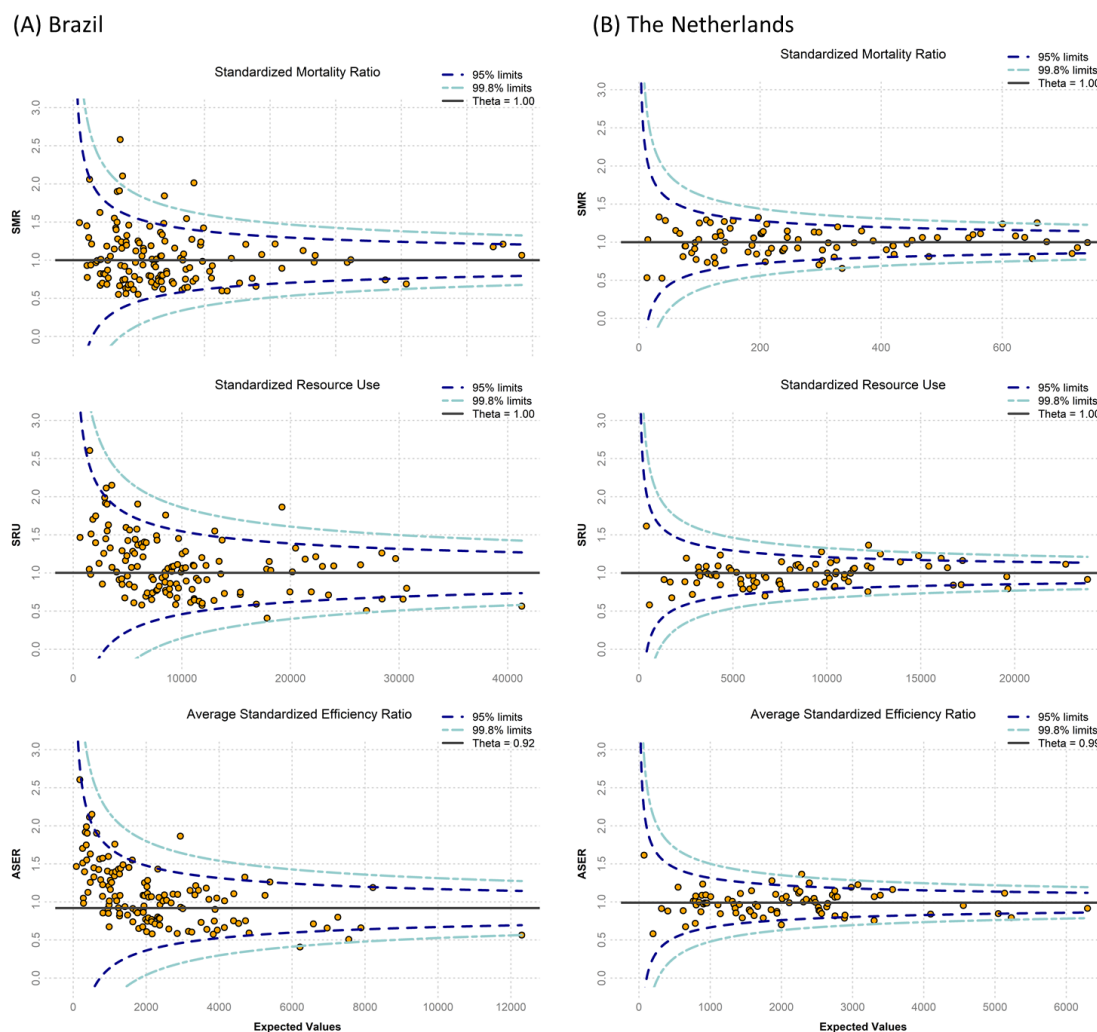


Figure 4.3 - Funnel plots for SMR, SRU and ASER in (A) Brazilian ICUs and (B) Dutch ICUs. Dashed lines represent control limits: dark blue - 95%; and light blue – 99.8%. Theta is the baseline value for each metric obtained as the observed/expected value.

Inspired by these quantitative results, the expert focus group composed a list of potential advantages, limitations and statistical and clinical interpretations of considering a categorical and continuous approach for combining SMR and SRU (**Table 4.3**). Mainly, when using the categorical approach, ICUs can be classified into groups and further subgroup analyses can be performed on the groups of interest, while when using the continuous approach ICUs are not necessarily similar in terms of performance: there is a range of values of performance metrics that can be analysed. In contrast, the categorical approach consider ICUs closely but at the other side of the categorical boundaries (very) different while they perform similar. Additionally, when using the categorical approach, a larger data sample is needed to obtain consistent estimates for further statistical analysis, while when using the continuous approach, a large sample is not necessarily needed.

Table 4.3 - Advantages and disadvantages of using a categorical/dichotomous versus the continuous representation of ICU

	Dichotomous/Categorical	Continuous
Definition	<p>Classify ICUs into groups of efficiency ("Efficiency matrix", Rapport et al, 1994/Rothen et al, 2007):</p> <p>Most efficient ICUs are defined as ICUs with an SMR < median SMR and SRU < median SRU, least efficient ICUs are defined as SMR > median SMR and SRU > median SRU</p>	<p>Calculate the arithmetic mean between SMR and SRU.</p> <p>Averaged Standardized Efficiency Ratio (ASER)</p> $ASER = (SMR + SRU) / 2$
Studies where the outcome is used	<p>[Rothen et al. 2007]</p> <p>[Nathason et al 2007]</p> <p>[Soares et al. 2015]</p> <p>[Bastos et al. 2020]</p>	[Wortel et al. 2021]
Statistical analyses	<p>Simplifies statistical analyses.</p> <p>Units in the same group are assumed to have similar performance.</p> <p>Can evaluate differences among groups of efficiency using statistical tests or regression analysis (e.g: comparing most efficient vs least efficient units)</p> <p>Subgroups of ICUs can be further explored</p>	<p>Fewer observations/ICUs needed to observe effects.</p> <p>Units are not necessarily similar in terms of performance: there is a span of values of performance metrics that can be analysed.</p> <p>Depending on the distribution of the ASER, multiple parametric or non-parametric statistical analyses can straightforwardly be applied.</p>
Limitations	<p>A larger number of observations/ICUs needed to obtain consistent estimates.</p> <p>Dichotomisation would lead to a loss of information about the true relationship between variables, which often translates into a loss of statistical power and a decreased effect size.</p> <p>Choosing two groups (e.g., most efficient vs least efficient units) may limit the power of the analysis.</p> <p>When regression is being used to adjust for the effect of a confounding variable, dichotomisation will run the risk that a substantial part of the confounding remains.</p>	<p>Averaging SMR and SRU may not be fully representative of a unit's actual performance (E.g., units with high SMR and low SMR may present an average closer to the reference line)</p> <p>SMR and SRU may have different weights during the decision-making process.</p>
Statistical interpretation	<p>Generally, there is no good reason to suppose that there is an underlying dichotomy, and if one exists, there is no reason it should be at the median. Therefore, interpretation of the results is highly dependent on the chosen cut-off point (e.g., median SMR and median SRU).</p> <p>It makes it challenging to model other categories of ICUs, e.g., under- and overachieving ICUs (ICUs with SMR < median SMR and SRU > median SRU and vice versa)</p>	For ICUs with very low SMR and very high SRU (or vice versa), the resulting ASER is distorted.

	Dichotomisation conceals any non-linearity in the relation between the variable and outcome.	
Clinical interpretation of the definition	<p>Interpretation of ICUs performance is straightforward: you are either efficient or not.</p> <p>ICUs close to the cut-off point but on opposite sides are characterised as being very different rather than very similar.</p>	<p>Interpretation is not always clear: e.g., it is difficult to identify which ICUs are 'good' and 'bad', and there is no cut-off point.</p> <p>It might be more important for some ICUs to know how they score on the SMR, while others might find their performance based on SRU more important. With a single average score, it is unclear which of the underlying indicators the ICU could improve.</p>

ASER: Averaged Standardized Efficiency Ratio; ICU: Intensive Care Unit; SMR: Standardized Mortality Ratio; SRU: Standardized Resource Use

4.4 Discussion

We evaluated two approaches to combine SMR and SRU for ICU benchmarking using data of two large national ICU registries in Brazil and in The Netherlands. We observed that the correlation between SMR and SRU influences the properties of their combination. A high positive correlation setting between SMR and SRU favours using the average as a general efficiency metric, whereas a lower correlation provides a balanced distribution of units per quadrant in the efficiency matrix. Funnel plots showed that units had ASER values within statistical control limits with no apparent under or overestimation. In addition, we assessed the average of SMR and SRU as a combination for further benchmarking studies in settings similar to Brazilian or Dutch ICUs.

The high association between SMR and SRU with ASER in the Brazilian sample indicates that increasing ASER corresponds to increasing SMR and SRU. This association is lower in the Dutch sample than in the Brazilian sample, and the most and least efficient groups become less distinguishable from under or overachieving groups (**Figure 4.2**). This potentially indicates that low correlation between SMR and SRU affected the distribution of the ASER. In addition, the “cut-offs” for defining the efficiency groups may provide misclassifications and produce unreliable results, thus decreasing the rankability. We note that, although large, the Brazilian data corresponds to a convenience sample, whereas the Dutch data comes from a complete coverage national database, thus coverage is different. However, the heterogeneity in the Brazilian healthcare system we describe here has been previously evidenced (MACHADO et al., 2017; RANZANI et al., 2021)

When evaluating more than one measure of performance, the combination is a natural approach (REEVES et al., 2007). Decisions on whether to combine or not are essential in ICU benchmarking since metrics must represent the unit's performance, and their interpretation can influence clinical and managerial decision-making. Categorising into single continuous metrics or variables have been published before (BASTOS et al., 2020b; NATHANSON et al., 2007; ROTHEN et al., 2007; SOARES et al., 2015). In our focus group we identified similar implications for using the efficiency matrix or the average SMR and SRU.

A continuous approach retains the original information and interpretation of performance among units and enables a more straightforward comparison among units. On the other hand, using the categorical/dichotomous approach provides a straightforward (clinical) interpretation (FARRINGTON; LOEBER, 2000) since an ICU is positioned into a specific performance category. However, units in different efficiency groups but very close to the cut-off points are considered to be different while their SMR and SRU values might be very similar. Furthermore, units from the same group are considered equal and, thus, this loss of information may harm further analyses, especially when the sample size is already small (ALTMAN; ROYSTON, 2006; MACCALLUM et al., 2002). since an ICU is positioned into a specific performance category. However, units in different efficiency groups but very close to the cut-off points are considered to be different while their SMR and SRU values might be very similar. Furthermore, units from the same group are considered equal and, thus, this loss of information may harm further analyses, especially when the sample size is already small (DAWSON; WEISS, 2012; NUZZO, 2019).

The choice of one of those approaches will depend on the management, research, or clinical objectives. If one aims to identify performance groups instead of individual comparison, then a categorical approach seems adequate. However, if the goal is to compare individual performance, a continuous approach may be preferable. For instance, continuous metrics may provide better statistical properties and more robust results in inference analysis, such as studies that evaluate the association between organisational factors and ICU efficiency (BASTOS et al., 2020b; ROTHEN; TAKALA, 2008; SOARES et al., 2015; WORTEL et al., 2021). This might explain potential non-significant results due to dichotomising performance in addition to reduced sample size when comparing two groups (e.g., “least” and “most” efficient groups).

We evaluated the association between the correlation of SMR and SRU with their combination approaches. SMR and SRU presented a high positive correlation for Brazilian ICUs, which resulted in units more concentrated in quadrants of “least” and “most” efficient units in the efficiency matrix. For Dutch units, the correlation was lower, and all efficiency quadrants were more equally distributed (Figure 4.1). However, in both countries, ASER was correlated with SMR and SRU individually, especially for Brazilian units (Figure 4.2). Hence, the average SMR and SRU could be used as a general efficiency measure in those settings of moderate/high correlation between those metrics.

The strengths of our work consist in being an analysis of outcome metrics from large national registries of ICUs in two distinct countries, Brazil and The Netherlands. For all patients we had information on the severity of illness and outcomes. The present study also has some limitations. First, comparisons among countries were not possible due to differences in the locally adopted severity of illness score. However, we performed our analysis per country, considering their distribution of SMR and SRU. Second, our analysis was limited to the combination of two metrics. If more than two metrics present a considerable degree of colinearity, using the average may give reasonable results. Conversely, the categorisation becomes more challenging in case of multiple dimensions. Hence, different methods for combining, such as clustering or data envelopment analysis, should be applied. Our study analysed the two main metrics used in ICU benchmarking, SMR and SRU, which also measure different performance perspectives.

4.5 Conclusion

Combining measures of quality indicators will always conceal some degree of information. We observed that a continuous approach is more favourable for conducting benchmarking analysis, since it keeps desired statistical properties, especially when outcome metrics are highly correlated. The categorical approach should be used with caution as the number of ICUs is often limited.

Article 3 - Increased number of nurses per bed is associated with higher efficiency in intensive care units: An analysis of the ORCHESTRA database

This article is under revision by its authors and will be submitted

Purpose: Measuring the effect of organisational factors on intensive care unit (ICU) performance provides potential targets for improvement. We aimed to find the organisational factors that drive efficiency in Brazilian ICUs by comparing two modelling approaches for confounder adjustment.

Methods: A retrospective analysis of the “Organisational CHaracteriSTics in cRitical cAre” (ORCHESTRA) study, a multicenter database of Brazilian ICUs. ICU efficiency was calculated as the average of the Standardised Mortality Ratio (SMR) and the Standardised Resource Use (SRU). We estimated and compared the average treatment effect (ATE) of seven organisational factors in ICU efficiency using two modelling approaches: linear regression with propensity scores and causal random forests (CRFs).

Results: We analysed 284,250 patients admitted to 134 ICUs in 69 Brazilian hospitals. Overall median SMR was 0.95 [IQR: 0.67,1.26], median SRU was 1.03 [IQR: 0.82,1.22] and median ICU efficiency was 0.98 [IQR: 0.80,1.25]. In both linear regression model and CRF, the average number of nurses per ten beds was independently associated with ICU efficiency (ATE [95% CI]: -0.12 [-0.20, -0.04] and -0.09 [-0.16, -0.02], respectively). The CRF additionally found an association between the average number of physicians per ten beds and ICU efficiency, ATE [95% CI]: 0.11 [0.01, 0.20], which diminished after removing outlying ICUs.

Conclusion: Increased nurse per bed ratio was associated with high ICU efficiency in a large sample of Brazilian ICUs. Results between models were similar, indicating a potential linear pattern of the association, but CRFs were more sensible to the data values and sample size.

5.1 Introduction

Benchmarking intensive care units (ICUs) provides critical care practitioners and administrators possibilities for improvement in the process of care and outcomes (GARLAND, 2005; LANGE; DONGELMANS; KEIZER, 2017; SALLUH; SOARES; KEEGAN, 2017; WOODHOUSE et al., 2009), especially in limited-resource settings (BOZZA; SALLUH, 2010; SALLUH; SOARES; KEEGAN, 2017). Doing this, it is crucial to understand how organizational patterns affect the outcomes and performance in an ICU. Risk-adjusted indicators have been used to measure the efficiency of an ICU: the standardized mortality ratio (SMR) and the standardized resource use (SRU) (BASTOS et al., 2020b; ROTHEN et al., 2007; SOARES et al., 2015; WORTEL et al., 2021).

Previous studies have evaluated the associations between several organizational factors and ICU outcomes in various ways. The presence of clinical rounds (ROTHEN et al., 2007), improved team communication strategies (CHECKLEY et al., 2014), the adherence to best practices and care protocols (SOARES et al., 2015), the combination of 24/7 expert intensivist coverage, the presence of a dedicated pharmacist, and high nursing autonomy (ZAMPIERI et al., 2019), the active surveillance of nosocomial infections (BASTOS et al., 2020b), and intensivists per ICU bed (WORTEL et al., 2021) were associated with better ICU outcomes and efficiency. Different characteristics of an ICU may influence the organizational factors that drive ICU efficiency. Hence, their confounding effects should be considered, which was not always adequately applied in previous studies.

Confounding adjustment is traditionally performed with propensity scores used as a covariate in a regression model. Recently, machine learning models such as the Bayesian Additive Regression Trees (BART) (CHIPMAN; GEORGE; MCCULLOCH, 2012) and Causal Random Forests (CRF) (WAGER; ATHEY, 2018) have been proposed. With those models, confounding adjustment is performed with a partitioning procedure of the data using decision trees, and their non-parametric nature provides the modelling of nonlinear relationships (ATHEY; TIBSHIRANI; WAGER, 2019; WAGER; ATHEY, 2018), which form advantages over the assumptions of linear regression modelling. Moreover, CRFs provide unbiased estimates of the average treatment effect (ATE) and confidence intervals compared to previous tree-based models (ATHEY; TIBSHIRANI; WAGER, 2019; WAGER; ATHEY, 2018).

Understanding the measured effect of organisational factors on ICU performance is essential to identify targets for improvement. Our goal is to investigate the association of organisational factors with efficiency in ICUs by comparing linear regression with propensity scores and causal random forests.

5.2 Methods

5.2.1 Study design and data source

We performed a retrospective observational analysis on the “ORganizational CHaracteriSTics in cRitical cAre” (ORCHESTRA) data (SOARES et al., 2015; ZAMPIERI et al., 2017, 2019). This prospectively collected data set contains demographic and clinical information, use of resources, and outcomes of adult patients (≥ 16 years old) admitted to 134 intensive care units in 79 hospitals from 2016 to 2018 in Brazil (SOARES et al., 2015; ZAMPIERI et al., 2017, 2019). Information was retrieved from the Epimed Monitor System® (Epimed Solutions®, Rio de Janeiro, Brazil) (ZAMPIERI et al., 2017). Local Ethics Committees and the Brazilian National Ethics Committee (CAAE: 19687113.8.1001.5249) approved the study and waived the need for informed consent.

5.2.2 Study population

We included data at the patient and the unit level. At the patient level, we considered the patient’s demographics, the severity of illness at admission using the Simplified Acute Physiology Score 3 (SAPS-3), the in-hospital mortality, and ICU length-of-stay in days (defined as 24-hour periods). At the organisational level, information on hospital and ICU characteristics of structure and process was collected by a structured survey to the ICU director and/or the chief nurse that included: hospital and ICU bed capacity, the type of ICU (surgical, oncological or neurological ICU), the presence of training programs in critical care certified by the Brazilian Association of Intensive Care (Associação Brasileira de Medicina Intensiva – AMIB), and ICU staffing patterns, such as the average number of physicians per bed and the average number of nurses per bed in each daily

shift (considering day and night), the full-time coverage of a board-certified intensivist and the annual bed ICU occupancy rate. We note that the organisational variables were provided as the most representative information from the period of analysis (2016-2018).

5.2.3

Outcomes

Our primary outcome is ICU efficiency as a combination of two outcome indicators: the standardised or risk-adjusted in-hospital mortality rate and the standardised or risk-adjusted resource utilisation.

The Standardised Mortality Ratio (SMR) corresponds to the ratio of the observed number of deaths to the expected number of deaths. The expected number of deaths was obtained by adding up mortality probabilities obtained from the recalibrated SAPS-3 risk model.

Similarly, the Standardised Resource Use (SRU) corresponds to the observed resource use to the expected resource use ratio. For this purpose, we considered the hospital length-of-stay (LOS) as a surrogate measure of resource use (ROTHEN et al., 2007). Expected LOS was calculated with the average LOS for each decile of the SAPS-3 estimated probability from the sample.

Finally, we used the average of SMR and SRU to obtain a single efficiency measurement, referred to as Averaged Standardised Efficiency Ratio (ASER), with an interpretation similar to the previous metrics: the lower the value, the better is the performance of a particular unit.

5.2.4

Statistical Analysis

We described the study population using median and interquartile range (IQR) for continuous variables and absolute frequency and proportions for categorical variables. We evaluated the relationship between SMR and SRU using Spearman's rho correlation coefficient and scatter plots. We evaluated the association of nine organizational factors with efficiency (ASER). We used scatterplots to visually assess the pattern of association of each organizational variable with the efficiency measure.

We used linear regression with propensity scores and the Causal Random Forests in multivariable analyses, a machine learning algorithm that estimates the average treatment effect (ATHEY; TIBSHIRANI; WAGER, 2019; WAGER; ATHEY, 2018). The CRF consists of a set of decision trees in which data is split into two parts: one to

build each tree, using the classic CART algorithm and the other to estimate the treatment effects, a process called “honest splitting.” Although previous tree algorithms have been proposed, the CRF has the benefits of using non-parametric modelling, which allows the capture of nonlinear relationships. Its ATE estimates are unbiased and asymptotically normal, thus providing reliable confidence intervals (ATHEY; IMBENS, 2016; WAGER; ATHEY, 2018).

For each method, the process for confounder identification followed a combined approach of using knowledge of specialists and statistical methods, such as the Change-In-Estimate (MALDONADO; GREENLAND, 1993; MICKEY; GREENLAND, 1989). To estimate propensity scores for the regression model, we used a logistic regression model for categorical organizational variables and the generalized propensity scores (HIRANO; IMBENS, 2004; ROSENBAUM; RUBIN, 1983) for continuous variables. The CRF does not require a previously calculated propensity score since it uses propensity trees from the covariates to estimate the propensity for the treatment variable (organizational factors).

As a sensitivity analysis, we removed units with extreme values of ASER. The presence of extremely good or worst performance units may influence our results. We identified those outlying units using the z-score method with three standard deviations. We re-estimated the mortality probabilities, the efficiency measures, and the average treatment effects for each organizational factor, using the linear model and the CRF, after removing the outlying units. Also, we used those results to evaluate the pattern of the associations identified between both models, such as non-linearities.

All analyses were performed in R 4.0.2, with *tidyverse* for data preparation and preparation, and *grf* (Generalized Random Forests) (ATHEY; TIBSHIRANI; WAGER, 2019) for fitting Causal Random Forests.

5.3 Results

We analysed 284,250 patients admitted to 134 participating ICUs in 79 hospitals. The median age of patients was 65 years [IQR: 49, 78], with 58% being older than 60 years old, 51% were women, and most of the admissions were medical (66%) (Table 5.1). The overall median SMR was 0.95 [IQR: 0.67, 1.26], median SRU was 1.03 [IQR: 0.82, 1.22] and the median ASER was 0.98 [IQR: 0.80, 1.25] (Table 5.2). There was a mild

correlation between the SMR and SRU (Spearman's rho correlation coefficient: 0.54, Figure 5.1).

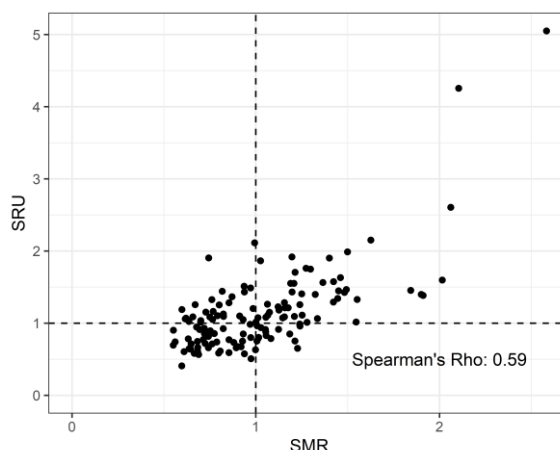


Figure 5.1 - Association between SMR and SRU with ASER in (A) Brazilian ICUs and (B) Dutch ICUs. Bisector line represents a perfect correlation between metrics. The blue line is the regression line with confidence intervals (shaded area). R^2 was obtained from the regression line using the ASER as a predictor for SMR or SRU.

Table 5.1 - Characteristics and outcomes of Intensive Care Unit patients

Characteristic	
Total number of patients	284,250
Age, median [IQR]	65 [49, 78]
≤30, N (%)	21,824 (7.7%)
31-40	26,214 (9.2%)
41-50	28,591 (10%)
51-60	41,878 (15%)
61-70	53,435 (19%)
71-80	53,956 (19%)
81-90	45,737 (16%)
> 90	12,615 (4.4%)
Gender, N (%)	
Female	143,765 (51%)
Male	140,342 (49%)
Unknown/Transgender	143 (<0.1%)
Charlson Comorbidity Index [N = 280,286]	
Mean (SD)	1.57 (1.91)
Median [IQR]	1 [0, 2]
Admission type, N (%)	
Medical	187,617 (66%)
Elective surgery	76,196 (27%)
Urgent surgery	20,437 (7.2%)
ICU Length-of-Stay, median [IQR]	2 [1, 5]
ICU mortality, N (%)	25,605 (9.0%)
Hospital mortality, N (%)	25,649 (9.0%)

ICU: Intensive Care Unit.

IQR: Interquartile Range (1st Quartile – 3rd Quartile).

SD: Standard Deviation.

Regarding the organisational characteristics of the included ICUs, the median number of physicians per ten beds is 1.5 [IQR: 1.36, 1.95], and the median number of nurses per ten beds is 1.79 [IQR: 1.43, 2.50]. Twenty-three ICUs (23%) are specialised, 20% have medical residency in critical care, and less the half (41%) are full-time covered by a certified intensivist (Table 5.2).

To measure the association of organisational factors (exposures) with efficiency (ASER), we defined the variables for confounder adjustment (Table 5.3). Exposure variable ICU to hospital bed ratio had the least number of confounders (N=2), while the average nurse per ten beds had the most (N=7). We observed an apparent pattern of negative correlation between the average nurse per ten beds with the ASER.

Table 5.2 - Outcome measures and organizational characteristics of all Intensive Care Units

Characteristics and Measurements	
Number of units	134
Outcome measures, median [IQR]	
Standardized Mortality Ratio (SMR)	0.95 [0.67, 1.26]
Standardized Resource Use (SRU)	1.03 [0.82, 1.22]
Averaged Standardized Efficiency Ratio (ASER) ^a	0.98 [0.80, 1.25]
Organizational characteristics	
Hospital beds, median [IQR]	214 [153, 368]
ICU beds, median [IQR]	13 [10, 20]
Specialized ICUs ^b , N (%)	23 (17%)
Presence of medical residency in critical care, N (%)	27 (20%)
Presence of a full-time board-certified intensivist, N (%)	41 (31%)
Average Physicians per 10 beds ^c , median [IQR]	1.50 [1.36, 1.95]
Average Nurses per 10 beds ^c , median [IQR]	1.79 [1.43, 2.50]
Admissions per bed, median [IQR]	128 [84, 169]
Average ICU bed/ Hospital bed ratio, median [IQR]	5.6 [3.3, 12.0]
Average Occupancy Rate (%), median [IQR]	85 [78, 91]

^a Average of SMR and SRU

^b Includes surgical, neurological, and oncological critical care units

^c Average of day and night shifts in the unit

ICU: Intensive Care Unit

IQR: Interquartile Range (1st Quartile – 3rd Quartile)

Median and IQR are calculated from the distribution of values at unit level

Table 5.3 -Confounder matrix

	Organizational Characteristic	1	2	3	4	5	6	7	8	*
1	Number of hospital beds			X		X		X		
2	Ratio ICU beds per hospital bed					X				X
3	Presence of medical residency in critical care	X			X	X	X	X	X	
4	Specialized ICU ^b	X		X						
5	Average Physicians per 10 beds ^a	X	X		X			X		
6	Presence of a full-time board-certified intensivist	X			X			X		
7	Average Nurses per 10 beds ^a	X	X	X	X	X	X			X
8	Admissions per bed	X	X	X	X	X		X		

^a Considering an average of day and night shifts in the unit

^b Includes surgical, neurological, and oncological critical care units

ICU: Intensive Care Unit

*: Characteristic is not considered as an exposure variable but only considered as potential confounder

"X": Marks if a variable in the column is a potential confounder for the exposure variable in the rows

Regarding the multivariable analysis, we observed that both methods showed similar results (Table 5.4). The linear regression model with propensity score showed a statistically significant association between the average nurses per ten beds and ICU efficiency (ATE [95% CI]: -0.12 [-0.20, -0.04]). Similarly, the results from the Causal Random Forests showed a statistically significant association of the average nurses per ten beds with ICU efficiency (ATE [95% CI]: -0.09 [-0.16, -0.02]). Besides, CRFs showed a significant association between the average number of physicians per ten beds and ICU efficiency (ATE [95% CI]: 0.11 [0.01, 0.20]).

Table 5.4 -Estimates of effect for each organizational factor to the efficiency in the linear model with propensity scores and the causal random forests

Exposure	Main analysis (134 ICUs)		Sensitivity analysis (131 ICUs)	
	Regression model	Causal Random Forest	Regression model	Causal Random Forest
	ATE [95% CI]	ATE [95% CI]	ATE [95% CI]	ATE [95% CI]
Number of hospital beds (x100)	0.01 [-0.02, 0.04]	-0.02 [-0.07, 0.03]	0.003 [-0.02, 0.03]	-0.04 [-0.069, -0.001]
ICU beds per hospital beds ratio	0.002 [-0.008, 0.013]	0.003 [-0.007, 0.013]	0.006 [-0.003, 0.014]	0.006 [-0.002, 0.015]
Presence of medical residency in critical care	0.06 [-0.16, 0.29]	0.05 [-0.09, 0.20]	0.10 [-0.07, 0.28]	0.12 [-0.02, 0.26]
Specialized ICU ^b	-0.10 [-0.27, 0.07]	-0.04 [-0.20, 0.13]	-0.06 [-0.20, 0.08]	-0.08 [-0.14, 0.12]
Average Physicians per 10 beds ^a	0.06 [-0.07, 0.19]	0.11 [0.01, 0.22]	0.02 [-0.09, 0.12]	0.09 [-0.01, 0.19]
Average Nurses per 10 beds ^a	-0.12 [-0.20, -0.04]	-0.09 [-0.16, -0.02]	-0.08 [-0.15, -0.01]	-0.062 [-0.121, -0.003]
Presence of a full-time board-certified intensivist	0.01 [-0.13, 0.15]	-0.01 [-0.14, 0.11]	0.02 [-0.10, 0.13]	0.01 [-0.10, 0.13]

^a Considering an average of day and night shifts in the unit

^b Includes surgical, neurological, and oncological critical care units

ATE: Average Treatment Effect

CI: Confidence Interval

ICU: Intensive Care Unit

ASER: Average Standardized Efficiency Ratio

In the sensitivity analysis, we identified three outlying ICUs, which presented the highest ASER values (worst performing units). After removing those outliers, the new overall median SMR was 0.96 [IQR: 0.69, 1.24], median SRU was 1.03 [IQR: 0.82, 1.23], and median ASER was 0.99 [0.82, 1.25]. We observed that both the linear regression model with propensity scores and the Causal Random Forest showed an association of the average nurses per 10 beds on the ICU efficiency (ATE [95% CI]: -0.08 [-0.15, -0.01] and -0.062 [-0.121, -0.003], respectively) (Table 5.4). However, the CRFs did not a statistically significant association between the average number of physicians per ten beds and ICU efficiency.

5.4 Discussion

This study examined the relationship between organizational factors and ICU efficiency in a large multicentre database of Brazilian ICUs. We found that the increase in average nurses per ten beds was associated with increased ICU efficiency in linear modelling and causal random forest after adjusting for other organizational variables. We also found that an increase in the average number of physicians per ten ICU beds was associated with decreased ICU efficiency.

This is not the first study that investigated the association between organizational factors and ICU efficiency in the Brazilian setting. At the patient level, Zampieri et al. identified that phenotypes of ICUs with high nursing autonomy, a full-time board-certified intensivist, and a dedicated pharmacist might present better patient outcomes (ZAMPIERI et al., 2019). In Bastos et al., at the unit level, the ratio of nurses per bed per unit was not available, and staffing patterns were not significantly associated with efficiency in the final model (BASTOS et al., 2020b). Wortel et al. found that an increased number of intensivists per ICU bed was associated with increased ICU efficiency in Dutch ICUs (WORTEL et al., 2020). In their study, the number of nurses per patient was not associated with the efficiency outcome. This might be explained by the fact that the nurse to bed ratio was much higher in Dutch units (median 3.25 compared to 1.79 nurses per ten beds), and socioeconomic differences between the two countries may have a strong interplay with the organizational factors.

Our finding that ICU staffing is significantly associated with ICU efficiency is therefore not necessarily in contrast to earlier studies. Possibly our study setting showed

enough heterogeneity among the ICUs to reveal the association. In particular, the presence of enough nurses in the ICU have led to better care of patients, with rapid response to adverse events and adherence to best practices (HIRZALLAH; ALKAISSI; DO CÉU BARBIERI-FIGUEIREDO, 2019; LARSON; MCKEEVER, 2018), especially when they are more autonomous in the ICU (ZAMPIERI et al., 2019).

In this study, we introduced the Causal Random Forests to estimate the average treatment effect of organizational factors on ICU efficiency. As far as we know, this is the first application of CRF to the analysis of ICU organizational data. This causal machine learning technique has received some attention recently as it provides confounder adjustment similar to stratification procedures, such as the k-nearest neighbours, and they are non-parametric (WAGER; ATHEY, 2018). The results from our sensitivity analysis showed that the regression model is more stable than the CRF. This can be explained by the fact that the organizational factor number of hospital beds and the number of physicians may have a nonlinear relationship, which became more apparent after removing the ICUs with extreme ASER values. However, this also indicates that the CRF is sensible to the data. Although this model does not have a minimum sample size, the tree-inducing procedure of CRF is largely impacted as the sample is split to induce trees and provide ATE estimates ('honesty splitting') (ATHEY; TIBSHIRANI; WAGER, 2019; WAGER; ATHEY, 2018).

Our study has strengths and limitations. This study includes a large sample of Brazilian ICUs and patient admission data. Therefore, the results are a suitable representation of an average Brazilian ICU. Furthermore, we could confirm the results with an extra level of certainty with the application of multiple methods. As limitations, first, aside from bed occupancy rate, the organizational characteristics were not continuously collected during the study period, so changes over time were not considered. On the other hand, ICUs were asked to provide the organizational data that were most representative for the whole data collection period (2016-2018), so we believe that changes over time did not greatly affect the results. Second, we included a limited number of organizational characteristics in our analyses. These characteristics were mostly related to the ICU, but characteristics outside the ICU such as adherence to care protocols can also impact the efficiency in an ICU. Other ICU- and hospital-related factors were unfortunately not available in our study data. Third, by using the average SMR and SRU for measuring ICU efficiency, ICUs with a low SMR and high SRU (or vice versa) are considered equally efficient as ICUs with a low SMR and low SRU. We chose this method

over the efficiency matrix described in previous literature (BASTOS et al., 2020b; RAPOPORT et al., 1994; ROTHEN et al., 2007; SOARES et al., 2015) to account for the loss of information. Fourth, directly comparing and measuring the linear modelling and causal random forest modelling performance was not possible because the ground truth is unknown. Therefore, the results of the models should not be interpreted as one approach is better than the other.

The results of our study could be useful for manager-clinicians, policy makers and health management in low and middle income countries as our results show that a higher number of nurses per ICU bed will pay off in terms of efficiency. Future studies may investigate whether there are potential ceiling effects to determine whether nurse and physician staffing ratios are efficient and whether results differ when benchmarking ICUs from countries with different economic or income status.

5.5 Conclusion

The regression modelling and the CRF method identified the number of nurses per bed as organisational factors associated with efficiency in a large sample of Brazilian ICUs. Our study showed that both methods are suitable to be applied to determine the effect of an organisational factor on ICU efficiency. However, it is also necessary to consider that observations with extreme values can impact the results, especially in the causal random forest.

Article 4 - Characterisation of the first 250 000 hospital admissions for COVID-19 in Brazil: a retrospective analysis of nationwide data

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Abstract

Background Most low-and-middle-income countries (LMICs) have little or no data integrated into a national surveillance system to identify characteristics or outcomes of COVID-19 hospitalisations and the impact of the epidemic on their national health systems. Our aim was to characterise the hospitalised COVID-19 adult patients in Brazil, together with the consequences of the burden of COVID-19 on the resources used and on in-hospital mortality.

Methods: We analysed hospitalised COVID-19 RT-qPCR-confirmed cases registered in the nationwide surveillance database (SIVEP-Gripe) in Brazil. We described the progression of the COVID-19 pandemic across three different periods, of four epidemiological weeks each (between 16/02/2020 and 15/08/2020). Our primary outcome was in-hospital mortality. We compared the regional burden of hospitalisations stratified by age, ICU admission and respiratory support. We analysed the whole country and its five geopolitical regions.

Findings: There were 254,288 RT-qPCR-confirmed COVID-19 hospitalisations in the SIVEP-Gripe (mean age 60 ± 17 years, 47% were under 60 years of age, 56% were male and 16% had no comorbidity). Among those with a defined hospital outcome (91%, 232,036/254,288), the overall in-hospital mortality was 38% (87,515/232,036), 59% (47,002/79,687) among those admitted in the ICU, and 80% (36,046/45,205) among those mechanically ventilated. The burden of hospitalisations in the North and Northeast was more pronounced than in the South and Southeast regions. In the Northeast, 15% (1,545/9,960) of patients received invasive mechanical ventilation outside the ICU compared with 8% (431/5,338) in the South. In-hospital mortality among patients under 60 years old was 31% (4,204/13,468) in the Northeast compared with 15% (1,694/11,196) in the South.

Interpretation: We observed a wide spread of the disease resulting in a high burden of COVID-19 in Brazil. In-hospital mortality was high, even in the young age groups, affecting mostly vulnerable populations and differently regional health systems. COVID-19 pandemic highlights the challenge to secure access to optimized care for critically ill patients, particularly in low-and-middle income countries.

6.1 Introduction

Millions of COVID-19 cases have generated unprecedented stress on healthcare systems worldwide, including increased demand for hospitalisation, intensive care beds, advanced respiratory support, and trained healthcare professionals. The impact of the pandemic on each health system has been different, depending on the balance between supply and demand, which is associated with capacity to expand the health system and with pandemic preparedness.

Brazil is an upper-middle-income country with 210 million inhabitants in a large territorial area, in which there are significant regional differences. There is a remarkable heterogeneity between its five geopolitical regions (North, Northeast, Central-West, Southeast, and South), including cultural and socioeconomic aspects, reflected in health services, hospital beds, and healthcare worker availability. (AMARAL et al., 2017; MARINHO et al., 2018; SZWARCOWALD et al., 2016) The pandemic, which was carried to Brazil by international flights, was initially concentrated in the large metropolitan areas, creating a spatial-temporal evolution from the capitals to the towns. (CANDIDO et al., 2020)

Recent economic and political crises have intensified structural problems in the Brazilian Universal Health System (SUS), including gaps in governance and organization, chronic underfunding, and low clinical effectiveness. (MARINHO et al., 2018; MASSUDA et al., 2018) The COVID-19 epidemic has challenged the Brazilian health system with more than 4.5 million cases and 140,000 deaths by the end of September 2020. (WORDOMETER, 2021) The existing regional disparities in access to health services and health outcomes were probably intensified by the pandemic, affecting the most vulnerable socioeconomic groups in the population.

Most low-and-middle-income countries (LMICs) have little or no data integrated into a national surveillance system to identify characteristics or outcomes of COVID-19

hospitalisations and the impact of the epidemic on their national health systems. The Brazilian universal health system (SUS) and its informatics department (DATASUS) have a long tradition of acquiring and maintaining public records of health-related information for administrative and epidemiological purposes. (ALI et al., 2019) We aimed to describe the patient characteristics, intensive care use, and respiratory support of the first 250,000 hospitalised COVID-19 patients using a nationwide surveillance system in Brazil. Additionally, we tried to understand the consequences of the burden of COVID-19 for the resources used and the in-hospital mortality by analysing the five geopolitical regions in Brazil.

6.2 Methods

6.2.1 Study design and participants

This study is a retrospective analysis of hospitalised adult patients with COVID-19 registered in the Influenza Epidemiological Surveillance Information System (*Sistema de Informação de Vigilância Epidemiológica da Gripe*, SIVEP-Gripe), a nationwide surveillance database used to monitor severe acute respiratory infections (SARI) in Brazil. (BASTOS et al., 2020a; DATASUS, 2020) Initially established in 2012, SIVEP-Gripe has been the primary source of information related to COVID-19 hospitalisations and deaths in the country. COVID-19 notification is compulsory in Brazil and SIVEP-Gripe receives notifications of COVID-19 hospitalised patients from both public and private sectors. In the period analysed in this study, COVID-19 hospitalized patients were from 4,407 Brazilian municipalities, totalizing 96% of population coverage (Appendix A6.1).

Each register includes individual information on patient demographics, self-reported symptoms and comorbidities, ICU admission and ventilatory support, as well as dates of symptoms onset, hospital admission, ICU admission, and in-hospital outcome (death or discharge). All data was publicly available after de-identifying patients and anonymising sensitive data (Appendix A4.1). Following ethically agreed principles on open data, this analysis does not require ethical approval in Brazil.

Our period of analysis was from epidemiological week 8 (starting 16/02/2020) until epidemiological week 33 (until 15/08/2020). We included all consecutive patients with a

RT-qPCR SARS-CoV-2 positive result who had been hospitalised and were aged 20 years or older. SARS-CoV-2 diagnostic tests followed national and international standards and were conducted on certified laboratories. We excluded non-hospitalised patients, thus excluding patients who died outside the hospital. Information on data management is in the appendix (Appendix A4.1).

6.2.2

Other data sources

We also show the total number (hospitalised and non-hospitalised) of confirmed SARS-CoV-2 cases at the municipal level reported by each state's Health Department, which is collected by the brasil.io consortium, a group of volunteers who compile daily epidemiological bulletins. (WORDOMETER, 2021) Brazilian population estimates for 2020 were retrieved from the Brazilian Institute of Geography and Statistics (IBGE), and numbers of active hospital and ICU beds from the National Registry of Health Establishments (CNES). (CNES - CADASTRO NACIONAL DE ESTABELECIMENTOS DE SAÚDE, 2020) A detailed description of the data sources is provided in the Appendix A4.1.

6.2.3

Outcomes

Our primary outcome was in-hospital mortality. We also evaluated the use of resources (ICU admission and respiratory support, defined as none, non-invasive or invasive).

6.2.4

Data analyses

Our analysis was pre-specified and defined before any reading of the data. The sample size was pragmatic and defined by time: all adult hospitalised cases notified in the database between epidemiological week 8 and 33.

We used the median and percentile 25-75 or mean and standard deviation (SD) for continuous variables and calculated the frequency and proportions for categorical variables. We calculated age- and sex-adjusted rates for each regions by the direct method using the estimated Brazilian population for 2020 as reference.

We show the progression of the COVID-19 pandemic (total cases, hospitalisations and in-hospital deaths) throughout the country in three different periods, each one

comprising four epidemiological weeks, to illustrate its spatial and temporal development: initial cases (weeks 8 to 12, 16/02/2020 to 21/03/2020), mid-term (weeks 19 to 22, 03/05/2020 to 30/05/2020), and the situation at the end of the analysed period (weeks 27 to 30, 28/06/2020 to 25/07/2020). The first period comprised 4 weeks plus days of week 8 due to sparse data and the last period was censored until week 30 because of delayed entry of outcomes.

We evaluated in-hospital mortality and the use of resources in the health system for those patients who had already a hospital outcome. We compared the burden of the hospitalisations, the in-hospital mortality, and the proportion of resource use between regions. Burden was defined as the hospitalisation rate per 100,000 population. We calculated the in-hospital mortality by each region every four weeks period and estimated 95% confidence intervals by the Agresti-Coull method. We also stratified the analysis by age, sex, number of comorbidities (comorbidities considered were cardiovascular, diabetes, renal, neurologic, hematologic, hepatic, chronic respiratory disorder, obesity, immunosuppression), level of education, self-reported race or skin colour (hereafter referred to as self-reported race), ICU admission and respiratory support. We conducted a sensitivity analysis by including also patients diagnosed by serological/antigen tests and clinical-epidemiological criteria, to account for potential selection bias towards severe cases because of the RT-qPCR tests prioritization.

Our main analysis was based on complete-case data, computing averages and proportions with the corresponding number of available data for each variable. However, the SIVEP-Gripe presents a considerable amount of missing information for some variables, such as reported symptoms and comorbidities. In a post-hoc analysis, we evaluated the missingness pattern and conducted a sensitivity analysis performing a multiple imputation by chained equations generating 30 imputed datasets. A description of the multiple imputation is shown in the Appendix A4.2.

Brazil is divided into five geopolitical regions: North, Northeast, Central-West, Southeast and South. These regions have historical differences in the capacity and coverage of the Brazilian health system. Thus, we performed analyses for the whole country and for each region. (XAVIER et al., 2019) All analyses were performed in R 4.0.2. Multiple imputation was performed in Stata 13.1. We followed STROBE guideline recommendations.

6.3 Results

Between 16/02/2020 and 15/08/2020, there were 3,278,692 confirmed cases of COVID-19, spread over 5,506 (5,506/5,570, 99%) municipalities in Brazil. During this period, 627,902 hospitalisations were reported in the SIVEP-Gripe (**Figure 6.1**). Of these hospitalisations, 254,288 adults tested positive for RT-qPCR for SARS-CoV-2.

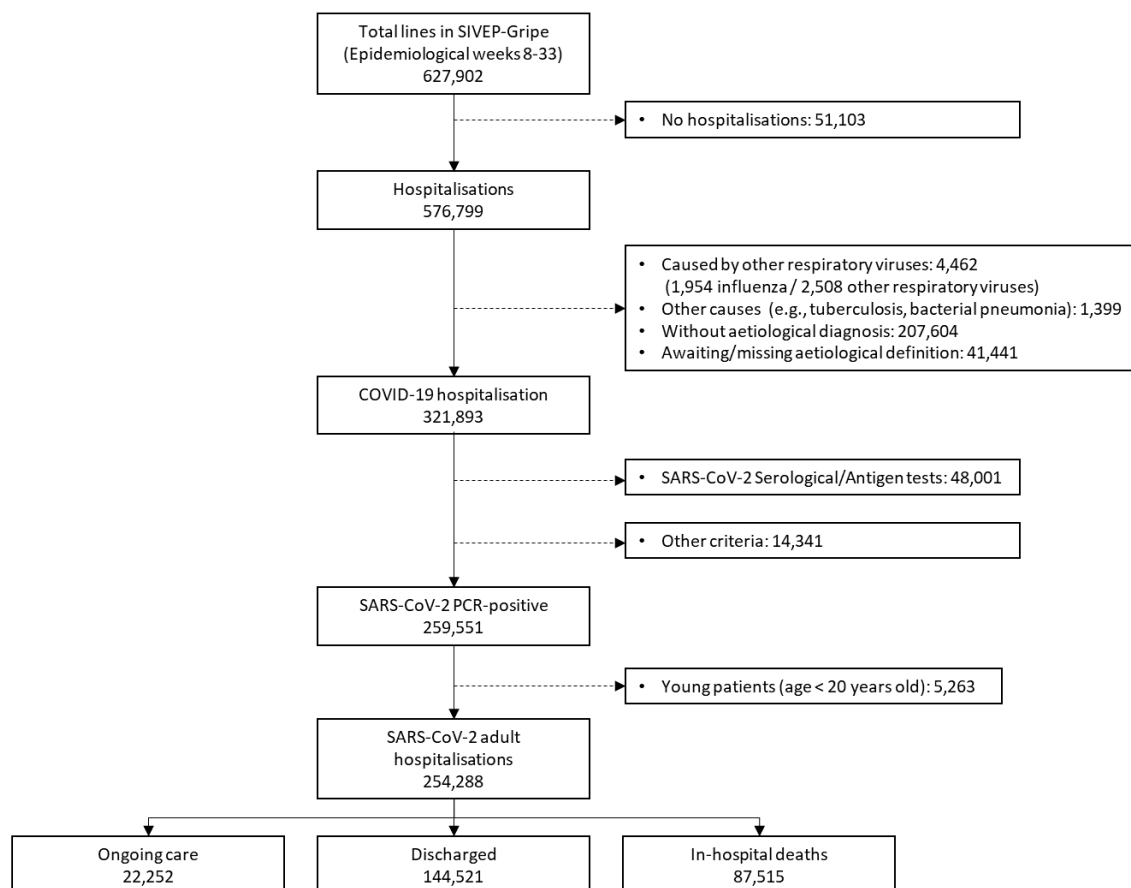


Figure 6.1 - Study flowchart

During epidemiological weeks 8-12, there were 1,092 confirmed cases and 773 hospitalisations in the 5 regions. This grew to 413,458 confirmed cases and 58,034 hospitalisations during the weeks 19-22, concentrated in the North, Northeast and Southeast. From week 27 to 30, there were 1,092,353 confirmed cases and 59,748 hospitalisations, concentrated in the Northeast and Southeast, but expanding to the Central-West and South regions (**Figure 6.2**). Crude and adjusted rates are in the Appendix A6.3.

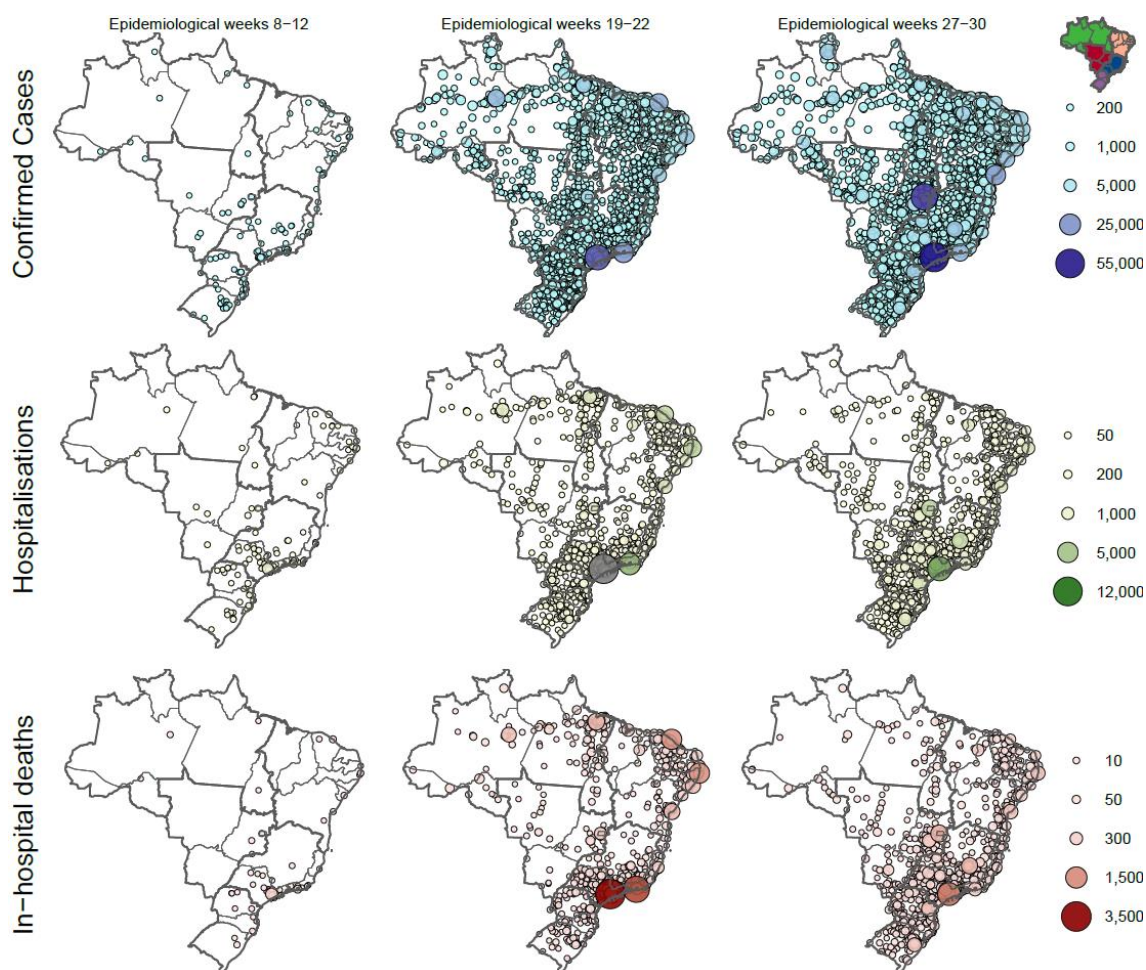


Figure 6.2 - Epidemic evolution shown in three-time frames in Brazil in terms of reported confirmed COVID-19 cases, hospitalisations and in-hospital deaths. The maps display the municipalities in which cases, hospitalizations and deaths have been reported (points) and the volume (size). The numbers refer to what was observed within each time-frame.

The mean age was 60 (SD=17) years old, and there was a shift to older patients in Northeast region. Overall, White (49%; 89,374/181,499) and Black/Brown (49%; 88,773/181,499) patients were equally distributed, but Black/Brown accounted for more than two thirds of cases in the North, Northeast and Central-West regions. About one in five patients had no comorbidity and the median number of comorbidities was 1 [p25-p75 1-2]. SARI was present in 61% (128,958/211,032) of patients and was more frequent in the North region (**Table 6.1**). Hypoxaemia (oxygen saturation <95%) was present in 70% (147,596/212,016) of patients and was comparable between regions, while in the North and Northeast patients presented more frequently respiratory distress. Patient symptoms and comorbidities are described in the Appendix A4.3.

Table 6.1 - Patient characteristics stratified by region

Variables	Brazil (n=254,288)	North (n=14,712)	Northeast (n=51,993)	Central- West (n=18,701)	Southeast (n=142,963)	South (n=25,919)
Age, mean (SD) [n = 254,288 (100%)]	60 (17)	59 (17)	62 (18)	59 (17)	60 (17)	59 (17)
median (IQR)	61 (47, 73)	61 (46, 73)	63 (49, 76)	59 (46, 71)	61 (47, 73)	60 (47, 72)
Age group, No. (%)						
20-39	34,170 (13%)	2,285 (15%)	6,672 (13%)	2,798 (15%)	18,849 (13%)	3,566 (14%)
40-49	37,618 (15%)	2,187 (15%)	6,566 (13%)	3,115 (17%)	21,814 (15%)	3,936 (15%)
50-59	47,869 (19%)	2,510 (17%)	8,742 (17%)	3,725 (20%)	27,754 (19%)	5,138 (20%)
60-69	52,800 (21%)	3,033 (21%)	10,531 (20%)	3,770 (20%)	29,817 (21%)	5,649 (22%)
70-79	44,968 (18%)	2,767 (19%)	10,275 (20%)	3,067 (16%)	24,445 (17%)	4,414 (17%)
80+	36,863 (14%)	1,930 (13%)	9,207 (18%)	2,226 (12%)	20,284 (14%)	3,216 (12%)
Male sex, No. (%) [n = 254,243, 99.9%]	143,521 (56%)	8,816 (60%)	28,983 (56%)	10,729 (57%)	80,340 (56%)	14,653 (57%)
Self-reported race^a, No. (%) [n = 181,499 (71%)]						
White	89,374 (49%)	1,340 (11%)	5,515 (17%)	3,322 (29%)	59,502 (58%)	19,695 (88%)
Black/Brown	88,773 (49%)	10,039 (86%)	26,579 (81%)	7,622 (67%)	42,114 (41%)	2,419 (11%)
Asian	2,838 (1.6%)	209 (1.8%)	611 (1.9%)	265 (2.3%)	1,606 (1.6%)	147 (0.7%)
Indigenous	514 (0.3%)	121 (1.0%)	95 (0.3%)	164 (1.4%)	87 (<0.1%)	47 (0.2%)
Level of education, No. (%) [n = 86,204 (34%)]						
Illiterate	5,399 (6.3%)	711 (10%)	1,682 (14%)	280 (5.4%)	2,250 (4.5%)	476 (4.1%)
Up to high school	38,417 (45%)	2,964 (42%)	5,203 (42%)	2,133 (41%)	22,309 (45%)	5,808 (50%)
High school	28,365 (33%)	2,448 (34%)	3,629 (29%)	1,757 (34%)	17,040 (34%)	3,491 (30%)
College/University	14,023 (16%)	981 (14%)	1,835 (15%)	1,006 (19%)	8,311 (17%)	1,890 (16%)
Number of comorbidities, No. (%)^b [n = 90,829 (36%)]						
0	14979 (16%)	788 (17%)	2794 (17%)	1654 (19%)	7803 (16%)	1940 (16%)
1-2	67610 (74%)	3458 (77%)	12088 (75%)	6199 (73%)	37051 (75%)	8814 (73%)
≥3	8240 (10%)	271 (6%)	1221 (8%)	636 (8%)	4796 (9%)	1316 (11%)
Oxygen saturation <95%, No. (%) [n = 212,016 (83%)]	147,596 (70%)	7,955 (67%)	27,410 (69%)	10,913 (64%)	85,739 (71%)	15,579 (67%)
Dyspnoea, No. (%) [n = 226,724 (89%)]	180,818 (80%)	11,379 (84%)	36,883 (83%)	13,709 (77%)	99,548 (79%)	19,299 (79%)
Respiratory distress, No. (%) [n = 209,145 (82%)]	143,977 (69%)	9,802 (78%)	26,737 (70%)	11,286 (66%)	80,530 (68%)	15,622 (67%)
SARI criteria, No. (%) [n = 211,032 (83%)]	128,958 (61%)	9,944 (77%)	26,177 (66%)	9,362 (55%)	71,019 (60%)	12,456 (54%)
SARI without fever criteria, No. (%) [n = 223,006 (88%)]	171,574 (77%)	11,274 (85%)	33,684 (79%)	12,520 (72%)	96,488 (77%)	17,608 (73%)
Hospitalization in state capital, No. (%) [n = 254,288 (100%)]	138,235 (54%)	9,018 (61%)	36,339 (70%)	13,195 (71%)	71,411 (50%)	8,272 (32%)

The numbers and proportions within brackets refer to the available data for each variable.

SD – Standard deviation; SARI – Severe acute respiratory infection

^a Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

^b Number of chronic comorbidities is the sum of the following comorbidities: cardiovascular, diabetes, renal, neurologic, hematologic, hepatic, chronic respiratory disorder, obesity, immunosuppression.

A total of 232,036 (91%; 232,036/254,288) patients have had a hospital outcome when the data was exported, while 22,252 were still hospitalised.

The median time from onset of symptoms to hospitalisation was 6 [4-9] days in Brazil. There were 79,687 (39%; 79,687/205,493) ICU admissions, with a median time from onset of symptoms to ICU admission of 7 [4-10] days (**Table 6.2**; Appendix A4.3). One in every four patients required invasive mechanical ventilation (23%; 45,205/196,248), and 5,976 patients (14%; 5,976/44,055) received invasive mechanical ventilation outside the ICU (**Table 6.2**).

Table 6.2 - Intensive care admission, need of respiratory support, ICU and in-hospital mortality among patients with a defined hospital outcome (n=232,036)

	Brazil (n=232,036)	North (n=13,496)	Northeast (n=45,238)	Central- West (n=17,012)	Southeast (n=131,556)	South (n=24,734)
ICU, No. (%)						
ICU admission [n = 205,493 (89%)]	79,687 (39%)	3,786 (32%)	14,867 (43%)	6,682 (42%)	45,224 (38%)	9,128 (38%)
ICU Mortality, No. (%) ^a	23,780/43,582 (55%)	2,037/2,569 (79%)	4,834 /7,357 (66%)	1,753/3,447 (51%)	11,058/22,472 (49%)	4,098 /7,737 (53%)
Respiratory support, No. (%) [n = 196,248 (85%)]						
None	54,314 (28%)	3,047 (28%)	8,177 (25%)	4,076 (27%)	32,756 (29%)	6,258 (27%)
Yes, non-invasive	96,729 (49%)	4,743 (43%)	14,485 (44%)	7,561 (49%)	58,444 (51%)	11,496 (50%)
Place of non-invasive respiratory support, No. (%)^b [n = 91,816 (95%)]						
In ICU	27,236 (30%)	695 (15%)	3,899 (29%)	2,359 (32%)	16,930 (31%)	3,353 (30%)
Outside ICU	64,580 (70%)	3,889 (85%)	9,675 (71%)	4,904 (68%)	38,138 (69%)	7,974 (70%)
Yes, invasive	45,205 (23%)	3,155 (29%)	10,322 (31%)	3,667 (24%)	22,648 (20%)	5,413 (23%)
Place of invasive respiratory support, No. (%)^b [n = 44,055 (97%)]						
In ICU	38,079 (86%)	2,577 (83%)	8,415 (84%)	2,970 (83%)	19,160 (87%)	4,957 (92%)
Outside ICU	5,976 (14%)	516 (17%)	1,545 (16%)	629 (17%)	2,855 (13%)	431 (8%)
Hospitalisation						
Hospital mortality, No. (%) [n=232,036 (100%)]	87,515 (38%)	6,727 (50%)	21,858 (48%)	5,964 (35%)	45,269 (34%)	7,697 (31%)
Length-of-stay, median (IQR)						
ICU [n=43,680 (55%)]	7 (3, 15)	6 (3, 12)	7 (3, 13)	7 (3, 13)	7 (3, 14)	9 (4, 17)
Hospital [n=218,281 (94%)]	8 (4, 14)	7 (4, 14)	8 (4, 16)	8 (4, 14)	8 (4, 14)	8 (4, 15)

The numbers and proportions in brackets refer to the available data for each variable.
ICU – intensive care unit

^a ICU mortality was derived for patients with date of ICU discharge equals to the date of the hospital death, so it was available for patients without missing values on both dates (n=43,582)

^b The sum of non-invasive and invasive respiratory support when stratified by place - in ICU and outside ICU – does not match the total respiratory support type because of missing values on the variable ICU admission

The overall in-hospital mortality was 38% (87,515/232,036), with a steep increase with age (12%, 3,780/30,603 for the group 20-39 years; 27%, 11,818/43,376 for those 50-59; and 66%, 22,787/34,385 for those above 80 years); it was slightly higher for males than females (**Figure 6.3**; Appendix A4.3). The in-hospital mortality of those without comorbidities was 32% (4,494/13,836) (**Figure 6.3**; Appendix A4.3). There was an increase in the proportion of in-hospital deaths among those illiterate (63%, 3,146/4,993), Black/Brown (43%, 34,345/80,392) and Indigenous (42%, 202/477) (**Figure 6.3**; Appendix A4.3). In-hospital mortality was higher for those admitted to the ICU (59%, 47,002/79,687) than those admitted to the ward (23%, 29,361/125,806). It was also higher for those invasively mechanically ventilated (80%, 36,046/45,205) than those not invasively mechanically ventilated (24%, 36,942/151,043). In-hospital mortality for patients aged 20-39 years who required mechanical ventilation was 57% (1,858/3,278) and for those above 60 years was 87% (25,879/29,853) (**Figure 6.5**; Appendix A4.3). In-hospital mortality was higher for patients who presented with hypoxaemia (45%, 60,583/135,620), respiratory distress (43%, 56,730/132,188) and dyspnoea (41%, 68,083/165,977) (Appendix A4.3). ICU mortality (55%, 23,780/43,582) followed the same pattern as in-hospital mortality among regions (**Table 6.2**).

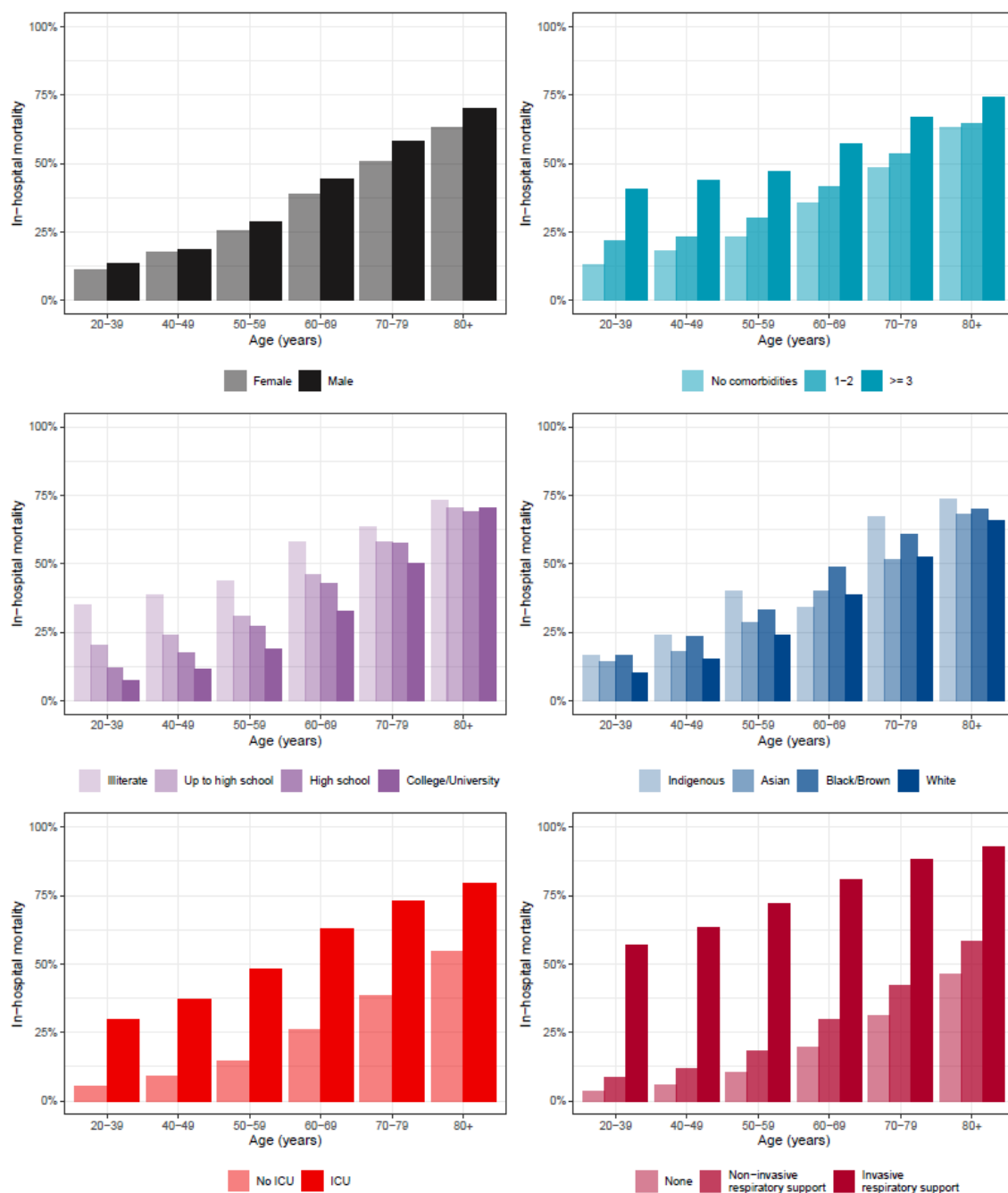


Figure 6.3 -In-hospital mortality stratified by age, sex, comorbidities, level of education, self-reported race*, intensive care admission and invasive mechanical ventilation for hospitalised COVID-19 patients in Brazil.

Data refers to patients with a defined hospital outcome and proportions were calculated based on complete-case data for sex, comorbidities, level of education, self-reported race, ICU and invasive ventilation variables. *Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

The general characteristic of each region is shown on **Table 6.3**. There was a great difference in number of hospital and ICU beds between regions and between capitals and towns. The rate of hospitalisations for COVID-19 was 153 per 100,000 inhabitants in Brazil, considering patients with a defined hospital outcome (Appendix A4.3). When

analysing over time, there was a different pattern of the hospitalization rates between regions. The crude in-hospital mortality was higher during weeks with high hospitalization rate, particularly for the North, Central-West and South region (**Figure 6.4**).

Table 6.3 - Demographic, administrative and health system regional characteristics

	Brazil	North	Northeast	Central-West	Southeast	South
Population ^a						
Projected population	211,755,692	18,672,591	57,374,243	16,504,303	89,012,240	30,192,315
Projected adult population	151,778,729	12,049,813	39,882,347	11,678,574	65,803,414	22,364,581
Area, km ²	8,510,296	3,850,510	1,552,167	1,606,317	924,565	576,737
Population/km ²	24.9	4.8	37.0	10.3	96.3	52.4
Age and sex distribution						
Age, mean (SD)	34.5 (21)	29.8 (20)	33.1 (21)	33.3 (21)	36.0 (22)	36.2 (22)
Age of adult population, mean (SD) ^b	44.3 (17)	40.9 (15)	43.3 (17)	43.2 (16)	45.3 (17)	45.6 (17)
Age groups						
<20	59,976,963 (28.3%)	6,622,778 (35.5%)	17,491,896 (30.5%)	4,825,729 (29.2%)	23,208,826 (26.1%)	7,827,734 (25.9%)
20-39	68,451,093 (32.3%)	6,448,447 (34.5%)	19,048,242 (33.2%)	5,484,644 (33.2%)	28,059,711 (31.5%)	9,410,049 (31.2%)
40-49	29,255,478 (13.8%)	2,357,103 (12.6%)	7,654,000 (13.3%)	2,386,731 (14.5%)	12,717,264 (14.3%)	4,140,380 (13.7%)
50-59	23,875,081 (11.3%)	1,600,270 (8.6%)	5,930,317 (10.3%)	1,825,822 (11.1%)	10,724,660 (12.0%)	3,794,012 (12.6%)
60-69	16,732,972 (7.9%)	974,828 (5.2%)	3,893,805 (6.8%)	1,155,857 (7.0%)	7,919,342 (8.9%)	2,789,140 (9.2%)
70-79	9,023,052 (4.3%)	470,277 (2.5%)	2,245,607 (3.9%)	575,162 (3.5%)	4,225,114 (4.7%)	1,506,892 (5.0%)
80+	4,441,053 (2.1%)	198,888 (1.1%)	1,110,376 (1.9%)	250,358 (1.5%)	2,157,323 (2.4%)	724,108 (2.4%)
Female (%)	51%	50%	52%	51%	51%	51%
Administrative divisions						
Number of states	27	7	9	4	3	4
Municipalities	5,570	450	1,794	467	1,191	1,668
Hospital beds supply						
Adult beds in February (per 100,000 population)						
Hospital beds	235	197	220	254	239	259
ICU beds	25	14	18	29	31	23
Proportion of adult beds in capitals (%)						
Hospital beds	37%	47%	41%	52%	36%	20%
ICU beds	51%	72%	62%	73%	47%	29%

^a Projection for 2020, ^b Patients aged ≥20 years

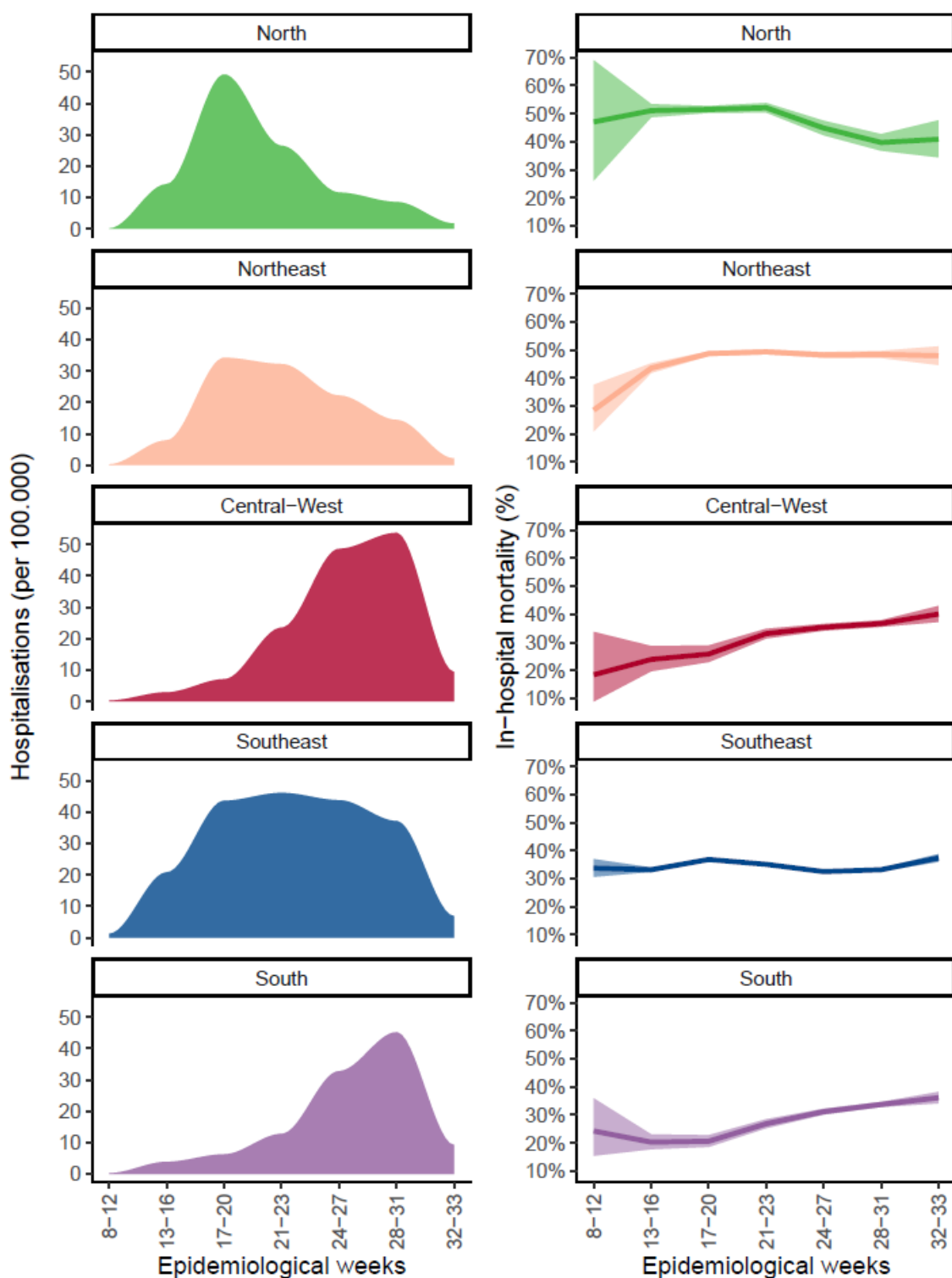


Figure 6.4 -Temporal evolution of COVID-19 hospitalisation rates per 100,000 adult population and crude in-hospital mortality in the five geopolitical regions of Brazil. Epidemiological weeks on x-axis refer to the onset of symptoms. Shaded areas correspond to the upper and lower 95% confidence intervals estimated by the Agresti-Coull method.

When analysing the entire period, there were noticeable regional differences in hospitalisation rates, particularly when stratified by age (**Figure 6.5**). The North region had the highest COVID-19 hospitalisation incidence among patients over 70 years of age,

followed by the Southeast, Central-West and Northeast. A similar pattern was observed for invasive mechanical ventilation (**Figure 6.5**; Appendix A4.3). When considering ICU admissions per ICU bed, the North region had the highest rate (2,246/1,000 ICU beds; Appendix A4.3). Most patients were hospitalised in the capital cities (54%, 138,235/254,288), but this proportion was lower for the South (32%, 8,272/25,919) and higher for the North, Northeast and Central-West regions (**Table 6.1**).

In-hospital mortality was higher for the North and Northeast regions in general (**Table 6.2**) and stratified by age (**Figure 6.5**; Appendix A4.3). Among those aged 20-39, the in-hospital mortality for the North was 20% (393/1,976) and 19% (1,083/5,587) for the Northeast. For the same age category, it was 10% (1,736/17,170) in the Southeast and 8% (284/3,372) in the South. The difference across regions was greater for patients under 50 years of age that were admitted to the ICU or mechanically ventilated (**Figure 6.5**; Appendix A4.3).

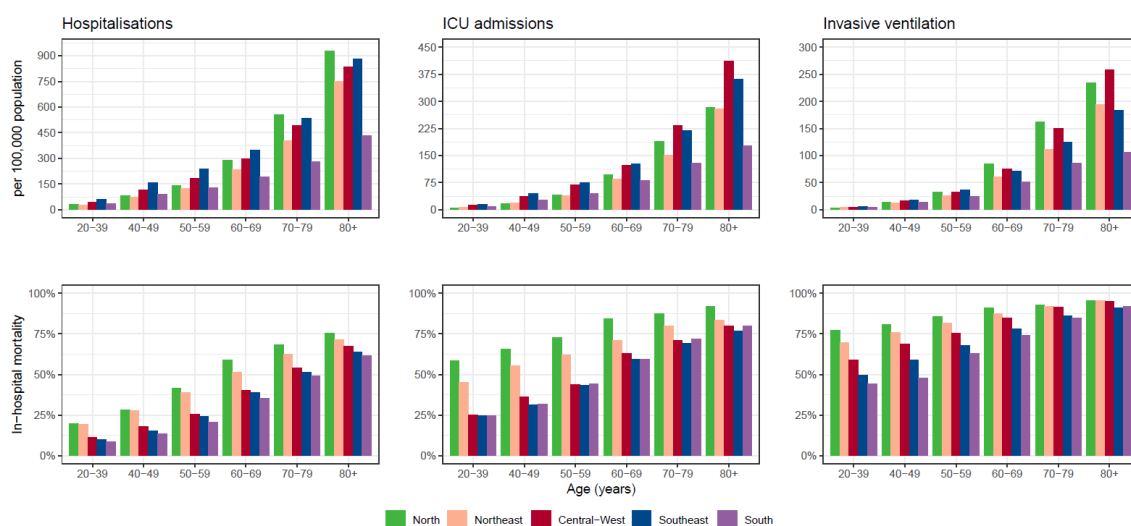


Figure 6.5 -Health system burden and in-hospital mortality stratified by age in hospitalised COVID-19 patients in the five regions of Brazil.

Burdens is defined as the hospitalisation rate per 100,000 population of each region (first row), and in-hospital mortality is the proportion of in-hospital deaths (second row). Data refers to patients with a defined hospital outcome and proportions were calculated based on complete-case data for ICU and invasive mechanical ventilation variables.

The pattern of hospital resources was different between regions (Appendix A4.3). Overall, there was an increase in the proportion of ICU admission and of invasive mechanical ventilation with age. However, there was a plateau in the proportion of patients admitted to the ICU and in invasive mechanical ventilation in those over 60 years of age in the North region. Additionally, the proportion of patients who were admitted to

the ICU and mechanically ventilated was comparable across ages in the North region; however, the proportion of patients admitted to the ICU was greater than those receiving invasive mechanical ventilation in the other regions (Appendix A4.3).

When considering COVID-19 hospitalised patients defined by clinical and laboratorial diagnosis, there were 314,615 patients and the majority of added patients ($n=60,327$) were from the North (27,502/14,712, a relative increase of 87%) and Northeast (71,442/51,993, relative increase of 37%). Overall, the characteristics of the patients were similar to those patients confirmed by RT-qPCR (Appendix 6.4). When analysing those with a defined hospital outcome ($n=284,747$), the in-hospital mortality was the same at 38% (108,566/284,747) (Appendix 6.4), although it was slightly lower for the North region (44%; 11,099/25,061 versus 50%; 6,727/13,496). Overall, the same pattern of in-hospital mortality by age, number of comorbidities, level of education, self-reported race, ICU admission and invasive mechanical ventilation was observed, as well as when stratified by region (Appendix A4.4). The burden in the health system of the North region compared with other regions were more pronounced than in the main analysis (Appendix A4.4).

Overall, the analysis on multiple imputed data showed comparable results and we observed only two differences. The proportion of patients with ≥ 3 comorbidities increased from 9% in complete case to 26% in multiple imputed data (Appendix A4.4). This change reflected in the observed in-hospital mortality when stratified by number of comorbidities, particularly for young patients (e.g., 40% in complete case to 19% in multiple imputed data for patients with ≥ 3 comorbidities; Appendix A4.4). Other difference was for mechanically ventilated patients in the 20-39 age category in the Northeast region, with a decrease from 70% in-hospital mortality in complete case to 65% in the imputed analysis (Appendix A4.4).

6.4 Discussion

We described the surge of hospitalised COVID-19 adult cases during the first five months of the pandemic in Brazil, using a nationwide database covering each geopolitical region. We analysed more than 250,000 cases with a mean age of 60 years. Of these, 16% had no comorbidity, and 72% received some respiratory support. We observed high in-

hospital mortality, even among young patients, and substantial regional differences in terms of resources available and observed outcomes.

The overall in-hospital mortality was 38%, which is comparable to other national cohorts (Appendix A4.5). However, if we consider that the analysed population is, on average 10 years younger (47% aged <60 years) than that analysed in large European series, (DOCHERTY et al., 2020; GRASSELLI et al., 2020; KARAGIANNIDIS et al., 2020) the in Brazil mortality is noticeably higher. When the pandemic started, the first impression was that LMICs might be less affected as they have a younger populations than high-income countries. (CENTRE FOR GLOBAL INFECTIOUS DISEASE ANALYSIS, IMPERIAL COLLEGE LONDON, 2020) However, we observed high mortality even in young patients (<60 years, 20%; Appendix A4.3). In a nationwide study of 23,367 hospitalised patients with a defined hospital outcome in Iran, the cumulative risk of death in 30 days was 24% overall and 42% for those ≥ 65 years. (JALILI et al., 2020) In a nationwide study in Germany, (KARAGIANNIDIS et al., 2020) 17% (1,727/10,021) of patients received mechanical ventilation (invasive or non-invasive), the in-hospital mortality was 22% (2,229/10,021), and 5% (135/2,896) for those under 60 years of age. In Mexico, the in-hospital mortality was 74% (8,861/12,018) among mechanically ventilated patients. (ÑAMENDYS-SILVA; GUTIÉRREZ-VILLASEÑOR; ROMERO-GONZÁLEZ, 2020) Comparisons with other cohorts are challenging because of the lack of nationwide data and of international standard criteria for severity, need for hospitalisation, and case definition. Although different criteria for hospital admission and other patient characteristics (e.g., comorbidities) could explain some of these differences between countries, the mismatch between demand and supply leading to a collapsed system could in part explain the increased in-hospital mortality in Brazil. (FREITAS et al., 2020; LEMOS et al., 2020; ORELLANA et al., 2020)

Several factors relate to differences observed in mortality and resource use among the Brazilian regions during the pandemic. These include the existing regional heterogeneity of the health system, followed by the temporal distribution of cases, and the adhesion to best practices of clinical management of severe patients. Despite the high absolute number of hospitals and ICU beds in the country compared with western European countries, (AUSTIN et al., 2014; SALLUH; LISBOA, 2016) the heterogeneous regional distribution is a significant barrier to more equitable access to these resources. The North and Northeast regions have the lowest hospital and ICU beds per capita in Brazil. This difference is even more pronounced when analysing ICU beds: the Southeast

had two times more ICU beds per capita than the North region at the beginning of the pandemic in Brazil (**Table 6.3**). Additionally, ICU beds are concentrated in state capitals and the coastal regions (**Table 6.3**), (AZEVEDO et al., 2013; MACHADO et al., 2017) generating an additional barrier to access to the health system, especially after the pandemic evolved inland. The regional differences were also reflected in the proportion of hospitalised patients in state capitals, which was noticeably lower in the South and Southeast regions (**Table 6.1**), likely reflecting a better distribution of health services across these regions.

The surge affected the Southeast, North and Northeast early (**Figure 6.2, Figure 6.4; Appendix A4.3**), and these two last regions have more fragile medical systems. A national study on the prevalence of COVID-19 antibodies (HALLAL et al., 2020) identified a rapid initial escalation in Brazil's North and Northeast regions, strongly associated with Indigenous ancestry and low socioeconomic position. Although they have youthful populations, the in-hospital mortality was even higher in the North and Northeast regions than in other areas, with an increasing number of patients who required ICU admission and invasive ventilation. For mechanically ventilated patient under 60 years old, the mortality was 77% (2,559/3,317) in the Northeast compared with 55% (1,054/1,929) in the South. The high proportion of mechanically ventilated patients in the ICU, the number of patients ventilated outside the ICU and the potential limitation of advanced respiratory support and ICU admission for those above 60 years of age reflect the stress and strain observed in these regions.

Other studies that evaluated severe patients admitted to ICUs in Brazil prior to the pandemic have shown high in-hospital mortality. In a large national survey which analysed patients who received invasive or non-invasive mechanical ventilation for at least 24 hours, the in-hospital mortality was 42%. It was 52% for those with acute respiratory distress syndrome (ARDS), (AZEVEDO et al., 2013) which is present in a considerable proportion of hospitalised COVID-19 patients. (TZOTZOS et al., 2020) A nationwide study evaluating patients admitted to Brazilian ICUs with sepsis (61% having the lung as the main source of infection) found the in-hospital mortality was 56% and there was an association between hospital resources and in-hospital mortality. (MACHADO et al., 2017) In a recent study of severe community-acquired pneumonia patients hospitalised in ICUs of public hospitals in Brazil, the in-hospital mortality was 66.7%. (ESPINOZA et al., 2019) These data indicate a high mortality rate in critically ill patients in Brazil prior to the COVID-19 surge, especially among those who were

ventilated. The stress on the system in the low-resource regions during the pandemic has likely accentuated this scenario.

Outcomes of critically-ill patients - such as hospitalised COVID-19 patients - are determined not only by resources and devices. Organisational factors and implementation of the best practice available result not only in better outcomes, such as mortality, but better ICU efficiency. Previous analyses of Brazilian ICUs have shown that there is room for improvement in adherence to best practices such as target sedation levels, low tidal volume ventilation, (MIDEGA et al., 2020; NASSAR et al., 2019) and active surveillance of nosocomial infections. (BASTOS et al., 2020b; SOARES et al., 2015) These practices are all associated with better outcomes. The data presented here reinforce the picture of the heterogeneity of care delivered to severe patients in LMICs. The good care provided in some high-end hospitals contrasts sharply with most facilities, which frequently provide lower quality of care.

In LMICs, health systems are commonly stretched in terms of resources and staff, and the early containment of a pandemic has tremendous advantages, leading to lower numbers of cases and hospitalisations which, in turn, allows time for expansion of bed numbers, staff training, and resources. (SONENTHAL et al., 2020) However, during the current pandemic response, much attention was dedicated to available resources such as ICU beds and ventilators, but little to training health professionals in the best evidence or the early identification of severe cases or clinical management of ventilated patients. Additionally, the presence of universal health coverage (UHC) is a fundamental strategy to make sure that everyone has access to testing or treatment without financial hardship. However, a coordinated national response, increasing the system's resilience to prevent its collapse, and clear communication of best practices are essential to reduce preventable deaths, especially in the young population in LMICs.

This study has limitations. First, the notification of COVID-19 hospitalisations is compulsory, but we cannot guarantee 100% coverage of all hospitalised cases in Brazil. However, the total population of the municipalities with at least one hospitalised patient included in this analysis comprises more than 96% of the Brazilian population. We would expect that during the initial phase of the pandemic more severe cases were notified, overestimating the in-hospital mortality. Nonetheless, SIVEP-Gripe is the official national database and is used to count hospitalised cases and all deaths related to COVID-19; therefore we did not expect any important reporting bias. Second, there are regional differences in access to resources such as RT-qPCR tests. Particularly in the North and

Northeast, a greater number of COVID-19 patients were diagnosed by serological/antigen tests and clinical-epidemiological criteria. In our sensitivity analysis, we observed a relatively greater increase in the number of patients in these regions and a slight decrease in the in-hospital mortality (Appendix A4.4). Third, changes and improvements in clinical practices probably occurred in relation to COVID-19 over time, but the assessment of temporal changes affecting in-hospital mortality is beyond the scope of this study. Fourth, this study is a descriptive analysis stratified by age and region and does not aim to answer causal questions considering several potential confounding factors and the dynamics of the pandemic. Therefore, we did not adjust for some patient characteristics (e.g., malnutrition), treatment (e.g., antivirals), health system (e.g., public vs. private sectors, ICU beds expansion), and regional characteristics (e.g., inequity and economic development). Finally, 9% of patients were still hospitalised at the time the database was exported, and the database could be updated at a later stage, but we have no indication that the outcome of these patients would change the main message of the current analysis.

In the analyses of this large nationwide database of confirmed COVID-19 cases, we demonstrated the dynamics of the surge of COVID-19 cases in Brazil, their clinical and demographic characteristics, how regional inequities impact the outcomes, and the collapse of the more fragile regional health systems during the pandemic. In-hospital mortality was high, even in the young age groups, particularly among those who were mechanically ventilated.

Article 5 - Severity, resource use and outcomes of COVID-19 hospital admissions in Brazil: comparison between the first and second wave

7.1

Correspondence

Brazil is one of the countries most affected by the COVID-19 pandemic, with more than 16 million confirmed cases and 454,429 confirmed deaths by May 26, 2021 (DONG; DU; GARDNER, 2020). Recently, Brazil is facing a synchronized epidemic growth, contrasting with the first surge (RANZANI et al., 2021). The beginning of 2021 is thus marked by simultaneous explosive waves of COVID-19 cases across different country regions, pressuring the health system overload by one year of pandemic. This surge is contemporary with the discovery, expansion, and dominance of variants of interest (VoI) and concern (VoC) in Brazil (FARIA et al., 2021).

We previously characterised the first 250,000 hospitalisations by COVID-19 in Brazil and its impact on resource use and in-hospital mortality.(RANZANI et al., 2021) We now compared the burden, severity (number of hypoxaemia patients), resource use (intensive care unit [ICU] admissions and respiratory support), and mortality of COVID-19 hospitalised patients between the first and second wave. We extracted from the nationwide surveillance database (SIVEP-Gripe, <https://opendatasus.saude.gov.br>, 1,217,332 COVID-19 hospital admissions from 16/02/2020 to 24/05/2021 (epidemiological weeks 8/2020 to 21/2021). For the quantitative comparison between waves, we censored the last 4 weeks to account for a potential delay in notifications, resulting in 1,187,840 hospital admissions.

The hospital admissions dynamic showed a second surge after week 43/2020, defined by the lowest value per week of hospitalized cases (**Figure 7.1**). Comparing the second to the first wave (weeks 8/2020 to 21/2021), average admissions per week increased 59% (14,220 vs 22,703, **Table 7.1**), with 72% more patients with hypoxaemia (8,606vs 14,845 per week). The demand for non-invasive ventilation (NIV) increased 74% (6,746 vs 11,773 admissions per week) and 53% for invasive mechanical ventilation

(IMV) per week (2,452 vs 3,747). Remarkably, the maximum number of admissions per week requiring advanced respiratory support (NIV+IMV) was 13,985 (week 28/2020) in the first wave, which turned to be 40,797 (week 10/2021) in the second wave (relative increase of 192%). Although more patients with hypoxaemia underwent respiratory support, there was no increase in the proportion of patients admitted to the ICU (37.6% vs. 37.5%), which suggests a potential limitation in the access to critical care (**Table 7.1**). Interestingly, in the second wave there were less admissions from State capitals than in the first (48.2% vs 37.5%).

Within the second wave, on week 53, the E484K mutation among SARS-CoV-2 variants in Brazil was present in more than 50% of the viral genomes (S:E484K Mutation Report, outbreak.info, accessed May 26, 2021) (WISE, 2021) motivating specific comparisons of admissions before and after dominance of VoI/VoC. The median age of patients decreased (63 vs. 59 years-old), with a relative increase of 18% in the proportion of patients <60 years. The in-hospital mortality increased from 33.1% to 40.6% in the general population, and for patients that underwent respiratory support (NIV: 24.8% vs. 28.6%, IMV: 78.8% vs. 84.1%). However, the proportion of mortality should be interpreted with caution since there is still a substantial number of ongoing admissions (**Table 7.1**).

Based on the available data of 1,217,332 COVID-19 adult hospitalizations in Brazil, the second wave's progression resulted in an increased burden of severe cases similar to recently observed in the UK (CHALLEN et al., 2021), Africa (SALYER et al., 2021) and elsewhere. The Brazilian healthcare system, overwhelmed during the first wave, now indicates resource constraints, or even collapse, in a scenario of low adherence to non-pharmacological interventions and convergent dominance of the VoC. However, this work cannot establish a causal relationship between VoC lineages and higher burden of severe cases or increased pathogenicity of the virus. These findings indicate the need for urgent actions to contain the transmission, expand the vaccination coverage, and improve the assistance of critical COVID-19 by providing access to health services and disseminating better available evidence.

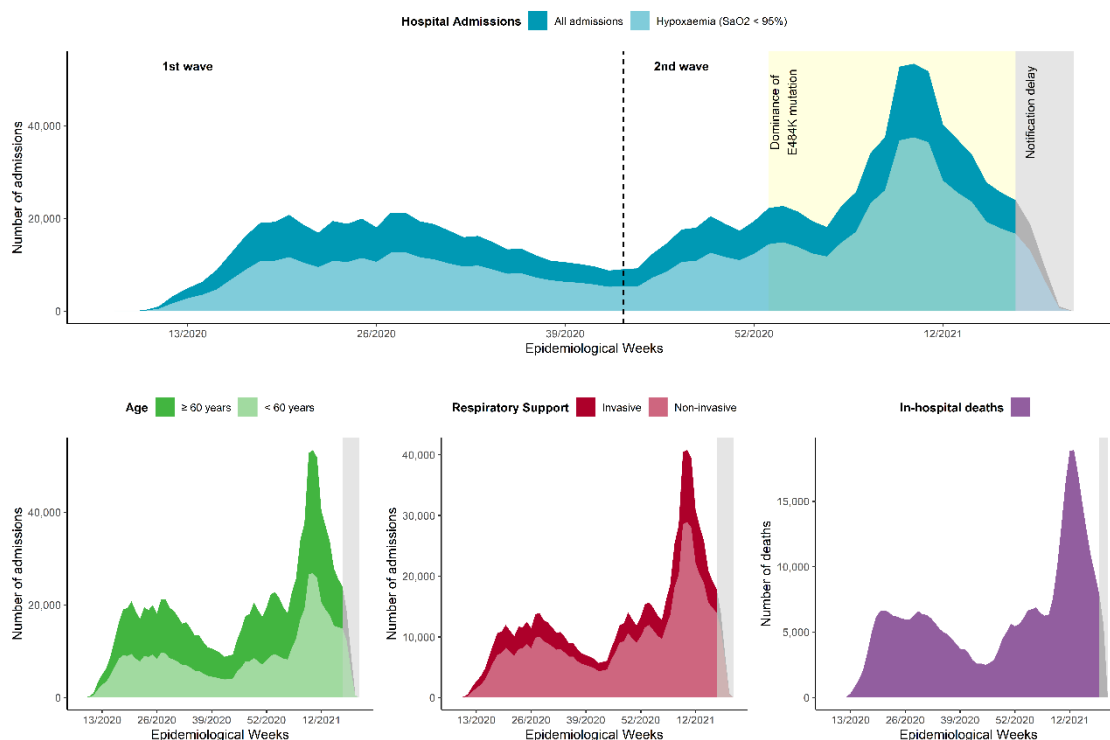


Figure 7.1 - Temporal increase in the number of COVID-19 hospital admissions and deaths in Brazil stratified by severity (hypoxaemia), age and respiratory support (n = 1,217,332, all hospitalizations)

The x-axis denotes the epidemiological week when symptom onset occurred for hospital admissions, and week of outcome for in-hospital deaths. First and second waves are defined by the lowest value per week of hospitalized cases in Brazil (dashed line, epidemiological week 43/2020, October 18 to October 24, 2020) whereas the yellow-shaded area starts after the E484K mutation's dominance (epidemiological week 53/2020, December 27, 2020 to January 02, 2021). The grey-shaded area represents a period of uncertainty, particularly for deaths, due to the expected notification delay from the SIVEP-Gripe (Data exported on May 24, 2021).

Table 7.1 - Comparison of hospital admissions and in-hospital mortality between first and second COVID-19 waves in Brazil (n = 1,187,840 hospitalizations until May 01, 2021; 1,050,633 with a defined outcome)

Characteristics	First wave [n = 468,561]	Second wave [n = 719,279]	Second wave**	
			Before E484K mutation dominance [n = 170,718]	After E484K mutation dominance [n = 548,561]
Admissions per week, median (IQR)	14,220 (9,041-18,792)	22,703 (18,533-33,914)	17,838 (15,392-19,331)	27,791 (22,732-37,556)
Highest number of admissions in a week	21,294	53,424	22,319	53,424
Female, n (%) [n = 1,187,650]	205,555 (43.9%)	321,797 (44.7%)	76,025 (44.5%)	245,772 (44.8%)
Age (years), median (IQR) [n = 1,187,840]	62 (48, 74)	60 (48, 71)	63 (50, 74)	59 (47, 70)
20-39	61,510 (13.1%)	92,387 (12.8%)	18,663 (10.9%)	73,724 (13.4%)
40-59	153,331 (32.7%)	256,940 (35.7%)	53,846 (31.5%)	203,094 (37.0%)
>=60	253,720 (54.1%)	369,952 (51.4%)	98,209 (57.5%)	271,743 (49.5%)
Residing in State capitals, n (%) [n = 1,187,840]	226,026 (48.2%)	269,881 (37.5%)	71,277 (41.8%)	198,604 (36.2%)
Hypoxaemia, n (%) [n = 1,005,396]	273,071 (69.5%)	481,971 (78.7%)	105,168 (72.9%)	376,803 (80.5%)
ICU admission, n (%) [n = 1,060,462]	156,747 (37.6%)	241,371 (37.5%)	59,806 (38.6%)	181,565 (37.1%)
Respiratory Support, n (%) [n = 1,027,116]	291,463 (73.2%)	524,788 (83.4%)	115,693 (77.6%)	409,095 (85.2%)
NIV, n (%) [n = 1,027,116]	207,526 (52.1%)	386,160 (61.4%)	87,939 (59.0%)	298,221 (62.1%)
IMV, n (%) [n = 1,027,116]	83,937 (21.1%)	138,628 (22.0%)	27,754 (18.6%)	110,874 (23.1%)
IMV inside ICU, n(%) [n = 217,376]	70,764 (86.5%)	116,457 (85.9%)	23,925 (87.9%)	92,532 (85.4%)
Admissions with an outcome, n (%) [n = 1,187,840]	436,653 (93.2%)	613,980 (85.4%)	154,088 (90.3%)	459,892 (83.8%)
In-hospital mortality*, n (%) [n = 1,050,633]	155,644 (35.6%)	237,767 (38.7%)	50,960 (33.1%)	186,807 (40.6%)
20-39 years [n = 132,946]	6,547 (11.6%)	12,953 (16.9%)	1,865 (11.2%)	11,088 (18.5%)
40-59 years [n = 356,306]	30,924 (21.8%)	58,824 (27.5%)	9,193 (19.1%)	49,631 (29.9%)
>= 60 years [n = 561,381]	118,173 (49.6%)	165,990 (51.4%)	39,902 (44.7%)	126,088 (53.9%)
ICU admission, n (%) [n = 361,842]	85,818 (57.8%)	138,052 (64.7%)	30,713 (56.0%)	107,339 (67.7%)
NIV, n (%) [n = 518,072]	52,014 (26.9%)	89,796 (27.7%)	19,604 (24.8%)	70,192 (28.6%)
IMV, n (%) [n = 208,560]	64,260 (79.2%)	105,785 (83.0%)	20,823 (78.8%)	84,962 (84.1%)

ICU – intensive care unit; NIV – Non-invasive ventilation; IMV – Invasive Mechanical Ventilation

*All in-hospital mortality estimates were calculated using only admissions with an outcome.

First wave - Epidemiological weeks 8/2020 to 43/2020 (February 16, 2020 to October 24, 2020)

Second wave - Epidemiological weeks 44/2020 to 17/2021* (October 25, 2020 to May 01, 2021)

**We included data until week 17/2021 (May 01, 2021) to reduce potential effects from the notification delay on estimates.

Before E484K mutation dominance - Epidemiological weeks 44/2020 to 53/2020 (October 25, 2020 to January 02, 2021)

After E484K mutation dominance - Epidemiological weeks 01/2021 to 17/2021

Article 6 - Evolving changes in mortality of 13,301 critically ill adult patients with COVID-19 over eight months

This article was published at *Intensive Care Medicine*

Abstract

Purpose: Clinical characteristics and management of COVID-19 patients have evolved during the pandemic, potentially changing their outcomes. We analyzed the associations of changes in mortality rates with clinical profiles and respiratory support strategies in COVID-19 critically ill patients.

Methods: A multicenter cohort of RT-PCR-confirmed COVID-19 patients admitted at 126 Brazilian intensive care units between February 27th and October 28th, 2020. Assessing temporal changes in deaths, we identified distinct time periods. We evaluated the association of characteristics and respiratory support strategies with 60-day in-hospital mortality using random-effects multivariable Cox regression with inverse probability weighting.

Results: Of 13,301 confirmed-COVID-19 patients, 60-day in-hospital mortality was 13%. Across four time periods identified, younger patients were progressively more common, noninvasive respiratory support was increasingly used, and the 60-day in-hospital mortality has decreased in the last two periods. 4,188 patients received advanced respiratory support (noninvasive or invasive), from which 42% underwent only invasive mechanical ventilation, 37% only noninvasive respiratory support and 21% failed noninvasive support and were intubated. After adjusting for organ dysfunction scores and premorbid conditions, we found that younger age, absence of frailty and the use of noninvasive respiratory support (NIRS) as first support strategy were independently associated with improved survival (hazard ratio for NIRS first [95% confidence interval], 0.59 [0.54-0.65], $p < 0.001$).

Conclusion: Age and mortality rates have declined over the first eight months of the pandemic. The use of NIRS as the first respiratory support measure was associated with survival, but causal inference is limited by the observational nature of our data.

Keywords: coronavirus; respiratory support; in-hospital mortality; respiratory support; noninvasive ventilation

8.1

Introduction

Months after the Coronavirus Disease 19 (COVID-19) pandemic had spread across Asia and Europe, Brazil became a hotspot for the infection, with sustained transmission afterwards (TAYLOR, 2020; VAN DAMME et al., 2020). The general perception is that the proportion of severe cases declined as compared to the initial surge, with a younger population affected, resulting in lower case-fatality rates (BOEHMER et al., 2020). However, it is not clear how these changes have impacted the in-hospital outcomes of severe cases or how improvements in the clinical management of these patients may have led to the decline in mortality rates.

Although therapeutic options for severe COVID-19 patients have been tested recently in large clinical trials, (ANGUS et al., 2020; CAO et al., 2020; TOMAZINI et al., 2020; WANG et al., 2020) general questions on supportive care, such as the best initial ventilatory strategy, are still controversial. (FAN et al., 2020; WINCK; AMBROSINO, 2020) No conclusive data from randomized trials on SARS, MERS, or COVID-19 is currently available to guide ventilation practices. (ARABI; FOWLER; HAYDEN, 2020) Moreover, concerns related to the risk of aerosol generation and contamination of healthcare workers limited recommendations of noninvasive respiratory support strategies at the beginning of the COVID-19 epidemic (ORGANIZATION, 2020).

Resource limitations to treat severe COVID-19 patients have been a concern for international health authorities, societies, and researchers. (DONDORP et al., 2020; SOPEYIN et al., 2020) Recently, we demonstrated the impact on clinical outcomes of the collapse of health systems during the COVID-19 epidemic in Brazilian regions, especially for patients requiring mechanical ventilation (RANZANI et al., 2021; SALLUH; LISBOA; BOZZA, 2020). It is crucial to understand the clinical outcomes and factors contributing to mortality in different healthcare settings and, throughout the epidemic, to envision potential care improvement targets and optimal utilization of resources.

The present study analyzes the dynamic of severe COVID-19 admissions in 126 intensive care units (ICUs) from a middle-income country during the first eight months of the epidemic. We hypothesized that variations in clinical characteristics, risk factors

and resource use were related to the evolving changes in mortality. In a secondary hypothesis, we evaluated the association of initial respiratory support strategies with 60-day in-hospital mortality in patients with acute respiratory failure.

8.2

Patients and Methods

8.2.1

Study design and participants

As the first confirmed SARS-CoV-2 infection in Brazil occurred on February 26th, this cohort study included patients admitted from February 27th to October 28th, 2020, with vital status follow-up until December 27th. We included all adult patients with RT-PCR-confirmed SARS-CoV-2 infection admitted to the ICUs from an integrated hospital network (*Rede D'Or São Luiz*) present in eight Brazilian States. All patients analyzed had COVID-19 as their primary ICU admission diagnoses. One hundred and twenty-six ICUs from 42 hospitals prospectively collected data on every consecutive ICU admission (Appendix A5.2). Local Ethics Committee and the Brazilian National Ethics Committee (CAAE: 17079119.7.0000.5249) approved the study without the need for informed consent.

8.2.2

Data collection and missing values

Anonymized information from COVID-19 ICU-admitted patients was obtained from an electronic system used for benchmarking purposes (Epimed Monitor®, Rio de Janeiro, Brazil; ZAMPIERI et al., 2017). The database contains prospectively collected structured data of all ICU admissions. Characteristics at admission, including demographics, clinical diagnosis, comorbidities, source of admission, the Simplified Acute Physiology Score 3 (SAPS-3), the Sequential Organ Failure Assessment (SOFA) score, and the Modified Frailty Index (MFI), were considered for the analysis. We assessed the subsequent use of organ support, especially the initial advanced respiratory support implemented (noninvasive respiratory support strategies and invasive mechanical ventilation, NIRS and IMV, respectively), renal replacement therapy (RRT), vasopressors, and the hospital and ICU outcomes. NIRS was defined as either noninvasive positive pressure ventilation (NPPV) or high-flow nasal cannula (HFNC). Preparedness measures to absorb the surge of COVID-19-patients included the cancellation of elective surgeries, an increase in the number of ICU beds, and the

implementation of care pathways for those with respiratory failure. To evaluate ICU preparedness, we compared the average number of ICU beds and occupancy rates between a pre-pandemic period (October/2019 to January/2020) and the peak of simultaneous hospitalizations.

We did not perform value imputation for the primary analysis, and we reported the number of complete cases for each variable (Appendix A6.1).

8.2.3 Outcomes

The primary outcome was 60-day in-hospital mortality. Secondary outcomes were in-hospital and ICU mortality, as well as hospital and ICU length-of-stays (LOS).

8.2.4

Statistical Analysis

We used median and interquartile range (IQR) or mean and standard deviation (SD) for quantitative variables, and frequencies and proportions for categories. We assessed the temporal dynamic of ICU hospitalizations and respiratory support utilization. We stratified our study population in time periods based on the daily number of ICU deaths using a method for evaluating structural changes in time series (e.g., inflection-point or change in trend; Appendix A6.1). Using linear models, this method identifies “breakpoints” in which a significant change in the curve’s behavior (e.g., inflection-point or change in trend) occurred (ZEILEIS et al., 2002).

We compared clinical characteristics, organ support, and the use of NIRS or IMV as the first respiratory support measure, across the defined time periods. Amongst the subset of patients that required advanced respiratory support (NIRS and/or IMV), we performed univariate analyses of 60-day in hospital mortality using Kaplan-Meier (KM) survival curves. We considered age (categorized in decades with <40 years as the reference), frailty (categorized as non-frail, pre-frail and frail based on the MFI), and the initial respiratory support (NIRS first and IMV first), as the variables of clinical relevance, along with the time periods previously estimated. Differences among survival curves were evaluated with the log-rank test (confidence level: 0.05).

We evaluated the associations between the previously described variables with the 60-day in-hospital mortality in the subset of patients that required advanced respiratory support. We used a random-effects multivariable Cox proportional hazards model where the hazard is death. Due to the different case-mix among the hospitals, we considered the hospital variable as a source of random variability (random intercept) and adjusted the

variables by the identified time periods. We estimated the Hazard Ratio (HR) and its corresponding 95% confidence interval for each variable. To account for the nonrandomized allocation of respiratory support strategies, we used propensity-score-derived inverse-probability treatment weighting (IPTW) in the multivariable Cox model. Propensity scores were estimated using multivariable logistic regression model with the first respiratory support as the response variable (GREIFER, 2020; GUO; FRASER, 2010; Appendix A6.1). Starting from a full multivariable model, we used a backward elimination process using P-values in combination with goodness-of-fit measures (Akaike information criteria [AIC] and Bayesian information criteria [BIC]) to estimate the final model.

We also performed two sensitivity analyses to evaluate the robustness of our results. First, we built the final models using two alternative propensity-score-based methods: the Standardized Mortality Ratio (SMR)-weighting and IPTW excluding patients with propensity scores outside of the 95% percentile (KURTH et al., 2006). Second, we performed the multivariable model including only patients with available data on PaO₂/FiO₂ ratio (with adjustment for this variable) and reported another model estimating missing values of lung injury severity with multiple imputation using chained equations (BUUREN; GROOTHUIS-OUDSHOORN, 2011).

We performed all analyses in R 4.0.2 (more details in Appendix A6.1).

8.3 Results

From February 27th, to October 28th, 2020, a total of 61,471 consecutive adult ICU admissions occurred in 42 hospitals and 126 ICUs that prospectively collected data. From those, 13,301 (22%) were patients with confirmed COVID-19 diagnosis, from which 4,188 (31%) had respiratory failure requiring advanced respiratory support (NIRS or IMV) (Appendix A5.4). The overall median age was 54 years old (IQR:[41, 69]), with 39% (5,250/13,301) being 60 years or older and 42% women (**Table 8.1**). 13% of patients were frail (MFI \geq 3), and 68% presented at least one comorbidity (Appendix A.5.4). Among patients with PaO₂/FiO₂ ratio available, almost half (2,112/4,649; 45%) presented moderate to severe lung injury (PaO₂/FiO₂ ratio \leq 200). The median ICU and hospital LOS were 5 days (IQR:[2-10]) and 8 days (IQR:[5-10]), respectively. Overall, 60-day in-hospital mortality was 13% (1,785/13,301).

Table 8.1 - Clinical characteristics and outcomes of 13,301 critically ill COVID-19 patients, total and by periods*.

Characteristics	Total [n = 13,301]	Period 1 [n = 2,184]	Period 2 [n = 3,536]	Period 3 [n = 3,938]	Period 4 [n = 3,643]
Age, Median (IQR)	54 (41, 69)	55 (43, 70)	57 (43, 73)	51 (40, 66)	53 (41, 67)
< 40	2832 (21%)	421 (19%)	642 (18%)	943 (24%)	826 (23%)
40-49	2636 (20%)	421 (19%)	639 (18%)	853 (22%)	723 (20%)
50-59	2583 (19%)	433 (20%)	665 (19%)	769 (20%)	716 (20%)
60-69	2088 (16%)	354 (16%)	541 (15%)	558 (14%)	635 (17%)
70-79	1502 (11%)	275 (13%)	443 (13%)	414 (11%)	370 (10%)
≥ 80	1660 (12%)	280 (13%)	606 (17%)	401 (10%)	373 (10%)
Sex, No. (%)					
Female	5549 (42%)	861 (39%)	1482 (42%)	1674 (43%)	1532 (42%)
Male	7752 (58%)	1323 (61%)	2054 (58%)	2264 (57%)	2111 (58%)
Admissions from emergency department	10240 (77%)	1576 (72%)	2479 (70%)	3236 (82%)	2949 (81%)
Modified Frailty Index (MFI)					
Mean (SD)	1.07 (1.25)	1.13 (1.25)	1.26 (1.33)	0.96 (1.20)	0.96 (1.19)
Median (IQR)	1 (0, 2)	1 (0, 2)	1 (0, 2)	1 (0, 2)	1 (0, 2)
Non-frail (MFI = 0)	5860 (44%)	914 (42%)	1335 (38%)	1884 (48%)	1727 (47%)
Pre-frail (MFI = 1-2)	5717 (43%)	954 (44%)	1605 (45%)	1620 (41%)	1538 (42%)
Frail (MFI ≥ 3)	1724 (13%)	316 (14%)	596 (17%)	434 (11%)	378 (10%)
SAPS-3, Median (IQR)	42 (37, 50)	43 (37, 52)	44 (39, 54)	41 (37, 48)	42 (38, 49)
SOFA, Median (IQR)	0 (0, 2)	1 (0, 3)	1 (0, 3)	0 (0, 2)	0 (0, 2)
PaO₂/FiO₂ [n = 4,649]	221 (108, 357)	202 (102, 314)	217 (110, 352)	239 (110, 414)	224 (110, 357)
Normal (> 300)	1580 (34%)	238 (27%)	475 (32%)	501 (40%)	366 (35%)
Mild (201-300)	957 (21%)	200 (23%)	310 (21%)	217 (17%)	230 (22%)
Moderate (101-200)	1015 (22%)	217 (25%)	352 (24%)	238 (19%)	208 (20%)
Severe (≤ 100)	1097 (24%)	216 (25%)	339 (23%)	293 (23%)	249 (24%)
Oxygen support, No. (%)	9113 (69%)	1457 (67%)	2272 (64%)	2880 (73%)	2504 (69%)
Advanced respiratory support, No. (%)	4188 (31%)	727 (33%)	1264 (36%)	1058 (27%)	1139 (31%)
Noninvasive respiratory support (NIRS)	2423 (18%)	182 (8.3%)	567 (16%)	772 (20%)	902 (25%)
Only NPPV	2061 (85%)	168 (92%)	519 (92%)	659 (85%)	715 (79%)
Only HFNC	136 (5.6%)	8 (4.4%)	26 (4.6%)	48 (6.2%)	54 (6.0%)
Both	226 (9.3%)	6 (3.3%)	22 (3.9%)	65 (8.4%)	133 (15%)
Only NIRS	1558 (12%)	84 (3.8%)	308 (8.7%)	513 (13%)	653 (18%)
NIRS failure	865 (6.5%)	98 (4.5%)	259 (7.3%)	259 (6.6%)	249 (6.8%)
Only invasive mechanical ventilation (IMV)	1765 (13%)	545 (25%)	697 (20%)	286 (7.3%)	237 (6.5%)
Vasopressor, No. (%)	1986 (15%)	476 (22%)	735 (21%)	402 (10%)	373 (10%)
Renal Replacement Therapy, No. (%)	989 (7.4%)	256 (12%)	367 (10%)	215 (5.5%)	151 (4.1%)
Length-of-stay (LOS), Median (IQR)					
ICU [n = 13,294]	5 (2, 10)	6 (3, 13)	6 (3, 12)	4 (2, 9)	5 (2, 9)
Hospital [n = 13,219]	8 (5, 15)	9 (6, 18)	10 (6, 18)	7 (5, 14)	7 (5, 13)
Hospitalizations with LOS > 7 days					
ICU [n = 13,294]	4660 (35%)	899 (41%)	1398 (40%)	1190 (30%)	1173 (32%)
Hospital [n = 13,219]	7304 (55%)	1324 (61%)	2252 (64%)	1931 (49%)	1797 (50%)
60-day in-hospital deaths, No. (%)	1785 (13%)	380 (17%)	649 (18%)	405 (10%)	351 (9.6%)
Only NIRS [n = 1,558]	72 (4.6%)	6 (7.1%)	14 (4.5%)	22 (4.3%)	30 (4.6%)
NIRS failure [n = 865]	444 (51%)	40 (41%)	125 (48%)	139 (54%)	140 (56%)
Only IMV [n = 1,765]	1028 (58%)	285 (52%)	430 (62%)	177 (62%)	136 (57%)
ICU deaths, No. (%) [n = 13,294]	1446 (11%)	321 (15%)	542 (15%)	317 (8.1%)	266 (7.3%)
In-hospital deaths, No. (%) [n = 13,219]	1814 (14%)	385 (18%)	662 (19%)	412 (11%)	355 (9.8%)
Ongoing patients, No. (%)	82 (0.6%)	16 (0.7%)	26 (0.7%)	15 (0.4%)	25 (0.7%)

* Period 1 – February 27th to April 25th; Period 2 – April 26th to June 6th; Period 3 – June 7th to August 10th; Period 4 – August 11th to October 28th

SD – Standard deviation; IQR – Interquartile Range; SAPS – Simplified Acute Physiology Score; SOFA – Sequential Organ Failure Assessment; NIRS – Noninvasive Respiratory Support; NPPV – Noninvasive Positive Pressure Ventilation; HFNC – High-Flow Nasal Cannula; IMV – Invasive Mechanical Ventilation; ICU – Intensive care unit

Over time, since the first confirmed cases in late February and early March, a sharp rise in daily ICU admissions for COVID-19 was observed, with a subsequent increase in daily deaths (**Figure 8.1**). This upward trend remained until May 13th, 2020, with a peak

of 1,066 ICU-hospitalized patients in a single day. ICU mortality rate peaked 34% on May 24th. In comparison with the pre-pandemic period (October/2019-January/2020), ICU bed availability increased 31% at the peak of ICU hospitalizations (Appendix A6.4).

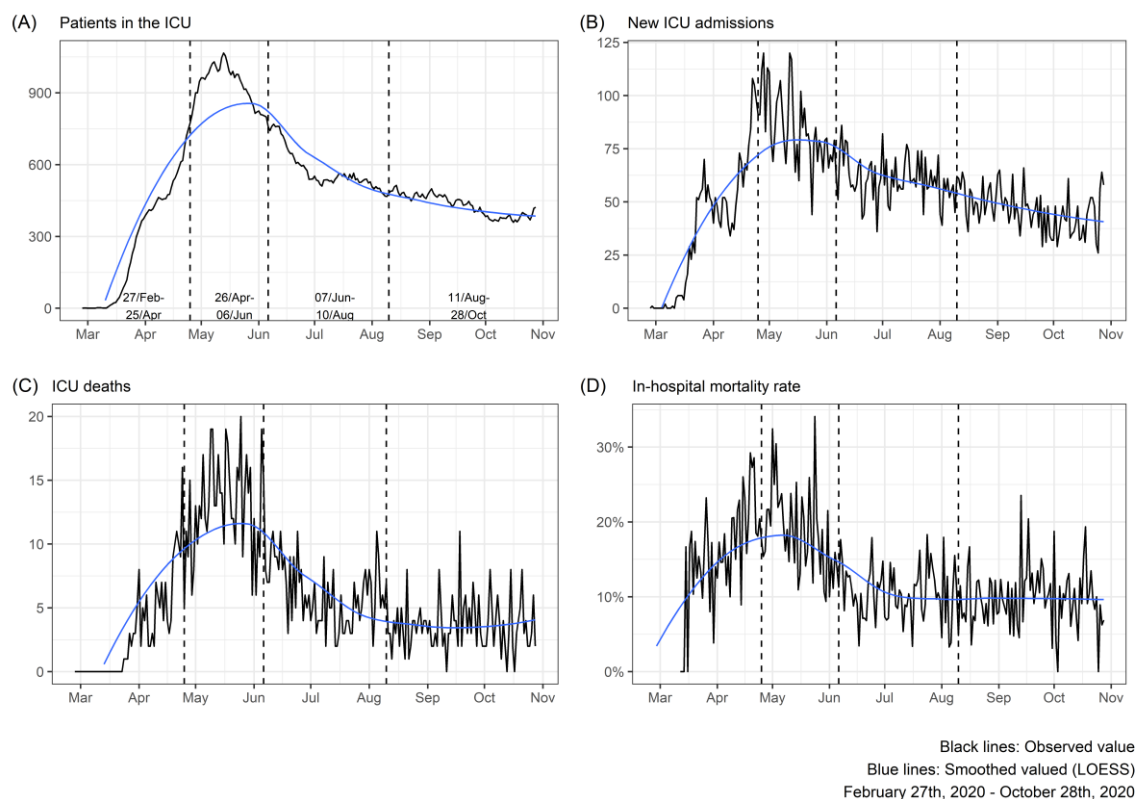


Figure 8.1 - Progression of adult ICU admissions with COVID-19 from February 27th, 2020 to October 28th, 2020

(A) total patients in the ICU per day; (B) the number of new ICU admissions per day; (C) the number of deaths in the ICU per day; (D) the daily mortality rate in the ICU (using the admission date as the reference). The black line represents daily absolute numbers, and the blue line is the smoothed curve. The three dashed lines correspond to the estimated breakpoints of structure change in the time series of ICU deaths rate panel (C): April 25th, June 06th, and August 10th, respectively.

Based on the analysis of structural changes in the time series of the daily ICU deaths curve (**Figure 8.1, panel C**), three breakpoints were identified, and four time periods were defined to stratify our population. Patient's characteristics and outcomes per period are described in Table 1. 60-day in-hospital mortality rates were: Period 1, 17%; Period 2, 18%, Period 3, 10%; Period 4, 9.6%. Patients in Periods 1 and 2 were older and more frequently frail. Clinical severity was highest in Period 2 (median SAPS-3, 44 IQR: [39, 54]), while the need for vasopressors and RRT were worse in period 1 (22% and 12%, respectively). Regarding modes of advanced respiratory support, we observed a

progressive increase in the use of NIRS across the four time periods (Period 1, 8.3%; Period 2, 16%, Period 3, 20%, and Period 4, 25%).

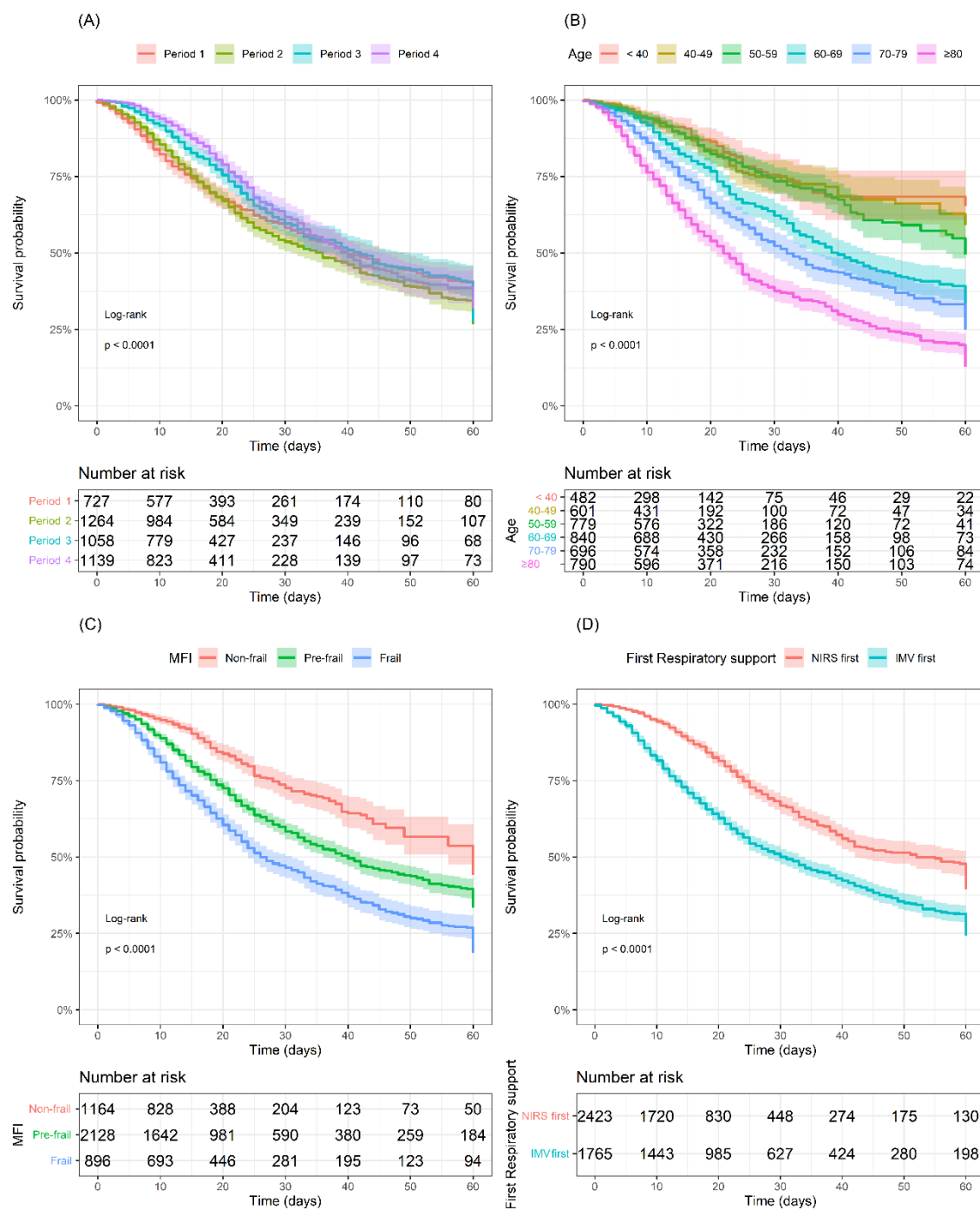


Figure 8.2 - Univariable survival curves (Kaplan-Meier) of factors related to the 60-day outcome in critically ill patients that underwent advanced respiratory support

(A) Time periods estimated with the breakpoints of structure change (Period 1: February 27th to April 25th; Period 2: April 26th to June 6th; Period 3: June 7th to August 10th; Period 4: August 11th to October 28th); (B) Age (<40, 40-49, 50-59, 60-69, 70-79, ≥80); (C) Modified Frailty Index (MFI) at the admission, with groups Non-frail (MFI = 0), Pre-frail (MFI = 1-2) and Frail (MFI ≥ 3); (D) Initial respiratory support considering noninvasive (NIRS first) and invasive (IMV first). Differences among curves were assessed using the log-rank test with a confidence level of 0.05.

Respiratory failure requiring advanced respiratory support occurred in 4,188 out of 13,301 (31%) patients (Appendix A6.4). Of these, 1,765 (42%) underwent invasive mechanical ventilation. In patients that received NIRS (N=2,423), 2,061 (85%) used NPPV, 136 (6%) HFNC and 226 (9%) received both treatment modes. 60-day in-hospital mortality was higher in those that underwent only IMV or failed NIRS as compared to those that required only NIRS (58 or 51% vs. 4.6%; **Table 8.2**). In patients that underwent advanced respiratory support, the probability of survival was lowest in Periods 1 and 2 (Log-rank $p < 0.0001$, **Figure 8.2, panel A**). Stratification by age and frailty revealed progressively worse survival probabilities in patients older than 60 years old and those that were pre-frail or frail, respectively (Log-rank $p < 0.001$ in both, **Figure 8.2, panels B and C**). Regarding the initial strategies of respiratory support, the best survival probabilities were among patients that used NIRS as the first respiratory support measure as opposed to patients that were initially intubated (**Figure 8.2 panel D**). Even patients with NIRS failure and subsequent intubation showed better survival probabilities compared to patients that first received IMV (Appendix A6.4).

We evaluated the association of clinical characteristics, risk factors and initial respiratory support strategies with 60-day in-hospital mortality in the subset of patients that underwent advanced respiratory support. We estimated a random-effects multivariable Cox model with IPTW (**Figure 8.3; Appendix A5.5**). We found that older age (60-69 years, HR [95% CI]: 1.47 [1.20-1.80], $p < 0.001$; 70-79 years, HR [95% CI]: 1.71 [1.38-2.10], $p < 0.001$; ≥ 80 years, HR [95% CI]: 2.75 [2.21-3.41], $p < 0.001$) and the presence of frailty (MFI ≥ 3 , HR [95% CI]: 1.38 [1.15-1.64], $p < 0.001$) were independently associated with worse 60-day survival. Moreover, the use of NIRS, as the first respiratory support, was associated with improved survival over 60 days (HR [95% CI]: 0.59 [0.54-0.65], $p < 0.001$), after adjusting for the time periods, age, gender, frailty, SAPS-3 and SOFA scores, comorbidities, and source of admission (**Figure 8.3; Appendix A6.5**). No significant multicollinearity was detected in the final model. All performed sensitivity analyses and alternative models demonstrated similar results in comparison with our primary analysis (Appendix A6.6).

Table 8.2 - Characteristics and outcomes of critically ill patients stratified by advanced respiratory support

Characteristics	Total [n = 4,188]	NIRS only [n = 1,558]	NIRS failure [n = 865]	IMV [n = 1,765]
Age, Median (IQR)	63 (49, 76)	55 (43, 67)	65 (53, 77)	68 (54, 80)
< 40	482 (12%)	286 (18%)	65 (7.5%)	131 (7.4%)
40-49	601 (14%)	307 (20%)	105 (12%)	189 (11%)
50-59	779 (19%)	376 (24%)	143 (17%)	260 (15%)
60-69	840 (20%)	270 (17%)	227 (26%)	343 (19%)
70-79	696 (17%)	162 (10%)	143 (17%)	391 (22%)
≥ 80	790 (19%)	157 (10%)	182 (21%)	451 (26%)
Sex, No. (%)				
Female	1516 (36%)	546 (35%)	305 (35%)	665 (38%)
Male	2672 (64%)	1012 (65%)	560 (65%)	1100 (62%)
Admissions from emergency department	2848 (68%)	1244 (80%)	581 (67%)	1023 (58%)
Modified Frailty Index (MFI)				
Non-frail (MFI = 0)	1164 (28%)	617 (40%)	199 (23%)	348 (20%)
Pre-frail (MFI = 1-2)	2128 (51%)	732 (47%)	459 (53%)	937 (53%)
Frail (MFI ≥ 3)	896 (21%)	209 (13%)	207 (24%)	480 (27%)
SAPS-3, Median (IQR)	50 (42, 61)	43 (39, 51)	54 (45, 66)	55 (46, 67)
≤ 42	1,165 (28%)	727 (47%)	147 (17%)	291 (16%)
43 – 50	982 (23%)	434 (28%)	198 (23%)	350 (20%)
51 – 61	1,034 (25%)	276 (18%)	242 (28%)	516 (29%)
> 61	1,007 (24%)	121 (7.8%)	278 (32%)	608 (34%)
SOFA, Median (IQR)	2 (0, 5)	1 (0, 2)	3 (1, 7)	4 (1, 8)
Any comorbidities, No. (%)	3393 (81%)	1111 (71%)	754 (87%)	1528 (87%)
PaO₂/FiO₂ [n = 1,963]	170 (94, 279)	216 (89, 329)	142 (90, 233)	172 (101, 273)
Normal (> 300)	431 (22%)	139 (32%)	75 (15%)	217 (21%)
Mild (201-300)	385 (20%)	89 (21%)	91 (18%)	205 (20%)
Moderate (101-200)	621 (32%)	78 (18%)	191 (38%)	352 (34%)
Severe (≤ 100)	526 (27%)	125 (29%)	146 (29%)	255 (25%)
Noninvasive respiratory support				
Only NPPV	2061 (85%)	1356 (87%)	705 (82%)	-
Only HFNC	136 (5.6%)	87 (5.6%)	49 (5.7%)	-
Both	226 (9.3%)	115 (7.4%)	111 (13%)	-
Vasopressor, No. (%)	1890 (45%)	60 (3.9%)	672 (78%)	1158 (66%)
Renal Replacement Therapy, No. (%)	896 (21%)	24 (1.5%)	278 (32%)	594 (34%)
Length-of-stay (LOS), Median (IQR)				
ICU [n = 4,185]	12 (7, 22)	8 (4, 11)	19 (12, 27)	16 (9, 27)
Hospital [n = 4,160]	17 (10, 30)	11 (8, 16)	24 (16, 38)	22 (12, 38)
Hospitalizations with LOS > 7 days				
ICU [n = 4,185]	3011 (72%)	788 (51%)	787 (91%)	1436 (81%)
Hospital [n = 4,160]	3496 (84%)	1166 (75%)	804 (94%)	1526 (87%)
Period 1 (February 27th to April 25th)	727 (17%)	84 (5.4%)	98 (11%)	545 (31%)
Period 2 (April 26th to June 6th)	1264 (30%)	308 (20%)	259 (30%)	697 (39%)
Period 3 (June 7th to August 10th)	1058 (25%)	513 (33%)	259 (30%)	286 (16%)
Period 4 (August 11th to October 28th)	1139 (27%)	653 (42%)	249 (29%)	237 (13%)
60-day in-hospital deaths, No. (%)	1544 (37%)	72 (4.6%)	444 (51%)	1028 (58%)
ICU deaths, No. (%) [n = 13,294]	1329 (32%)	47 (3.0%)	398 (46%)	884 (50%)
In-hospital deaths, No. (%) [n = 13,219]	1572 (38%)	73 (4.7%)	457 (53%)	1042 (59%)

SD – Standard deviation; IQR – Interquartile Range; SAPS – Simplified Acute Physiology Score; SOFA - Sequential Organ Failure Assessment; NIRS – Noninvasive Respiratory Support; NPPV – Noninvasive Positive Pressure Ventilation; HFNC – High-Flow Nasal Cannula; IMV – Invasive Mechanical Ventilation; ICU – Intensive care unit

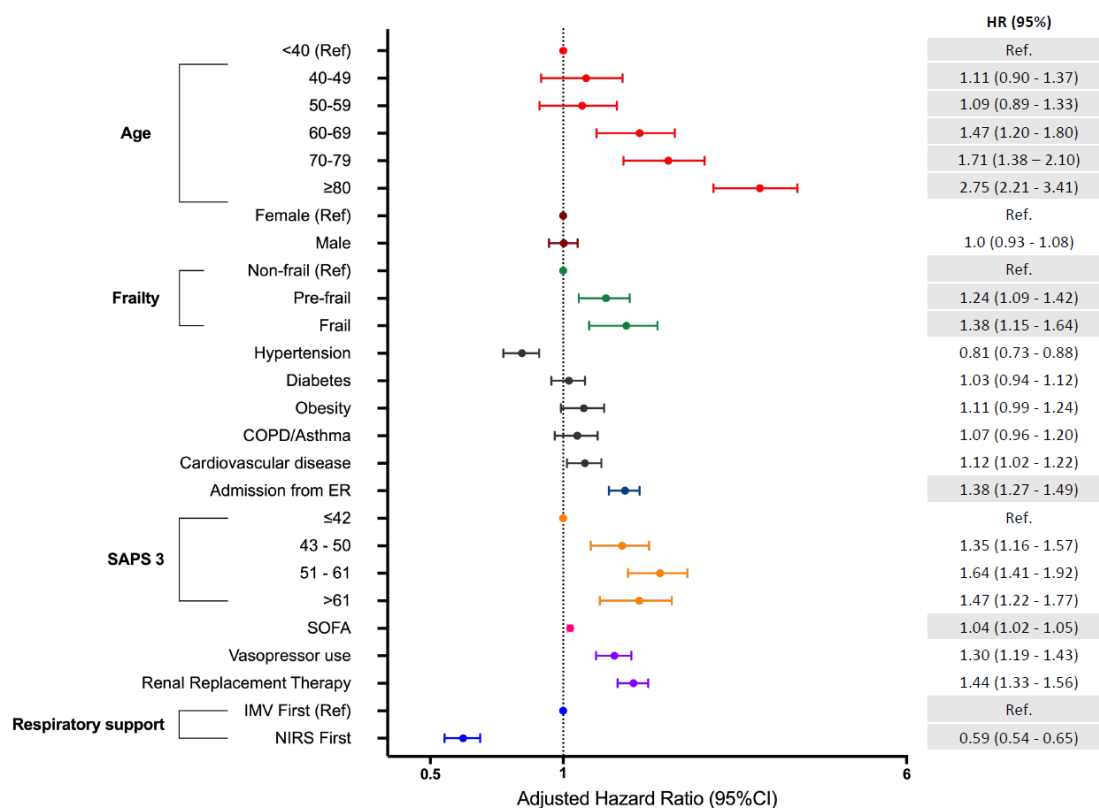


Figure 8.3 - Random-effects multivariable cox proportional hazards model to assess the association of clinical characteristics and initial respiratory support with 60-day mortality in patients that underwent advanced ventilatory support (NIRS and/or IMV), adjusted by the time-period of admission. The hospital was considered as the random intercept (Standard deviation = 0.50). To account for the nonrandomization, we used inverse-probability treatment weighting (IPTW) of propensity scores regarding the initial use of NIRS. We provide the Hazard Ratio (HR) for 60-day in-hospital mortality and its respective 95% confidence intervals for each variable.

8.4 Discussion

In this large cohort of critically ill COVID-19 patients from South America, we showed the dynamic of the first eight months of the epidemic and the evolving changes in clinical characteristics, respiratory support practices, and hospital mortality rates. Age and mortality rates declined over time after the peak in hospitalizations occurred, while daily ICU admissions reached a plateau. We further identified clinical predictors of 60-day in-hospital mortality, including increased age (>60 years), the presence of frailty, multiple organ dysfunction, and the need for invasive mechanical ventilation. Finally, we observed an independent association between the increasing use of NIRS with improved survival in this population.

The dynamic reported in this work corresponded to the expansion of the outbreak over eight months in the metropolitan areas of the country's southeast region (~70% of this sample). It also reflects a healthcare system that underwent preparedness with increases in ICU-bed and resource availability, which resulted in almost unrestricted access to ICU care. Our current findings contrast with recently published national data from the first 250 thousand patients hospitalized for COVID-19 in Brazil, where ICU mortality was 55%. Even in the southeast region of the country – where the majority of our cohort was treated – authors showed that mortality in ICU patients was 49% and among those invasively ventilated it was 77% (RANZANI et al., 2021). These differences may be due to early hospitalization, monitoring and good clinical practices performed in this hospital network.

We analyzed the clinical characteristics and outcomes of critically ill COVID-19 patients admitted to 126 ICUs in 42 hospitals. We present complete data on 60-day in-hospital outcomes (in addition to 99% of patients with available hospital mortality) from patients admitted over eight months. To study the pandemic's temporal evolution, we analyzed structural changes in the mortality rate curve, which defined three breakpoints and four time periods. Survival was worst in the period when hospitalizations peaked, and patients were older and more frequently frail (Period 2). However, our results suggest that patients' characteristics alone do not explain the progressive reduction in mortality observed in periods 3 and 4. Changes in management, such as the increased use of NIRS, were also related to improved survival rates in the subset of more severe patients that required advanced respiratory support.

In a European cohort from 3 countries, (SCHMIDT et al., 2021) investigators from the COVID-ICU group showed an overall decrease in 90-day mortality over time in critically-ill patients from 42% in early March to 25% in late April 2020. Although they observed an increasing use of NIRS (mainly HFNC) and 41% of patients received steroids, the associations of these interventions with mortality were not analyzed. (SCHMIDT et al., 2021) Overall, the use of steroids increased over time in the hospitals analyzed (Appendix A6.6). However, since we did not have individual data on treatment, we cannot exclude that changes in clinical management and other unmeasured interventions may have affected our findings of improved survival over time (STERNE et al., 2020). Nevertheless, we clearly demonstrated that NIRS (mainly NPPV in our

cohort) was increasingly used over time during the study period and that, after adjusting for characteristics and time periods, it was associated with better survival.

In our study, 31% of patients required advanced ventilatory support (NIRS or IMV), which is lower than other multicenter ICU cohorts as well as data from the Brazilian ICU Registry. (THERNEAU, TERRY M., [s.d.]) Also, ventilated patients in our cohort were younger (median: 63 vs. 73 and 71 years in the UK and German cohorts, respectively), nevertheless 81% presented comorbidities, and 21% were previously frail. Survival was progressively lower in patients older than 60 years and in those considered pre-frail or frail. We also observed a significantly higher NIRS utilization rate than other cohorts (Germany [KARAGIANNIDIS et al., 2020] 5%, US [GUPTA et al., 2020] 1%, Italy [GRASSELLI et al., 2020] <10%). As expected, patients that underwent NIRS without subsequent intubation had improved survival as compared to those under invasive mechanical ventilation, but surprisingly, even patients that failed NIRS and were intubated also showed better survival compared to those that were intubated directly.

Concerns on biosafety aspects and potential intubation delays have limited the use of NIRS for respiratory failure early in the pandemic. However, NPPV and HFNC represent essential strategies in responding to respiratory emerging infections such as COVID-19, particularly in resource-limited settings, by optimizing critical care resources (i.e., invasive mechanical ventilation). In the absence of randomized trials, both from past severe viral infections and the current epidemic, our results that NIRS failure did not worsen mortality in comparison to those intubated directly, are reassuring for physicians using NIRS as an early option of ventilatory support for COVID-19. However, the potential benefit of noninvasive respiratory strategies in COVID-19-associated respiratory failure has yet to be determined by ongoing clinical trials (ISRCTN16912075/ PERKINS et al., 2020).

The strengths of our study consist in being one of the largest multicenter cohorts of ICU-hospitalized patients with COVID-19, showing evolving mortality reductions in those critically ill. All patients had 60-day outcomes and detailed baseline severity of illness, comorbidities, frailty, organ dysfunction, and resource use information. Furthermore, we evaluated the association of respiratory support, especially NIRS, with 60-day mortality, which can inform future clinical trials and clinical practices for ICU patients. Potential limitations include: first, our sample may not reflect the epidemiology and practices in COVID-19 patients admitted to most Brazilian ICUs. Nonetheless, we

showed data from a large network of hospitals with optimal preparedness and resource availability. Second, we cannot exclude that changes in clinical management and other unmeasured interventions may have affected survival over time, such as steroids, anticoagulation, and others. However, our models were adjusted for several clinically important covariates, including the 4 time periods over 8 months. Third, we analyzed NPPV and HFNC as one combined group of NIRS. We did not have specific data on NPPV-delivery methods (face mask or helmet) and only a small minority of patients underwent HFNC. These limitations prevent the interpretation of our results for any specific noninvasive ventilation mode. Fourth, we did not have imaging data on lung infiltrates or the diagnosis of viral pneumonia. However, all patients included in this analysis had a primary ICU admission diagnosis of COVID-19 infection and required at least oxygen support in the ICU. Finally, although we had complete 60-day outcomes, the long-term follow-up and data on post-ICU quality of life or post-intensive care syndrome were unavailable.

8.5

Conclusion

In this large cohort of critically ill COVID-19 patients from South America, we demonstrated that, after a peak in hospitalizations occurred in May 2020, age and mortality rates have declined over the last five months of the epidemic. We also found an association between the use of noninvasive respiratory support and improved survival, even after accounting for age, frailty, organ failures, and conversion to invasive mechanical ventilation. These results, however, should be interpreted with caution, due to the observational nature of our data.

9 Final Considerations

Adequate management of healthcare resources provides better care for patients, especially under conditions of low-resource availability or constraints. In this thesis, we addressed resource evaluation under usual conditions and in high stress and strain settings. Under these two questions, we conducted six data science projects and used data-drive and statistical methods to analyze data and provide insightful information for decision-makers and policymakers.

We evaluated the management of resources in Brazilian and Dutch ICUs in the pre-COVID-19 pandemic period using benchmarking methods. The analyses on two samples of ICUs showed that different organizational aspects were associated with increased efficiency and are potential targets for improvement. Although we focused on ICU data, this analysis could be extended to other healthcare departments, especially when risk-adjusted metrics are possible to calculate.

In a technical analysis, we observed that performance metrics could be directly combined into a single indicator when their correlation is high, such as the dataset of Brazilian units. Although the decision on the combination of metrics depends on the objective, a continuous metrics is more favorable for ICU benchmarking since it offers better statistical properties for statistical modelling.

Under the context of the COVID-19 pandemic, although regular benchmarking methods could not be directly applied, we could evaluate the use of resources and outcomes during this period. We executed two extensive research studies to assess national data from the COVID-19 admissions. Our findings showed that in a first moment the pandemic had a regional and temporal impact, where regions with the most vulnerable systems presented high mortality levels and increased use of ICU resources. Those impacts were intensified in a second and larger surge of hospital admissions, under the context of more transmissible variants of concern and low adherence to non-pharmacological interventions.

Those studies comprised one of the first large reports of COVID-19 admissions in the country. Our results assisted the planning of pandemic mitigation and control actions

in the Brazilian States, and we also developed an online dashboard to provide those analysis and insightful information for the public.

Although national data showed large mortality rates, we showed that the overall mortality rate was low under conditions of preparedness and wide availability of resources, even in a middle-income country. In these settings, we observed that mortality rates for ICU patients with COVID-19 decreased over time, with an increased use of noninvasive respiratory support, even though severity of illness decreased.

Our studies were mainly dependent on the data available for analysis. We used large datasets of patients with a considerable representation of the healthcare system. However, most of our results identify associations between variables of interest and outcomes. Hence, one should not make causality conclusions upon the information provided. Additional data should also be included and monitored since, for instance, the behavior of the healthcare system, outcomes, and resources changes over time and along with the strain/stress context.

Although extensive, the results obtained in each of the research studies can be explored in future research. We list a few potential research studies following the current findings:

- Benchmarking ICU (or hospitals) outcomes for COVID-19 patients: Applying traditional benchmarking methods in COVID-19 pandemic data is challenging since risk adjustment may not be reliable. Also, data from resources may not be available due to urgent actions of resource allocation. Therefore, future studies should explore reliable metrics of COVID-19 outcomes, and new methodologies to compare units with respect to the treatment of those patients.
- Risk-adjustment for COVID-19 patients: Following the challenges on benchmarking units with COVID-19 patents, risk-adjustment should be improved. For instance, traditional severity of illness scores such as the SAPS-3 and APACHE are not well-suitable for indicating mortality risks in COVID-19 patients.
- Following the benchmarking approach, understanding practices associated with good patient outcomes is also essential in identifying targets for improvement in the unit's organizational aspects. We suggest futures studies to address organizational factors and understanding what practices were associated with better outcomes for COVID-19 patients

- The previously mentioned studies can also be extended to other diagnosis, in the ICU or hospital contexts. We encourage those models and methods to be applied for improving benchmarking and assisting the healthcare processes. Future studies can also evaluate the impact of COVID-19 admissions in other diagnosis in terms of outcomes and resources.

10 Publications

Author's h-index by Scopus (September, 2021) = 6

Articles published in this thesis

Article	Impact factor	SCOPUS's percentile	CAPES Qualis
BASTOS, L.S.L. et al. Structure and process associated with the efficiency of intensive care units in low-resource settings: An analysis of the CHECKLIST-ICU trial database. Journal of Critical Care , v. 59, p. 118–123, out. 2020.	3.425 (2020)	88	A1
RANZANI, O.T., BASTOS, L.S.L. et al. Characterisation of the first 250 000 hospital admissions for COVID-19 in Brazil: a retrospective analysis of nationwide data. The Lancet Respiratory Medicine , v. 9, n. 4, p. 407–418, abr. 2021.	30.700 (2020)	99	A1
BASTOS, L.S.L., RANZANI, O.T. et al. COVID-19 hospital admissions: Brazil's first and second waves compared. The Lancet Respiratory Medicine , v. 9, n. 8, p. e82–e83, ago. 2021.	30.700 (2020)	99	A1
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Article	Impact factor	SCOPUS's percentile	CAPES Qualis
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KURTZ, P., BASTOS, L.S.L., et al. SAPS-3 performance for hospital mortality prediction in 30,571 patients with COVID-19 admitted to ICUs in Brazil. Intensive Care Medicine , 10 jul. 2021a.	17.440 (2020)	98	A1

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12 Appendix

12.1

Appendix A1

12.1.1

Appendix A1.1 - Calibration of SAPS-3 curves and the Standardized Mortality Ratio (SMR)

We measured mortality using the standardized mortality ratio (SMR), which assessed the observed-to-expected ratio of the mortality outcome for each ICU. The expected mortality was estimated using the standard SAPS-3 prognostic model equation (METNITZ et al., 2005).

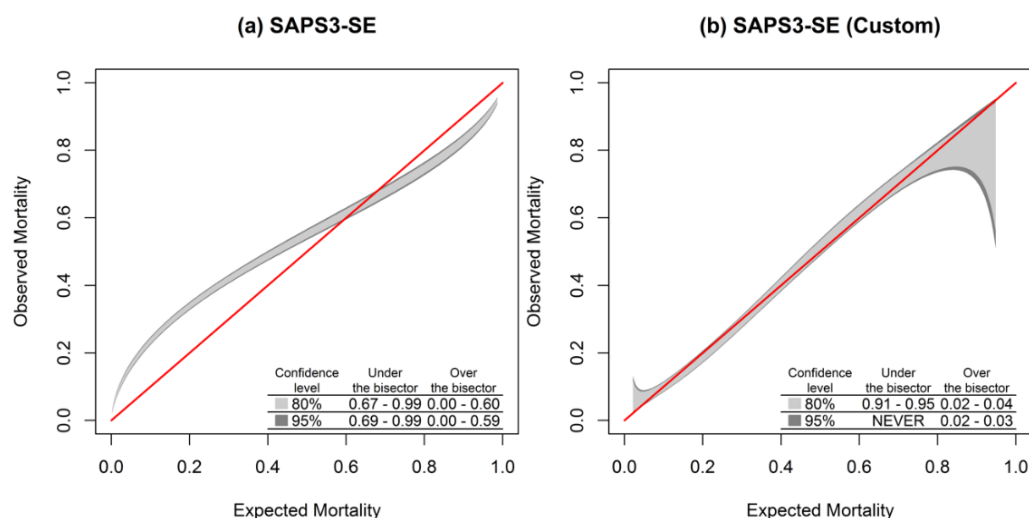
To evaluate the calibration of the SAPS-3 risk curve to the CHECKLIST-ICU sample, we used the calibration belt method (NATTINO et al., 2017a). This method consists of fitting a function to relate the expected and observed mortality using an estimated curve and confidence intervals instead of discrete deciles comparison. Hence, the calibration plots are provided with confidence bands (“belts”), and the uncertainty around the model’s estimation can be used to define possible under- or overestimation that may impact the mortality indicator or if the model follows the bisector line (estimated = observed).

In our sample, the SAPS-3 standard equation did not provide a good calibration (**Figure A11.1-a**). It provided underestimates of mortality for low-risk patients (low observed mortality) and overestimates for high-risk patients, being the median SMR 1.23 (IQR, 0.85 to 1.65) using those estimates.

To diminish this effect, we performed first-level customization of the standard equation and observed an improvement in the model’s calibration (**Figure A11.1-b**). The first-level customization consists in reestimating the coefficients from the reference equation using its probability values as a predictor in a new logistic regression with the outcomes from the study sample as the response. The confidence bands presented a small deviation to the bisector only for extreme values of severities. With the customization, the SMR distribution had median 1.01 (IQR, 0.71 to 1.25).

The model and calibration plots were fitted to the data using the *givitiR* (NATTINO et al., 2017b) package for R.

Figure A12.1 - Calibration belts for evaluating the calibration of SAPS-3 standard equation



12.1.2

Appendix A1.2 - Standardized Resource Use (SRU) calculation

We measured the resource utilization using the Standardized Resource Use (SRU), an observed-to-expected ratio. We followed the proposal of Rothen et al. (ROTHEN et al., 2007) and considered the ICU length-of-stay (ICU-LOS) as a surrogate measure of resource use. The authors used the SAPS-3 sample and obtained an average ICU-LOS per surviving patients for each decile of SAPS-3 as an “risk-adjusted use of resources”, which is a common reference for calculating SRU.

However, in our study the CHECKLIST-ICU sample did not show a good “calibration” of the expected values (**Table A11.1**).

Table A12.1 - Comparison of average ICU length-of-stay per survivor patient and SAPS-3 deciles to calculate SRU

SAPS-3 Decile	Rothen et al. 2007		CHECKLIST-ICU	
	Surviving patients	ICU-LOS per survivor	Surviving patients	ICU-LOS per survivor
[16-24]	517	2.3	467	5.9
(24-34]	2494	3.2	1476	7.8
(34-44]	3930	4.3	2241	9.9
(44-54]	3284	7.2	2220	14.1
(54-64]	2125	11	1436	20.9
(64-74]	968	16.6	762	29.0
(74-84]	358	22.2	328	42.4
(84-94]	102	29.4	132	45.0
(94-137]	31	39	50	63.5

ICU-LOS – Length-of-Stay in the Intensive Care Unit

We observed that, in overall, the values from Rothen et al. underestimate the average LOS, then, comparatively, the CHECKLIST-ICU patients stayed longer in ICUs. Using those expected values, the SRU distribution has a median of 1.86 (IQR, 1.46 to 2.70).

To mitigate those effects, we considered the expected average ICU-LOS per survivor from the CHECKLIST-ICU sample itself. We used the sample SAPS-3 stratification from Rothen et al. to keep the same conditions from this study. SRU distribution had median 0.93 (IQR, 0.74 to 1.34). Although, it may not provide external validation, the those expected values can provide a fair “calibration” to the sample. We remind that there has not been a reference equation for prediction LOS given a severity measure as the one used for mortality in SMR. Hence, first or second customization approaches could not be applied.

12.1.3

Appendix A1.3 - List of Intensive care units

We calculated the standardized mortality ratio (SMR) and the standardized resource use (SMR), which composed the efficiency matrix in Table 1 (Manuscript). We provide the values of those indicators for each intensive care unit and its corresponding efficiency group classification in **Table A11.2** The median SMR was 1.01 and the median SRU was 0.93. Units with both SMR and SRU lower than their respective medians were classified as efficient. The remaining units were considered non-efficient.

Table A12.2 - List of intensive care units and their performance indicators

3	SMR	SRU	Efficiency Group	ICU	SMR	SRU	Efficiency Group	ICU	SMR	SRU	Efficiency Group
1	1.42	0.93	Non-efficient	41	1.19	1.26	Non-efficient	81	1.59	1.55	Non-efficient
2	1.39	1.20	Non-efficient	42	1.36	2.07	Non-efficient	82	1.07	1.27	Non-efficient
3	1.52	1.30	Non-efficient	43	1.42	2.24	Non-efficient	83	1.73	1.48	Non-efficient
4	1.06	1.26	Non-efficient	44	0.61	1.19	Non-efficient	84	1.59	1.85	Non-efficient
5	0.74	0.93	Efficient	45	0.75	0.76	Efficient	85	0.74	0.80	Efficient
6	1.19	1.46	Non-efficient	46	0.63	0.74	Efficient	86	1.12	0.93	Non-efficient
7	0.93	0.65	Efficient	47	0.62	0.44	Efficient	87	1.21	0.90	Non-efficient
8	1.05	0.80	Non-efficient	48	1.24	1.29	Non-efficient	88	0.66	0.79	Efficient
9	0.53	0.74	Efficient	49	0.97	1.04	Non-efficient	89	0.85	0.72	Efficient
10	1.02	1.27	Non-efficient	50	0.43	0.57	Efficient	90	0.66	0.47	Efficient
11	0.68	0.61	Efficient	51	1.42	2.14	Non-efficient	91	0.78	0.80	Efficient
12	0.68	0.78	Efficient	52	1.52	1.70	Non-efficient	92	0.65	0.69	Efficient
13	1.49	1.35	Non-efficient	53	0.91	0.71	Efficient	93	1.22	1.19	Non-efficient
14	1.64	2.08	Non-efficient	54	0.64	0.87	Efficient	94	0.83	1.19	Non-efficient
15	1.11	1.09	Non-efficient	55	0.62	0.74	Efficient	95	0.13	0.49	Efficient
16	1.07	0.84	Non-efficient	56	0.74	0.82	Efficient	96	0.57	0.78	Efficient
17	1.22	1.57	Non-efficient	57	1.27	1.83	Non-efficient	97	0.54	0.78	Efficient
18	0.93	1.09	Non-efficient	58	1.00	1.14	Non-efficient	98	1.56	1.51	Non-efficient
19	2.08	2.61	Non-efficient	59	0.43	0.47	Efficient	99	0.53	0.49	Efficient
20	0.88	1.03	Non-efficient	60	0.95	0.71	Efficient	100	1.26	1.40	Non-efficient
21	1.22	1.28	Non-efficient	61	0.70	0.67	Efficient	101	0.73	0.91	Efficient
22	0.88	1.09	Non-efficient	62	1.29	0.87	Non-efficient	102	0.84	0.93	Non-efficient
23	1.84	2.05	Non-efficient	63	0.72	0.94	Non-efficient	103	0.53	1.01	Non-efficient
24	1.10	1.35	Non-efficient	64	0.56	0.46	Efficient	104	1.11	1.56	Non-efficient
25	1.22	0.90	Non-efficient	65	0.70	0.69	Efficient	105	0.44	0.41	Efficient
26	0.91	0.69	Efficient	66	1.03	0.94	Non-efficient	106	1.01	0.61	Efficient
27	0.63	0.61	Efficient	67	0.83	0.80	Efficient	107	0.81	0.58	Efficient
28	0.61	0.68	Efficient	68	1.02	0.87	Non-efficient	108	0.48	0.53	Efficient
29	1.04	1.10	Non-efficient	69	1.29	2.32	Non-efficient	109	1.50	1.82	Non-efficient
30	1.44	1.30	Non-efficient	70	2.03	1.74	Non-efficient	110	0.90	0.72	Efficient
31	1.43	1.39	Non-efficient	71	1.07	1.39	Non-efficient	111	1.50	1.05	Non-efficient
32	1.12	0.64	Non-efficient	72	0.92	1.85	Non-efficient	112	1.24	1.22	Non-efficient
33	1.09	1.23	Non-efficient	73	0.89	0.84	Efficient	113	1.14	0.93	Non-efficient
34	0.93	0.67	Efficient	74	1.19	1.39	Non-efficient	114	0.85	0.63	Efficient
35	0.66	1.09	Non-efficient	75	1.33	1.03	Non-efficient	115	1.66	0.73	Non-efficient
36	0.52	0.83	Efficient	76	0.77	0.82	Efficient	116	1.19	0.79	Non-efficient
37	0.65	0.89	Efficient	77	1.29	1.50	Non-efficient	117	1.36	2.24	Non-efficient
38	0.55	0.76	Efficient	78	1.53	1.39	Non-efficient	118	1.26	0.68	Non-efficient
39	1.09	1.72	Non-efficient	79	0.96	0.84	Efficient				
40	1.17	1.43	Non-efficient	80	0.70	0.77	Efficient				

SMR: Standardized Mortality Ratio

SRU: Standardized Resource Use

12.1.4

Appendix A1.4 - Organizational characteristics

Our study considered 63 characteristics of structure and process collected in the CHECKLIST-ICU trial. We provide the frequency of positive responses from ICUs for each characteristic. Fisher's exact test was considered due to the sample size (118 total possible positive responses) and provided the odds ratio and its respective 95% Confidence Intervals. Results are shown in **Table A11.3**.

Table A12.3 - Descriptive statistics and univariate analysis of structure and process characteristics

Structure and process	Efficient n = 47 (%)	Non-Efficient n = 71 (%)	OR (95% CI)	p
(Care protocols) "Does the unit have/perform:"				
Sepsis protocol	27 (57)	31 (44)	1.73 (0.78 - 3.93)	0.19
Sedation protocol	25 (53)	33 (46)	1.31 (0.59 - 2.93)	0.57
Analgesia protocol	19 (40)	29 (41)	0.98 (0.43 - 2.22)	1.00
Ventilator Weaning protocol	34 (72)	46 (65)	1.42 (0.6 - 3.48)	0.43
Ventilator-Associated Pneumonia (VAP) prevention protocol	35 (74)	44 (62)	1.78 (0.74 - 4.44)	0.17
Prevention of Central-Line Associated Bloodstream infection (CLABSI)	32 (68)	42 (59)	1.47 (0.64 - 3.47)	0.34
(Physical infrastructure) "Does the unit offer:"				
Adult, Pediatric or Neonatal ICUs	40 (85)	58 (82)	1.28 (0.43 - 4.14)	0.80
Privacy (curtain between beds)	45 (96)	63 (89)	2.83 (0.53 - 28.65)	0.31
Insulation bed	43 (91)	66 (93)	0.82 (0.17 - 4.35)	1.00
(Human resources) "Does the unit have:"				
Responsible technician with an intensive care specialist title*	-	-	-	-
Nursing coordinator is a specialist during intensive care*	-	-	-	-
Physiotherapist coordinator is a specialist during intensive care*	-	-	-	-
Routine physician per 10 beds or fraction in every shift in the morning/evening	45 (96)	66 (93)	1.7 (0.26 - 18.55)	0.70
Exclusive routine physician per 10 beds or fraction during every shift	43 (91)	70 (99)	0.16 (0 - 1.64)	<u>0.08</u>
Exclusive nurse per 10 beds or fraction during every shift	-	-	-	-
Exclusive physiotherapist per 10 beds or fraction during every shift	46 (98)	69 (97)	1.33 (0.07 - 80.31)	1.00
Exclusive nursing technician per 10 beds or fraction during every shift	41 (87)	66 (93)	0.52 (0.12 - 2.19)	0.34
Exclusive administrative assistant	37 (79)	57 (80)	0.91 (0.33 - 2.55)	1.00
(Healthcare resources) "Does the unit provide:"				
Nutritional Assistance (with enteral and parenteral nutrition)	-	-	-	-
Nephrologic Assistance (with hemodialysis)	45 (96)	69 (97)	0.65 (0.05 - 9.33)	1.00
Hemotherapeutic Assistance	-	-	-	-
Infectology Clinical Assistance	45 (96)	64 (90)	2.44 (0.44 - 25.18)	0.31
General Surgery Assistance	-	-	-	-
Clinical Laboratory service (including microbiology and hemogasometry)	-	-	-	-
Mobile Radiography service	-	-	-	-

Portable Ultrasonography service	42 (89)	64 (90)	0.92 (0.23 - 3.93)	1.00
Digestive Endoscopy (upper and lower) service	44 (94)	65 (92)	1.35 (0.27 - 8.78)	1.00
Fiberoptic bronchoscopy service	38 (81)	51 (72)	1.65 (0.63 - 4.6)	0.29
Surgical Center	46 (98)	70 (99)	0.66 (0.01 - 52.67)	1.00
Echocardiography service	45 (96)	67 (94)	1.34 (0.18 - 15.41)	1.00
Cardiovascular Surgery	35 (74)	44 (62)	1.78 (0.74 - 4.44)	0.17
Neurologic Surgery	37 (79)	59 (83)	0.75 (0.27 - 2.16)	0.63
Interventional Radiology	32 (68)	47 (66)	1.09 (0.46 - 2.6)	1.00
Computer Tomography	43 (91)	67 (94)	0.64 (0.11 - 3.65)	0.71
Confirmatory tests for brain blood flow	34 (72)	49 (69)	1.17 (0.49 - 2.91)	0.84
(Family policies) "Does the unit provide/permit:"				
Orientation to relatives (at least once a day)	-	-	-	-
Visits of at least 30min	-	-	-	-
(Transport of patients) "Does the unit provide:"				
Physician and nurse assistance in transportation of severe patients	44 (94)	62 (87)	2.12 (0.49 - 12.84)	0.36
Transportation of patient with adequate equipment	32 (68)	60 (85)	0.39 (0.14 - 1.04)	<u>0.04</u>
(Risk management) "Does the unit have:"				
Adverse events recording routine	32 (68)	37 (52)	1.95 (0.85 - 4.59)	<u>0.09</u>
Presence of a person responsible to manage adverse events	26 (55)	34 (48)	1.34 (0.6 - 3.02)	0.46
(Prevention of Healthcare-related infections) "Does the unit/Hospital Infection Control Committee:"				
Research on infections related to invasive devices and multi-resistance for clinical epidemiology	46 (98)	64 (90)	4.98 (0.61 - 231.35)	<u>0.14</u>
Report results from infection surveillance	40 (85)	53 (75)	1.93 (0.69 - 6.02)	0.25
Provide hand cleaning preparation at the unit	46 (98)	68 (96)	2.02 (0.16 - 108.76)	1.00
(Quality-of-care metrics) "Does the unit evaluate:"				
Absolute mortality rate	42 (89)	56 (79)	2.24 (0.7 - 8.5)	0.21
Expected Mortality rate estimation from severity scores	30 (64)	36 (51)	1.71 (0.76 - 3.93)	0.19
Average ICU Length of Stay (LOS)	41 (87)	57 (80)	1.67 (0.55 - 5.77)	0.45
24-hour readmission rate	28 (60)	30 (42)	2 (0.89 - 4.57)	<u>0.09</u>
Ventilator-Associated Pneumonia (VAP) incidence density	43 (91)	48 (68)	5.09 (1.56 - 21.86)	<u>0.003</u>
Mechanical Ventilation (MV) utilization rate	40 (85)	44 (62)	3.47 (1.29 - 10.51)	<u>0.01</u>
Central-Line Associated Bloodstream rate (CLABSI) incidence density	42 (89)	51 (72)	3.26 (1.07 - 12.09)	<u>0.02</u>
Central venous catheter (CVC) utilization rate	41 (87)	42 (59)	4.66 (1.67 - 15.2)	<u>0.001</u>
Urinary Tract Infection (UTI) incidence density	40 (85)	48 (68)	2.72 (1 - 8.3)	<u>0.05</u>
(Equipment) "Does the unit have:"				
Manual resuscitator with reservatory and facial mask	43 (91)	62 (87)	1.55 (0.4 - 7.36)	0.56
Infusion pump (4.3 per bed)	-	-	-	-
Multiparameter monitoring	-	-	-	-
"Cuffometer"	41 (87)	54 (76)	2.14 (0.72 - 7.23)	0.16
Mechanical Ventilator (one unit for each two beds)	45 (96)	70 (99)	0.32 (0.01 - 6.4)	0.56
Non-invasive mechanical ventilator (one for each ten beds)	43 (91)	61 (86)	1.75 (0.47 - 8.17)	0.40
Portable Electrocardiogram (one for each ten beds)	43 (91)	67 (94)	0.64 (0.11 - 3.65)	0.71
Defibrillator/cardioverter kit (one for each five beds or fraction)	39 (83)	54 (76)	1.53 (0.56 - 4.53)	0.49
Temporary cardiac pacemaker, electrodes and generator (one equipment for each ten beds)	45 (96)	63 (89)	2.83 (0.53 - 28.65)	0.31

Refrigerator with temperature control	41 (87)	67 (94)	0.41 (0.08 - 1.85)	0.19
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OR (95% CI): Odds ratio (95% confidence interval)

“ – ”: Odds ratio and 95% CI not available since proportion is 100% in both groups

*Not applicable to all units

Underscored: selected variables for the analysis

For this analysis, we evaluated only the items applicable to all the units and in which there was at least one positive response. Hence, from 63 organizational characteristics, 50 were eligible, and 10 were selected for the multivariable analysis.

12.1.5

Appendix A1.5 - Adaptive elastic-net hyperparameter estimation and confidence intervals

Regularization consists of adding a penalization parameter to the conventional regression coefficients, improving the prediction accuracy, including a large number of predictors, even when the number of variables is higher than the sample size, and manages multicollinearity since it can group the correlated variables (BARRETT; LOCKHART, 2019; HASTIE; TIBSHIRANI; FRIEDMAN, 2009).

The adaptive elastic-net regularization (AENet) method is a regularization method based on the elastic-net regularization in which L1 and L2 norm penalties are added to estimates/coefficients to reduce their variance with the application of bias. However, to diminish the bias, AENet considers adaptive weights to coefficients and, therefore, can provide the oracle properties of its estimator (ZOU; ZHANG, 2009). Therefore, we chose to perform a multivariable analysis using the AENET model. We used the *msaenet* (XIAO; XU, 2015) and *glmnet* (FRIEDMAN; HASTIE; TIBSHIRANI, 2010) R packages to fit the AENet to the logistic regression.

The AENet estimator is:

$$\hat{\beta}(AENet) = \left(1 + \frac{\lambda_2}{n}\right) \{argmin_{\beta} \|\mathbf{y} - \mathbf{X}\beta\|_2^2 + \lambda_2 \|\beta\|_2^2 + \lambda_1 \sum_{j=1}^p \hat{w}_j |\beta_j|\} \quad (1),$$

in which:

$\hat{\beta}(AENet)$: the vector of the estimated coefficients

λ_1 and λ_2 : penalty factors for the L1 and L2 norms, respectively

\hat{w}_j : adaptive weights, defined as $\hat{w}_j = (|\hat{\beta}(ENet)|)^{-\gamma}$, which consists of the scaled coefficients from an elastic-net or ridge regularization initially fitted to the data, where γ is the scaling factor;

\mathbf{y} : vector of the response values ($n \times 1$)

X: matrix of the predictor values ($n \times p$)

One approach derived from the elastic-net (ZOU; HASTIE, 2005) is to combine λ_1 and λ_2 into one hyperparameter $\alpha = \frac{\lambda_2}{\lambda_1 + \lambda_2}$, providing $(1 - \alpha)\|\beta\|_2^2 + \alpha\|\beta\|_1$ and $\lambda_2 = \lambda$. Hence, if $\alpha \rightarrow 0$, the model converges to have only the L2 norm, called the Ridge regression, whereas if $\alpha \rightarrow 1$, the L1 norm is evident, called LASSO. In our study, we considered this transformation, since it is the default implementation in the *msaenet* (XIAO; XU, 2015) and *glmnet* (FRIEDMAN; HASTIE; TIBSHIRANI, 2010) packages.

Following the method's procedure, we considered the ridge regularization estimates as the initial coefficients since all variables would have initial weights for AENet. We then estimated three hyperparameters: the penalty λ , α , and γ .

To estimate the scaling factor, we followed the definition of a fixed γ provided by Zou and Hang (ZOU; ZHANG, 2009): $\gamma = \left\lceil \frac{2v}{1-v} \right\rceil + 1$, where $\lim_{n \rightarrow \infty} \frac{\ln(p)}{\ln(n)} = v$ when $n > p$, where n is the number of observations and p is the number of variables. In our study, for the multivariable analysis, there were 10 variables (organizational characteristics) and 118 observations, which resulted in $v \cong 0.4826$ and therefore $\gamma = 3$.

The hyperparameters λ and α were then estimated using a 10-fold cross-validation and testing the combination of sequences for $\gamma = 3$. For λ , we considered the default sequence generated in the *glmnet* package, which is estimated using the data matrix; for α , we assessed the range from 0.01 to 0.99. The final values were those that provided the minimum cross-validation classification error: $\lambda = 3969.911$ and $\alpha = 0.01$. A summary of the hyperparameter estimation is shown in **Table A11.4**.

Table A12.4 - Intervals and final results of the AENet hyperparameter estimation

Hyperparameter	Definition/tested interval	Best values
γ	$\gamma = \left\lceil \frac{2v}{1-v} \right\rceil + 1$	3
λ	Default <i>glmnet</i> package lambda sequence	3969.911
α	[0.01, 0.99]	0.01

We applied the AENet regularization in the multivariable logistic regression and obtained the estimates as odds ratios (OR) for each variable. Due to the selection feature

of the model provided by the L1 norm as $\alpha > 0$, some variables had $OR = 1.00$ ($\log(OR) = 0$), which means that the coefficients for those variables was shrunk.

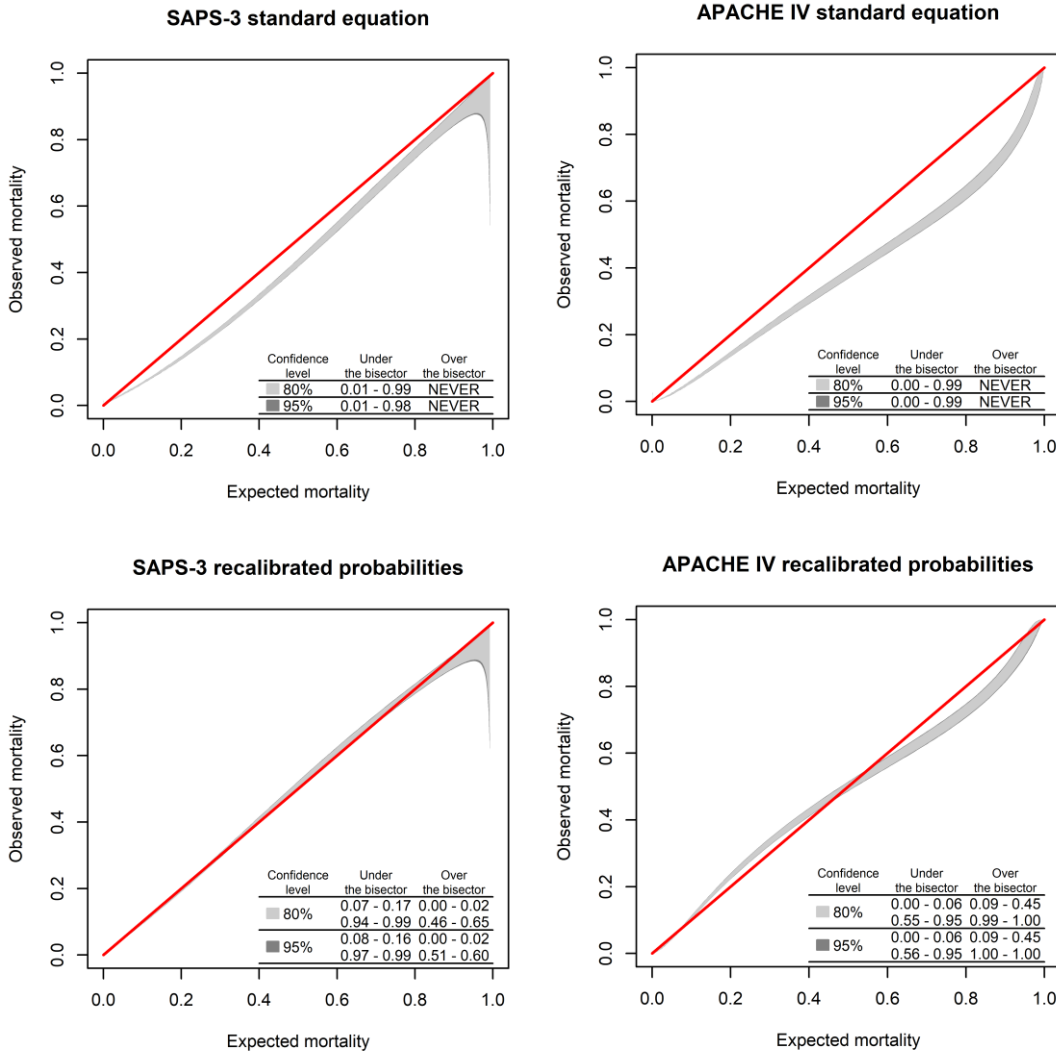
For the same model (fixed values of hyperparameters), we generated basic bootstrap confidence intervals after 10,000 resamples. The lower and upper confidence limits were estimated as $(2\hat{\beta}(AENet) - \beta^{Boot}_{.975}, 2\hat{\beta}(AENet) - \beta^{Boot}_{.025})$, where $\hat{\beta}(AENet)$ are the estimated coefficients from the AENet logistic regression model. $\beta^{Boot}_{.025}$ and $\beta^{Boot}_{.975}$ are the percentiles 2.5 and 97.5, respectively, from the bootstrapped distribution of the coefficients.

As Ridge, LASSO, or Elastic Net estimators are naturally biased their confidence intervals would be imprecise. The literature has shown statistical bias corrections and confidence intervals based both in bootstrapping/resampling procedures or asymptotic tests for penalized regressions, especially LASSO (CHATTERJEE; LAHIRI, 2011; LOCKHART et al., 2014). However, as far as the authors know, there are no such procedures for the ANET, and its estimator has oracle properties. Also, bootstrapping is a non-parametric simulation method that does not rely on strict assumptions for the coefficients' distribution during inference (i.e., assuming normality or t-student) (CARPENTER; BITHELL, 2000). Hence, we provide bootstrapped confidence intervals for AENET. We are aware of the limitations when using bootstrapping, and that new assumptions on AENET coefficients can change the estimated intervals.

For reproducibility of those results, our random number generator's seed was $2^{31}-1$ (2147483647)

12.2
Appendix A2

12.2.1
Appendix A2.1 - Calibration of SAPS-3 and APACHE-IV mortality risk models



12.2.2

Appendix A2.2 - Average length of stay for each SAPS-3 and APACHE-IV decile

Decile	Probability Range*	Brazil (SAPS-3)				The Netherlands (APACHE-IV)			
		Number of ICU patients		ICU LOS (days)		Number of ICU patients		ICU LOS (days)	
		Total	Survivors	Total	Per survivor	Total	Survivors	Total	Per survivor
1	[0.0, 0.1]	172,186	166,297	568,902	3.4	106,858	103,879	326,279	3.1
2]0.1, 0.2]	48,840	41,980	278,053	6.6	22,449	18,805	128,637	6.8
3]0.2, 0.3]	20,790	15,763	146,068	9.3	10,467	7,536	72,230	9.6
4]0.3, 0.4]	13,502	8,922	110,661	12.4	6,657	4,077	49,518	12.1
5]0.4, 0.5]	8,665	4,672	80,900	17.3	4,663	2,549	34,242	13.4
6]0.5, 0.6]	5,968	2,614	58,461	22.4	3,813	1,736	28,102	16.2
7]0.6, 0.7]	4,940	1,679	47,833	28.5	3,215	1,284	23,975	18.7
8]0.7, 0.8]	3,627	920	35,339	38.4	2,745	921	18,429	20.0
9]0.8, 0.9]	2,932	481	26,498	55.1	2,178	469	12,922	27.6
10]0.9, 1.0]	853	77	5,367	69.7	1,354	120	6,247	52.1

*Probabilities were estimated using recalibrated models from SAPS-3 (Brazil) and APACHE-IV (The Netherlands) units

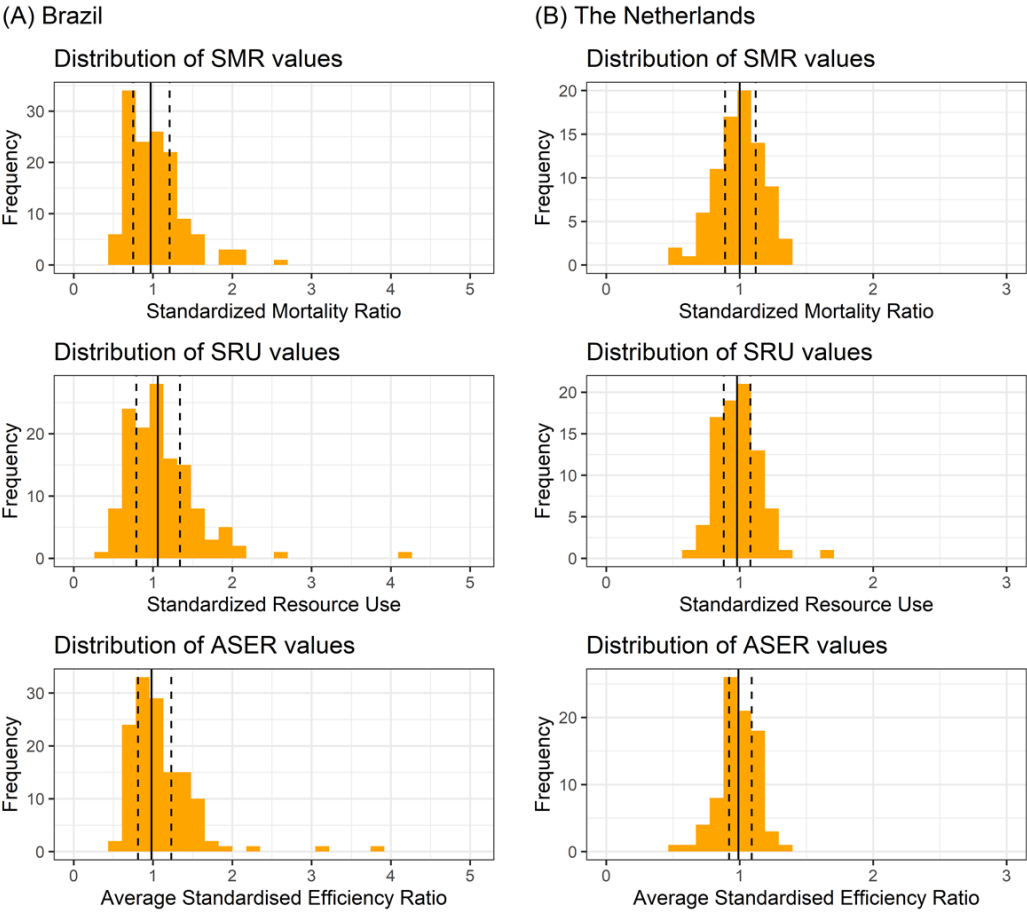
12.2.3

Appendix A2.3 - Distribution of performance metrics (SMR, SRU and ASER) per units stratified by efficiency groups

Metrics	Overall	Most Efficient	Underachieving	Overachieving	Least Efficient
Brazil					
No. Of ICUs	134	47 (35%)	20 (15%)	20 (15%)	47 (35%)
SMR					
Median (IQR)	0.97 (0.75, 1.21)	0.72 (0.67, 0.84)	1.06 (1.01, 1.22)	0.80 (0.74, 0.86)	1.25 (1.16, 1.47)
Mean (SD)	1.03 (0.36)	0.75 (0.12)	1.12 (0.14)	0.79 (0.11)	1.37 (0.34)
SRU					
Median (IQR)	1.06 (0.79, 1.34)	0.75 (0.66, 0.90)	0.86 (0.78, 0.96)	1.22 (1.10, 1.38)	1.41 (1.21, 1.67)
Mean (SD)	1.15 (0.58)	0.77 (0.16)	0.85 (0.14)	1.27 (0.21)	1.60 (0.74)
ASER					
Median (IQR)	0.98 (0.81, 1.23)	0.78 (0.70, 0.82)	0.98 (0.93, 1.02)	0.99 (0.95, 1.12)	1.39 (1.18, 1.55)
Mean (SD)	1.09 (0.44)	0.76 (0.10)	0.98 (0.12)	1.03 (0.13)	1.48 (0.50)
The Netherlands					
No. Of ICUs	83	25 (30%)	17 (20.5%)	17 (20.5%)	24 (29%)
SMR					
Median (IQR)	1 (0.89, 1.12)	0.86 (0.79, 0.95)	1.14 (1.12, 1.27)	0.89 (0.84, 0.92)	1.08 (1.05, 1.15)
Mean (SD)	1 (0.18)	0.85 (0.13)	1.19 (0.09)	0.87 (0.09)	1.11 (0.08)
SRU					
Median (IQR)	0.98 (0.88, 1.08)	0.87 (0.79, 0.92)	0.9 (0.85, 0.94)	1.07 (1.02, 1.08)	1.12 (1.04, 1.17)
Mean (SD)	0.99 (0.16)	0.85 (0.1)	0.89 (0.07)	1.07 (0.08)	1.14 (0.14)
ASER					
Median (IQR)	0.99 (0.92, 1.09)	0.87 (0.78, 0.92)	1.03 (0.99, 1.08)	0.97 (0.95, 1)	1.11 (1.07, 1.17)
Mean (SD)	0.99 (0.14)	0.85 (0.11)	1.04 (0.07)	0.97 (0.06)	1.12 (0.08)

ASER: Average Standardized Efficiency Ratio; ICU: Intensive Care Unit; IQR: Interquartile range; SD: Standard Deviation; SMR: Standardized Mortality Ratio; SRU: Standardized Resource USE

12.2.4
Appendix A2.4 - Distribution of SMR, SRU and ASER values per country



12.3

Appendix A4

12.3.1

Appendix A4.1 – Data Coverage, data sources and variables

Table A12.5 - Database coverage in terms of Brazilian municipalities and population

	Brazil	North	Northeast	Central-West	Southeast	South
Municipality coverage						
Municipalities	5,570	450	1,794	467	1,668	1,191
Municipalities with COVID-19 case	5,506 (98.9%)	450 (100%)	1787 (99.6%)	462 (98.9%)	1,637 (98.1%)	1,170 (98.2%)
Municipalities with at least 1 hospitalised patient in SIVEP-Gripe	4407/5506 (80%)	369/450 (82%)	1378/1787 (77%)	368/462 (80%)	1347/1637 (82%)	945/1170 (81%)
Population coverage						
Total population	211,755,692	18,672,591	57,374,243	16,504,303	89,012,240	30,192,315
Total population from municipalities that reported 1 adult hospitalised case in SIVEP-Gripe	203,250,793 (96%)	17,934,414 (96%)	53,253,926 (93%)	15,933,545 (97%)	87,072,377 (98%)	29,056,531 (96%)

Brazilian population based on the 2020 projections.

Table A12.6 - Description of the data sources used in this study

Data	Source	Source address	Version	Date exported
COVID-19 hospitalized cases	Influenza Epidemiological Surveillance Information System, "SIVEP-Gripe"	<i>OpenDataSUS</i> repository: https://opendatasus.saude.gov.br/dataset/bd-srag-2020	12/10/2020	14/10/2020
		Direct link for data of 12/10/2020: https://s3-sa-east-1.amazonaws.com/ckan.saude.gov.br/SRAG/2020/INFLUD-12-10-2020.csv		
COVID-19 cases and deaths by municipalities	State health departments ("SES"); Extracted and validated by brasil.io	https://brasil.io/dataset/covid19/caso_full/	20/10/2020	20/10/2020
Brazilian population dataset	Brazilian Institute of Geography and Statistics, "IBGE"	Official IBGE website: https://www.ibge.gov.br/home/	06/04/2020	13/08/2020
		Direct link for population projection: ftp://ftp.ibge.gov.br/Projecao_da_Populacao/Projecao_da_Populacao_2018/projecoes_2018_populacao_2010_2060_20200406.xls		
Hospital and ICU beds	National Registry of Health Establishments, "CNES"	Official CNES website: http://cnes.datasus.gov.br/	11/03/2020	13/08/2020
		Direct link for data: ftp://ftp.datasus.gov.br/cnes/BASE_DE_DADOS_CNES_202002.ZIP		

COVID-19: Disease caused by the SARS-CoV-2 virus

Table A 12.7 - Detailed description of variables used in the study

Original variable name	Variable	Original coding	Collected from	Coding for this study	Comments
CS_SEXO	Sex	3 levels	National ID	Recoded to 2 levels. The Ignored level was considered as missing	
NU_IDADE_N & TP_IDADE	Age	Integer	Derived from difference between birth date and first symptoms date	Recoded to 6 levels	
CS_RACA	Self-reported race or skin colour	6 levels	Self-reported	Recoded to 4 levels: combined Black and Brown; kept White, Asian and Indigenous. The Ignored level was considered as missing	Self-reported race or skin colour is an important surrogate for socioeconomic position, social inequality, social capital and structural racism in Brazil. We referred to as "self-reported race" ^a
CS_ESCOL_N	Level of Education	7 levels	Self-reported	Recoded to 4 levels. Collapsing the categories of intermediate levels of education in "Up to high school" (included middle and elementary school). The Ignored level was considered as missing	Recoded to avoid sparse data
SG_UF_INTE	Region	27 levels	State of hospital admission	Recoded to 5 levels according to the official 5 geopolitical regions of Brazil.	
UTI	ICU admission	3 levels	Clinical record	Recoded to 2 levels. The Ignored level was considered as missing	
SUPPORT_VEN	Respiratory support	4 levels	Clinical record	Recoded to 3 levels. The Ignored level was considered as missing	
FEBRE, TOSSE, GARGANTA, DISPNEIA, DESC_RESP, SATURACAO,	Symptoms	3 levels	Clinical record/Self-reported	Recoded to 2 levels. The Ignored level was considered as missing	

DIARREIA, VOMITO, OUTRO_SIN					
CARDIOPATI, HEMATOLOGI, HEPATICA, DIABETES, NEUROLOGIC, PNEUMOPATI, RENAL, OBESIDADE, IMUNODEPRE, ASMA, SIND_DOWN, PUERPERA, OUT_MORB	Comorbidities	3 levels	Clinical record/Self-reported	Recoded to 3 levels. Missing and ignored levels were considered as no comorbidity	
DT_NOTIFIC, DT_SIN_PRI, DT_INTERNA, DT_ENTUTI, DT_SAIDUTI, DT_EVOLUCA	Dates	Not applicable	User entered / notification system	We checked dates and corrected those typos in YYYY and/or clear mistakes	
EVOLUCAO (Outcome)	In-hospital mortality	4 levels	Clinical record/follow-up	Recoded to 2 levels (Death/Discharge). Deaths grouped as all-cause in-hospital mortality. Missing and ignored levels were considered as missing and not use in the main analysis.	
Not applicable	ICU mortality	Not applicable	Derived	We derived ICU mortality for those patients who were admitted to the ICU and have available both ICU and hospital discharge dates. We considered ICU death when the patient died in the hospital and had the same date for ICU and hospital discharge.	
Not applicable	Any comorbidity	Not applicable	Derived	Derived variable by considering any comorbidity (Cardiovascular disease, Diabetes, Kidney disease, Obesity, Neurological disease, Chronic obstructive pulmonary disease, Immunodepression, Haematological disease, and Hepatic disease)	Selected by the literature of comorbidities associated with poor outcomes in COVID-19
Not applicable	Number of comorbidities	Not applicable	Derived	We added the nine comorbidities above for those patients without missing data in any of them in complete-case analysis	

Not applicable	SARI (severe acute respiratory infection)	Not applicable	Derived	Combination of symptoms: High fever (> 37.8°C) AND [Cough OR Sore Throat] AND [Respiratory distress OR Dyspnoea OR Oxygen saturation < 95%]	Original SARI definition also considers deaths outside hospitals. We derived SARI for those hospitalized.
Not applicable	SARI (severe acute respiratory infection) without fever criterion	Not applicable	Derived	Combination of symptoms: [Cough OR Sore Throat] AND [Respiratory distress OR Dyspnoea OR Oxygen saturation < 95%]	Adapted SARI definition for COVID-19 over the pandemic. We derived SARI for those hospitalized.
Not applicable	Time from onset of symptoms to Hospital admission, to ICU admission, and to death	Not applicable	Derived	We derived times from the date of the first symptoms to the date of hospital admission, ICU admission, and to death, when the dates are available. Times are in days. We censored the times in 30 days (percentile 95) and considered 0 days as missing.	
Not applicable	Length-of-stay in the Hospital and in the ICU	Not applicable	Derived	Length-of-stay were calculated in days using the reported dates of admission and discharge of hospital or the ICU.	
PCR_SARS2, PCR_RESUL, DS_PCR_OUT	RT-qPCR status for SARS-CoV-2	Not applicable	Derived	We corrected few patients that had positive RT-qPCR for SARS-CoV-2 but it was described as string in DS_PCR_OUT	Ministry of Health recommendation

^a Addressing racial inequalities in a pandemic: data limitations and a call for critical analyses. Pilecco FB, Leite L, Góes EF, Diele-Viegas LM, Aquino EML. Lancet Glob Health. 2020 Sep 15:S2214-109X(20)30360-0. /

The correlation between ancestry and color in two cities of Northeast Brazil with contrasting ethnic compositions. Magalhaes da Silva T, Sandhya Rani MR, de Oliveira Costa GN, et al. Eur J Hum Genet 2015; 23(7): 984-9.

12.3.2

Appendix A4.2 – Multiple imputation procedure and results

To conduct the multiple imputation, we used the database with a defined hospital outcome (n=232,036). We first investigated the patterns of missing variables. We explored whether missing values were conditioned on observed variables and the pattern suggested a missing at random (MAR) mechanism (Sterne JA, White IR, Carlin JB, et al. Multiple imputation for missing data in epidemiological and clinical research: potential and pitfalls. *BMJ* 2009; **338**: b2393) (eTables 4, 5, 6 and 7 and eFigure 1). We conducted multiple imputation by chained equations using the command *mi impute* in Stata 13.1 We followed the recommended steps to build the imputed model, including all variables of the interest, auxiliary variables (temporality: week of symptoms onset, regional: region/hospitalization in capitals, age) and the outcome. Below we show the imputation model specification and specifies the method used for each imputed variable. We generated 30 imputed datasets, following recent recommendations (Madley-Dowd P, et al. *J Clin Epidemiol.* 2019, 110:63-73) on and combined the results using Rubin's rule (Rubin DB. Multiple imputation for nonresponse in surveys. New York;: Wiley; 1987.). The distribution of the imputed variables before-and-after the imputation in on eTable 8. We also checked the convergence of values following the iterative process (10 iterations).

Variable	
Imputed variables	Sex, self-reported race, ICU admission, Respiratory support, Comorbidities (Cardiovascular disease, Diabetes, Kidney disease, Obesity, Neurological disease, Chronic obstructive pulmonary disease, Immunodepression, Haematological disease, and Hepatic disease), SARI, Oxygen saturation <95%, Dyspnoea, Respiratory distress and time from symptoms onset to hospital admission
Auxiliary variables	Region (factor), Age category (factor), Week of symptoms onset (factor), hospitalization in capitals (factor) and in-hospital mortality (factor)

Methods used to impute the five covariates

Variable	Method used for imputation	Command
Sex, ICU admission, Comorbidities, SARI, Oxygen saturation, Dyspnoea, Respiratory distress	Binary logistic regression	"logit"
Self-reported race, Respiratory support, Time from symptoms onset to hospital admission	Multinomial logistic regression	"mlogit"

Table A12.8 - Missingness pattern (proportion of missing values in assessed variables) on the population used in the main analysis (RT-qPCR confirmed) (n=232,036 with a defined hospital outcome)

	Brazil	North	Northeast	Central-West	Southeast	South
Variables, No. (%)	(n=232,036)	(n=13,496)	(n=45,238)	(n=17,012)	(n=131,556)	(n=24,734)
Covariates						
Sex	41 (<0.1%)	2 (<0.1%)	21 (<0.1%)	1 (<0.1%)	16 (<0.1%)	1 (<0.1%)
Comorbidities^a						
Complete case	84400 (36%)	4212 (31%)	14214 (31%)	7794 (46%)	46609 (35%)	11571 (47%)
1 missing value	4986 (2.1%)	283 (2.1%)	1134 (2.5%)	447 (2.6%)	2546 (1.9%)	576 (2.3%)
2 missing values	1025 (0.4%)	62 (0.5%)	228 (0.5%)	96 (0.6%)	517 (0.4%)	122 (0.5%)
3 missing values	328 (0.1%)	17 (0.1%)	69 (0.2%)	27 (0.2%)	185 (0.1%)	30 (0.1%)
4 missing values	210 (<0.1%)	12 (<0.1%)	43 (<0.1%)	14 (<0.1%)	122 (<0.1%)	19 (<0.1%)
5 missing values	703 (0.3%)	33 (0.2%)	122 (0.3%)	31 (0.2%)	435 (0.3%)	82 (0.3%)
6 missing values	3908 (1.7%)	140 (1.0%)	683 (1.5%)	147 (0.9%)	2554 (1.9%)	384 (1.6%)
7 missing values	15981 (6.9%)	751 (5.6%)	3212 (7.1%)	628 (3.7%)	10208 (7.8%)	1182 (4.8%)
8 missing values	29161 (13%)	1772 (13%)	6067 (13%)	1254 (7.4%)	18015 (14%)	2053 (8.3%)
All missing	91334 (39%)	6214 (46%)	19466 (43%)	6574 (39%)	50365 (38%)	8715 (35%)
Respiratory Support						
No	54314 (23%)	3047 (23%)	8177 (18%)	4076 (24%)	32756 (25%)	6258 (25%)
Yes, non-invasive	96729 (42%)	4743 (35%)	14485 (32%)	7561 (44%)	58444 (44%)	11496 (46%)
Yes, invasive	45205 (19%)	3155 (23%)	10322 (23%)	3667 (22%)	22648 (17%)	5413 (22%)
Missing	35788 (15%)	2551 (19%)	12254 (27%)	1708 (10%)	17708 (13%)	1567 (6.3%)
ICU admission						
No	125806 (54%)	8187 (61%)	19665 (43%)	9353 (55%)	73859 (56%)	14742 (60%)
Yes	79687 (34%)	3786 (28%)	14867 (33%)	6682 (39%)	45224 (34%)	9128 (37%)
Missing	26543 (11%)	1523 (11%)	10706 (24%)	977 (5.7%)	12473 (9.5%)	864 (3.5%)
Hospital outcomes						
Death	87515 (34%)	6727 (46%)	21858 (42%)	5964 (32%)	45269 (32%)	7697 (30%)
Discharge	144521 (57%)	6769 (46%)	23380 (45%)	11048 (59%)	86287 (60%)	17037 (66%)
Ongoing	22252 (8.8%)	1216 (8.3%)	6755 (13%)	1689 (9.0%)	11407 (8.0%)	1185 (4.6%)

^a Comorbidities considered: Cardiovascular disease, Diabetes, Kidney disease, Obesity, Neurological disease, Chronic obstructive pulmonary disease, Immunodepression, Haematological disease, and Hepatic disease

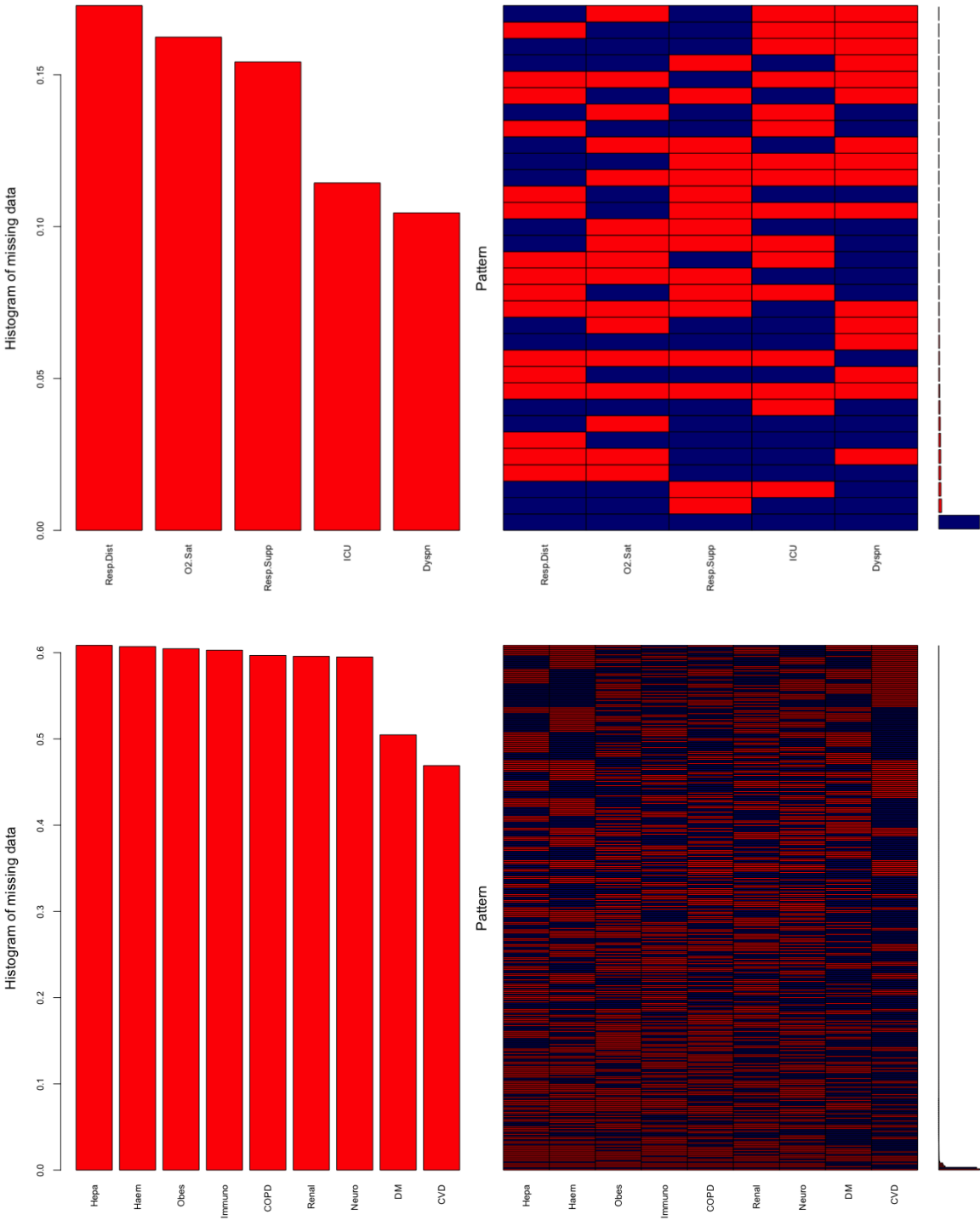


Figure A12.2 - Missingness pattern for ICU, respiratory support, signs/symptoms and comorbidities

Table A12.9 - Missing vs. not missing comorbidities (n=232,036, sample with defined hospital outcome)

	Missing comorbidities	Not Missing comorbidities
Age, median (IQR)	59 (45, 72)	65 (53, 76)
Age group, No. (%)		
20-39	23823 (16%)	6780 (8.0%)
40-49	24421 (17%)	9547 (11%)
50-59	27938 (19%)	15438 (18%)
60-69	28384 (19%)	19886 (24%)
70-79	23477 (16%)	17957 (21%)
80+	19593 (13%)	14792 (18%)
Sex, No. (%)		
Female	62344 (42%)	38482 (46%)
Male	85266 (58%)	45903 (54%)
Missing	26 (<0.1%)	15 (<0.1%)
Self-reported race, No. (%) *		
Black/Brown	48647 (33%)	31745 (38%)
White	48315 (33%)	35108 (42%)
Asian	1601 (1.1%)	989 (1.2%)
Indigenous	325 (0.2%)	152 (0.2%)
Missing	48748 (33%)	16406 (19%)
Respiratory support, No. (%)		
No	35396 (24%)	18918 (22%)
Yes, non-invasive	57659 (39%)	39070 (46%)
Yes, invasive	25275 (17%)	19930 (24%)
Missing	29306 (20%)	6482 (7.7%)
ICU admission, No. (%)		
No	78697 (53%)	47109 (56%)
Yes	46456 (31%)	33231 (39%)
Missing	22483 (15%)	4060 (4.8%)
Region, No. (%)		
North	9284 (6.3%)	4212 (5.0%)
Northeast	31024 (21%)	14214 (17%)
Central-West	9218 (6.2%)	7794 (9.2%)
Southeast	84947 (58%)	46609 (55%)
South	13163 (8.9%)	11571 (14%)
Hospitalization in capital city, No. (%)	85511 (58%)	40208 (48%)
Outcome, No. (%)		
Death	51403 (35%)	36112 (43%)
Discharge	96233 (65%)	48288 (57%)

* Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

Table A12.10 - Missing ICU admission versus not missing ICU admission (n=232,036 with a defined hospital outcome)

	Missing ICU	Not missing ICU
Age, median (IQR)	63 (49, 74)	61 (48, 73)
Age group, No. (%)		
20-39	3294 (12%)	27309 (13%)
40-49	3615 (14%)	30353 (15%)
50-59	4656 (18%)	38720 (19%)
60-69	5653 (21%)	42617 (21%)
70-79	5011 (19%)	36423 (18%)
80+	4314 (16%)	30071 (15%)
Sex, No. (%)		
Female	11911 (45%)	88915 (43%)
Male	14616 (55%)	116553 (57%)
Missing	16 (<0.1%)	25 (<0.1%)
Number of comorbidities, No. (%)		
No comorbidities	794 (3.0%)	14183 (6.9%)
1-2	10002 (38%)	102934 (50%)
>=3	721 (2.7%)	12068 (5.9%)
Missing	15026 (57%)	76308 (37%)
Self-reported race, No. (%) *		
Black/Brown	9261 (35%)	71131 (35%)
White	6008 (23%)	77415 (38%)
Asian	318 (1.2%)	2272 (1.1%)
Indigenous	58 (0.2%)	419 (0.2%)
Missing	10898 (41%)	54256 (26%)
Respiratory support, No. (%)		
No	1395 (5.3%)	52919 (26%)
Yes, non-invasive	4913 (19%)	91816 (45%)
Yes, invasive	1150 (4.3%)	44055 (21%)
Missing	19085 (72%)	16703 (8.1%)
Region, No. (%)		
North	1523 (5.7%)	11973 (5.8%)
Northeast	10706 (40%)	34532 (17%)
Central-West	977 (3.7%)	16035 (7.8%)
Southeast	12473 (47%)	119083 (58%)
South	864 (3.3%)	23870 (12%)
Hospitalization in capital city, No. (%)	16650 (63%)	109069 (53%)
Outcome, No. (%)		
Death	11152 (42%)	76363 (37%)
Discharge	15391 (58%)	129130 (63%)

* Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

Table A12.11 - Missing Respiratory support versus not missing Respiratory support (sample n=232,036 with a defined hospital outcome)

	Missing respiratory support	Not missing respiratory support
Age, median (IQR)	62 (48, 74)	61 (48, 73)
Age group, No. (%)		
20-39	4732 (13%)	25871 (13%)
40-49	5202 (15%)	28766 (15%)
50-59	6372 (18%)	37004 (19%)
60-69	7459 (21%)	40811 (21%)
70-79	6521 (18%)	34913 (18%)
80+	5502 (15%)	28883 (15%)
Sex, No. (%)		
Female	15798 (44%)	85028 (43%)
Male	19972 (56%)	111197 (57%)
Missing	18 (<0.1%)	23 (<0.1%)
Number of comorbidities, No. (%)		
No comorbidities	1417 (4.0%)	13560 (6.9%)
1-2	13447 (38%)	99489 (51%)
>=3	1015 (2.8%)	11774 (6.0%)
Missing	19909 (56%)	71425 (36%)
Self-reported race, No. (%) *		
Black/Brown	12278 (34%)	68114 (35%)
White	8562 (24%)	74861 (38%)
Asian	460 (1.3%)	2130 (1.1%)
Indigenous	87 (0.2%)	390 (0.2%)
Missing	14401 (40%)	50753 (26%)
ICU admission, No. (%)		
No	11000 (31%)	114806 (59%)
Yes	5703 (16%)	73984 (38%)
Missing	19085 (53%)	7458 (3.8%)
Region, No. (%)		
North	2551 (7.1%)	10945 (5.6%)
Northeast	12254 (34%)	32984 (17%)
Central-West	1708 (4.8%)	15304 (7.8%)
Southeast	17708 (49%)	113848 (58%)
South	1567 (4.4%)	23167 (12%)
Hospitalization in capital city, No. (%)	20950 (59%)	104769 (53%)
Outcome, No. (%)		
Death	14527 (41%)	72988 (37%)
Discharge	21261 (59%)	123260 (63%)

* Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

Table A12.12 - Comparison between complete-case and imputed values (sample n=232,036 with a defined hospital outcome)

Imputed variables	Original (complete cases)	Imputed values
Sex		
Female	100,826/231,995 (43%)	43.5%
Male	131,169/231,995 (57%)	56.5%
Self-reported race *		
White	83,423/166,882 (50%)	48.1%
Black/Brown	80,392/166,882 (48%)	50.0%
Asian	2,590/166,882 (1.6%)	1.6%
Indigenous	477/166,882 (0.3%)	0.3%
Sign/Symptoms		
Oxygen Saturation < 95%	135,620/194,351 (70%)	70.8%
Dyspnoea	165,977/207,780 (80%)	80.4%
Respiratory distress	132,188/191,943 (69%)	70.5%
SARI	117,832/193,494 (61%)	62.3%
Comorbidities		
Cardiovascular disease	81,156/123,187 (66%)	64.2%
Diabetes	61,537/114,921 (54%)	54.1%
Obesity	11,617/91,744 (13%)	18.0%
Kidney disease	10,676/93,806 (11%)	16.7%
COPD	9,290/93,565 (10%)	14.0%
Neurological disease	9,654/93,969 (10%)	13.4%
Immunodepression	6,849/92,142 (7%)	11.7%
Hepatic disease	2,240/90,845 (3%)	7.1%
Haematological disease	1,963/91,161 (2%)	6.9%
Number of comorbidities		
0	13,836/84,400 (16%)	13.3%
1-2	62,766/84,400 (74%)	60.6%
≥3	7,798/84,400 (9%)	26.1%
Time from onset of symptoms to hospital admission		
≤ 3 days	74,728/228,447 (33%)	32.7%
≤ 6 days	56,914/228,447 (25%)	24.9%
≤ 9 days	51,416/228,447 (23%)	22.5%
≤ 12 days	25,007/228,447 (11%)	10.9%
≤ 15 days	11,684/228,447 (5%)	5.1%
> 15 days	8,698/228,447 (4%)	3.8%
Respiratory Support		
None	54,314/196,248 (28%)	27.7%
Yes, non-invasive	96,729/196,248 (49%)	49.1%
Yes, invasive	45,205/196,248 (23%)	23.2%
ICU admission	79,687/205,493 (39%)	38.9%

* Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

12.3.3

Appendix A4.3 – Supplementary analyses of COVID-19 hospital admissions, use of resources and outcomes

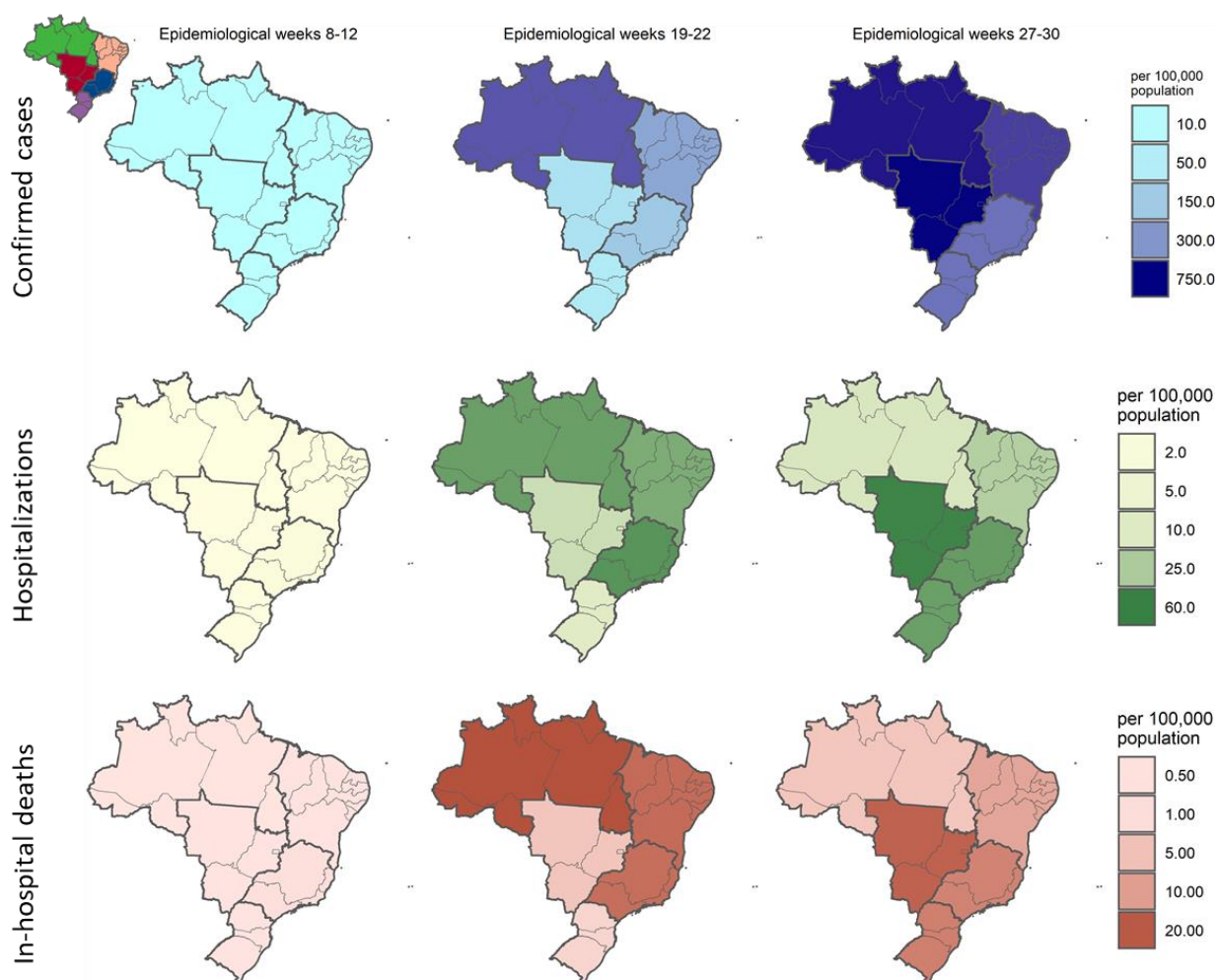


Figure A12.3 - Epidemic evolution showed during three-time frames in Brazil with rates per 100,000 population

Table A12.13 - Number of COVID-19 cases, hospitalisations, and in-hospital deaths, absolute and age and sex-adjusted rates per 100,000 population for each time frame of the pandemic and region of Brazil

Region	Epidemiological Weeks			
	8 to 12	19 to 22	27 to 30	Overall
Brazil				
Population (Total)				211,755,692
Confirmed Cases	1,060	402,336	1,066,763	3,278,839
Rate per 100,000 population	0.5	190.0	503.8	1,548.4
Population (Adults)				151,778,729
Hospitalisation	1,243	58,292	57,615	254,288
Rate per 100,000 population	0.8	38.4	38.0	167.5
In-hospital Deaths	440	21,615	18,501	87,515
Rate per 100,000 population	0.3	14.2	12.2	57.7

* Brazilian 2020 projected population as reference.

Region	Hospitalisations	Crude rate per 100,000 population	Age-and-sex adj. rate per 100,000 population*	In-hospital Deaths	Crude rate per 100,000 population	Age-and-sex adj. rate per 100,000 population*
North	14,712	122.1	153.5	6,727	55.8	76.3
Northeast	51,993	130.4	137.1	21,858	54.8	58.3
Central-West	18,701	160.1	172.9	5,964	51.1	58.5
Southeast	142,963	217.3	207.8	45,269	68.8	64.1
South	25,919	115.9	109.3	7,697	34.4	31.3

Table A12.14 - Symptoms of hospitalised COVID-19 patients in Brazil and regions (sample n=254,288)

Symptoms	Brazil	North	Northeast	Central-West	Southeast	South
Cough, No. (%) [n = 229323 (90%)]	188423 / 229323 (82%)	11947 / 13615 (88%)	37703 / 44796 (84%)	13747 / 17705 (78%)	105914 / 128913 (82%)	19112 / 24294 (79%)
Fever, No. (%) [n = 226013 (89%)]	171396 / 226013 (76%)	11975 / 13668 (88%)	35539 / 43823 (81%)	12602 / 17507 (72%)	94565 / 127028 (74%)	16715 / 23987 (70%)
Dyspnoea, No. (%) [n = 226724 (89%)]	180818 / 226724 (80%)	11379 / 13532 (84%)	36883 / 44413 (83%)	13709 / 17694 (77%)	99548 / 126589 (79%)	19299 / 24496 (79%)
Oxygen saturation < 95%, No. (%) [n = 212016 (83%)]	147596 / 212016 (70%)	7955 / 11901 (67%)	27410 / 39688 (69%)	10913 / 17097 (64%)	85739 / 120027 (71%)	15579 / 23303 (67%)
Respiratory distress, No. (%) [n = 209145 (82%)]	143977 / 209145 (69%)	9802 / 12538 (78%)	26737 / 38207 (70%)	11286 / 17083 (66%)	80530 / 118114 (68%)	15622 / 23203 (67%)
Sore throat, No. (%) [n = 185936 (73%)]	46239 / 185936 (25%)	5193 / 11638 (45%)	8130 / 31754 (26%)	3052 / 16059 (19%)	24619 / 104815 (23%)	5245 / 21670 (24%)
Diarrhoea, No. (%) [n = 182938 (72%)]	34515 / 182938 (19%)	2338 / 11157 (21%)	5855 / 31356 (19%)	2556 / 16170 (16%)	19485 / 102533 (19%)	4281 / 21722 (20%)
Vomit, No. (%) [n = 178603 (70%)]	19802 / 178603 (11%)	1199 / 10859 (11%)	3321 / 30394 (11%)	1518 / 15954 (9.5%)	11240 / 100040 (11%)	2524 / 21356 (12%)
Other symptoms, No. (%) [n = 182647 (72%)]	87316 / 182647 (48%)	4305 / 10661 (40%)	17327 / 33223 (52%)	7796 / 15758 (49%)	47292 / 101788 (46%)	10596 / 21217 (50%)

Table A12.15 -- Chronic comorbidities description of hospitalised COVID-19 patients in Brazil (sample n=254,288)

Comorbidities	Brazil	North	Northeast	Central-West	Southeast	South
Cardiovascular disease, No. (%)						
No	45248 / 254288 (18%)	2563 / 14712 (17%)	8645 / 51993 (17%)	4549 / 18701 (24%)	23465 / 142963 (16%)	6026 / 25919 (23%)
Yes	88279 / 254288 (35%)	4049 / 14712 (28%)	16310 / 51993 (31%)	5811 / 18701 (31%)	53015 / 142963 (37%)	9094 / 25919 (35%)
Missing	120761 / 254288 (47%)	8100 / 14712 (55%)	27038 / 51993 (52%)	8341 / 18701 (45%)	66483 / 142963 (47%)	10799 / 25919 (42%)
Diabetes, No. (%)						
No	57461 / 254288 (23%)	2748 / 14712 (19%)	9901 / 51993 (19%)	5382 / 18701 (29%)	31378 / 142963 (22%)	8052 / 25919 (31%)
Yes	66871 / 254288 (26%)	3605 / 14712 (25%)	14145 / 51993 (27%)	4896 / 18701 (26%)	37742 / 142963 (26%)	6483 / 25919 (25%)
Missing	129956 / 254288 (51%)	8359 / 14712 (57%)	27947 / 51993 (54%)	8423 / 18701 (45%)	73843 / 142963 (52%)	11384 / 25919 (44%)
Kidney disease, No. (%)						
No	89542 / 254288 (35%)	4449 / 14712 (30%)	16024 / 51993 (31%)	8464 / 18701 (45%)	48837 / 142963 (34%)	11768 / 25919 (45%)
Yes	11467 / 254288 (4.5%)	634 / 14712 (4.3%)	2378 / 51993 (4.6%)	784 / 18701 (4.2%)	6383 / 142963 (4.5%)	1288 / 25919 (5.0%)
Missing	153279 / 254288 (60%)	9629 / 14712 (65%)	33591 / 51993 (65%)	9453 / 18701 (51%)	87743 / 142963 (61%)	12863 / 25919 (50%)
Obesity, No. (%)						
No	86270 / 254288 (34%)	4525 / 14712 (31%)	15850 / 51993 (30%)	8093 / 18701 (43%)	46730 / 142963 (33%)	11072 / 25919 (43%)
Yes	12556 / 254288 (4.9%)	355 / 14712 (2.4%)	1714 / 51993 (3.3%)	991 / 18701 (5.3%)	7520 / 142963 (5.3%)	1976 / 25919 (7.6%)
Missing	155462 / 254288 (61%)	9832 / 14712 (67%)	34429 / 51993 (66%)	9617 / 18701 (51%)	88713 / 142963 (62%)	12871 / 25919 (50%)
Urological disease, No. (%)						
No	90869 / 254288 (36%)	4707 / 14712 (32%)	16642 / 51993 (32%)	8602 / 18701 (46%)	49275 / 142963 (34%)	11643 / 25919 (45%)
Yes	10299 / 254288 (4.1%)	292 / 14712 (2.0%)	1592 / 51993 (3.1%)	610 / 18701 (3.3%)	6308 / 142963 (4.4%)	1497 / 25919 (5.8%)
Missing	153120 / 254288 (60%)	9713 / 14712 (66%)	33759 / 51993 (65%)	9489 / 18701 (51%)	87380 / 142963 (61%)	12779 / 25919 (49%)
PD, No. (%)						
No	90816 / 254288 (36%)	4631 / 14712 (31%)	16755 / 51993 (32%)	8487 / 18701 (45%)	49375 / 142963 (35%)	11568 / 25919 (45%)
Yes	9914 / 254288 (3.9%)	388 / 14712 (2.6%)	1370 / 51993 (2.6%)	792 / 18701 (4.2%)	5768 / 142963 (4.0%)	1596 / 25919 (6.2%)
Missing	153558 / 254288 (60%)	9693 / 14712 (66%)	33868 / 51993 (65%)	9422 / 18701 (50%)	87820 / 142963 (61%)	12755 / 25919 (49%)
Hypertension, No. (%)						
No	91884 / 254288 (36%)	4584 / 14712 (31%)	16586 / 51993 (32%)	8715 / 18701 (47%)	50070 / 142963 (35%)	11929 / 25919 (46%)
Yes	7314 / 254288 (2.9%)	417 / 14712 (2.8%)	1315 / 51993 (2.5%)	429 / 18701 (2.3%)	4123 / 142963 (2.9%)	1030 / 25919 (4.0%)
Missing	155090 / 254288 (61%)	9711 / 14712 (66%)	34092 / 51993 (66%)	9557 / 18701 (51%)	88770 / 142963 (62%)	12960 / 25919 (50%)
Asthma, No. (%)						
No	92690 / 254288 (36%)	4684 / 14712 (32%)	17041 / 51993 (33%)	8692 / 18701 (46%)	50273 / 142963 (35%)	12000 / 25919 (46%)
Yes	6858 / 254288 (2.7%)	300 / 14712 (2.0%)	988 / 51993 (1.9%)	516 / 18701 (2.8%)	4032 / 142963 (2.8%)	1022 / 25919 (3.9%)
Missing	154740 / 254288 (61%)	9728 / 14712 (66%)	33964 / 51993 (65%)	9493 / 18701 (51%)	88658 / 142963 (62%)	12897 / 25919 (50%)
Haematological disease, No. (%)						
No	96004 / 254288 (38%)	4831 / 14712 (33%)	17390 / 51993 (33%)	9013 / 18701 (48%)	52164 / 142963 (36%)	12606 / 25919 (49%)
Yes	2130 / 254288 (0.8%)	101 / 14712 (0.7%)	392 / 51993 (0.8%)	114 / 18701 (0.6%)	1290 / 142963 (0.9%)	233 / 25919 (0.9%)
Missing	156154 / 254288 (61%)	9780 / 14712 (66%)	34211 / 51993 (66%)	9574 / 18701 (51%)	89509 / 142963 (63%)	13080 / 25919 (50%)
Hepatic disease, No. (%)						

No	95414 / 254288 (38%)	4807 / 14712 (33%)	17256 / 51993 (33%)	8957 / 18701 (48%)	51906 / 142963 (36%)	12488 / 25919 (48%)
Yes	2395 / 254288 (0.9%)	106 / 14712 (0.7%)	475 / 51993 (0.9%)	150 / 18701 (0.8%)	1310 / 142963 (0.9%)	354 / 25919 (1.4%)
Missing	156479 / 254288 (62%)	9799 / 14712 (67%)	34262 / 51993 (66%)	9594 / 18701 (51%)	89747 / 142963 (63%)	13077 / 25919 (50%)
Puerperal ^a , No. (%)						
No	44184 / 110722 (40%)	1966 / 5894 (33%)	7913 / 22987 (34%)	4100 / 7971 (51%)	24461 / 62605 (39%)	5744 / 11265 (51%)
Yes	757 / 110722 (0.7%)	70 / 5894 (1.2%)	246 / 22987 (1.1%)	76 / 7971 (1.0%)	318 / 62605 (0.5%)	47 / 11265 (0.4%)
Missing	65781 / 110722 (59%)	3858 / 5894 (65%)	14828 / 22987 (65%)	3795 / 7971 (48%)	37826 / 62605 (60%)	5474 / 11265 (49%)
Down syndrome, No. (%)						
No	97308 / 254288 (38%)	4874 / 14712 (33%)	17790 / 51993 (34%)	9094 / 18701 (49%)	52747 / 142963 (37%)	12803 / 25919 (49%)
Yes	648 / 254288 (0.3%)	37 / 14712 (0.3%)	118 / 51993 (0.2%)	44 / 18701 (0.2%)	380 / 142963 (0.3%)	69 / 25919 (0.3%)
Missing	156332 / 254288 (61%)	9801 / 14712 (67%)	34085 / 51993 (66%)	9563 / 18701 (51%)	89836 / 142963 (63%)	13047 / 25919 (50%)
Other comorbidities, No. (%)						
No	50217 / 254288 (20%)	2682 / 14712 (18%)	8420 / 51993 (16%)	4376 / 18701 (23%)	28676 / 142963 (20%)	6063 / 25919 (23%)
Yes	69893 / 254288 (27%)	3161 / 14712 (21%)	15041 / 51993 (29%)	5861 / 18701 (31%)	37538 / 142963 (26%)	8292 / 25919 (32%)
Missing	134178 / 254288 (53%)	8869 / 14712 (60%)	28532 / 51993 (55%)	8464 / 18701 (45%)	76749 / 142963 (54%)	11564 / 25919 (45%)

ita from female patients

Table A12.16 - Times of the disease among patients with a defined hospital outcome (main analysis)

	Brazil (n=232,036)	North (n=13,496)	Northeast (n=45,238)	Central-West (n=17,012)	Southeast (n=131,556)	South (n=24,734)
Time from onset of symptoms, median (IQR)						
to hospital admission [n = 202842 (87%)]	6 (4, 9)	7 (4, 10)	6 (4, 9)	7 (4, 10)	6 (4, 9)	6 (3, 9)
to ICU admission [n = 72154 (91%)]	7 (4, 10)	8 (5, 12)	7 (4, 10)	7 (5, 10)	7 (4, 10)	7 (4, 10)
to death [n = 86482 (99%)]	15 (9, 23)	13 (8, 21)	14 (8, 22)	16 (10, 25)	15 (9, 23)	16 (10, 26)
Time from hospital admission to death [n = 80527 (92%)]	10 (5, 17)	7 (3, 14)	9 (4, 16)	11 (5, 19)	10 (5, 18)	12 (6, 20)

The numbers and proportions within brackets refer to the available data for each variable. ICU – intensive care unit

Table A12.17 - In-hospital mortality stratified by age and sex in Brazil

	Total	By age
Total	232036	87515/232036 (38%)
Age groups		
20-39	30603	3780/30603 (12%)
40-49	33968	6162/33968 (18%)
50-59	43376	11818/43376 (27%)
60-69	48270	20317/48270 (42%)
70-79	41434	22651/41434 (55%)
80+	34385	22787/34385 (66%)

	Total	Female	Male
Total	231995	36827/100826 (37%)	50676/131169 (39%)
Age groups			
20-39	30594	1577/13976 (11%)	2202/16618 (13%)
40-49	33960	2249/12781 (18%)	3913/21179 (18%)
50-59	43369	4374/17221 (25%)	7442/26148 (28%)
60-69	48258	7838/20211 (39%)	12473/28047 (44%)
70-79	41432	9337/18470 (51%)	13313/22962 (58%)
80+	34382	11452/18167 (63%)	11333/16215 (70%)

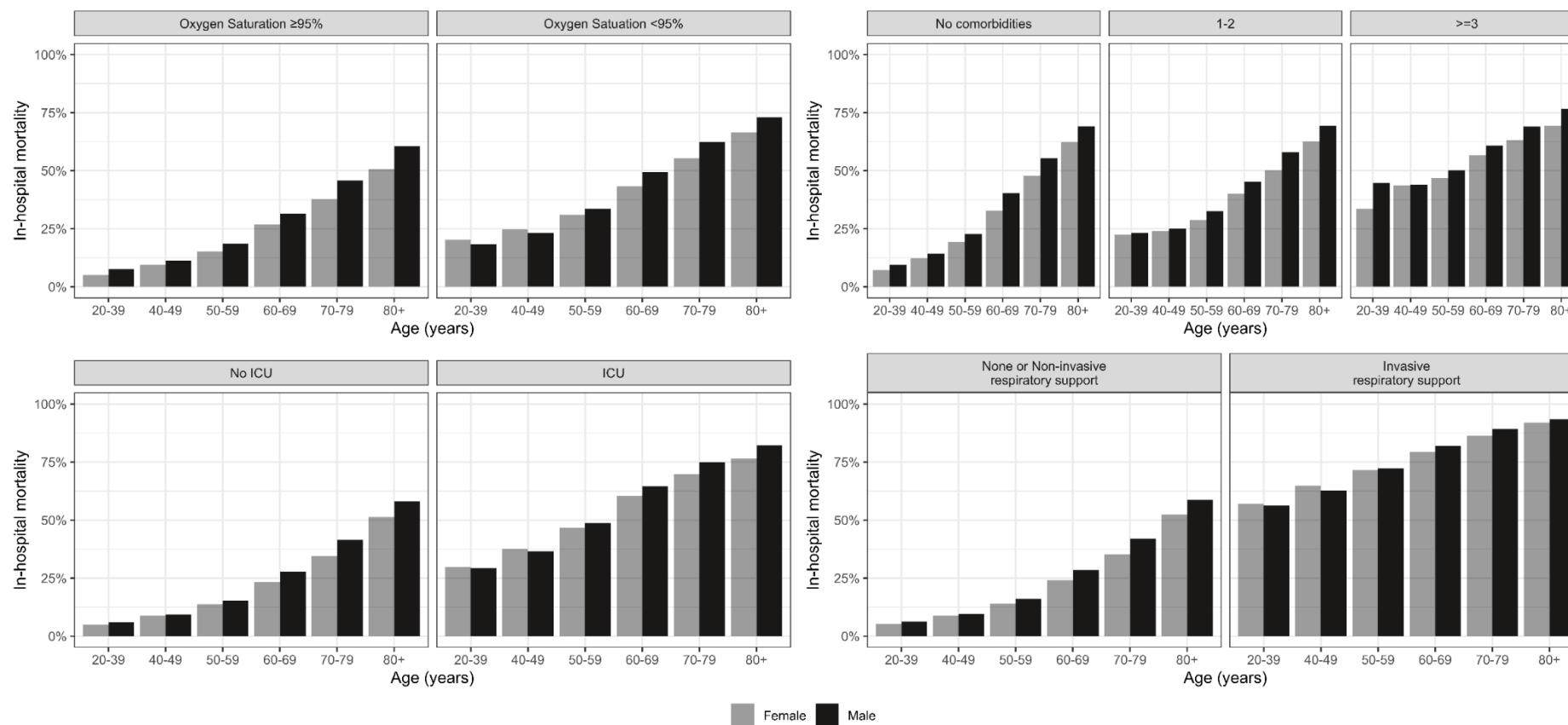


Figure A12.4 - In-hospital mortality stratified by age and sex accounting for the reported symptom of oxygen saturation $< 95\%$, number of comorbidities, ICU admission, and respiratory support.

Table A12.18 - In-hospital mortality stratified by chronic comorbidities, level of education and self-reported race and age

Comorbidities

	Total	No Comorbidity	1-2 Comorbidities	≥ 3 Comorbidities
Total	84400	4494/13836 (32%)	26933/62766 (43%)	4685/7798 (60%)
Age groups				
20-39	6780	291/2245 (13%)	937/4278 (22%)	104/257 (40%)
40-49	9547	396/2171 (18%)	1591/6824 (23%)	243/552 (44%)
50-59	15438	625/2691 (23%)	3432/11484 (30%)	594/1263 (47%)
60-69	19886	951/2691 (35%)	6300/15112 (42%)	1187/2083 (57%)
70-79	17957	1051/2165 (49%)	7360/13772 (53%)	1349/2020 (67%)
80+	14792	1180/1873 (63%)	7313/11296 (65%)	1208/1623 (74%)

Self-reported race *

	Total	White	Black/Brown	Asian	Indigenous
Total	166882	30061/83423 (36%)	34345/80392 (43%)	1031/2590 (40%)	202/477 (42%)
Age groups					
20-39	21677	1041/10493 (10%)	1775/10817 (16%)	43/300 (14%)	11/67 (16%)
40-49	23813	1758/11477 (15%)	2784/11955 (23%)	54/302 (18%)	19/79 (24%)
50-59	30866	3610/15171 (24%)	5053/15175 (33%)	122/428 (29%)	37/92 (40%)
60-69	34990	6703/17302 (39%)	8319/17043 (49%)	221/554 (40%)	31/91 (34%)
70-79	30519	8027/15378 (52%)	8773/14504 (60%)	289/561 (52%)	51/76 (67%)
80+	25017	8922/13602 (66%)	7641/10898 (70%)	302/445 (68%)	53/72 (74%)

* Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

Level of education

	Total	Illiterate	Up to high school	High school	College/University
Total	79721	3146/4993 (63%)	16489/35750 (46%)	7735/26146 (30%)	2952/12832 (23%)
Age groups					
20-39	11890	46/132 (35%)	451/2238 (20%)	755/6291 (12%)	235/3229 (7%)
40-49	12354	67/174 (39%)	884/3674 (24%)	988/5715 (17%)	323/2791 (12%)
50-59	15279	168/385 (44%)	2081/6729 (31%)	1511/5592 (27%)	483/2573 (19%)
60-69	16216	513/885 (58%)	4107/8922 (46%)	1823/4265 (43%)	698/2144 (33%)
70-79	13405	939/1479 (63%)	4664/8075 (58%)	1474/2562 (58%)	646/1289 (50%)
80+	10577	1413/1938 (73%)	4302/6112 (70%)	1184/1721 (69%)	567/806 (70%)

Table A12.19 - In-hospital mortality stratified by ICU admission, respiratory support and age

	Total	No ICU admission	ICU admission
Total	205493	29361/125806 (23%)	47002/79687 (59%)
Age groups			
20-39	27309	1088/19797 (5%)	2225/7512 (30%)
40-49	30353	1910/20875 (9%)	3503/9478 (37%)
50-59	38720	3634/24686 (15%)	6732/14034 (48%)
60-69	42617	6350/24559 (26%)	11372/18058 (63%)
70-79	36423	7499/19575 (38%)	12257/16848 (73%)
80+	30071	8880/16314 (54%)	10913/13757 (79%)

	Total	No respiratory support	Non-invasive ventilation	Invasive mechanical ventilation
Total	196248	8655/54314 (16%)	28287/96729 (29%)	36046/45205 (80%)
Age groups				
20-39	25871	396/11482 (3%)	929/11111 (8%)	1858/3278 (57%)
40-49	28766	597/10170 (6%)	1663/14108 (12%)	2850/4488 (64%)
50-59	37004	1085/10625 (10%)	3409/18793 (18%)	5459/7586 (72%)
60-69	40811	1862/9467 (20%)	6031/20196 (30%)	9028/11148 (81%)
70-79	34913	2225/7178 (31%)	7214/17029 (42%)	9433/10706 (88%)
80+	28883	2490/5392 (46%)	9041/15492 (58%)	7418/7999 (93%)

	Total	No respiratory support		Non-invasive ventilation		Invasive mechanical ventilation	
		No ICU	ICU	No ICU	ICU	No ICU	ICU
Total	188790	6009/44250 (14%)	2333/8669 (27%)	16041/64580 (25%)	10568/27236 (39%)	4380/5976 (73%)	30753/38079 (81%)
Age groups							
20-39	25074	269/9796 (3%)	112/1420 (8%)	501/7792 (6%)	372/2850 (13%)	215/472 (46%)	1606/2744 (59%)
40-49	27766	426/8486 (5%)	140/1427 (10%)	913/9854 (9%)	664/3627 (18%)	331/658 (50%)	2450/3714 (66%)
50-59	35630	766/8735 (9%)	280/1626 (17%)	1859/12838 (14%)	1333/5036 (26%)	667/1013 (66%)	4659/6382 (73%)
60-69	39147	1284/7656 (17%)	499/1556 (32%)	3342/13337 (25%)	2323/5742 (40%)	1062/1378 (77%)	7721/9478 (81%)
70-79	33530	1532/5556 (28%)	615/1414 (43%)	4082/10956 (37%)	2710/5157 (53%)	1127/1344 (84%)	8086/9103 (89%)
80+	27643	1732/4021 (43%)	687/1226 (56%)	5344/9803 (55%)	3166/4824 (66%)	978/1111 (88%)	6231/6658 (94%)

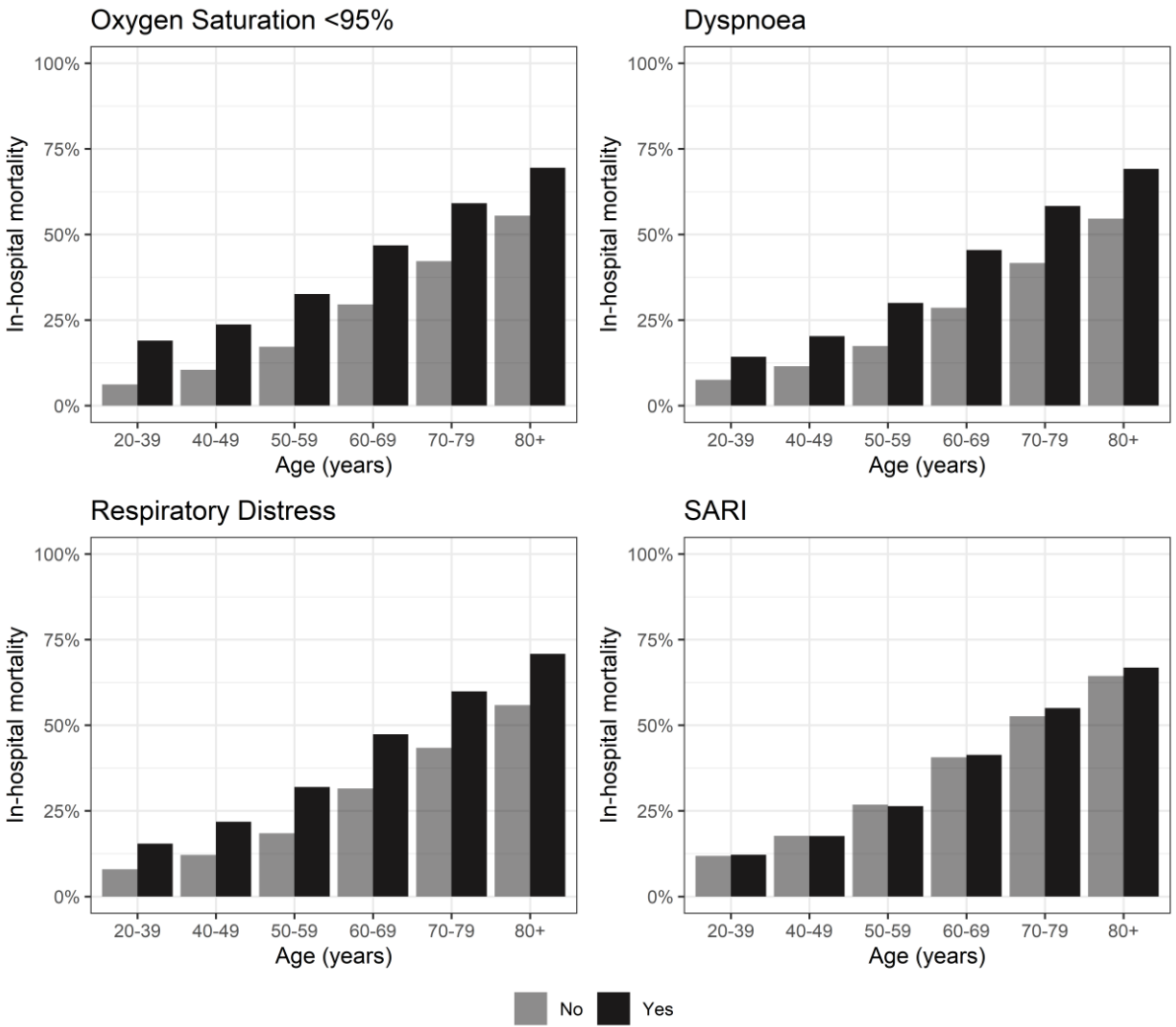


Figure A12.5 - In-hospital mortality per age group for symptoms of Oxygen saturation < 95%, Dyspnoea, respiratory distress, and SARI diagnosis

Table A12.20 - Health system burden in Brazil and its regions (number / per 100,000 inhabitants)

Hospitalisations per population

	Brazil		North		Northeast		Central-West		Southeast		South	
Total	232036/151778729	152.9	13496/12049813	112.0	45238/39882347	113.4	17012/11678574	145.7	131556/65803414	199.9	24734/22364581	110.6
Age groups												
20-39	30603/68451093	44.7	1976/6448447	30.6	5587/19048242	29.3	2498/5484644	45.5	17170/28059711	61.2	3372/9410049	35.8
40-49	33968/29255478	116.1	1973/2357103	83.7	5575/7654000	72.8	2795/2386731	117.1	19901/12717264	156.5	3724/4140380	89.9
50-59	43376/23875081	181.7	2272/1600270	142.0	7461/5930317	125.8	3373/1825822	184.7	25389/10724660	236.7	4881/3794012	128.7
60-69	48270/16732972	288.5	2816/974828	288.9	9195/3893805	236.1	3436/1155857	297.3	27453/7919342	346.7	5370/2789140	192.5
70-79	41434/9023052	459.2	2616/470277	556.3	9086/2245607	404.6	2823/575162	490.8	22658/4225114	536.3	4251/1506892	282.1
80+	34385/4441053	774.3	1843/198888	926.7	8334/1110376	750.6	2087/250358	833.6	18985/2157323	880.0	3136/724108	433.1

ICU admissions per population

	Brazil		North		Northeast		Central-West		Southeast		South	
Total	79687/151778729	52.5	3786/12049813	31.4	14867/39882347	37.3	6682/11678574	57.2	45224/65803414	68.7	9128/22364581	40.8
Age groups												
20-39	7512/68451093	11.0	334/6448447	5.2	1279/19048242	6.7	732/5484644	13.3	4354/28059711	15.5	813/9410049	8.6
40-49	9478/29255478	32.4	404/2357103	17.1	1440/7654000	18.8	890/2386731	37.3	5630/12717264	44.3	1114/4140380	26.9
50-59	14034/23875081	58.8	645/1600270	40.3	2324/5930317	39.2	1266/1825822	69.3	8097/10724660	75.5	1702/3794012	44.9
60-69	18058/16732972	107.9	950/974828	97.5	3318/3893805	85.2	1420/1155857	122.9	10094/7919342	127.5	2276/2789140	81.6
70-79	16848/9023052	186.7	891/470277	189.5	3401/2245607	151.5	1345/575162	233.8	9264/4225114	219.3	1947/1506892	129.2
80+	13757/4441053	309.8	562/198888	282.6	3105/1110376	279.6	1029/250358	411.0	7785/2157323	360.9	1276/724108	176.2

Hospitalisations requiring invasive mechanical ventilation per population

	Brazil		North		Northeast		Central-West		Southeast		South	
Total	45205/151778729	29.8	3155/12049813	26.2	10322/39882347	25.9	3667/11678574	31.4	22648/65803414	34.4	5413/22364581	24.2
Age groups												
20-39	3278/68451093	4.8	250/6448447	3.9	791/19048242	4.2	279/5484644	5.1	1559/28059711	5.6	399/9410049	4.2
40-49	4488/29255478	15.3	334/2357103	14.2	947/7654000	12.4	397/2386731	16.6	2239/12717264	17.6	571/4140380	13.8
50-59	7586/23875081	31.8	520/1600270	32.5	1579/5930317	26.6	605/1825822	33.1	3923/10724660	36.6	959/3794012	25.3
60-69	11148/16732972	66.6	821/974828	84.2	2353/3893805	60.4	875/1155857	75.7	5673/7919342	71.6	1426/2789140	51.1
70-79	10706/9023052	118.7	765/470277	162.7	2494/2245607	111.1	863/575162	150.0	5291/4225114	125.2	1293/1506892	85.8
80+	7999/4441053	180.1	465/198888	233.8	2158/1110376	194.3	648/250358	258.8	3963/2157323	183.7	765/724108	105.6

Table A12.21 - Overall in-hospital mortality, among those admitted to the ICU or under invasive mechanical ventilation, stratified by age and Brazilian regions-

In-hospital mortality (Overall)

	Brazil	North	Northeast	Central-West	Southeast	South
Total	87515/232036 (37.7%)	6727/13496 (49.8%)	21858/45238 (48.3%)	5964/17012 (35.1%)	45269/131556 (34.4%)	7697/24734 (31.1%)
Age groups						
20-39	3780/30603 (12.4%)	393/1976 (19.9%)	1083/5587 (19.4%)	284/2498 (11.4%)	1736/17170 (10.1%)	284/3372 (8.4%)
40-49	6162/33968 (18.1%)	556/1973 (28.2%)	1542/5575 (27.7%)	504/2795 (18%)	3062/19901 (15.4%)	498/3724 (13.4%)
50-59	11818/43376 (27.2%)	945/2272 (41.6%)	2893/7461 (38.8%)	863/3373 (25.6%)	6119/25389 (24.1%)	998/4881 (20.4%)
60-69	20317/48270 (42.1%)	1662/2816 (59%)	4730/9195 (51.4%)	1380/3436 (40.2%)	10659/27453 (38.8%)	1886/5370 (35.1%)
70-79	22651/41434 (54.7%)	1784/2616 (68.2%)	5660/9086 (62.3%)	1528/2823 (54.1%)	11583/22658 (51.1%)	2096/4251 (49.3%)
80+	22787/34385 (66.3%)	1387/1843 (75.3%)	5950/8334 (71.4%)	1405/2087 (67.3%)	12110/18985 (63.8%)	1935/3136 (61.7%)

In-hospital mortality (ICU admissions)

	Brazil	North	Northeast	Central-West	Southeast	South
Total	47002/79687 (59%)	3022/3786 (79.8%)	10483/14867 (70.5%)	3734/6682 (55.9%)	24693/45224 (54.6%)	5070/9128 (55.5%)
Age groups						
20-39	2225/7512 (29.6%)	195/334 (58.4%)	579/1279 (45.3%)	185/732 (25.3%)	1065/4354 (24.5%)	201/813 (24.7%)
40-49	3503/9478 (37%)	265/404 (65.6%)	799/1440 (55.5%)	324/890 (36.4%)	1763/5630 (31.3%)	352/1114 (31.6%)
50-59	6732/14034 (48%)	468/645 (72.6%)	1441/2324 (62%)	554/1266 (43.8%)	3513/8097 (43.4%)	756/1702 (44.4%)
60-69	11372/18058 (63%)	800/950 (84.2%)	2350/3318 (70.8%)	896/1420 (63.1%)	5980/10094 (59.2%)	1346/2276 (59.1%)
70-79	12257/16848 (72.8%)	779/891 (87.4%)	2720/3401 (80%)	954/1345 (70.9%)	6408/9264 (69.2%)	1396/1947 (71.7%)
80+	10913/13757 (79.3%)	515/562 (91.6%)	2594/3105 (83.5%)	821/1029 (79.8%)	5964/7785 (76.6%)	1019/1276 (79.9%)

In-hospital mortality (Invasive mechanical ventilation)

	Brazil	North	Northeast	Central-West	Southeast	South
Total	36046/45205 (79.7%)	2810/3155 (89.1%)	8963/10322 (86.8%)	3039/3667 (82.9%)	17325/22648 (76.5%)	3909/5413 (72.2%)
Age groups						
20-39	1858/3278 (56.7%)	193/250 (77.2%)	551/791 (69.7%)	164/279 (58.8%)	774/1559 (49.6%)	176/399 (44.1%)
40-49	2850/4488 (63.5%)	269/334 (80.5%)	717/947 (75.7%)	273/397 (68.8%)	1317/2239 (58.8%)	274/571 (48%)
50-59	5459/7586 (72%)	446/520 (85.8%)	1291/1579 (81.8%)	456/605 (75.4%)	2662/3923 (67.9%)	604/959 (63%)
60-69	9028/11148 (81%)	748/821 (91.1%)	2056/2353 (87.4%)	743/875 (84.9%)	4424/5673 (78%)	1057/1426 (74.1%)
70-79	9433/10706 (88.1%)	711/765 (92.9%)	2289/2494 (91.8%)	787/863 (91.2%)	4551/5291 (86%)	1095/1293 (84.7%)
80+	7418/7999 (92.7%)	443/465 (95.3%)	2059/2158 (95.4%)	616/648 (95.1%)	3597/3963 (90.8%)	703/765 (91.9%)

Table A12.22 - Hospitalisations and ICU admissions per hospital and ICU beds in Brazil and regions*

	Brazil		North		Northeast		Central-West		Southeast		South	
	N	Rate	N	Rate	N	Rate	N	Rate	N	Rate	N	Rate
All hospitalizations (n/per 100,000 hospital beds)	232036/ 356344	65116	13496/ 23719	56900	45238/ 87604	51639	17012/ 29606	57461	131556/ 157510	83522	24734/ 57905	42715
ICU admissions (n/per 1,000 ICU beds)	79687/ 37692	2114	3786/ 1686	2246	14867/ 7171	2073	6682/ 3340	2001	45224/ 20403	2217	9128/ 5092	1793

* Beds data on February 2020.

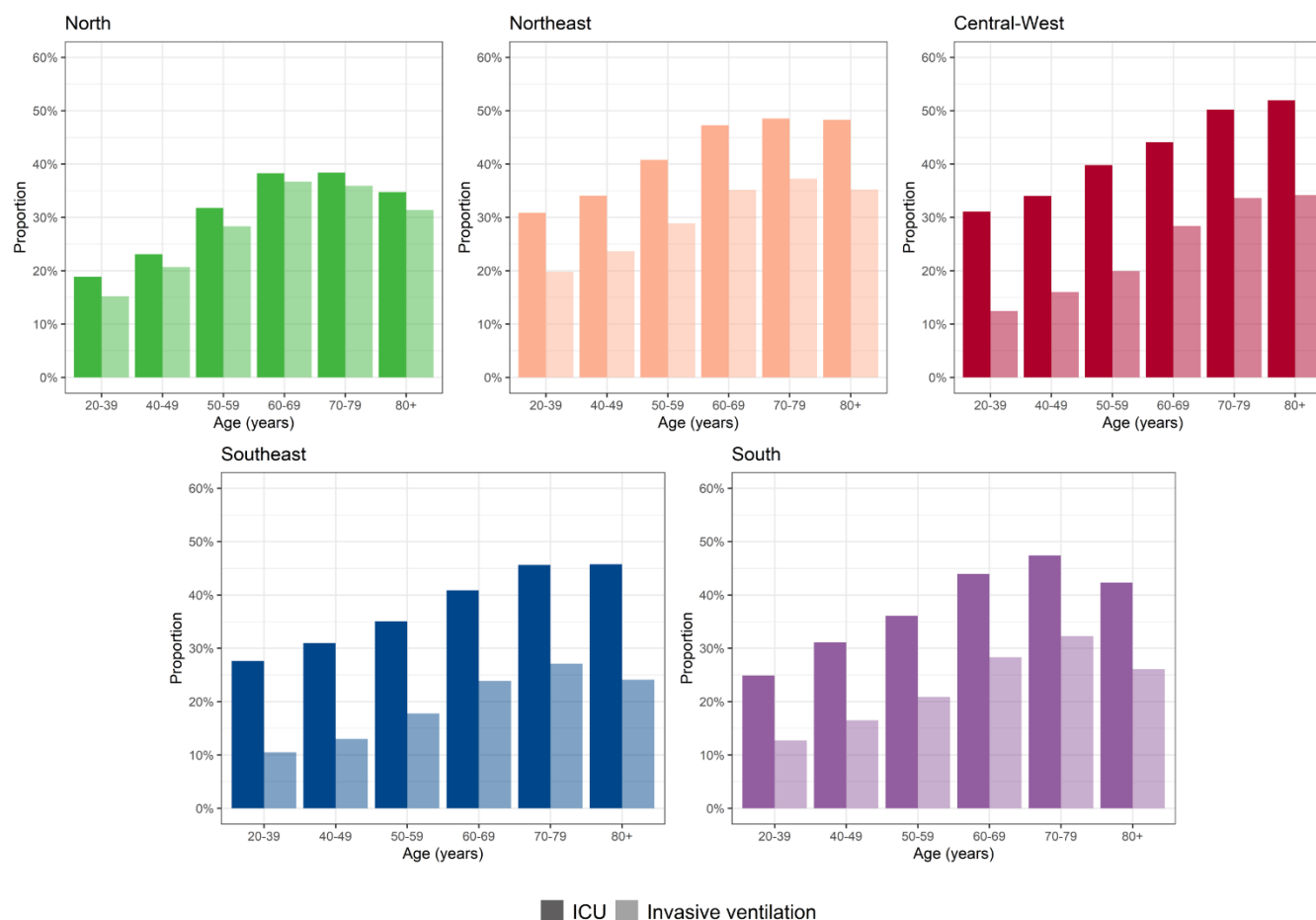


Figure A12.6 - Proportion of intensive care unit admission and use of invasive mechanical ventilation stratified by age in hospitalised COVID-19 patients in the five regions of Brazil.

Table A12.23 - Use of resources in terms of proportions of hospitalised patients admitted to the ICU and under invasive mechanical ventilation stratified by age and region

Proportion of ICU admission

	Brazil	North	Northeast	Central-West	Southeast	South
Total	79687/205493 (38.8%)	3786/11973 (31.6%)	14867/34532 (43.1%)	6682/16035 (41.7%)	45224/119083 (38%)	9128/23870 (38.2%)
Age groups						
20-39	7512/27309 (27.5%)	334/1773 (18.8%)	1279/4144 (30.9%)	732/2354 (31.1%)	4354/15772 (27.6%)	813/3266 (24.9%)
40-49	9478/30353 (31.2%)	404/1748 (23.1%)	1440/4225 (34.1%)	890/2618 (34%)	5630/18181 (31%)	1114/3581 (31.1%)
50-59	14034/38720 (36.2%)	645/2031 (31.8%)	2324/5698 (40.8%)	1266/3182 (39.8%)	8097/23092 (35.1%)	1702/4717 (36.1%)
60-69	18058/42617 (42.4%)	950/2482 (38.3%)	3318/7024 (47.2%)	1420/3221 (44.1%)	10094/24709 (40.9%)	2276/5181 (43.9%)
70-79	16848/36423 (46.3%)	891/2322 (38.4%)	3401/7010 (48.5%)	1345/2679 (50.2%)	9264/20304 (45.6%)	1947/4108 (47.4%)
80+	13757/30071 (45.7%)	562/1617 (34.8%)	3105/6431 (48.3%)	1029/1981 (51.9%)	7785/17025 (45.7%)	1276/3017 (42.3%)

Proportion on invasive mechanical ventilation

	Brazil	North	Northeast	Central-West	Southeast	South
Total	45205/196248 (23%)	3155/10945 (28.8%)	10322/32984 (31.3%)	3667/15304 (24%)	22648/113848 (19.9%)	5413/23167 (23.4%)
Age groups						
20-39	3278/25871 (12.7%)	250/1644 (15.2%)	791/3995 (19.8%)	279/2245 (12.4%)	1559/14846 (10.5%)	399/3141 (12.7%)
40-49	4488/28766 (15.6%)	334/1616 (20.7%)	947/4005 (23.6%)	397/2479 (16%)	2239/17206 (13%)	571/3460 (16.5%)
50-59	7586/37004 (20.5%)	520/1836 (28.3%)	1579/5468 (28.9%)	605/3035 (19.9%)	3923/22070 (17.8%)	959/4595 (20.9%)
60-69	11148/40811 (27.3%)	821/2237 (36.7%)	2353/6699 (35.1%)	875/3082 (28.4%)	5673/23756 (23.9%)	1426/5037 (28.3%)
70-79	10706/34913 (30.7%)	765/2130 (35.9%)	2494/6690 (37.3%)	863/2566 (33.6%)	5291/19524 (27.1%)	1293/4003 (32.3%)
80+	7999/28883 (27.7%)	465/1482 (31.4%)	2158/6127 (35.2%)	648/1897 (34.2%)	3963/16446 (24.1%)	765/2931 (26.1%)

12.3.4

Appendix A4.4 – Sensitivity analyses

Table A12.24 - Patients characteristics stratified by region (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

Variables	Brazil (n=314,615)	North (n=27,502)	Northeast (n=71,442)	Central-West (n=23,908)	Southeast (n=162,563)	South (n=29,200)
Age , mean (sd) [n = 314615 (100%)]	60 (17)	59 (18)	62 (18)	58 (17)	60 (17)	59 (17)
median (IQR)	61 (48, 73)	60 (46, 73)	64 (49, 76)	58 (46, 71)	61 (48, 73)	60 (47, 72)
Age group , N (%)						
20-39	42390 (13%)	4527 (16%)	9201 (13%)	3642 (15%)	21019 (13%)	4001 (14%)
40-49	45773 (15%)	4063 (15%)	8992 (13%)	3967 (17%)	24312 (15%)	4439 (15%)
50-59	58569 (19%)	4697 (17%)	11893 (17%)	4832 (20%)	31330 (19%)	5817 (20%)
60-69	65266 (21%)	5603 (20%)	14359 (20%)	4785 (20%)	34158 (21%)	6361 (22%)
70-79	56297 (18%)	5011 (18%)	14366 (20%)	3880 (16%)	28105 (17%)	4935 (17%)
80+	46320 (15%)	3601 (13%)	12631 (18%)	2802 (12%)	23639 (15%)	3647 (12%)
Male sex , No. (%) [n = 314556 (100%)]	177819 (57%)	16317 (59%)	39937 (56%)	13710 (57%)	91307 (56%)	16548 (57%)
Self-reported race , No. (%) [n = 229079 (73%)] ^a						
White	104274 (46%)	2419 (10%)	7292 (15%)	4349 (29%)	67763 (57%)	22451 (88%)
Black/Brown	120326 (53%)	19877 (86%)	38811 (82%)	10071 (67%)	48864 (41%)	2703 (11%)
Asian	3511 (1.5%)	333 (1.4%)	908 (1.9%)	310 (2.1%)	1802 (1.5%)	158 (0.6%)
Indigenous	968 (0.4%)	447 (1.9%)	139 (0.3%)	225 (1.5%)	98 (<0.1%)	59 (0.2%)
Level of education , No. (%) [n = 109128 (35%)]						
Illiterate	8084 (7.4%)	1734 (13%)	2728 (15%)	396 (5.7%)	2682 (4.7%)	544 (4.0%)
Up to high school	49609 (45%)	6131 (45%)	7790 (44%)	2926 (42%)	25914 (45%)	6848 (51%)
High school	34909 (32%)	4274 (31%)	4995 (28%)	2371 (34%)	19312 (34%)	3957 (29%)
College/University	16526 (15%)	1620 (12%)	2334 (13%)	1271 (18%)	9184 (16%)	2117 (16%)
Number of comorbidities , No. (%) [n = 111589 (35%)] ^b						
0	18705 (17%)	1675 (20%)	3846 (17%)	2088 (20%)	8928 (16%)	2168 (16%)
1-2	83320 (75%)	6361 (75%)	16895 (76%)	7680 (73%)	42400 (75%)	9984 (73%)
≥3	9564 (8.6%)	425 (5.0%)	1607 (7.2%)	756 (7.2%)	5306 (9.4%)	1470 (11%)
Oxygen saturation < 95% , No. (%) [n = 261862 (83%)]	181336 (69%)	15430 (67%)	37291 (68%)	13928 (64%)	97090 (71%)	17597 (67%)
Dyspnoea , No. (%) [n = 280719 (89%)]	224655 (80%)	21220 (84%)	51329 (83%)	17532 (78%)	112723 (78%)	21851 (79%)
Respiratory distress , No. (%) [n = 259205 (82%)]	179444 (69%)	18568 (78%)	37211 (70%)	14538 (67%)	91374 (68%)	17753 (68%)
SARI criteria , No. (%) [n = 260790 (83%)]	159444 (61%)	18556 (76%)	35926 (66%)	11950 (56%)	79075 (59%)	13937 (54%)
SARI without fever criteria , No. (%) [n = 275676 (88%)]	211673 (77%)	21121 (84%)	46362 (78%)	15986 (72%)	108369 (76%)	19835 (73%)
Hospitalization in state capital , No. (%) [n = 314615 (100%)]	162333 (52%)	13938 (51%)	45441 (64%)	15856 (66%)	78357 (48%)	8741 (30%)

The numbers and proportions within brackets refer to the available data for each variable.

SD – Standard deviation; SARI – Severe acute respiratory infection

a Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

b Number of chronic comorbidities is the sum of the following comorbidities: cardiovascular, diabetes, renal, neurologic, hematologic, hepatic, chronic respiratory disorder, obesity, immunosuppression.

Table A12.25 - Times of the disease, intensive care admissions and need of respiratory support among patients with a defined hospital outcome (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

	Brazil (n=284,747)	North (n=25061)	Northeast (n=61322)	Central-West (n=21186)	Southeast (n=149384)	South (n=27794)
ICU, No. (%)						
ICU admission [n = 251620 (88%)]	94948 (38%)	6118 (28%)	19495 (41%)	7701 (39%)	51663 (38%)	9971 (37%)
Respiratory support, No. (%) [n=240084; 84%]						
No support	65310 (27%)	5621 (28%)	11301 (25%)	5040 (27%)	36362 (28%)	6986 (27%)
Yes, non-invasive	119717 (50%)	9859 (48%)	20958 (46%)	9470 (50%)	66356 (52%)	13074 (50%)
Place of non-invasive respiratory support [n = 113543 (95%)]^a						
In ICU	32005 (28%)	1375 (14%)	5113 (26%)	2589 (29%)	19293 (31%)	3635 (28%)
Outside ICU	81538 (72%)	8153 (86%)	14386 (74%)	6480 (71%)	43286 (69%)	9233 (72%)
Yes, invasive	55057 (23%)	4950 (24%)	13766 (30%)	4430 (23%)	25967 (20%)	5944 (23%)
Place of invasive respiratory support, N (%) [n=53591, 97%]^a						
In ICU	45997 (86%)	3963 (82%)	11135 (84%)	3550 (82%)	21912 (87%)	5437 (92%)
Outside ICU	7594 (14%)	895 (18%)	2127 (16%)	796 (18%)	3297 (13%)	479 (8.1%)
Hospitalisation						
Hospital mortality, No. (%) [n=284747 (100%); 100%]	108566 (38%)	11099 (44%)	28929 (47%)	7278 (34%)	52777 (35%)	8483 (31%)
Length-of-Stay						
Hospital length-of-stay, median (IQR) [n=267418; 94%]	8 (4, 14)	7 (3, 14)	8 (4, 15)	8 (4, 14)	8 (4, 14)	8 (4, 14)
ICU LOS, median (IQR) [n = 51777 (55%)]	7 (3, 14)	6 (3, 12)	6 (3, 13)	7 (3, 13)	7 (3, 14)	9 (4, 17)
Time from onset of symptoms, median (IQR)						
to hospital admission [n = 248829 (87%)]	7 (4, 10)	7 (5, 11)	7 (4, 10)	7 (4, 10)	6 (4, 9)	6 (4, 9)
to ICU admission [n = 85714 (90%)]	7 (4, 10)	9 (5, 13)	7 (4, 11)	7 (5, 11)	7 (4, 10)	7 (4, 10)
to death [n = 106727 (98%)]	15 (9, 23)	14 (8, 21)	14 (8, 22)	16 (10, 25)	15 (9, 23)	17 (10, 25)
Time from hospital admission to death [n = 99041 (91%)]	9 (4, 17)	7 (3, 13)	8 (4, 16)	10 (5, 18)	10 (5, 17)	11 (6, 20)

The numbers and proportions in brackets refer to the available data for each variable.

ICU – intensive care unit

a The sum of non-invasive and invasive respiratory support when stratified by place - in ICU and outside ICU – does not match the total respiratory support type because of missing values on the variable ICU admission.

Table A12.26 - In-hospital mortality stratified by age and sex in Brazil (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

	Total	By age
Total	284747	108566/284747 (38%)
Age groups		
20-39	37557	4726/37557 (13%)
40-49	40980	7650/40980 (19%)
50-59	52599	14590/52599 (28%)
60-69	59222	25123/59222 (42%)
70-79	51503	28166/51503 (55%)
80+	42886	28311/42886 (66%)

	Total	Female	Male
Total	284697	45418/123502 (37%)	63134/161195 (39%)
Age groups			
20-39	37545	1977/17242 (11%)	2748/20303 (14%)
40-49	40971	2764/15541 (18%)	4886/25430 (19%)
50-59	52591	5361/20788 (26%)	9227/31803 (29%)
60-69	59208	9699/24736 (39%)	15417/34472 (45%)
70-79	51499	11569/22826 (51%)	16595/28673 (58%)
80+	42883	14048/22369 (63%)	14261/20514 (70%)

Table A12.27 - In-hospital mortality stratified by chronic comorbidities, level of education, self-reported race, and age (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

Comorbidities

	Total	No Comorbidity	1-2 Comorbidities	≥ 3 Comorbidities
Total	102788	5649/17154 (33%)	33113/76635 (43%)	5372/8999 (60%)
Age groups				
20-39	8252	381/2815 (14%)	1125/5134 (22%)	128/303 (42%)
40-49	11452	483/2587 (19%)	1978/8226 (24%)	280/639 (44%)
50-59	18669	780/3278 (24%)	4206/13915 (30%)	687/1476 (47%)
60-69	24193	1193/3334 (36%)	7757/18473 (42%)	1360/2386 (57%)
70-79	22021	1354/2762 (49%)	9069/16953 (53%)	1524/2306 (66%)
80+	18201	1458/2378 (61%)	8978/13934 (64%)	1393/1889 (74%)

Self-reported race *

	Total	White	Black/Brown	Asian	Indigenous
Total	208812	35218/96976 (36%)	45520/107793 (42%)	1260/3149 (40%)	392/894 (44%)
Age groups					
20-39	27256	1201/12024 (10%)	2346/14733 (16%)	49/370 (13%)	21/129 (16%)
40-49	29353	2040/13127 (16%)	3662/15724 (23%)	74/374 (20%)	29/128 (23%)
50-59	38190	4231/17638 (24%)	6603/19868 (33%)	146/523 (28%)	60/161 (37%)
60-69	43752	7878/20159 (39%)	10910/22742 (48%)	277/682 (41%)	75/169 (44%)
70-79	38537	9333/17944 (52%)	11751/19793 (59%)	343/656 (52%)	89/144 (62%)
80+	31724	10535/16084 (65%)	10248/14933 (69%)	371/544 (68%)	118/163 (72%)

* Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

Level of education

	Total	Illiterate	Up to high school	High school	College/University
Total	100107	4558/7397 (62%)	21069/45781 (46%)	9613/31949 (30%)	3569/14980 (24%)
Age groups					
20-39	14770	63/182 (35%)	580/3003 (19%)	929/7779 (12%)	285/3806 (7%)
40-49	15159	109/278 (39%)	1141/4698 (24%)	1239/6924 (18%)	402/3259 (12%)
50-59	18903	256/590 (43%)	2690/8524 (32%)	1875/6808 (28%)	588/2981 (20%)
60-69	20415	727/1306 (56%)	5228/11380 (46%)	2300/5222 (44%)	867/2507 (35%)
70-79	17128	1367/2204 (62%)	5963/10339 (58%)	1805/3105 (58%)	755/1480 (51%)
80+	13732	2036/2837 (72%)	5467/7837 (70%)	1465/2111 (69%)	672/947 (71%)

Table A12.28 - In-hospital mortality stratified by ICU admission, respiratory support and age
(Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

	Total	No ICU admission	ICU admission
Total	251620	37515/156672 (24%)	57175/94948 (60%)
Age groups			
20-39	33297	1414/24466 (6%)	2732/8831 (31%)
40-49	36490	2456/25452 (10%)	4262/11038 (39%)
50-59	46899	4663/30397 (15%)	8159/16502 (49%)
60-69	52261	8102/30703 (26%)	13804/21558 (64%)
70-79	45196	9591/24855 (39%)	14945/20341 (73%)
80+	37477	11289/20799 (54%)	13273/16678 (80%)

	Total	No respiratory support	Non-invasive ventilation	Invasive mechanical ventilation
Total	240084	10846/65310 (17%)	35042/119717 (29%)	44360/55057 (81%)
Age groups				
20-39	31548	515/13802 (4%)	1171/13787 (8%)	2299/3959 (58%)
40-49	34600	750/11946 (6%)	2053/17218 (12%)	3534/5436 (65%)
50-59	44743	1368/12602 (11%)	4216/23039 (18%)	6629/9102 (73%)
60-69	49991	2315/11486 (20%)	7463/24970 (30%)	11080/13535 (82%)
70-79	43272	2784/8772 (32%)	8971/21347 (42%)	11655/13153 (89%)
80+	35930	3114/6702 (46%)	11168/19356 (58%)	9163/9872 (93%)

	Total	No respiratory support		Non-invasive ventilation		Invasive mechanical ventilation	
		No ICU	ICU	No ICU	ICU	No ICU	ICU
Total	230728	7706/53703 (14%)	2747/9891 (28%)	20310/81538 (25%)	12632/32005 (39%)	5629/7594 (74%)	37545/45997 (82%)
Age groups							
20-39	30548	362/11863 (3%)	136/1612 (8%)	647/9856 (7%)	454/3347 (14%)	265/589 (45%)	1977/3281 (60%)
40-49	33350	556/10068 (6%)	159/1565 (10%)	1153/12274 (9%)	777/4147 (19%)	443/839 (53%)	3006/4457 (67%)
50-59	43067	977/10447 (9%)	339/1827 (19%)	2373/16075 (15%)	1597/5837 (27%)	838/1249 (67%)	5632/7632 (74%)
60-69	47935	1641/9381 (17%)	573/1791 (32%)	4212/16798 (25%)	2804/6805 (41%)	1374/1773 (77%)	9392/11387 (82%)
70-79	41472	1965/6874 (29%)	727/1654 (44%)	5185/14038 (37%)	3224/6100 (53%)	1432/1697 (84%)	9921/11109 (89%)
80+	34356	2205/5070 (43%)	813/1442 (56%)	6740/12497 (54%)	3776/5769 (65%)	1277/1447 (88%)	7617/8131 (94%)

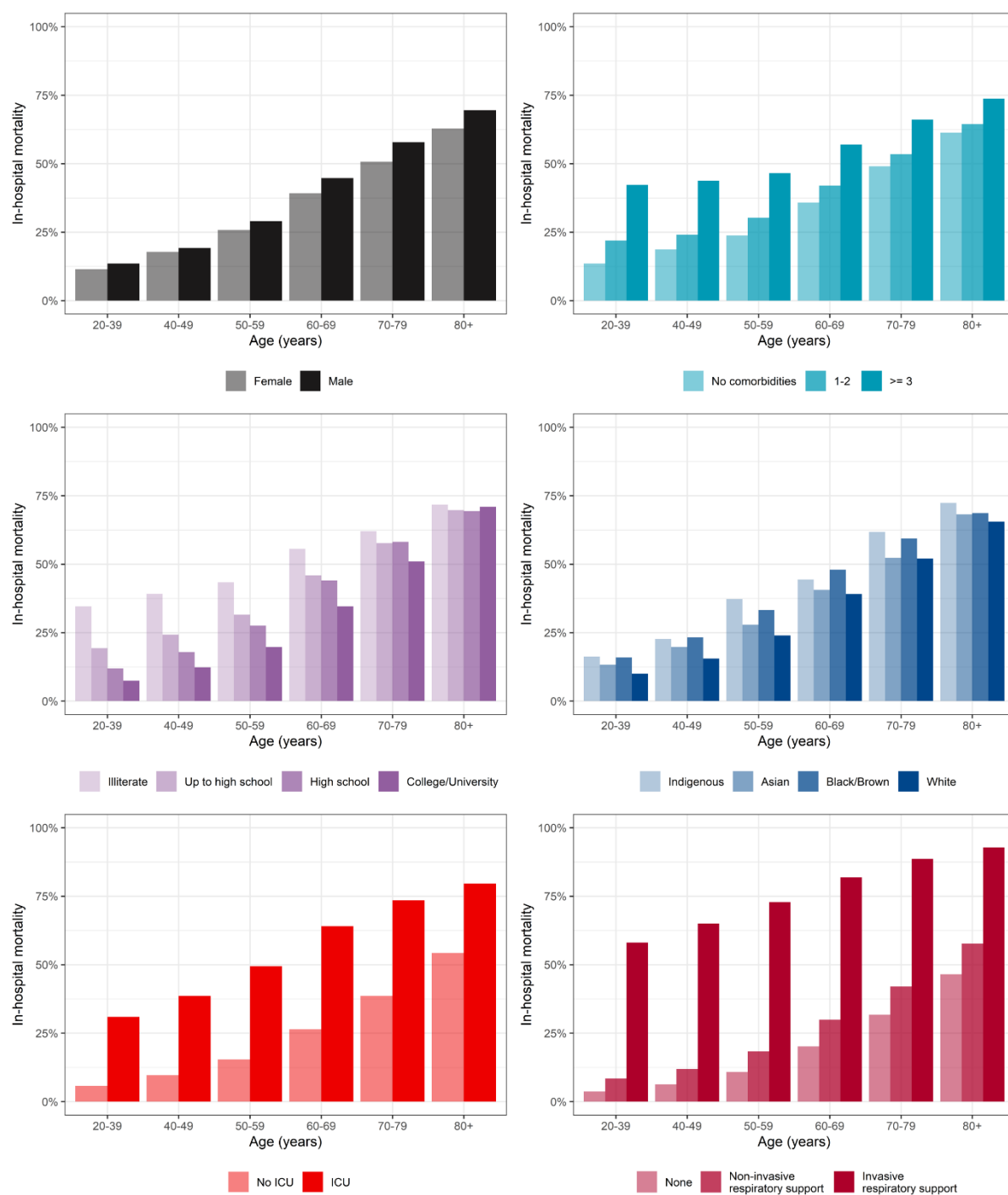


Figure A12.7 - In-hospital mortality stratified by age, sex, comorbidities, level of education, self-reported race *, intensive care admission and invasive mechanical ventilation for hospitalized COVID-19 patients in Brazil (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

* Race was collected as self-reported race or skin colour, originally classified as White (Branco), Black (Preto), Brown (Pardo), Asian (Amarelo), and Indigenous (Indígena)

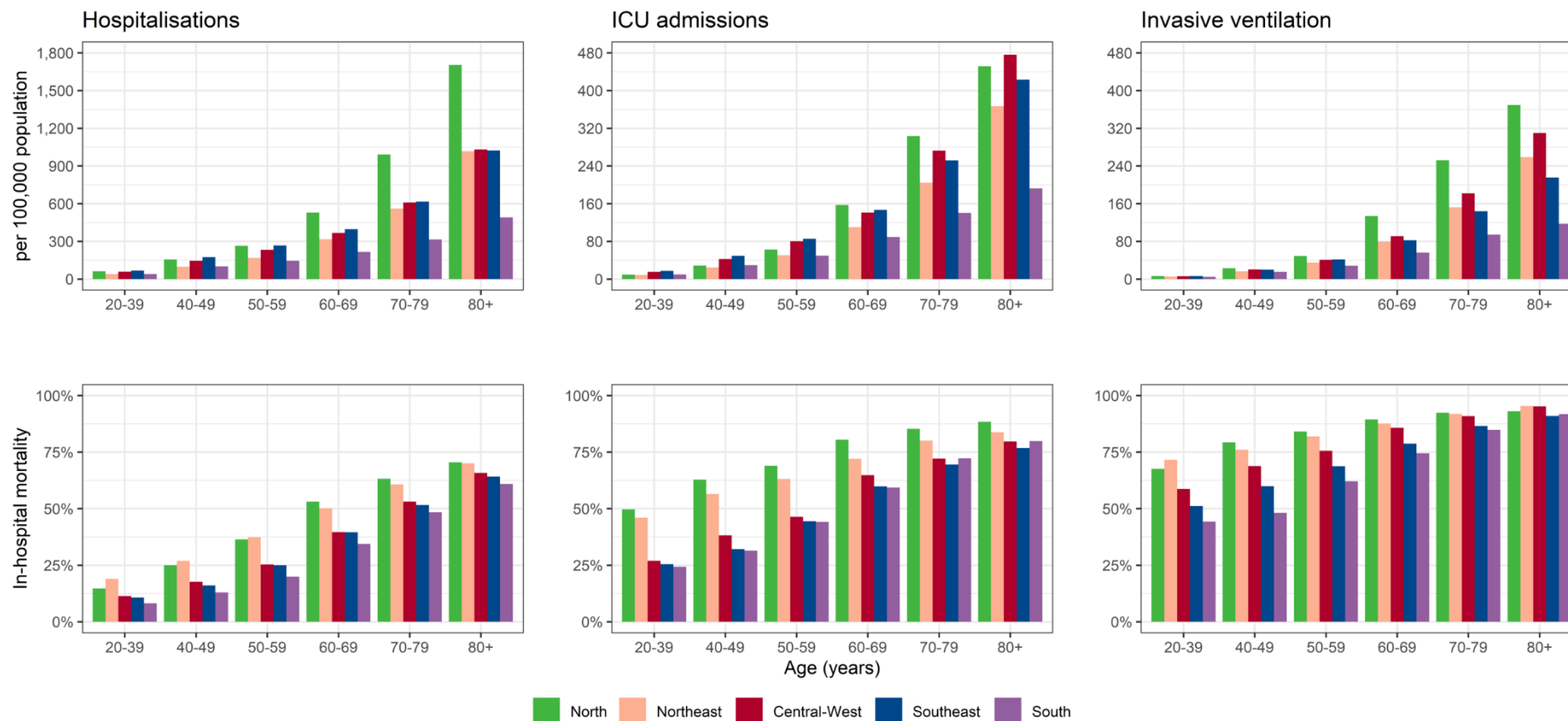


Figure A12.8 - Health system burden and in-hospital mortality stratified by age in hospitalised COVID-19 patients in the five regions of Brazil (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

Table A12.29 - Health system burden in Brazil and its regions (number / per 100,000 inhabitants) (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

Hospitalisations per population

	Brazil		North		Northeast		Central-West		Southeast		South	
Total	284747/151778729	187.6	25061/12049813	208.0	61322/39882347	153.8	21186/11678574	181.4	149384/65803414	227.0	27794/22364581	124.3
Age groups												
20-39	37557/68451093	54.9	3976/6448447	61.7	7596/19048242	39.9	3156/5484644	57.5	19060/28059711	67.9	3769/9410049	40.1
40-49	40980/29255478	140.1	3662/2357103	155.4	7516/7654000	98.2	3483/2386731	145.9	22137/12717264	174.1	4182/4140380	101.0
50-59	52599/23875081	220.3	4226/1600270	264.1	10000/5930317	168.6	4226/1825822	231.5	28625/10724660	266.9	5522/3794012	145.5
60-69	59222/16732972	353.9	5150/974828	528.3	12343/3893805	317.0	4241/1155857	366.9	31455/7919342	397.2	6033/2789140	216.3
70-79	51503/9023052	570.8	4657/470277	990.3	12572/2245607	559.8	3499/575162	608.4	26037/4225114	616.2	4738/1506892	314.4
80+	42886/4441053	965.7	3390/198888	1704.5	11295/1110376	1017.2	2581/250358	1030.9	22070/2157323	1023.0	3550/724108	490.3

ICU admissions per population

	Brazil		North		Northeast		Central-West		Southeast		South	
Total	94948/151778729	62.6	6118/12049813	50.8	19495/39882347	48.9	7701/11678574	65.9	51663/65803414	78.5	9971/22364581	44.6
Age groups												
20-39	8831/68451093	12.9	590/6448447	9.1	1661/19048242	8.7	836/5484644	15.2	4854/28059711	17.3	890/9410049	9.5
40-49	11038/29255478	37.7	672/2357103	28.5	1881/7654000	24.6	1010/2386731	42.3	6265/12717264	49.3	1210/4140380	29.2
50-59	16502/23875081	69.1	1001/1600270	62.6	2999/5930317	50.6	1468/1825822	80.4	9154/10724660	85.4	1880/3794012	49.6
60-69	21558/16732972	128.8	1531/974828	157.1	4288/3893805	110.1	1628/1155857	140.8	11626/7919342	146.8	2485/2789140	89.1
70-79	20341/9023052	225.4	1426/470277	303.2	4594/2245607	204.6	1568/575162	272.6	10640/4225114	251.8	2113/1506892	140.2
80+	16678/4441053	375.5	898/198888	451.5	4072/1110376	366.7	1191/250358	475.7	9124/2157323	422.9	1393/724108	192.4

Hospitalisations requiring invasive mechanical ventilation per population

	Brazil		North		Northeast		Central-West		Southeast		South	
Total	55057/151778729	36.3	4950/12049813	41.1	13766/39882347	34.5	4430/11678574	37.9	25967/65803414	39.5	5944/22364581	26.6
Age groups												
20-39	3959/68451093	5.8	407/6448447	6.3	1035/19048242	5.4	329/5484644	6.0	1757/28059711	6.3	431/9410049	4.6
40-49	5436/29255478	18.6	540/2357103	22.9	1261/7654000	16.5	481/2386731	20.2	2531/12717264	19.9	623/4140380	15.0
50-59	9102/23875081	38.1	779/1600270	48.7	2071/5930317	34.9	745/1825822	40.8	4446/10724660	41.5	1061/3794012	28.0
60-69	13535/16732972	80.9	1304/974828	133.8	3105/3893805	79.7	1053/1155857	91.1	6512/7919342	82.2	1561/2789140	56.0
70-79	13153/9023052	145.8	1186/470277	252.2	3420/2245607	152.3	1046/575162	181.9	6082/4225114	143.9	1419/1506892	94.2
80+	9872/4441053	222.3	734/198888	369.1	2874/1110376	258.8	776/250358	310.0	4639/2157323	215.0	849/724108	117.2

Table A12.30 - Overall in-hospital mortality, among those admitted to the ICU or under invasive mechanical ventilation, stratified by age and Brazilian regions (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

In-hospital mortality (Overall)

	Brazil	North	Northeast	Central-West	Southeast	South
Total	108566/284747 (38.1%)	11099/25061 (44.3%)	28929/61322 (47.2%)	7278/21186 (34.4%)	52777/149384 (35.3%)	8483/27794 (30.5%)
Age groups						
20-39	4726/37557 (12.6%)	584/3976 (14.7%)	1439/7596 (18.9%)	358/3156 (11.3%)	2038/19060 (10.7%)	307/3769 (8.1%)
40-49	7650/40980 (18.7%)	914/3662 (25%)	2026/7516 (27%)	615/3483 (17.7%)	3553/22137 (16.1%)	542/4182 (13%)
50-59	14590/52599 (27.7%)	1537/4226 (36.4%)	3740/10000 (37.4%)	1069/4226 (25.3%)	7143/28625 (25%)	1101/5522 (19.9%)
60-69	25123/59222 (42.4%)	2733/5150 (53.1%)	6183/12343 (50.1%)	1681/4241 (39.6%)	12449/31455 (39.6%)	2077/6033 (34.4%)
70-79	28166/51503 (54.7%)	2942/4657 (63.2%)	7634/12572 (60.7%)	1858/3499 (53.1%)	13438/26037 (51.6%)	2294/4738 (48.4%)
80+	28311/42886 (66%)	2389/3390 (70.5%)	7907/11295 (70%)	1697/2581 (65.7%)	14156/22070 (64.1%)	2162/3550 (60.9%)

In-hospital mortality (ICU admissions)

	Brazil	North	Northeast	Central-West	Southeast	South
Total	57175/94948 (60.2%)	4647/6118 (76%)	13899/19495 (71.3%)	4427/7701 (57.5%)	28661/51663 (55.5%)	5541/9971 (55.6%)
Age groups						
20-39	2732/8831 (30.9%)	293/590 (49.7%)	764/1661 (46%)	225/836 (26.9%)	1234/4854 (25.4%)	216/890 (24.3%)
40-49	4262/11038 (38.6%)	422/672 (62.8%)	1063/1881 (56.5%)	386/1010 (38.2%)	2010/6265 (32.1%)	381/1210 (31.5%)
50-59	8159/16502 (49.4%)	690/1001 (68.9%)	1893/2999 (63.1%)	681/1468 (46.4%)	4065/9154 (44.4%)	830/1880 (44.1%)
60-69	13804/21558 (64%)	1232/1531 (80.5%)	3090/4288 (72.1%)	1055/1628 (64.8%)	6952/11626 (59.8%)	1475/2485 (59.4%)
70-79	14945/20341 (73.5%)	1216/1426 (85.3%)	3678/4594 (80.1%)	1131/1568 (72.1%)	7394/10640 (69.5%)	1526/2113 (72.2%)
80+	13273/16678 (79.6%)	794/898 (88.4%)	3411/4072 (83.8%)	949/1191 (79.7%)	7006/9124 (76.8%)	1113/1393 (79.9%)

In-hospital mortality (Invasive mechanical ventilation)

	Brazil	North	Northeast	Central-West	Southeast	South
Total	44360/55057 (80.6%)	4303/4950 (86.9%)	12004/13766 (87.2%)	3680/4430 (83.1%)	20077/25967 (77.3%)	4296/5944 (72.3%)
Age groups						
20-39	2299/3959 (58.1%)	275/407 (67.6%)	741/1035 (71.6%)	193/329 (58.7%)	899/1757 (51.2%)	191/431 (44.3%)
40-49	3534/5436 (65%)	428/540 (79.3%)	959/1261 (76.1%)	331/481 (68.8%)	1516/2531 (59.9%)	300/623 (48.2%)
50-59	6629/9102 (72.8%)	655/779 (84.1%)	1697/2071 (81.9%)	563/745 (75.6%)	3055/4446 (68.7%)	659/1061 (62.1%)
60-69	11080/13535 (81.9%)	1166/1304 (89.4%)	2722/3105 (87.7%)	903/1053 (85.8%)	5126/6512 (78.7%)	1163/1561 (74.5%)
70-79	11655/13153 (88.6%)	1096/1186 (92.4%)	3142/3420 (91.9%)	951/1046 (90.9%)	5262/6082 (86.5%)	1204/1419 (84.8%)
80+	9163/9872 (92.8%)	683/734 (93.1%)	2743/2874 (95.4%)	739/776 (95.2%)	4219/4639 (90.9%)	779/849 (91.8%)

Table A12.31 - Hospitalisations and ICU admissions per hospital and ICU beds in Brazil and regions (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)*

	Brazil		North		Northeast		Central-West		Southeast		South	
	N	rate	N	rate	N	rate	N	rate	N	rate	N	rate
All hospitalizations (n/per 100,000 hospital beds)	28474/ 356344	79,908	2506/ 23719	105,658	61322/ 87604	69,999	21186/ 29606	71,560	149384/ 57510	94,841	18525/ 57905	31,992
ICU admissions (n/per 1000 ICU beds)	94948/ 37692	2,519	6118/ 1686	3,629	19495/ 7171	2,719	7701/ 3340	2,306	51663/ 20403	2,532	9971/ 5092	1,958

* Beds data on February 2020

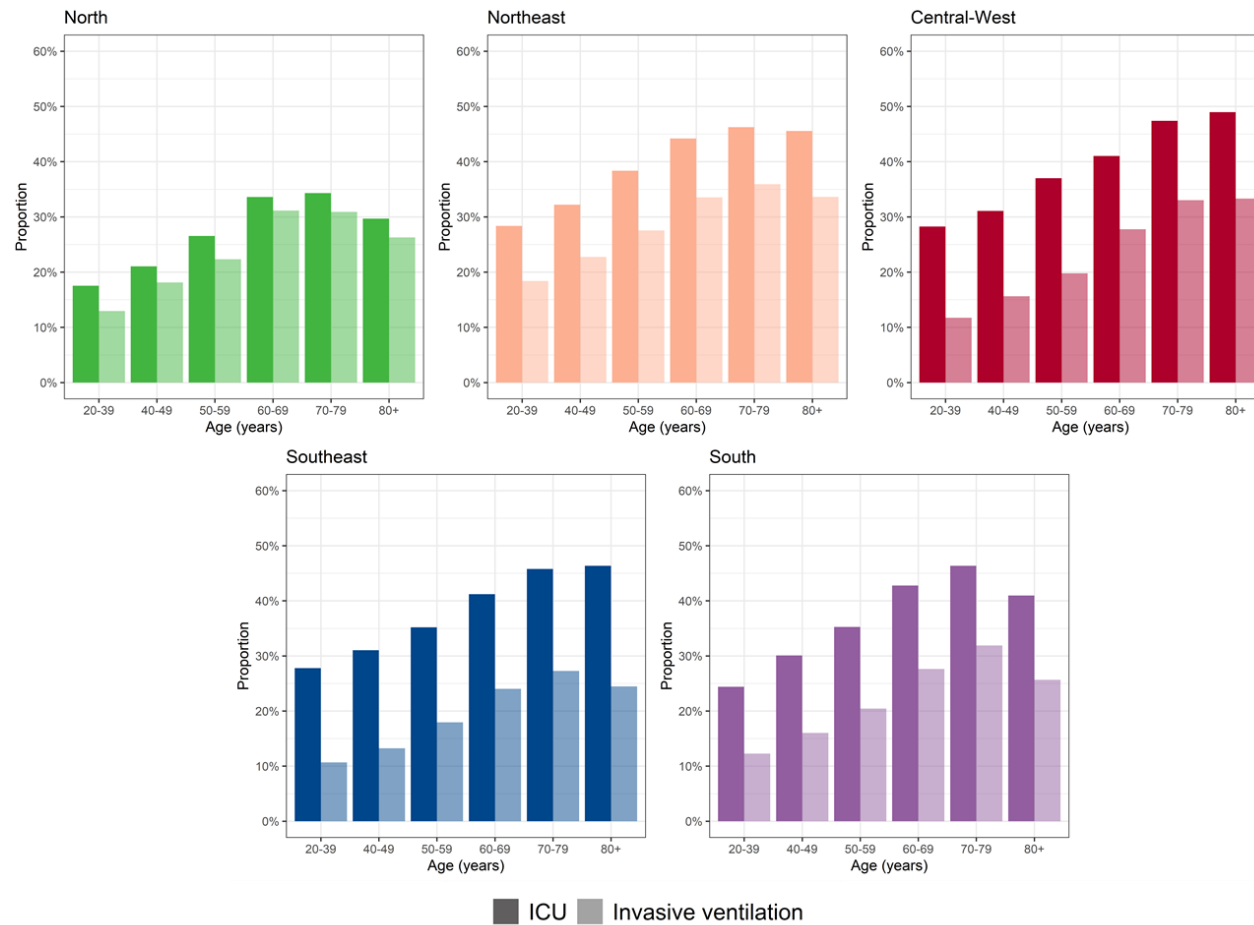


Figure A12.9 - Proportion of intensive care unit admission and use of mechanical ventilation stratified by age in hospitalised COVID-19 patients in the five regions of Brazil (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

Table A12.32 - Use of resources in terms of proportions of hospitalised patients admitted to the ICU and under invasive mechanical ventilation stratified by age and region (Sensitivity Analysis: patients with laboratorial and clinical diagnosis of COVID-19)

Proportion of ICU admission

	Brazil	North	Northeast	Central-West	Southeast	South
Total	94948/251620 (37.7%)	6118/22070 (27.7%)	19495/48095 (40.5%)	7701/19886 (38.7%)	51663/134801 (38.3%)	9971/26768 (37.2%)
Age groups						
20-39	8831/33297 (26.5%)	590/3367 (17.5%)	1661/5859 (28.3%)	836/2960 (28.2%)	4854/17465 (27.8%)	890/3646 (24.4%)
40-49	11038/36490 (30.2%)	672/3194 (21%)	1881/5840 (32.2%)	1010/3249 (31.1%)	6265/20185 (31%)	1210/4022 (30.1%)
50-59	16502/46899 (35.2%)	1001/3771 (26.5%)	2999/7822 (38.3%)	1468/3967 (37%)	9154/26007 (35.2%)	1880/5332 (35.3%)
60-69	21558/52261 (41.3%)	1531/4557 (33.6%)	4288/9704 (44.2%)	1628/3969 (41%)	11626/28222 (41.2%)	2485/5809 (42.8%)
70-79	20341/45196 (45%)	1426/4156 (34.3%)	4594/9933 (46.2%)	1568/3308 (47.4%)	10640/23240 (45.8%)	2113/4559 (46.3%)
80+	16678/37477 (44.5%)	898/3025 (29.7%)	4072/8937 (45.6%)	1191/2433 (49%)	9124/19682 (46.4%)	1393/3400 (41%)

Proportion on invasive mechanical ventilation

	Brazil	North	Northeast	Central-West	Southeast	South
Total	55057/240084 (22.9%)	4950/20430 (24.2%)	13766/46025 (29.9%)	4430/18940 (23.4%)	25967/128685 (20.2%)	5944/26004 (22.9%)
Age groups						
20-39	3959/31548 (12.5%)	407/3142 (13%)	1035/5627 (18.4%)	329/2806 (11.7%)	1757/16456 (10.7%)	431/3517 (12.3%)
40-49	5436/34600 (15.7%)	540/2980 (18.1%)	1261/5546 (22.7%)	481/3079 (15.6%)	2531/19105 (13.2%)	623/3890 (16%)
50-59	9102/44743 (20.3%)	779/3491 (22.3%)	2071/7520 (27.5%)	745/3766 (19.8%)	4446/24774 (17.9%)	1061/5192 (20.4%)
60-69	13535/49991 (27.1%)	1304/4186 (31.2%)	3105/9262 (33.5%)	1053/3792 (27.8%)	6512/27103 (24%)	1561/5648 (27.6%)
70-79	13153/43272 (30.4%)	1186/3839 (30.9%)	3420/9520 (35.9%)	1046/3168 (33%)	6082/22295 (27.3%)	1419/4450 (31.9%)
80+	9872/35930 (27.5%)	734/2792 (26.3%)	2874/8550 (33.6%)	776/2329 (33.3%)	4639/18952 (24.5%)	849/3307 (25.7%)

Table A 12.33 - In-hospital mortality by comorbidities numbers, ICU admission and respiratory support in main analysis and multiple imputed data in Brazil (sensitivity analysis)

	Original (complete cases)	Imputed values
Number of comorbidities		
0	4494/13836 (32%)	24.6%
1-2	26933/62766 (43%)	35.9%
≥3	4685/7798 (60%)	48.7%
Respiratory Support		
None	8655/54314 (16%)	16.4%
Yes, non-invasive	28287/96729 (29%)	29.7%
Yes, invasive	36046/45205 (80%)	80.0%
ICU admission	47002/79687 (59%)	59.4%

Table A 12.34 - In-hospital mortality by comorbidities numbers and age in main analysis and multiple imputed data in Brazil (sensitivity analysis)

	Total	No Comorbidity	1-2 Comorbidities	≥ 3 Comorbidities
Age groups				
20-39	6780	291/2245 (13%)	937/4278 (22%)	104/257 (40%)
40-49	9547	396/2171 (18%)	1591/6824 (23%)	243/552 (44%)
50-59	15438	625/2691 (23%)	3432/11484 (30%)	594/1263 (47%)
60-69	19886	951/2691 (35%)	6300/15112 (42%)	1187/2083 (57%)
70-79	17957	1051/2165 (49%)	7360/13772 (53%)	1349/2020 (67%)
80+	14792	1180/1873 (63%)	7313/11296 (65%)	1208/1623 (74%)
Multiple imputed				
Age groups				
20-39		7.9%	12.2%	19.0%
40-49		13.3%	16.8%	25.9%
50-59		20.4%	24.9%	37.0%
60-69		34.5%	38.7%	52.4%
70-79		48.5%	51.5%	62.9%
80+		63%	63.9%	71.7%

Table A 12.35 -In-hospital mortality by comorbidities numbers, ICU admission and respiratory support in main analysis and multiple imputed data stratified by age (sensitivity analysis)

In-hospital mortality (ICU admissions)

	North		Northeast		Central-West		Southeast		South	
	Complete case	Imputed	Complete case	Imputed	Complete case	Imputed	Complete case	Imputed	Complete case	Imputed
Age groups										
20-39	195/334 (58.4%)	57.5%	579/1279 (45.3%)	42.1%	185/732 (25.3%)	25.4%	1065/4354 (24.5%)	24.6%	201/813 (24.7%)	24.6%
40-49	265/404 (65.6%)	65.7%	799/1440 (55.5%)	52.4%	324/890 (36.4%)	36.3%	1763/5630 (31.3%)	31.5%	352/1114 (31.6%)	31.5%
50-59	468/645 (72.6%)	72.8%	1441/2324 (62%)	60.5%	554/1266 (43.8%)	44.1%	3513/8097 (43.4%)	43.6%	756/1702 (44.4%)	44.3%
60-69	800/950 (84.2%)	84.1%	2350/3318 (70.8%)	70.8%	896/1420 (63.1%)	62.7%	5980/10094 (59.2%)	59.5%	1346/2276 (59.1%)	59.1%
70-79	779/891 (87.4%)	87.7%	2720/3401 (80%)	79.4%	954/1345 (70.9%)	70.9%	6408/9264 (69.2%)	69.4%	1396/1947 (71.7%)	71.6%
80+	515/562 (91.6%)	91.7%	2594/3105 (83.5%)	83.9%	821/1029 (79.8%)	79.9%	5964/7785 (76.6%)	77.0%	1019/1276 (79.9%)	79.7%

In-hospital mortality (Invasive mechanical ventilation)

	North		Northeast		Central-West		Southeast		South	
	Complete case	Imputed	Complete case	Imputed	Complete case	Imputed	Complete case	Imputed	Complete case	Imputed
Age groups										
20-39	193/250 (77.2%)	75.7%	551/791 (69.7%)	65.4%	164/279 (58.8%)	57.4%	774/1559 (49.6%)	49.8%	176/399 (44.1%)	43.8%
40-49	269/334 (80.5%)	80.2%	717/947 (75.7%)	72.5%	273/397 (68.8%)	67.8%	1317/2239 (58.8%)	59%	274/571 (48%)	48%
50-59	446/520 (85.8%)	85.8%	1291/1579 (81.8%)	79.9%	456/605 (75.4%)	74.4%	2662/3923 (67.9%)	68.1%	604/959 (63%)	62.6%
60-69	748/821 (91.1%)	91.1%	2056/2353 (87.4%)	86.4%	743/875 (84.9%)	84.5%	4424/5673 (78%)	78.6%	1057/1426 (74.1%)	74.2%
70-79	711/765 (92.9%)	93.4%	2289/2494 (91.8%)	91.3%	787/863 (91.2%)	91%	4551/5291 (86%)	86.5%	1095/1293 (84.7%)	84.6%
80+	443/465 (95.3%)	95.3%	2059/2158 (95.4%)	95.1%	616/648 (95.1%)	94.9%	3597/3963 (90.8%)	91.2%	703/765 (91.9%)	91.8%

12.3.5

Appendix A4.5 – Comparison of multicenter COVID-19 cohorts

	Multicentre study cohort					
Authors	Ranzani et al.	(DOCHERTY et al., 2020)	(GRASSELLI et al., 2020)	(GUPTA et al., 2020)	(KARAGIANNIDIS et al., 2020)	(NAMENDYS-SILVA; GUTIÉRREZ-VILLASEÑOR; ROMERO-GONZÁLEZ, 2020)
Country	Brazil	United Kingdom	Italy	United States	Germany	Mexico
Coverage	Nationwide	Nationwide	Lombardy	Nationwide	Nationwide	Nationwide
Population	Adults (≥20 years)	No age restriction	No age restriction	≥ 18 years	≥ 18 years	≥ 18 years
Hospitalized patients (N)	232,036	20,133	3,988	2,215	10,021	131,583
ICU patients analyzed (N)	79,687/205,493	3,001	3,988	2,215	Not reported	Not reported
Patients with invasive mechanical ventilation (N)	45,205 / 196,248	1,658	2,929	1,494	1,318	12,018
Age (median, IQR or mean, SD)	61 (47-73)	72.9 (58-82)	63 (56-69)	60.5 (14.5)	72 (57-82)	Not reported
Male (%)	56%	60%	79.9%	64.8%	51.9%	Not reported
Patients that remained hospitalized at the end of study or incomplete data (N, %)	22,252 (8.8%)	6,769 (34%)	501 (12.6%)	137 (6.2%)	4.8%	Not reported
In-hospital mortality of patients with a hospital discharge (%)	38%	5165/13,364 (39%)	Not reported	35.4%	22%	Not reported
In-hospital mortality of ICU patients with discharge disposition at study end (%)	59%	54%	48.3%	39.5%	Not reported	Not reported
Mortality in patients with invasive mechanical ventilation (%)	80.0% (36,046/45,205)	69%	51.7%	Not reported	52.8%	73.7%

12.4

Appendix A5

12.4.1

Appendix A5.1 – Data sources and study population

Data from hospital admissions were obtained from the Influenza Epidemiological Surveillance Information System, SIVEP-Gripe (*Sistema de Informação de Vigilância Epidemiológica da Gripe*), a nationwide surveillance database used to monitor severe acute respiratory infections in Brazil. A detailed description of data definition was provided previously (RANZANI et al., 2021)

Briefly, we included patients with COVID-19 diagnosed by RT-qPCR or other criteria, aged over 20 years, and admitted to the hospital between February 16, 2020 to May 24, 2021.

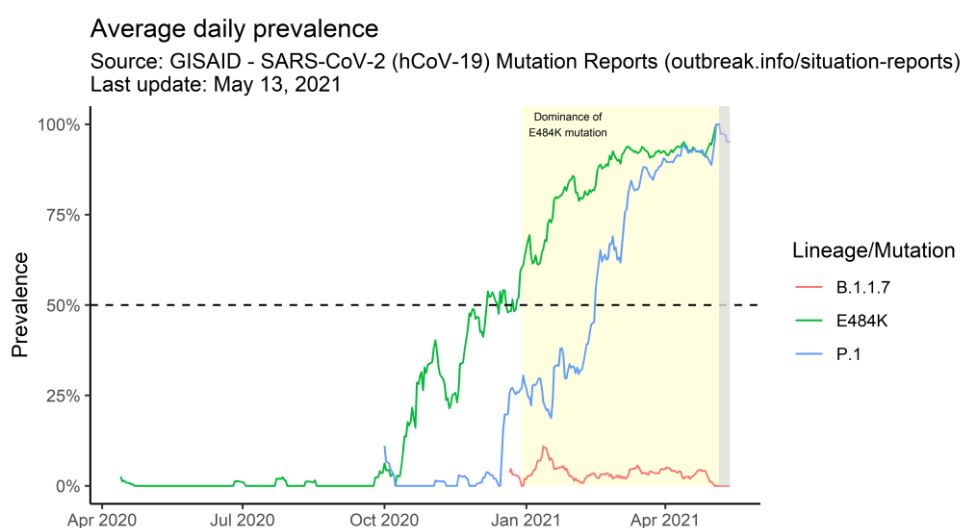
In our analysis, we compared first, and second waves defined by the lowest value per week of hospitalized cases in Brazil (Epidemiological week 43).² Within the second wave, we compared the periods before and after the dominance (when genomic data point towards 50% of the sample carrying the mutation, epidemiological week 53).

In Appendix A4.2, we also considered data of prevalence for the P.1 and B.1.1.7 variants of concern (LATIF et al., 2020).

12.4.2

Appendix A5.2 - Average daily prevalence of Variants of Concern in Brazil

Shaded area: Noisy data due to small samples reported, according to <https://outbreak.info>



12.4.3

Appendix A5.3 - Comparison of hospital admissions and in-hospital mortality between first and second COVID-19 waves in Brazil (n = 1,187,840)

Characteristics	First wave [n = 468,561]	Second wave [n = 719,279]	Second wave**	
			Before E484K mutation dominance [n = 170,718]	After E484K mutation dominance [n = 548,561]
Admissions per week, median (IQR)	14220 (9041-18792)	22703 (18533-33914)	17838 (15392-19331)	27791 (22732-37556)
Highest number of admissions in a week	21294	53424	22319	53424
Female n (%) [n = 1,187,650]	205,555 (43.9%)	321,797 (44.7%)	76,025 (44.5%)	245,772 (44.8%)
Age (years), median (IQR) [n = 1,187,840]	62 (48, 74)	60 (48, 71)	63 (50, 74)	59 (47, 70)
20-39	61,510 (13.1%)	92,387 (12.8%)	18,663 (10.9%)	73,724 (13.4%)
40-59	153,331 (32.7%)	256,940 (35.7%)	53,846 (31.5%)	203,094 (37.0%)
>=60	253,720 (54.1%)	369,952 (51.4%)	98,209 (57.5%)	271,743 (49.5%)
Self-reported race, n (%) [n = 954,247]				
Black/Brown	184,000 (51.3%)	261,503 (43.9%)	59,037 (42.0%)	202,466 (44.5%)
White	168,168 (46.9%)	326,382 (54.8%)	79,712 (56.7%)	246,670 (54.2%)
Asian	5,168 (1.4%)	6,622 (1.1%)	1,649 (1.2%)	4,973 (1.1%)
Indigenous	1,416 (0.4%)	988 (0.2%)	311 (0.2%)	677 (0.1%)
Self-reported level of education, n (%) [n = 423,165]				
Illiterate	12,458 (7.5%)	14,450 (5.6%)	3,507 (5.7%)	10,943 (5.6%)
Up to high school	76,441 (45.9%)	117,398 (45.7%)	27,186 (44.0%)	90,212 (46.3%)
High school	52,009 (31.2%)	82,929 (32.3%)	19,279 (31.2%)	63,650 (32.6%)
College/University	25,581 (15.4%)	41,899 (16.3%)	11,747 (19.0%)	30,152 (15.5%)
Residing in State capitals, n (%) [n = 1,187,840]	226,026 (48.2%)	269,881 (37.5%)	71,277 (41.8%)	198,604 (36.2%)
Area of residence, n (%) [n = 1,052,457]				
Urban	397,420 (95.5%)	604,041 (94.9%)	144,464 (95.6%)	459,577 (94.7%)
Rural	17,348 (4.2%)	30,114 (4.7%)	6,060 (4.0%)	24,054 (5.0%)
Peri-urban	1,443 (0.3%)	2,091 (0.3%)	536 (0.4%)	1,555 (0.3%)
Hypoxaemia, n (%) [n = 1,005,396]	273,071 (69.5%)	481,971 (78.7%)	105,168 (72.9%)	376,803 (80.5%)
ICU admission, n (%) [n = 1,060,462]	156,747 (37.6%)	241,371 (37.5%)	59,806 (38.6%)	181,565 (37.1%)
Respiratory Support, n (%) [n = 1,027,116]	291,463 (73.2%)	524,788 (83.4%)	115,693 (77.6%)	409,095 (85.2%)
NIV, n (%) [n = 1,027,116]	207,526 (52.1%)	386,160 (61.4%)	87,939 (59.0%)	298,221 (62.1%)
IMV, n (%) [n = 1,027,116]	83,937 (21.1%)	138,628 (22.0%)	27,754 (18.6%)	110,874 (23.1%)
IMV inside ICU, n (%) [n = 217,376]	70,764 (86.5%)	116,457 (85.9%)	23,925 (87.9%)	92,532 (85.4%)
IMV outside ICU, n (%) [n = 217,376]	11,065 (13.5%)	19,090 (14.1%)	3,287 (12.1%)	15,803 (14.6%)
Admissions with an outcome, n (%) [n = 1,187,840]	436,653 (93.2%)	613,980 (85.4%)	154,088 (90.3%)	459,892 (83.8%)
In-hospital mortality, n (%) [n = 1,050,633] (admissions with an outcome)*	155,644 (35.6%)	237,767 (38.7%)	50,960 (33.1%)	186,807 (40.6%)
20-39 years [n = 132,946]	6,547 (11.6%)	12,953 (16.9%)	1,865 (11.2%)	11,088 (18.5%)
40-59 years [n = 356,306]	30,924 (21.8%)	58,824 (27.5%)	9,193 (19.1%)	49,631 (29.9%)
>= 60 years [n = 561,381]	118,173 (49.6%)	165,990 (51.4%)	39,902 (44.7%)	126,088 (53.9%)
ICU admission, n (%) [n = 361,842]	85,818 (57.8%)	138,052 (64.7%)	30,713 (56.0%)	107,339 (67.7%)
NIV, n (%) [n = 518,072]	52,014 (26.9%)	89,796 (27.7%)	19,604 (24.8%)	70,192 (28.6%)
IMV, n (%) [n = 208,560]	64,260 (79.2%)	105,785 (83.0%)	20,823 (78.8%)	84,962 (84.1%)

ICU – intensive care unit; NIV – Non-invasive ventilation; IMV – Invasive Mechanical Ventilation

*All in-hospital mortality estimates were calculated using only admissions with an outcome.

First wave - Epidemiological weeks 8/2020 to 43/2020 (February 16, 2020 to October 24, 2020)

Second wave - Epidemiological weeks 44/2020 to 17/2021* (October 25, 2020 to May 01, 2021)

**We included data until week 16/2021 (May 01, 2021) to reduce potential effects from the notification delay on estimates.

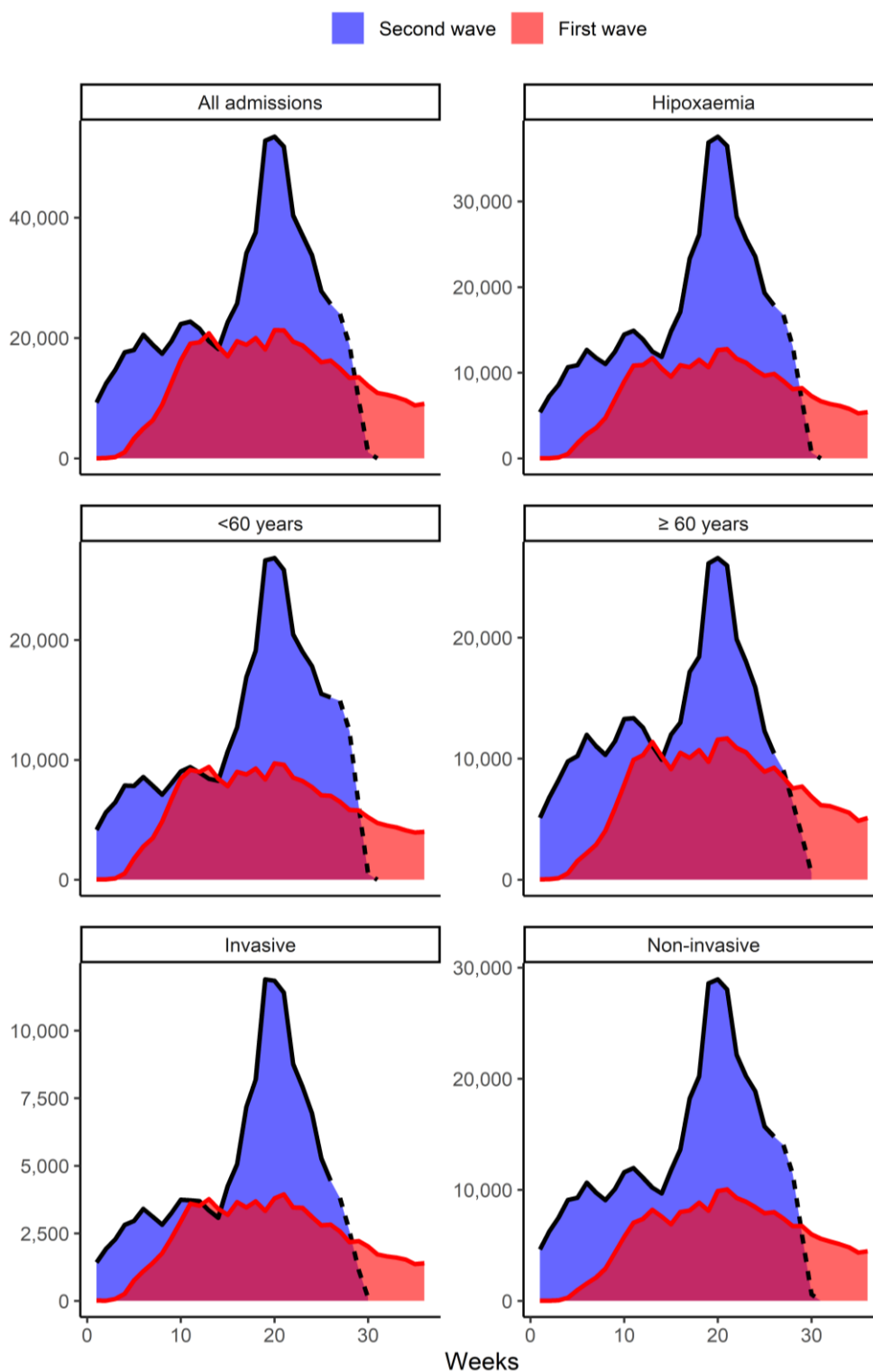
Before E484K mutation dominance - Epidemiological weeks 44/2020 to 53/2020 (October 25, 2020 to January 02, 2021)

After E484K mutation dominance - Epidemiological weeks 01/2021 to 16/2021

12.4.4

Appendix A5.4 - Comparison of first and second waves of COVID-19 hospital admissions in Brazil.

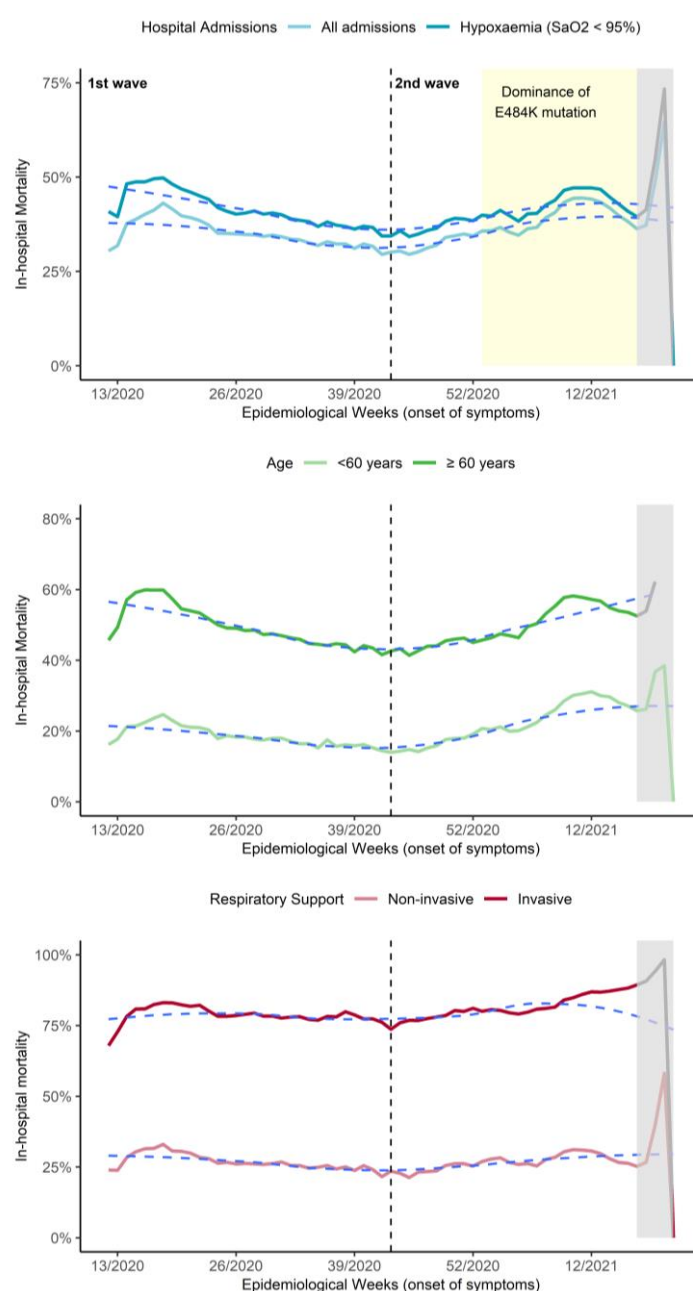
We compared the caseload of hospital admissions since the beginning of each wave: first wave – week 8, second wave – week 43. Dashed line represents expected delay in notification of hospital admissions to the SIVEP-Gripe database



12.4.5

Appendix A5.5 - In-hospital mortality stratified by hypoxaemia, age, and respiratory support.

Data refers to adult COVID-19 hospital admissions with an outcome. The x-axis denotes the epidemiological week when symptom onset occurred for hospital admissions. The grey-shaded area represents a period of uncertainty, particularly for deaths, due to the expected notification delay from the SIVEP-Gripe (Data exported on May 26, 2021). First and second waves are defined by the lowest value per week of hospitalized cases in Brazil (dashed line, epidemiological week 43/2020),³ whereas the yellow-shaded area in the period of the mutation's domination (epidemiological week 53/2020).



12.4.6

Appendix A5.6 - Changes in Mobility in Brazil

Data extracted from the Google COVID-19 Community Mobility Reports on May 23, 2021. Last update was May 26, 2021.

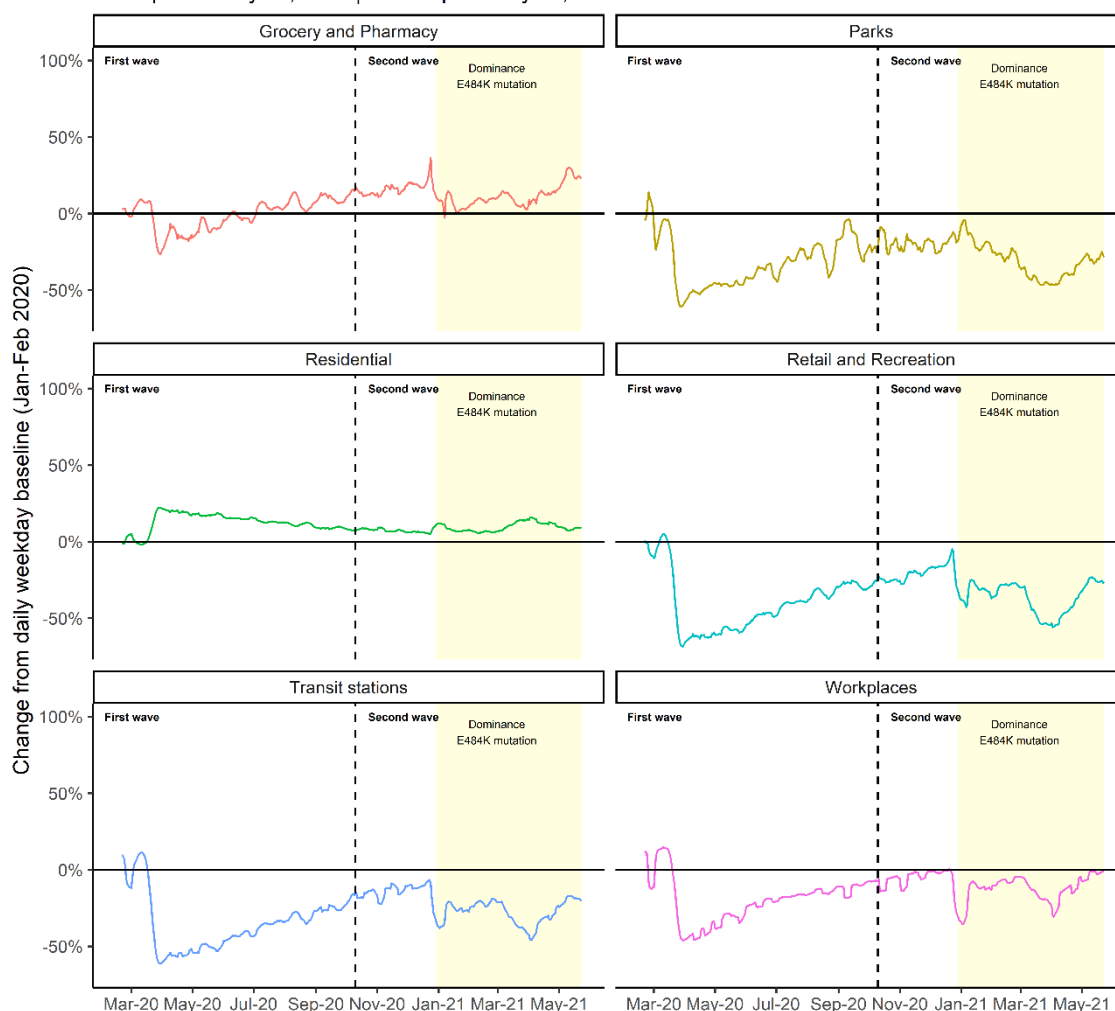
Mobility is evaluated as the percent change from baseline values of length of stay and visits to different places. Baselines are the median values of each day of the week from January 03, 2020 to February 06, 2020 (GOOGLE LLC, 2020).

We calculated the 7-day moving average of change from daily baseline to reduce noisy data.

Daily average change in mobility (7-day Moving average)

Source: Google COVID-19 Community Mobility Reports (google.com/covid19/mobility/)

Last update: May 23, 2021 | Data export: May 26, 2021



12.5 Appendix A6

12.5.1 Appendix A6.1 – Supplemental Methods

Missing values: To describe patient's clinical characteristics, outcomes, and organ support, we provided their corresponding number of complete cases for incomplete variables. Those variables were not included in the primary analyses. In sensitivity analysis, we imputed values of PaFO₂/FiO₂ ratio using multiple imputation with chained equations.

Structure change identification: To select time periods of different structural behaviors (e.g., trends or inflection points), we used a method for automatic identification of structural changes in time series. This method stratifies the time series and estimates linear models in the segmented data, thus finding the optimal number of breakpoints that minimizes the Bayesian Information Criteria (BIC). The method is available in the R package *strucchange* (ZEILEIS et al., 2002).

We evaluated the structural changes in the time series of daily number of ICU deaths. Since there is a delay in the deaths related to the admission, we considered only the time series starting at the occurrence of first death (in this case, March 15th). The estimated breakpoint dates divided our sample into time periods referred to as “period of admission”.

In our study, three breakpoints were estimated (Figure 1 in the manuscript): April 25th, 2020; June 06th, 2020; and August 10th. Thus, our sample was stratified into four distinct time periods, separated by those breakpoints: Period 1 – February 27th to April 25th; Period 2 – April 26th to June 6th; Period 3 – June 7th to August 10th; Period 4 – August 11th to October 28th.

Random-effects Cox regression model: We fitted a random-effects cox proportional hazards (frailty) model to evaluate the association between clinically relevant variables and 60-day in-hospital death.

The selected variables were: Age [<40, 40-49, 50-59, 60-69, 70-79, 80+ years]; Sex [Female, Male]; Frailty [Modified frailty Index (MFI) = 0, MFI = 1 or 2, MFI > 3]; Simplified Acute Physiology Score (SAPS-3) quartile at admission [categorical]; Sequential Organ Failure Assessment (SOFA) at admission [continuous]; Admission from an emergency department [indicator]; presence of comorbidities [indicator];

Hypertension, Diabetes, Obesity, COPD or Asthma, and Cardiovascular disease; Use of Vasopressor [indicator] and renal replacement therapy [indicator] during the ICU stay; the first respiratory support used [noninvasive respiratory support – NIRS or invasive mechanical ventilation - IMV], and the time period of admission defined by the estimated breakpoints.

Outcome: In-hospital mortality in 60 days after ICU admission (60-day in-hospital mortality)

Multivariable cox final model: Death at day 60 ~ Age + Sex + MFI + SAPS-3 + SOFA + Admission from an emergency department + Hypertension + Diabetes + Obesity + COPD or Asthma + Cardiovascular disease + Vasopressor during ICU stay + Renal Replacement Therapy during ICU stay + First respiratory support (NIRS or IMV) + Period of Admission + (1| Hospital)

This model syntax means that death in 60 days was to be predicted for several fixed effects (outside parenthesis) and one random effect, which was a random intercept for the Hospital.

Propensity score model: We used propensity score inverse probability treatment weighting (IPTW) to account for the nonrandomization of data in the mortality model.

Propensity score were obtained using a multivariable logistic regression to estimate the probability for a patient to use NIRS as the first respiratory support strategy as opposed to IMV (binary exposure variable: NIRS first = 1, IMV first = 0).

As predictors, we considered variables that were clinically relevant to the decision of NIRS: Age [<40, 40-49, 50-59, 60-69, 70-79, 80+ years]; Sex [Female, Male]; Frailty [Modified frailty Index (MFI) = 0, MFI = 1 or 2, MFI > 3]; Sequential Organ Failure Assessment (SOFA) at admission [continuous]; Admission from an emergency department [indicator]; presence of comorbidities [indicator]: Hypertension, Diabetes, Obesity, COPD or Asthma, and Cardiovascular disease; Use of Vasopressor [indicator] and renal replacement therapy [indicator] in the first 24 hours after ICU admission; and the time period of admission defined by the estimated breakpoints. We evaluated the overlapping assumption of propensity scores using density and histogram plots.

Propensity scores final model: First respiratory support (NIRS or IMV) ~ Age + Sex + MFI + SOFA + Admission from an emergency department + Cardiovascular disease + Vasopressor in the first 24h after admissions

We performed all analysis in R 4.0.2, using packages: *dplyr* (WICKHAM et al., [s.d.]) and *ggplot2* (HADLEY WICKHAM, [s.d.]) from the *tidyverse* (WICKHAM et al.,

2019), *survival* (THERNEAU et al., [s.d.]), *WeightIt* (GREIFER, 2020), and *coxme* (THERNEAU, TERRY M., [s.d.]).

12.5.2

Appendix A6.2 – Summary of hospitals and ICUs

Table A12.36 -List of Hospitals

Hospital Name	State	City
Instituto Cardio Pulmonar	Bahia	Salvador
Hospital Santa Helena	Distrito Federal	Brasília
São Luiz Hospital DF Star	Distrito Federal	Brasília
Hospital do Coração do Brasil	Distrito Federal	Brasília
Hospital Santa Luzia	Distrito Federal	Brasília
UDI Hospital	Maranhão	São Luís
Hospital Esperança Olinda	Pernambuco	Olinda
Hospital Memorial Sao Jose	Pernambuco	Recife
Hospital Esperança	Pernambuco	Recife
Hospital Sao Marcos	Pernambuco	Recife
Caxias D'Or	Rio de Janeiro	Duque de Caxias
Niteroi D'Or	Rio de Janeiro	Niteroi
Samer Hospital - Serviço de Assistência Médica de Resende	Rio de Janeiro	Resende
Hospital Badim	Rio de Janeiro	Rio de Janeiro
Hospital Israelita Albert Sabin	Rio de Janeiro	Rio de Janeiro
Norte D'Or	Rio de Janeiro	Rio de Janeiro
Hospital Oeste D'Or	Rio de Janeiro	Rio de Janeiro
Hospital Bangu	Rio de Janeiro	Rio de Janeiro
Copa Star	Rio de Janeiro	Rio de Janeiro
Hospital Rio Mar	Rio de Janeiro	Rio de Janeiro
Hospital Gloria D'Or	Rio de Janeiro	Rio de Janeiro
Copa D'Or	Rio de Janeiro	Rio de Janeiro
Clínica Sao Vicente	Rio de Janeiro	Rio de Janeiro
Hospital Quinta D'Or	Rio de Janeiro	Rio de Janeiro
Barra D'Or	Rio de Janeiro	Rio de Janeiro
Rios D'Or	Rio de Janeiro	Rio de Janeiro
Hospital Alphamed	São Paulo	Carapicuíba
Hospital Sino Brasileiro	São Paulo	Osasco
Hospital Ribeirao Pires	São Paulo	Ribeirão Pires
Hospital Bartira	São Paulo	Santo André
Hospital e Maternidade Brasil	São Paulo	Santo André
Hospital Assunção	São Paulo	São Bernardo do Campo
Hospital e Maternidade São Luiz - São Caetano	São Paulo	São Caetano do Sul
Hospital Vivalle	São Paulo	São José dos Campos
Hospital Aviccena	São Paulo	São Paulo
Hospital São Luiz - Unidade Jabaquara	São Paulo	São Paulo
Hospital Villa-Lobos	São Paulo	São Paulo
Hospital Vila Nova Star	São Paulo	São Paulo
Hospital São Luiz Anália Franco	São Paulo	São Paulo
Hospital e Maternidade São Luiz - Unidade Itaim	São Paulo	São Paulo
Hospital São Luiz - Unidade Morumbi	São Paulo	São Paulo
Hospital Sao Lucas - Aracaju	Sergipe	Aracaju

Figure A12.10 - Map of hospital locations



12.5.3

Appendix A6.3 – Study Flowchart and ICU occupancy rates

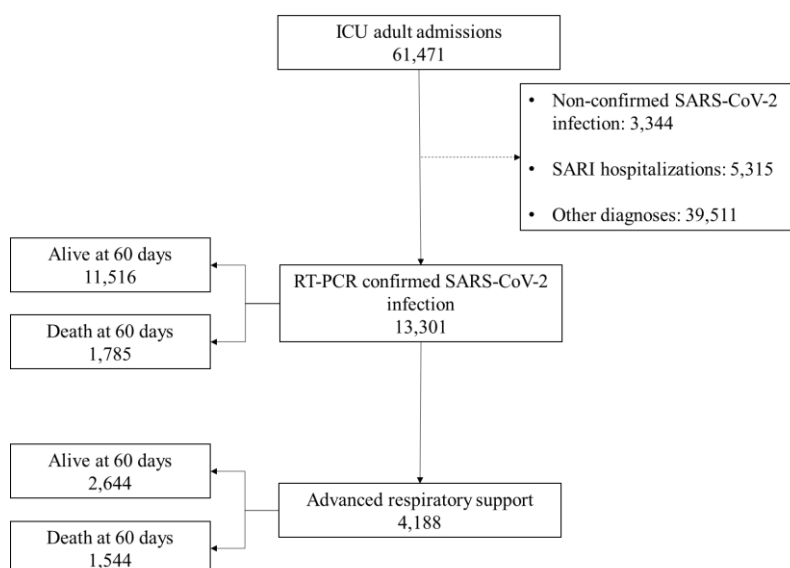


Figure A12.11- Flowchart of the study population.

From February 27th, 2020, to July 28th, 2020, 61,471 patients were admitted to the ICU, from which 13,301 (22%) were patients with COVID-19, and 4,188 (31%) underwent advanced respiratory support (Initial advanced respiratory support: noninvasive respiratory support first [NIRS first]: 2,423; invasive mechanical ventilation first [IMV first]: 1,765).

Table A12.37 - Number of beds; ICU occupancy rates and proportion of patients in invasive mechanical ventilation before and after the pandemic

Period	ICU Beds	Occupancy Rate
October/2019		
Start (1 st)	1,692	87.2%
End (31 st)	1,730	86.4%
November/2019		
Start (1 st)	1,740	83.9%
End (30 th)	1,754	75.9%
December/2019		
Start (1 st)	1,754	76.5%
End (31 st)	1,694	64.5%
January/2020		
Start (1 st)	1,694	65.2%
End (31 st)	1,803	83.5%
Average	1,733	77.9%
Peak (May 13 th , 2020)	Beds/Patients	% Patients in IMV
Overall available beds	2,264	85.6%
Non-COVID-19 (bed occupied)	872	38.5%
COVID-19 (beds occupied)	1066	47.1%

IMV – Invasive Mechanical Ventilation

Proportion of admissions per diagnostics stratified by the time periods estimated using breakpoints

Diagnostic (All Admissions)	Period 1	Period 2	Period 3	Period 4	Total
COVID-19	2,184 (17%)	3,536 (37%)	3,938 (23%)	3,643 (16%)	13,301 (22%)
Non-COVID-19	10,620 (83%)	5,921 (63%)	13,214 (77%)	18,415 (84%)	48,170 (78%)
Total	12,804	9,457	17,152	22,058	61,471

Proportion of admissions per diagnostics stratified by the time periods estimated using breakpoints and that underwent advanced respiratory support (noninvasive or invasive)

Diagnostic (Advanced Resp. Support)	Period 1	Period 2	Period 3	Period 4	Total
COVID-19	727 (36%)	1,264 (60%)	1,058 (42%)	1,139 (35%)	4,188 (58%)
Non-COVID-19	1,310 (64%)	854 (40%)	1,462 (58%)	2,097 (65%)	5,723 (42%)
Total	2,037	2,118	2,520	3,236	9,911

12.5.4

Appendix A6.4 – Additional descriptive analyses

Table A12.38 - Clinical characteristics and outcomes of 4,188 critically ill COVID-19 patients that required advanced respiratory support (noninvasive or invasive). Period 1 – February 27th to April 25th; Period 2 – April 26th to June 6th; Period 3 – June 7th to August 10th; Period 4 – August 11th to October 28th

Characteristics	Total [n = 4,188]	Period 1 [n = 727]	Period 2 [n = 1,264]	Period 3 [n = 1,058]	Period 4 [n = 1,139]
Age, median (IQR)	63 (49, 76)	64 (52, 76)	65 (51, 79)	61 (48, 75)	61 (47, 73)
< 40	482 (12%)	70 (9.6%)	116 (9.2%)	132 (12%)	164 (14%)
40-49	601 (14%)	89 (12%)	177 (14%)	168 (16%)	167 (15%)
50-59	779 (19%)	144 (20%)	223 (18%)	207 (20%)	205 (18%)
60-69	840 (20%)	156 (21%)	223 (18%)	207 (20%)	254 (22%)
70-79	696 (17%)	132 (18%)	215 (17%)	170 (16%)	179 (16%)
≥ 80	790 (19%)	136 (19%)	310 (25%)	174 (16%)	170 (15%)
Sex, No. (%)					
Female	1516 (36%)	243 (33%)	482 (38%)	380 (36%)	411 (36%)
Male	2672 (64%)	484 (67%)	782 (62%)	678 (64%)	728 (64%)
Admissions from emergency department, No. (%)	2848 (68%)	469 (65%)	810 (64%)	738 (70%)	831 (73%)
Modified Frailty Index (MFI)					
Mean (SD)	1.52 (1.37)	1.61 (1.33)	1.66 (1.40)	1.43 (1.35)	1.40 (1.36)
Median (IQR)	1 (0, 2)	1 (1, 2)	2 (1, 2)	1 (0, 2)	1 (0, 2)
Non-frail (MFI = 0), No. (%)	1164 (28%)	181 (25%)	308 (24%)	313 (30%)	362 (32%)
Pre-frail (MFI = 1-2)	2128 (51%)	367 (50%)	642 (51%)	552 (52%)	567 (50%)
Frail (MFI ≥ 3)	896 (21%)	179 (25%)	314 (25%)	193 (18%)	210 (18%)
SAPS-3, Median (IQR)	50 (42, 61)	52 (43, 64)	53 (44, 64)	48 (41, 58)	47 (41, 57)
≤ 42	1,165 (28%)	158 (22%)	282 (22%)	347 (33%)	378 (33%)
43 – 50	982 (23%)	161 (22%)	262 (21%)	257 (24%)	302 (27%)
51 – 61	1,034 (25%)	205 (28%)	339 (27%)	244 (23%)	246 (22%)
> 61	1,007 (24%)	203 (28%)	381 (30%)	210 (20%)	213 (19%)
SOFA, Median (IQR)	2 (0, 5)	3 (1, 7)	3 (1, 6)	1 (0, 4)	1 (0, 4)
PaO₂/FiO₂, No. (%) [n = 1,963]	170 (94, 279)	170 (89, 281)	175 (107, 276)	168 (89, 285)	169 (88, 275)
Normal (> 300)	431 (22%)	86 (21%)	149 (22%)	101 (24%)	95 (21%)
Mild (201-300)	385 (20%)	75 (19%)	139 (21%)	77 (18%)	94 (20%)
Moderate (101-200)	621 (32%)	128 (32%)	229 (34%)	125 (29%)	139 (30%)
Severe (≤ 100)	526 (27%)	116 (29%)	151 (23%)	126 (29%)	133 (29%)
Advanced respiratory support, No. (%)					
Noninvasive respiratory support (NIRS)	2423 (58%)	182 (25%)	567 (45%)	772 (73%)	902 (79%)
Only NPPV	2061 (85%)	168 (92%)	519 (92%)	659 (85%)	715 (79%)
Only HFNC	136 (5.6%)	8 (4.4%)	26 (4.6%)	48 (6.2%)	54 (6.0%)
Both	226 (9.3%)	6 (3.3%)	22 (3.9%)	65 (8.4%)	133 (15%)
Only NIRS	1558 (37%)	84 (12%)	308 (24%)	513 (48%)	653 (57%)
NIRS failure	865 (21%)	98 (13%)	259 (20%)	259 (24%)	249 (22%)
Only IMV	1765 (42%)	545 (75%)	697 (55%)	286 (27%)	237 (21%)
Vasopressor, No. (%)	1890 (45%)	461 (63%)	697 (55%)	383 (36%)	349 (31%)
Renal Replacement Therapy, No. (%)	896 (21%)	239 (33%)	333 (26%)	186 (18%)	138 (12%)
Length-of-stay (LOS), Median (IQR)					
ICU [n = 4,185]	12 (7, 22)	17 (9, 30)	14 (7, 23)	11 (6, 19)	11 (6, 18)
Hospital [n = 4,160]	17 (10, 30)	21 (11, 38)	18 (10, 32)	16 (9, 27)	14 (9, 25)
Hospitalizations with LOS > 7 days, No. (%)					
ICU [n = 4,185]	3011 (72%)	583 (80%)	933 (74%)	724 (68%)	771 (68%)
Hospital [n = 4,160]	3496 (84%)	619 (85%)	1077 (86%)	876 (83%)	924 (82%)
60-day in-hospital deaths, No. (%)	1544 (37%)	331 (46%)	569 (45%)	338 (32%)	306 (27%)
ICU deaths, No. (%) [n = 4,185]	1329 (32%)	294 (40%)	501 (40%)	292 (28%)	242 (21%)
In-hospital deaths, No. (%) [n = 4,160]	1572 (38%)	336 (46%)	582 (46%)	344 (33%)	310 (28%)
Ongoing patients, No. (%)	28 (0.7%)	3 (0.4%)	5 (0.4%)	4 (0.4%)	16 (1.4%)

IQR – Interquartile Range; SAPS – Simplified Acute Physiology Score; SOFA – Sequential Organ Failure Assessment; NIRS – Noninvasive Respiratory Support; NPPV – Noninvasive Positive Pressure Ventilation; HFNC – High-Flow Nasal Cannula; IMV – Invasive Mechanical Ventilation; ICU – Intensive care unit

Table A12.39 - Distribution of patient's comorbidities in overall and stratified by the time periods defined by the estimated breakpoints (Period 1 – February 27th to April 25th; Period 2 – April 26th to June 6th; Period 3 – June 7th to August 10th; Period 4 – August 11th to October 28th)

Comorbidities of all patients with COVID-19 in overall and stratified by the time periods defined by the estimated breakpoints (n = 13,301).

Comorbidities	Total [n = 13,301]	Period 1 [n = 2,184]	Period 2 [n = 3,536]	Period 3 [n = 3,938]	Period 4 [n = 3,643]
Any comorbidities, No. (%)	9019 (68%)	1544 (71%)	2553 (72%)	2524 (64%)	2398 (66%)
Hypertension	5669 (43%)	998 (46%)	1689 (48%)	1497 (38%)	1485 (41%)
Diabetes	3207 (24%)	546 (25%)	983 (28%)	868 (22%)	810 (22%)
Immunosuppression	1796 (14%)	304 (14%)	472 (13%)	522 (13%)	498 (14%)
Cardiovascular disease	1654 (12%)	302 (14%)	546 (15%)	418 (11%)	388 (11%)
Obesity	1129 (8.5%)	160 (7.3%)	318 (9.0%)	321 (8.2%)	330 (9.1%)
COPD or Asthma	980 (7.4%)	180 (8.2%)	278 (7.9%)	251 (6.4%)	271 (7.4%)
Malignancy	785 (5.9%)	155 (7.1%)	227 (6.4%)	211 (5.4%)	192 (5.3%)
Cerebrovascular disease	889 (6.7%)	172 (7.9%)	343 (9.7%)	210 (5.3%)	164 (4.5%)
Chronic kidney disease	648 (4.9%)	116 (5.3%)	237 (6.7%)	176 (4.5%)	119 (3.3%)
Tobacco	395 (3.0%)	71 (3.3%)	120 (3.4%)	99 (2.5%)	105 (2.9%)
Liver cirrhosis	68 (0.5%)	16 (0.7%)	20 (0.6%)	20 (0.5%)	12 (0.3%)
Other comorbidities	2532 (19%)	393 (18%)	611 (17%)	773 (20%)	755 (21%)

Charlson Comorbidity Index

[n = 13,128]

Mean (SD)	0.82 (1.53)	0.90 (1.66)	0.96 (1.59)	0.73 (1.45)	0.71 (1.46)
Median (IQR)	0 (0, 1)	0 (0, 1)	0 (0, 1)	0 (0, 1)	0 (0, 1)

COPD – Chronic Obstructive Pulmonary Disease; SD – Standard deviation; IQR – Interquartile Range

Comorbidities of all patients with COVID-19 that underwent invasive mechanical ventilation or noninvasive respiratory support - in overall and stratified by the time periods defined by the estimated breakpoints (n = 4,188).

Comorbidities	Total [n = 4,188]	Period 1 [n = 727]	Period 2 [n = 1,264]	Period 3 [n = 1,058]	Period 4 [n = 1,139]
Any comorbidities, No. (%)	3393 (81%)	600 (83%)	1061 (84%)	843 (80%)	889 (78%)
Hypertension	2310 (55%)	438 (60%)	744 (59%)	546 (52%)	582 (51%)
Diabetes	1421 (34%)	256 (35%)	449 (36%)	348 (33%)	368 (32%)
Immunosuppression	699 (17%)	111 (15%)	205 (16%)	188 (18%)	195 (17%)
Cardiovascular disease	766 (18%)	146 (20%)	255 (20%)	185 (17%)	180 (16%)
Obesity	543 (13%)	67 (9.2%)	162 (13%)	156 (15%)	158 (14%)
COPD or Asthma	419 (10%)	73 (10%)	125 (9.9%)	105 (9.9%)	116 (10%)
Malignancy	336 (8.0%)	70 (9.6%)	106 (8.4%)	84 (7.9%)	76 (6.7%)
Cerebrovascular disease	399 (9.5%)	82 (11%)	158 (12%)	81 (7.7%)	78 (6.8%)
Chronic kidney disease	360 (8.6%)	68 (9.4%)	138 (11%)	93 (8.8%)	61 (5.4%)
Tobacco	189 (4.5%)	31 (4.3%)	68 (5.4%)	43 (4.1%)	47 (4.1%)
Liver cirrhosis	44 (1.1%)	12 (1.7%)	16 (1.3%)	6 (0.6%)	10 (0.9%)
Other comorbidities	944 (23%)	149 (20%)	268 (21%)	266 (25%)	261 (23%)

Charlson Comorbidity Index

[n = 4,138]

Mean (SD)	1.23 (1.84)	1.34 (1.93)	1.33 (1.82)	1.21 (1.84)	1.08 (1.79)
Median (IQR)	1 (0, 2)	1 (0, 2)	1 (0, 2)	1 (0, 2)	0 (0, 1)

COPD – Chronic Obstructive Pulmonary Disease; SD – Standard deviation; IQR – Interquartile Range

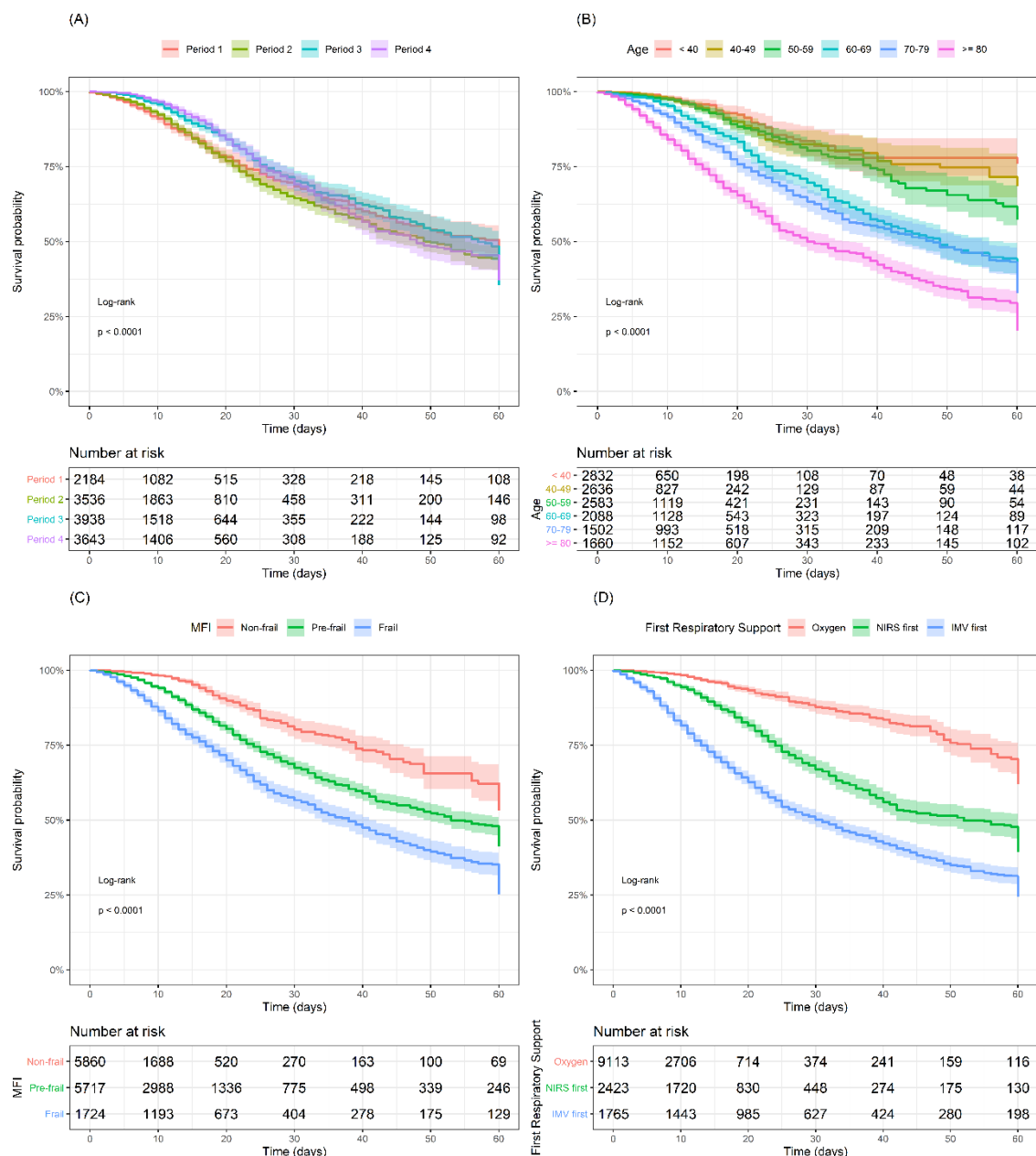


Figure A12.12 - Univariable survival curves (Kaplan-Meier) of factors related to the 60-day outcome in critically ill patients that underwent invasive mechanical ventilation or noninvasive respiratory support (n = 13,301).

A – Time periods estimated with the breakpoints of structure change in daily ICU deaths time series (Period 1: February 27th to April 25th; Period: April 26th to June 6th; Period 3: June 7th to August 10th; Period 4: August 11th to October 28th); B - Age (<40, 40-49, 50-59, 60-69, 70-79, ≥80); C - Modified Frailty Index (MFI) at the admission, with groups Non-frail (MFI = 0), Pre-frail (MFI = 1-2) and Frail (MFI ≥ 3); D – First respiratory support considering patients that underwent only oxygen, firstly respiratory support (NIRS first) or invasive ventilation (IMV first). Differences among curves were assessed using the log-rank test with a confidence level of 0.05.

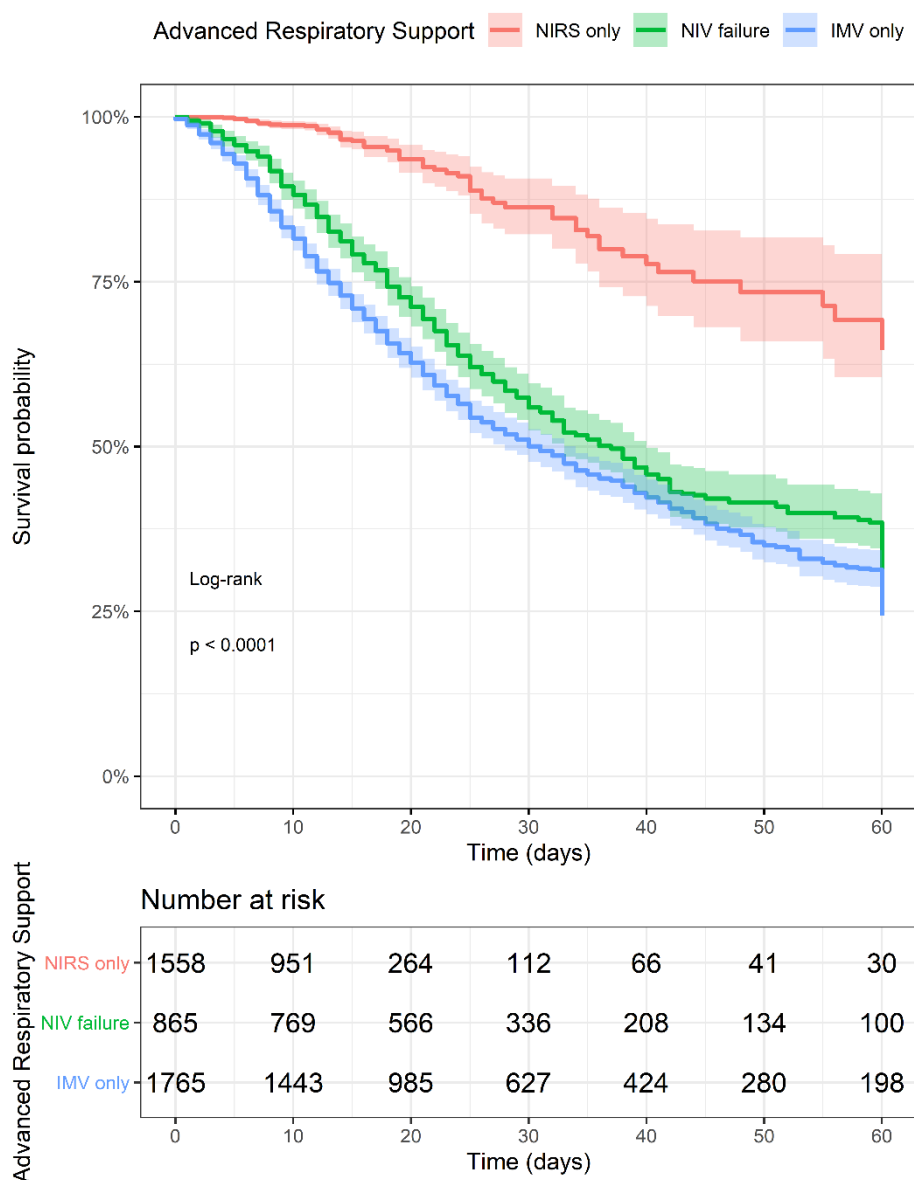


Figure A12.13 - Univariable survival curves (Kaplan-Meier) 60-day outcome in critically ill patients that underwent advanced respiratory support ($n = 4,188$) stratified by Respiratory support considering patients that underwent oxygen support, noninvasive respiratory support (NIRS only), NIRS with subsequent intubation (NIRS failure) and invasive ventilation (IMV only). Differences among curves were assessed using the log-rank test with a confidence level of 0.05.

12.5.5

Appendix A6.5 – Modelling preparations, propensity scores and results

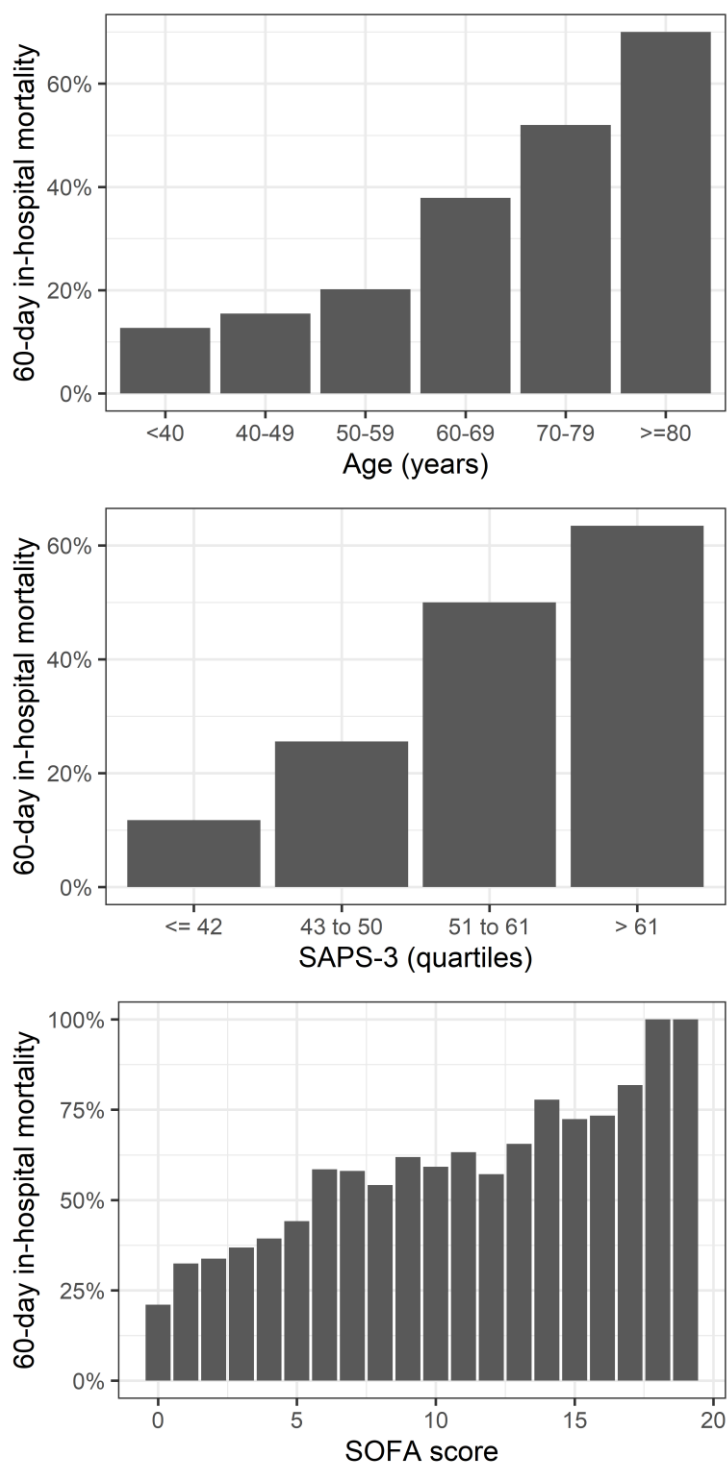


Figure A12.14 - Distribution of 60-day in-hospital mortality per age, SOFA, and SAPS-3 from patients that underwent advanced respiratory support (n = 4,188)

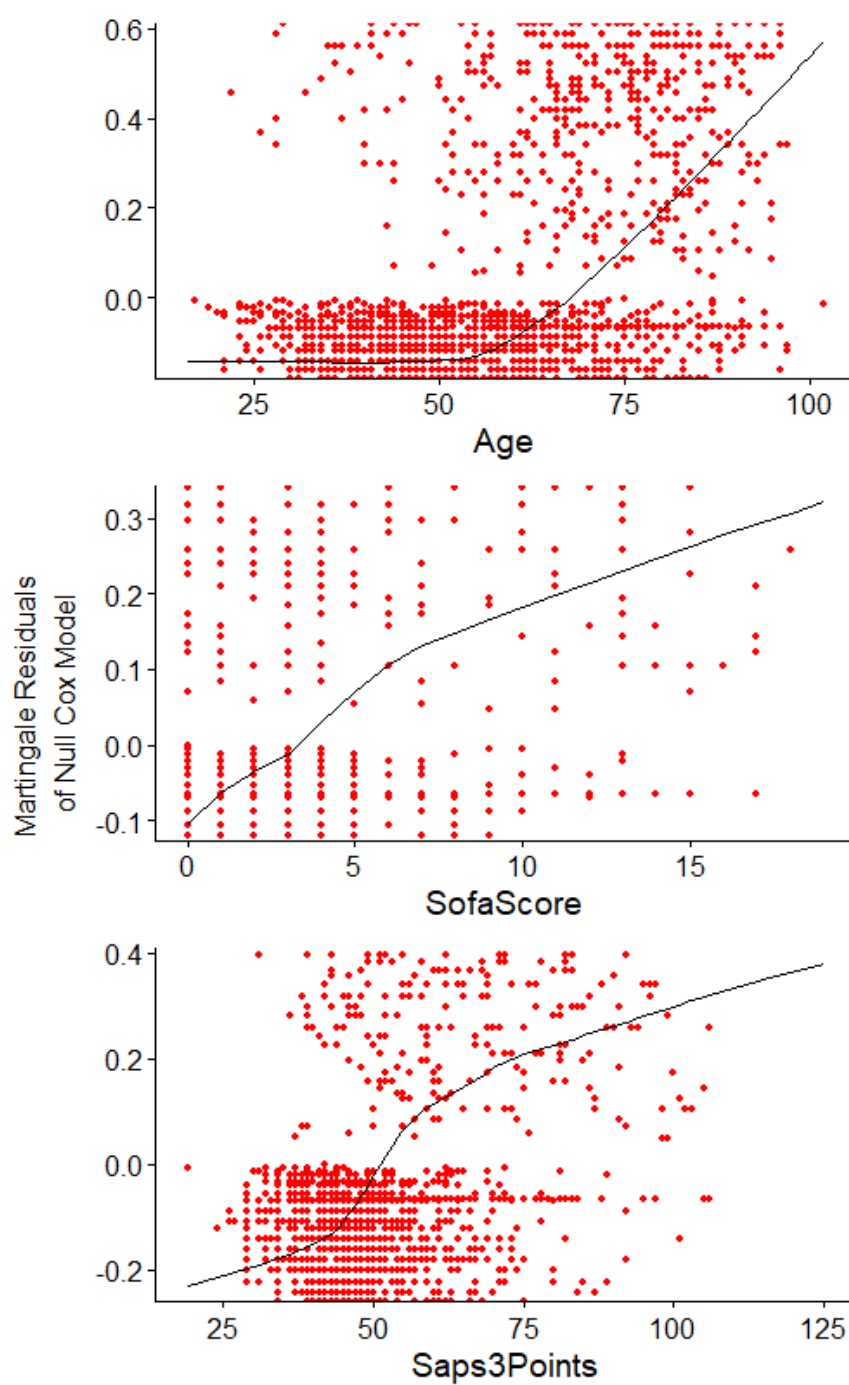


Figure A12.15 - Martingale residuals for Age, SOFA, and SAPS-3

Martingale residuals' plots were obtained using *ggcoxfunction()* from *survminer* package

Table A12.40 - Clinical characteristics and outcomes of critically ill COVID-19 patients that underwent advanced respiratory support (n = 4,188), stratified by the first support used (IMV – invasive mechanical ventilation, NIRS – Noninvasive respiratory)

Characteristics	Total [n = 4,188]	IMV first [n = 1,765]	NIRS first [n = 2,423]
Age, Median (IQR)	63 (49, 76)	68 (54, 80)	58 (46, 71)
< 40, No. (%)	482 (12%)	131 (7.4%)	351 (14%)
40-49	601 (14%)	189 (11%)	412 (17%)
50-59	779 (19%)	260 (15%)	519 (21%)
60-69	840 (20%)	343 (19%)	497 (21%)
70-79	696 (17%)	391 (22%)	305 (13%)
≥ 80	790 (19%)	451 (26%)	339 (14%)
Sex, No. (%)			
Female	1,516 (36%)	665 (38%)	851 (35%)
Male	2,672 (64%)	1,100 (62%)	1,572 (65%)
Admissions from emergency department, No. (%)	2,848 (68%)	1,023 (58%)	1,825 (75%)
Modified Frailty Index (MFI), No. (%)			
Non-frail (MFI = 0)	1,164 (28%)	348 (20%)	816 (34%)
Pre-frail (MFI = 1-2)	2,128 (51%)	937 (53%)	1,191 (49%)
Frail (MFI ≥ 3)	896 (21%)	480 (27%)	416 (17%)
SAPS-3, Median (IQR)	50 (42, 61)	55 (46, 67)	46 (39, 56)
SOFA, Median (IQR)	2.0 (0.0, 5.0)	4.0 (1.0, 8.0)	1.0 (0.0, 4.0)
Hypertension, No. (%)	2,310 (55%)	1,089 (62%)	1,221 (50%)
Diabetes, No. (%)	1,421 (34%)	664 (38%)	757 (31%)
Cardiovascular disease, No. (%)	766 (18%)	377 (21%)	389 (16%)
Obesity, No. (%)	543 (13%)	188 (11%)	355 (15%)
COPD or Asthma, No. (%)	419 (10%)	193 (11%)	226 (9.3%)
PaO₂/FiO₂ [n = 4,649]	2,310 (55%)	1,089 (62%)	1,221 (50%)
Normal (> 300) , No. (%)	431 (22%)	217 (21%)	214 (23%)
Mild (201-300)	385 (20%)	205 (20%)	180 (19%)
Moderate (101-200)	621 (32%)	352 (34%)	269 (29%)
Severe (≤ 100)	526 (27%)	255 (25%)	271 (29%)
Advanced respiratory support, No. (%)			
Only NIRS, No. (%)	1,558 (37%)	0 (0%)	1,558 (64%)
NIRS failure, No. (%)	865 (21%)	0 (0%)	865 (36%)
Only IMV, No. (%)	1,765 (42%)	1,765 (100%)	0 (0%)
Vasopressor (first 24h), No. (%)	1,065 (25%)	710 (40%)	355 (15%)
Renal Replacement Therapy (first 24h), No. (%)	201 (4.8%)	130 (7.4%)	71 (2.9%)
Vasopressor, No. (%)	1,890 (45%)	1,158 (66%)	732 (30%)
Renal Replacement Therapy, No. (%)	896 (21%)	594 (34%)	302 (12%)
Length-of-stay (LOS), Median (IQR)			
ICU [n = 4,185]	12 (7, 22)	16 (9, 27)	10 (6, 17)
Hospital [n = 4,160]	17 (10, 30)	22 (12, 38)	14 (9, 24)
Hospitalizations with LOS > 7 days, No. (%)			
ICU [n = 4,185]	3,011 (72%)	1,436 (81%)	1,575 (65%)
Hospital [n = 4,160]	3,496 (84%)	1,526 (87%)	1,970 (82%)
Period 1 (February 27th to April 25th), No. (%)	727 (17%)	545 (31%)	182 (7.5%)
Period 2 (April 26th to June 6th)	1,264 (30%)	697 (39%)	567 (23%)
Period 3 (June 7th to August 10th)	1,058 (25%)	286 (16%)	772 (32%)
Period 4 (August 11th to October 28th)	1,139 (27%)	237 (13%)	902 (37%)
60-day in-hospital deaths, No. (%)	1,544 (37%)	1,028 (58%)	516 (21%)

IQR – Interquartile Range; SAPS – Simplified Acute Physiology Score; SOFA - Sequential Organ Failure Assessment; COPD – Chronic Obstructive Pulmonary Disease; NIRS – Noninvasive Respiratory Support; NPPV – Noninvasive Positive Pressure Ventilation; HFNC – High-Flow Nasal Cannula; IMV – Invasive Mechanical Ventilation; ICU – Intensive care unit

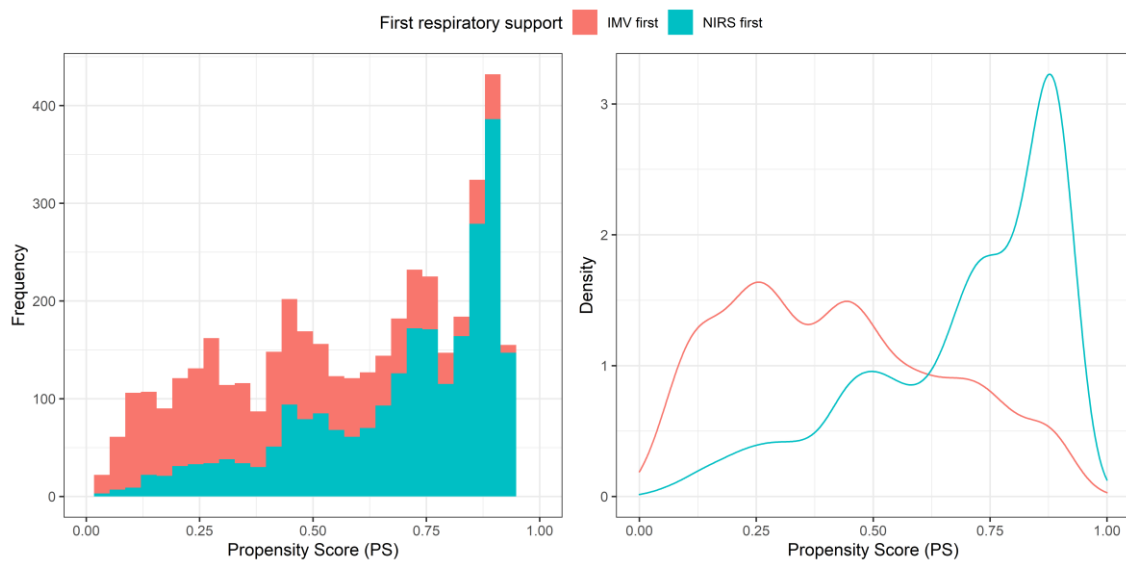


Figure A12.16 - Distribution of propensity scores among those treated initially with noninvasive respiratory support (NIRS first) and those treated initially with invasive mechanical ventilation (IMV first)

Table A12.41 - Comparison of three multivariable logistic regression modelling approaches for propensity score estimation (patients that underwent advanced respiratory support, n = 4,188)

Variable	All clinically relevant variables		Without non-statistically significant comorbidities		Without any non-statistically significant variable	
	OR (95% CI)	p	OR (95% CI)	p	OR (95% CI)	P
Sex						
Female	Ref.		Ref.		Ref.	
Male	1.01 (0.87 - 1.18)	0.855	1.01 (0.87 - 1.18)	0.885	1.01 (0.87 - 1.18)	0.886
Age						
< 40	Ref.		Ref.		Ref.	
40-49	0.93 (0.68 - 1.25)	0.62	0.92 (0.68 - 1.25)	0.602	0.92 (0.68 - 1.25)	0.606
50-59	0.93 (0.69 - 1.24)	0.607	0.91 (0.68 - 1.22)	0.54	0.91 (0.68 - 1.22)	0.545
60-69	0.67 (0.5 - 0.9)	0.009	0.66 (0.49 - 0.88)	0.005	0.66 (0.49 - 0.88)	0.005
70-79	0.37 (0.27 - 0.5)	<0.001	0.36 (0.26 - 0.48)	<0.001	0.36 (0.26 - 0.48)	<0.001
≥ 80	0.38 (0.28 - 0.52)	<0.001	0.37 (0.27 - 0.5)	<0.001	0.37 (0.27 - 0.5)	<0.001
Modified Frailty Index						
Non-frail (MFI = 0)	Ref.		Ref.		Ref.	
Pre-frail (MFI = 1-2)	0.75 (0.59 - 0.97)	0.028	0.8 (0.67 - 0.97)	0.024	0.8 (0.67 - 0.97)	0.024
Frail (MFI ≥ 3)	0.77 (0.53 - 1.11)	0.163	0.83 (0.64 - 1.07)	0.144	0.83 (0.64 - 1.07)	0.148
SOFA	0.95 (0.93 - 0.98)	<0.001	0.95 (0.93 - 0.98)	<0.001	0.96 (0.93 - 0.98)	<0.001
Admission from emergency department	1.98 (1.7 - 2.31)	<0.001	1.98 (1.7 - 2.31)	<0.001	1.98 (1.7 - 2.3)	<0.001
Hypertension	1.1 (0.9 - 1.35)	0.359				
Diabetes	0.96 (0.8 - 1.15)	0.664				
Obesity	1.16 (0.93 - 1.46)	0.197				
COPD or Asthma	1.04 (0.81 - 1.33)	0.78				
Cardiovascular disease	1.33 (1.08 - 1.63)	0.008	1.32 (1.08 - 1.63)	0.008	1.32 (1.08 - 1.63)	0.008
Vasopressor (first 24h)	0.45 (0.36 - 0.56)	<0.001	0.45 (0.36 - 0.56)	<0.001	0.45 (0.36 - 0.56)	<0.001
Renal Replacement Therapy (first 24h)	1.08 (0.75 - 1.55)	0.658	1.1 (0.76 - 1.57)	0.619		
Akaike Information Criteria (AIC)	4506.90		4501.96		4500.21	
Bayesian Information Criteria (BIC)	4640.04		4609.74		4601.65	
AUROC (95% CI)	0.804 (0.793 - 0.819)		0.803 (0.792 - 0.818)		0.803 (0.792 - 0.818)	
Brier Score (95% CI)	0.177 (0.170 - 0.182)		0.178 (0.171 - 0.183)		0.78 (0.171 - 0.183)	

OR – Odds Ratio; SAPS-3 – Simplified Acute Physiology Score; SOFA- Sequential Organ Failure Assessment; COPD – Chronic Obstructive Pulmonary Disease; ICU – Intensive care unit; AUROC – Area under the receiving operating characteristic curve.

AUROC and Brier Score's respective 95% confidence intervals were obtained using 1,000 resamples.

Table A12.42 - Comparison full and reduced random-effects multivariable cox regression modelling approaches (patients that underwent advanced respiratory support, n = 4,188)

Variable	All clinically relevant variables		Without non-statistically significant comorbidities	
	Hazard Ratio (95% CI)	p	Hazard Ratio (95% CI)	p
Age				
< 40	Ref.		Ref.	
40-49	1.11 (0.90 - 1.37)	0.319	1.01 (0.89 - 1.35)	0.389
50-59	1.09 (0.89 - 1.33)	0.399	1.07 (0.87 - 1.30)	0.524
60-69	1.47 (1.20 - 1.8)	<0.001	1.43 (1.17 - 1.75)	<0.001
70-79	1.71 (1.38 - 2.10)	<0.001	1.66 (1.35 - 2.05)	<0.001
≥ 80	2.75 (2.21 - 3.41)	<0.001	2.64 (2.14 - 3.27)	<0.001
Sex				
Female	Ref.		Ref.	
Male	1.00 (0.93 - 1.08)	0.948	1.00 (0.93 - 1.08)	0.989
Modified Frailty Index				
Non-frail (MFI = 0)	Ref.		Ref.	
Pre-frail (MFI = 1-2)	1.24 (1.09 - 1.42)	0.001	1.26 (1.11 - 1.43)	<0.001
Frail (MFI ≥ 3)	1.38 (1.15 - 1.64)	<0.001	1.43 (1.22 - 1.67)	<0.001
SOFA	1.04 (1.02 - 1.05)	<0.001	1.04 (1.02 - 1.05)	<0.001
SAPS-3 (quartiles)				
≤ 42	Ref.		Ref.	
43 – 50	1.35 (1.16 - 1.57)	<0.001	1.34 (1.15 - 1.56)	<0.001
51 – 61	1.64 (1.41 - 1.92)	<0.001	1.63 (1.40 - 1.91)	<0.001
> 61	1.47 (1.22 - 1.77)	<0.001	1.46 (1.21 - 1.76)	<0.001
Admission from emergency department	1.38 (1.27 - 1.49)	<0.001	1.37 (1.27 - 1.49)	<0.001
Hypertension	0.81 (0.73 - 0.88)	<0.001	0.81 (0.74 - 0.89)	<0.001
Diabetes	1.03 (0.94 - 1.12)	0.546		
Obesity	1.11 (0.99 - 1.24)	0.085		
COPD or Asthma	1.07 (0.96 - 1.20)	0.206		
Cardiovascular disease	1.12 (1.02 - 1.22)	0.015	1.11 (1.02 - 1.22)	0.021
Vasopressor	1.30 (1.19 - 1.43)	<0.001	1.30 (1.19 - 1.43)	<0.001
Renal Replacement Therapy	1.44 (1.33 - 1.56)	<0.001	1.45 (1.34 - 1.57)	<0.001
First respiratory support				
Noninvasive Respiratory Support	0.59 (0.54 - 0.65)	<0.001	0.59 (0.55 - 0.65)	<0.001
Invasive Mechanical Ventilation	Ref.		Ref.	
SD Random Intercept (Hospital)	0.50		0.50	
Akaike Information Criteria (AIC)	1623.63		1624.74	
Bayesian Information Criteria (BIC)	1490.01		1507.21	

HR – Hazard Ratio; SAPS-3 – Simplified Acute Physiology Score; SOFA- Sequential Organ Failure Assessment; COPD – Chronic Obstructive Pulmonary Disease; ICU – Intensive care unit

12.5.6

Appendix A6.6 – Sensitivity Analyses

Table A12.43 - Random-effects multivariable cox regression model with SMR-weighting from propensity scores and adjusted by the time periods defined using the estimated breakpoints (Sensitivity analysis)

Variable	Advanced respiratory support (n = 4,188)	
	Hazard Ratio (95% CI)	p
Age		
< 40	Ref.	
40-49	1.261 (0.96 - 1.655)	0.095
50-59	1.111 (0.857 - 1.44)	0.426
60-69	1.736 (1.334 - 2.261)	<0.001
70-79	1.974 (1.488 - 2.62)	<0.001
≥ 80	3.263 (2.439 - 4.366)	<0.001
Sex		
Female	Ref.	
Male	0.928 (0.834 - 1.032)	0.167
Modified Frailty Index		
Non-frail (MFI = 0)	Ref.	
Pre-frail (MFI = 1-2)	1.211 (1.011 - 1.451)	0.038
Frail (MFI ≥ 3)	1.231 (0.953 - 1.589)	0.111
SOFA	1.054 (1.034 - 1.075)	<0.001
SAPS-3 (quartiles)		
≤ 42	Ref.	
43 – 50	1.369 (1.126 - 1.665)	0.002
51 – 61	1.539 (1.25 - 1.895)	<0.001
> 61	1.393 (1.075 - 1.806)	0.012
Admission from emergency department	1.236 (1.096 - 1.393)	<0.001
Hypertension	0.85 (0.742 - 0.973)	0.018
Diabetes	1.047 (0.925 - 1.184)	0.469
Obesity	1.172 (0.998 - 1.376)	0.053
COPD or Asthma	1.047 (0.888 - 1.233)	0.585
Cardiovascular disease	1.157 (1.013 - 1.321)	0.031
Vasopressor	1.338 (1.184 - 1.513)	<0.001
Renal Replacement Therapy	1.625 (1.448 - 1.825)	<0.001
Initial respiratory support		
Noninvasive Respiratory Support first	0.637 (0.563 - 0.721)	<0.001
Invasive Mechanical Ventilation first	Ref.	
SD Random Intercept (Hospital)	0.51	

HR – Hazard Ratio; SAPS-3 – Simplified Acute Physiology Score; SOFA- Sequential Organ Failure Assessment; COPD – Chronic Obstructive Pulmonary Disease; ICU – Intensive care unit

Table A12.44 - Random-effects multivariable cox regression model with inverse probability treatment weighting (IPTW) using trimmed propensity scores (percentile 95%) and adjusted by the time periods defined using the estimated breakpoints (Sensitivity analysis)

Variable	Advanced respiratory support (n = 3,982)	
	Hazard Ratio (95% CI)	p
Age		
< 40	Ref.	
40-49	1.249 (1.004 - 1.554)	0.046
50-59	1.197 (0.972 - 1.475)	0.091
60-69	1.56 (1.265 - 1.925)	<0.001
70-79	1.833 (1.475 - 2.277)	<0.001
≥ 80	2.961 (2.369 - 3.701)	<0.001
Sex		
Female	Ref.	
Male	1.017 (0.944 - 1.095)	0.661
Modified Frailty Index		
Non-frail (MFI = 0)	Ref.	
Pre-frail (MFI = 1-2)	1.221 (1.07 - 1.394)	0.003
Frail (MFI ≥ 3)	1.365 (1.143 - 1.63)	<0.001
SOFA	1.038 (1.025 - 1.052)	<0.001
SAPS-3 (quartiles)		
≤ 42	Ref.	
43 – 50	1.313 (1.126 - 1.531)	<0.001
51 – 61	1.588 (1.357 - 1.858)	<0.001
> 61	1.419 (1.178 - 1.71)	<0.001
Admission from emergency department	1.39 (1.283 - 1.506)	<0.001
Hypertension	0.81 (0.737 - 0.889)	<0.001
Diabetes	1.021 (0.939 - 1.11)	0.629
Obesity	1.077 (0.957 - 1.212)	0.217
COPD or Asthma	1.074 (0.963 - 1.198)	0.202
Cardiovascular disease	1.126 (1.029 - 1.233)	0.01
Vasopressor	1.245 (1.139 - 1.362)	<0.001
Renal Replacement Therapy	1.467 (1.355 - 1.588)	<0.001
Initial respiratory support		
Noninvasive Respiratory Support first	0.589 (0.54 - 0.641)	<0.001
Invasive Mechanical Ventilation first	Ref.	
SD Random Intercept (Hospital)	0.49	

HR – Hazard Ratio; SAPS-3 – Simplified Acute Physiology Score; SOFA- Sequential Organ Failure Assessment; ICU – Intensive care unit

Table A 12.45 -Comparison of three multivariable logistic regression modelling approaches for propensity score estimation in the subset of patients that presented PaO₂/FiO₂ values (n = 1,963) and adjusted by the time periods defined using the estimated breakpoints (Sensitivity analysis)

Variable	All clinically relevant variables		Without non-statistically significant comorbidities		Without any non-statistically significant variable	
	OR (95% CI)	p	OR (95% CI)	p	OR (95% CI)	p
Intercept	0.83 (0.51 - 1.34)	0.451	0.82 (0.51 - 1.32)	0.417	0.85 (0.54 - 1.32)	0.462
Sex						
Female	Ref.		Ref.		Ref.	
Male	0.92 (0.75 - 1.13)	0.425	0.94 (0.76 - 1.15)	0.544	0.94 (0.76 - 1.15)	0.529
Age						
< 40	Ref.		Ref.		Ref.	
40-49	1.06 (0.67 - 1.66)	0.811	1.04 (0.66 - 1.64)	0.863	1.05 (0.67 - 1.64)	0.847
50-59	1.06 (0.68 - 1.64)	0.81	1.05 (0.68 - 1.64)	0.816	1.06 (0.68 - 1.64)	0.802
60-69	0.97 (0.62 - 1.51)	0.898	0.97 (0.62 - 1.5)	0.889	0.96 (0.62 - 1.48)	0.841
70-79	0.5 (0.31 - 0.79)	0.003	0.51 (0.32 - 0.8)	0.004	0.5 (0.32 - 0.78)	0.003
≥ 80	0.51 (0.32 - 0.8)	0.004	0.53 (0.33 - 0.84)	0.007	0.52 (0.33 - 0.82)	0.005
Modified Frailty Index						
Non-frail (MFI = 0)	Ref.		Ref.		Ref.	
Pre-frail (MFI = 1-2)	0.93 (0.65 - 1.33)	0.697	0.91 (0.69 - 1.2)	0.502	0.91 (0.69 - 1.21)	0.515
Frail (MFI ≥ 3)	1.28 (0.77 - 2.11)	0.342	1.23 (0.87 - 1.72)	0.239	1.23 (0.88 - 1.72)	0.237
SOFA	0.96 (0.93 - 1)	0.041	0.97 (0.93 - 1)	0.053	0.98 (0.95 - 1.01)	0.136
Admission from emergency department	1.6 (1.3 - 1.97)	<0.001	1.58 (1.29 - 1.95)	<0.001	1.57 (1.28 - 1.92)	<0.001
Hypertension	1.05 (0.79 - 1.38)	0.749				
Diabetes	0.84 (0.65 - 1.08)	0.18				
Obesity	1.76 (1.3 - 2.38)	<0.001	1.72 (1.28 - 2.32)	<0.001	1.72 (1.28 - 2.32)	<0.001
COPD or Asthma	0.83 (0.6 - 1.15)	0.26				
Cardiovascular disease	1.29 (0.98 - 1.7)	0.072				
Vasopressor (first 24h)	0.53 (0.41 - 0.7)	<0.001	0.54 (0.41 - 0.71)	<0.001	0.53 (0.4 - 0.7)	<0.001
Renal Replacement Therapy (first 24h)	1.11 (0.73 - 1.7)	0.616	1.14 (0.74 - 1.73)	0.553		
PaO₂/FiO₂						
Normal (> 300)	Ref.		Ref.			
Mild (201-300)	0.94 (0.69 - 1.28)	0.696	0.95 (0.69 - 1.29)	0.722		
Moderate (101-200)	1.01 (0.75 - 1.35)	0.956	1.01 (0.76 - 1.35)	0.938		
Severe (≤ 100)	1.29 (0.95 - 1.75)	0.107	1.28 (0.94 - 1.74)	0.114		
Akaike Information Criteria (AIC)	2340.83		2339.65		2336.70	
Bayesian Information Criteria (BIC)	2474.80		2451.30		2426.02	
AUROC (95% CI)	0.76 (0.747 - 0.787)		0.758 (0.743 - 0.784)		0.756 (0.74 - 0.78)	
Brier Score (95% CI)	0.199 (0.188 - 0.204)		0.2 (0.189 - 0.205)		0.201 (0.191 - 0.206)	

OR – Odds Ratio; SAPS-3 – Simplified Acute Physiology Score; SOFA- Sequential Organ Failure Assessment; COPD – Chronic Obstructive Pulmonary Disease; ICU – Intensive care unit; AUROC – Area under the receiving operating characteristic curve.

AUROC and Brier Score's respective 95% confidence intervals were obtained using 1,000 resamples.

The chosen model was the one with **Sex, Age, MFI, SOFA, Admission from emergency department, Obesity and Vasopressor (first 24h)** as predictors (lowest AIC and BIC)

Table A12.46 -Random-effects multivariable cox regression model with inverse probability treatment weighting (IPTW) for the subset of patients that presented PaO₂/FiO₂ (N = 1,963) values and adjusted by the time periods defined using the estimated breakpoints (Sensitivity analysis)

Variable	All clinically relevant variables		Without non-statistically significant comorbidities	
	Hazard Ratio (95% CI)	p	Hazard Ratio (95% CI)	p
Age				
< 40	Ref.		Ref.	
40-49	0.93 (0.686 - 1.26)	0.639	0.929 (0.69 - 1.26)	0.637
50-59	0.761 (0.562 - 1.029)	0.076	0.758 (0.56 - 1.02)	0.071
60-69	1.127 (0.839 - 1.513)	0.427	1.121 (0.84 - 1.5)	0.447
70-79	1.16 (0.858 - 1.569)	0.335	1.159 (0.86 - 1.56)	0.337
≥ 80	1.879 (1.382 - 2.555)	<0.001	1.872 (1.38 - 2.54)	<0.001
Sex				
Female	Ref.		Ref.	
Male	0.932 (0.841 - 1.033)	0.181	0.933 (0.84 - 1.03)	0.185
Modified Frailty Index				
Non-frail (MFI = 0)	Ref.		Ref.	
Pre-frail (MFI = 1-2)	1.134 (0.939 - 1.37)	0.19	1.143 (0.95 - 1.37)	0.152
Frail (MFI ≥ 3)	1.39 (1.086 - 1.779)	0.009	1.424 (1.15 - 1.77)	0.001
SOFA	1.022 (1.004 - 1.04)	0.018	1.022 (1 - 1.04)	0.016
SAPS-3 (quartiles)				
≤ 42	Ref.		Ref.	
43 – 50	1.565 (1.181 - 2.074)	0.002	1.555 (1.17 - 2.06)	0.002
51 – 61	2.145 (1.633 - 2.819)	<0.001	2.132 (1.62 - 2.8)	<0.001
> 61	1.97 (1.463 - 2.654)	<0.001	1.956 (1.45 - 2.63)	<0.001
Admission from emergency department	1.492 (1.337 - 1.665)	<0.001	1.491 (1.34 - 1.66)	<0.001
Hypertension	0.755 (0.667 - 0.856)	<0.001	0.754 (0.67 - 0.85)	<0.001
Diabetes	1.002 (0.892 - 1.124)	0.977		
Obesity	1.046 (0.895 - 1.222)	0.573		
COPD or Asthma	1.167 (1.01 - 1.349)	0.037	1.165 (1.01 - 1.34)	0.037
Cardiovascular disease	1.051 (0.928 - 1.189)	0.433		
Vasopressor	1.397 (1.224 - 1.596)	<0.001	1.399 (1.23 - 1.6)	<0.001
Renal Replacement Therapy	1.391 (1.252 - 1.547)	<0.001	1.392 (1.25 - 1.55)	<0.001
PaO₂/FiO₂				
Normal (> 300)	Ref.		Ref.	
Mild (201-300)	1.12 (0.95 - 1.32)	0.178	1.124 (0.95 - 1.32)	0.162
Moderate (101-200)	1.099 (0.943 - 1.282)	0.228	1.099 (0.94 - 1.28)	0.226
Severe (≤ 100)	1.204 (1.008 - 1.439)	0.041	1.204 (1.01 - 1.44)	0.041
Initial respiratory support				
Noninvasive Respiratory Support first	0.564 (0.503 - 0.632)	<0.001	0.564 (0.5 - 0.63)	<0.001
Invasive Mechanical Ventilation first	Ref.		Ref.	
SD Random Intercept (Hospital)	0.54		0.54	
Akaike Information Criteria (AIC)	812.32		817.40	
Bayesian Information Criteria (BIC)	678.36		697.79	

HR – Hazard Ratio; SAPS-3 – Simplified Acute Physiology Score; SOFA- Sequential Organ Failure Assessment; COPD – Chronic Obstructive Pulmonary Disease; ICU – Intensive care unit

The chosen model was the one with lowest AIC and BIC (all clinically relevant variables):

Fixed effects: Sex, Age, MFI, SOFA, SAPS-3, Admission from emergency, hypertension, diabetes, obesity, COPD or asthma, Cardiovascular disease, Vasopressor, Renal Replacement Therapy, PaO₂/FiO₂ at admission, and Initial respiratory support

Random intercept: Hospital

Table A12.47 -Missing pattern of PaO2/FiO2 values

Variable	All admissions (n = 13,301)		Advanced respiratory support (n=4,188)	
	Not Missing (n=8652)	Missing (n=4649)	Not Missing (n=2225)	Missing (n=1963)
Age, median (IQR)	51 (40, 66)	59 (46, 73)	59 (46, 73)	66 (53, 78)
< 40	2129 (25%)	703 (15%)	324 (15%)	158 (8.0%)
40-49	1868 (22%)	768 (17%)	359 (16%)	242 (12%)
50-59	1691 (20%)	892 (19%)	460 (21%)	319 (16%)
60-69	1262 (15%)	826 (18%)	419 (19%)	421 (21%)
70-79	826 (9.5%)	676 (15%)	315 (14%)	381 (19%)
≥ 80	876 (10%)	784 (17%)	348 (16%)	442 (23%)
Sex, No. (%)				
Female	3646 (42%)	1903 (41%)	766 (34%)	750 (38%)
Male	5006 (58%)	2746 (59%)	1459 (66%)	1213 (62%)
Admission from emergency department, No. (%)	7123 (82%)	3117 (67%)	1668 (75%)	1180 (60%)
Modified Frailty Index, No. (%)				
Non-frail (MFI = 0)	4298 (50%)	1562 (34%)	766 (34%)	398 (20%)
Pre-frail (MFI = 1-2)	3575 (41%)	2142 (46%)	1118 (50%)	1010 (51%)
Frail (MFI ≥ 3)	779 (9.0%)	945 (20%)	341 (15%)	555 (28%)
SAPS-3, median (IQR)	41 (37, 47)	47 (39, 57)	45 (39, 54)	57 (47, 70)
SOFA, median (IQR)	0 (0, 1)	2 (1, 4)	0 (0, 2)	4 (2, 8)
Hypertension, No. (%)	3313 (38%)	2356 (51%)	1109 (50%)	1201 (61%)
Diabetes, No. (%)	1838 (21%)	1369 (29%)	701 (32%)	720 (37%)
Cardiovascular disease, No. (%)	910 (11%)	744 (16%)	351 (16%)	415 (21%)
Immunosuppression, No. (%)	1091 (13%)	705 (15%)	343 (15%)	356 (18%)
Obesity, No. (%)	662 (7.7%)	467 (10%)	268 (12%)	275 (14%)
COPD or Asthma, No. (%)	538 (6.2%)	442 (9.5%)	189 (8.5%)	230 (12%)
Respiratory Support, No. (%)				
Oxygen Support	6427 (74%)	2686 (58%)	-	-
Advanced respiratory support	2225 (26%)	1963 (42%)	2225 (100%)	1963 (100%)
NIRS only	1127 (13%)	431 (9.3%)	1127 (51%)	431 (22%)
NIRS failure	362 (4.2%)	503 (11%)	362 (16%)	503 (26%)
IMV only	736 (8.5%)	1029 (22%)	736 (33%)	1029 (52%)
Vasopressor (first 24h), No. (%)	341 (3.9%)	784 (17%)	307 (14%)	758 (39%)
Renal Replacement Therapy (first 24h), No. (%)	76 (0.9%)	165 (3.5%)	56 (2.5%)	145 (7.4%)
Period 1 (February 27th to April 25th), No. (%)	1313 (15%)	871 (19%)	322 (14%)	405 (21%)
Period 2 (April 26th to June 6th)	2060 (24%)	1476 (32%)	596 (27%)	668 (34%)
Period 3 (June 7th to August 10th)	2689 (31%)	1249 (27%)	629 (28%)	429 (22%)
Period 4 (August 11th to October 28th)	2590 (30%)	1053 (23%)	678 (30%)	461 (23%)
ICU Length-of-stay, median (IQR)	4 (2, 8)	7 (3, 15)	11 (6, 19)	15 (8, 24)
Hospital Length-of-stay, median (IQR)	7 (5, 13)	11 (6, 21)	14 (9, 25)	20 (11, 34)
60-day in-hospital mortality, No. (%)	796 (9.2%)	989 (21%)	660 (30%)	884 (45%)

IQR – Interquartile Range; SAPS – Simplified Acute Physiology Score; SOFA - Sequential Organ Failure Assessment; COPD – Chronic Obstructive Pulmonary Disease; IMV – Invasive Mechanical Ventilation; ICU – Intensive care unit

Table A12.48 -Random-effects multivariable cox regression model with inverse probability weighting (IPTW) and multiple imputation by chained equations of PaO₂/FiO₂ values. The model was adjusted by the time periods defined using the estimated breakpoints

We used multiple imputation with chained equations (MICE) to impute values of PaO₂/FiO₂ using auxiliary variables: Age; Sex, Modified Frailty Index; Simplified Acute Physiology Score (SAPS-3); Sequential Organ Failure Assessment (SOFA); Indicator of admission from emergency department; Presence of comorbidities (Hypertension, Diabetes, Obesity, COPD or Asthma; and Cardiovascular disease); Use of Non-invasive Respiratory Support [indicator] + Use of Invasive mechanical ventilation [indicator], 60-day in-hospital outcome, hospital length of stay, and the Hospital. We generated 100 imputed datasets, following recommendations(MADLEY-DOWD et al., 2019) and combined the results using Rubin's rule. (RUBIN, 1987)

We considered inverse probability treatment weighting (IPTW) mortality model as previously defined in Appendix A8.1. In this mortality model, we considered Sex, Age, MFI, SOFA, SAPS-3, Admission from emergency, hypertension, diabetes, obesity, COPD or asthma, Cardiovascular disease, Vasopressor, Renal Replacement Therapy, PaO₂/FiO₂ at admission, and Initial respiratory support as fixed effects and the Hospital as the Random intercept.

Variable	Advanced respiratory support (n = 4,188)	
	Hazard Ratio (95% CI)	p
Age		
< 40	Ref.	
40-49	1.14 (0.91 - 1.42)	0.238
50-59	1.09 (0.88 - 1.34)	0.41
60-69	1.49 (1.2 - 1.84)	<0.001
70-79	1.73 (1.39 - 2.16)	<0.001
≥ 80	2.84 (2.26 - 3.57)	<0.001
Sex		
Female	Ref.	
Male	0.99 (0.92 - 1.07)	0.806
Modified Frailty Index		
Non-frail (MFI = 0)	Ref.	
Pre-frail (MFI = 1-2)	1.25 (1.09 - 1.44)	0.003
Frail (MFI ≥ 3)	1.36 (1.13 - 1.65)	0.002
SOFA	1.03 (1.02 - 1.05)	<0.001
SAPS-3 (quartiles)		
≤ 42	Ref.	
43 – 50	1.32 (1.12 - 1.55)	0.002
51 – 61	1.62 (1.38 - 1.91)	<0.001
> 61	1.44 (1.18 - 1.75)	<0.001
Admission from emergency department	1.38 (1.27 - 1.5)	<0.001
Hypertension	0.8 (0.73 - 0.89)	<0.001
Diabetes	1.03 (0.95 - 1.13)	0.437
Obesity	1.11 (0.98 - 1.26)	0.086
COPD or Asthma	1.07 (0.95 - 1.2)	0.239
Cardiovascular disease	1.13 (1.02 - 1.24)	0.016
Vasopressor	1.31 (1.19 - 1.44)	<0.001
Renal Replacement Therapy	1.45 (1.33 - 1.57)	<0.001
PaO₂/FiO₂		
Normal (> 300)	Ref.	
Mild (201-300)	1.14 (0.89 - 1.44)	0.251
Moderate (101-200)	1.12 (0.88 - 1.41)	0.306
Severe (≤ 100)	1.23 (0.93 - 1.64)	0.123
Initial respiratory support		
Noninvasive Respiratory Support first	0.59 (0.54 - 0.65)	<0.001
Invasive Mechanical Ventilation first	Ref.	

HR – Hazard Ratio; SAPS-3 – Simplified Acute Physiology Score; SOFA- Sequential Organ Failure Assessment; COPD – Chronic Obstructive Pulmonary Disease; ICU – Intensive care unit

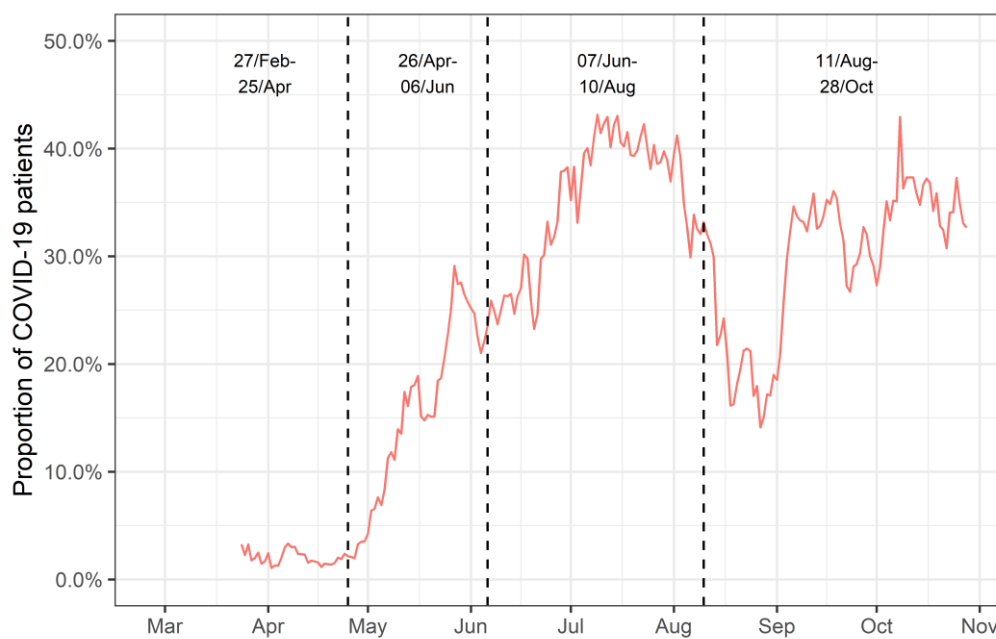


Figure A12.17 - Proportion of COVID-19 patients that underwent steroids administration.