## 6

## Quasi-isometries

## 6.1 <br> Elements from geometric group theory

Let $\Gamma$ be a finitely generated group and $\mathcal{S}$ a finite generating set.
Definition 6.1.1. The word norm of an element $\gamma \in \Gamma$ with respect to $\mathcal{S}$ is the length of the shortest word in $\mathcal{S} \cup \mathcal{S}^{-1}$ that represents $\gamma$ in $\Gamma$. It will be denoted by $|\gamma|_{\mathcal{S}}$ or simply $|\gamma|$. The norm of the identity element is defined to be zero and the word distance between two elements $\gamma_{1}, \gamma_{2} \in \Gamma$ is $\left|\gamma_{1}^{-1} \gamma_{2}\right|$. Equivalently, $|\gamma|$ is the "shortest path" distance between $\gamma$ and the identity in the Cayley graph of $\Gamma$ with respect to $\mathcal{S}$ (each edge having unit length).

This notion turns the group $\Gamma$ into a metric space. While different choices of a generating set yield different metrics, the following definition and proposition show how geometric group theory deals with this ambiguity.

Definition 6.1.2. Two metric spaces $(X, d)$ and $\left(X^{\prime}, d^{\prime}\right)$ are said to be quasiisometric if there exists a pair of maps $f: X \rightarrow X^{\prime}$ and $g: X^{\prime} \rightarrow X$ and $a$ pair of constants $\lambda \geq 1$ and $C \geq 0$ satisfying the following conditions:

1. $d^{\prime}(f(x), f(y)) \leq \lambda d(x, y)+C$,
2. $d\left(g\left(x^{\prime}\right), g\left(y^{\prime}\right)\right) \leq \lambda d^{\prime}\left(x^{\prime}, y^{\prime}\right)+C$,
3. $d(g(f(x)), x) \leq C$ and $d^{\prime}\left(f\left(g\left(x^{\prime}\right)\right), x^{\prime}\right) \leq C$,
for every $x, y \in X$ and $x^{\prime}, y^{\prime} \in X^{\prime}$. The maps $f$ and $g$ are called $(\lambda, C)$-quasiisometries.

Proposition 6.1.3. For a finitely generated group, all word metrics are quasiisometric.

Proof. If $\mathcal{S}$ and $\mathcal{T}$ are two finite generating sets, we take

$$
\lambda=\max \left(\max _{\gamma \in \mathcal{S}}|\gamma|_{\mathcal{T}}, \max _{\gamma \in \mathcal{T}}|\gamma|_{\mathcal{S}}\right)
$$

and $C=0$.

## 6.2 <br> A quasi-isometry lemma for surfaces of finite type

It is a classical result that the fundamental group of a compact surface is quasi-isometric to the hyperbolic disk (see (6)). In this section, we shall adapt the proof of this lemma to encompass open surfaces of finite type. We begin by some concepts and facts from hyperbolic manifolds. We will omit the proofs and refer the reader to (12).

We recall that isometries of $\mathbb{D}$ admit natural extensions to homeomorphisms of the closed disc $\overline{\mathbb{D}}$. We fix a point $x_{0}$ in $\mathbb{D}$. The set of limit points of $\Gamma x_{0}$ in the boundary circle $\partial \mathbb{D}$ (for the standard topology on $\mathbb{D}$ ) does not depend on $x_{0}$ : for if $y_{0}$ is another point of $\mathbb{D}$ and $p$ is the limit of a sequence $\sigma_{i} x_{0}$, then the hyperbolic distance $d\left(\sigma_{i} x_{0}, \sigma_{i} y_{0}\right)$ is equal to $d\left(x_{0}, y_{0}\right)$ for every integer $i$, since $\Gamma$ acts by isometries. Since $\sigma_{i} x_{0}$ tends to the boundary circle, the euclidian distace between $\sigma_{i} x_{0}$ and $\sigma_{i} y_{0}$ tends to zero and, consequently, $\sigma_{i} y_{0}$ tends to $p$ as well.

Definition 6.2.1. The set $L(\Gamma)$ of limit points of $\Gamma x_{0}$ in $\partial \mathbb{D}$ is called limit set of $\Gamma$. A subset $R$ of $\overline{\mathbb{D}}$ is said to be (hyperbolically) convex if, for every pair of points in $R$, the geodesic segment joining them lies in $R$ as well. The (hyperbolic) convex hull of a subset $R$ of $\overline{\mathbb{D}}$ is the smallest convex subset of $\overline{\mathbb{D}}$ containing $R$. The convex hull of $L(\Gamma)$ will be denoted by $C(\Gamma)$.

Since $L(\Gamma)$ is closed and invariant in $\partial \mathbb{D}$, the set $C(\Gamma) \cap \mathbb{D}$ is closed and invariant in $\mathbb{D}$.

Definition 6.2.2. The quotient $C(S)=(C(\Gamma) \cap \mathbb{D}) / \Gamma$ is called convex core of $S$.

It is known that, if $S$ is of finite type, we can cut $C(S)$ along a finite number of closed geodesics in order to obtain a compact convex subset $K$. Since the boundary of $K$ is geodesic and two different geodesics of $\mathbb{D}$ cannot intersect more than once, an arc of geodesic starting in $K$ which leaves $K$ must remain outside $K$.

We are now ready to prove the following lemma.
Lemma 6.2.3. With $g$ defined as in Section 5.1, the spaces $\Gamma K_{0}$ and $\Gamma$, endowed respectively with the hyperbolic metric (inherited from $\mathbb{D}$ ) and with a word metric are quasi-isometric.

Proof. We denote by $d$ the hyperbolic metric on $\mathbb{D}$ and $d_{\Gamma}$ the word metric on $\Gamma$, with respect to a fixed set of generators. Choose $x_{0} \in K_{0}$ and define

$$
\begin{aligned}
f: \Gamma & \rightarrow \Gamma K_{0} \\
\gamma & \mapsto \gamma x_{0} .
\end{aligned}
$$

Each point $x \in \Gamma K_{0}$ is in exactly one region of the form $\gamma K_{0}$. Thus we obtain a map $g: \Gamma K_{0} \rightarrow \Gamma$. We verify that these maps give the desired quasi-isometry: $g \circ f$ is the identity and $f \circ g$ does not move points more than the hyperbolic diameter of $K_{0}$, which is finite. This shows that these maps satisfy condition 3.

To prove 2 , set $R$ to be the hyperbolic diameter of $K_{0}, B$ the closed ball of radius $R$ centered on $x_{0}$,
$C=\{\gamma \in \Gamma: \gamma \neq \mathrm{id}$ and $\gamma B \cap B \neq \emptyset\} \quad$ and $\quad r=\inf \{d(B, \gamma B): \gamma \in \Gamma-(C \cup\{i d\})\}$.

Note that $C$ is finite, since the action of a group of deck transformations is always properly discontinuous. We claim that $r$ is strictly positive. Indeed, the set $E=\left\{\gamma \in \Gamma: d\left(x_{0}, \gamma x_{0}\right) \leq 4 R\right\}$ is finite (the action of $\Gamma$ is properly discontinuous). Hence, $r^{\prime}=\inf \{d(B, \gamma B): \gamma \in E\}$ is not zero. It then follows that $r \geq \min \left(r^{\prime}, R\right)>0$, as claimed.

Now consider an arbitrary $\gamma \in \Gamma$. Let $k$ be the smallest integer satisfying $d\left(x_{0}, \gamma x_{0}\right)<k r+R$ and choose points $x_{1}, \ldots, x_{k+1}=\gamma x_{0}$ on the geodesic segment $\left[x_{0}, \gamma x_{0}\right]$ such that $d\left(x_{0}, x_{1}\right) \leq R$ and $d\left(x_{i}, x_{i+1}\right) \leq r$ for $1 \leq i \leq p$. Since the geodesic segment is contained in $\Gamma K_{0}$, one may choose $\gamma_{1}, \ldots, \gamma_{k+1} \in$ $\Gamma$ such that $x_{i} \in \gamma_{i} B$. Setting $\sigma_{i}=\gamma_{i}^{-1} \gamma_{i+1}$, we have $\gamma=\sigma_{i} \ldots \sigma_{k}$,

$$
\gamma_{i}^{-1} x_{i} \in B, \quad \gamma_{i}^{-1} x_{i+1}=\sigma_{i} \gamma_{i+1}^{-1} x_{i+1} \in \sigma_{i} B \quad \text { and } \quad d\left(\gamma_{i}^{-1} x_{i}, \gamma_{i}^{-1} x_{i+1}\right)<r
$$

By the definition of $r$, this implies that $\sigma_{i} \in C \cup\{i d\}$. In particular, $C$ generates $\Gamma$ and, with respect to $C$, we have $d_{\Gamma}(1, \gamma) \leq k$. It follows from the minimality of $k$ that

$$
(k-1) r+R \leq d\left(x_{0}, \gamma x_{0}\right) \quad \text { and } \quad d_{\Gamma}(1, \gamma) \leq k \leq \frac{1}{r} d\left(x_{0}, \gamma x_{0}\right)+1
$$

Finally, it remains to check that condition 1 is verified. Set $L=$ $\max _{\sigma \in C} d\left(x_{0}, \sigma x_{0}\right)$. Now, for every pair $\gamma_{1}, \gamma_{2} \in \Gamma$, we can write $\gamma_{2} \gamma_{1}^{-1}=$
$\sigma_{i_{1}} \ldots \sigma_{i_{k}}$, therefore obtaining

$$
\begin{aligned}
d\left(f\left(\gamma_{1}\right), f\left(\gamma_{2}\right)\right) & =d\left(\gamma_{1} x_{0}, \gamma_{2} x_{0}\right) \\
& \leq d\left(\gamma_{1} x_{0}, \sigma_{i_{k}} \gamma_{1} x_{0}\right)+\ldots+d\left(\sigma_{i_{2}} \ldots \sigma_{i_{k}} \gamma_{1} x_{0}, \sigma_{i_{1}} \ldots \sigma_{i_{k}} \gamma_{1} x_{0}\right) \\
& =d\left(x_{0}, \sigma_{i_{k}} x_{0}\right)+\ldots+d\left(x_{0}, \sigma_{i_{1}} x_{0}\right) \\
& \leq L k=L d_{\Gamma}\left(\gamma_{1}, \gamma_{2}\right) .
\end{aligned}
$$

Note that, in this proof, $K$ may be replaced by any other compact containing it. It suffices to chosse $x_{0}$ in $K$ and carry out the proof by verbatim.

## 6.3 Proof of the main result

Combining the previous lemma and the positive linear growth already proved (Lemma 5.2.3), we arrive at the main result.

Theorem 6.3.1. The sequence $F^{n}(x)$ of iterates of a $\mu$-generic point $x$ in $\mathbb{D}$ tends to the boundary of $\mathbb{D}$ with positive speed. In other words, if $d$ is the hyperbolic metric, there exists a constant $\bar{m}>0$ such that

$$
\lim _{n \rightarrow \infty} \frac{1}{n} d\left(x, F^{n}(x)\right)=\bar{m}
$$

for $\mu$-almost every $x$ in $\mathbb{D}$.
Proof. The almost-everywhere existence of the limit is yet another application of the subadditive ergodic theorem, to the system $f: S \rightarrow S$ and to the functions $W_{i}=d\left(x, F^{i}(x)\right)$. Note that $W_{1}$ is integrable because the support of the measure $\mu$ is compact. The limit is constant due to its $f$-invariance and to the ergodicity of $f$. Now we show that $m>0$ implies $\bar{m}>0$. Choose $K \subset S$ a compact set of positive measure that contains the convex core of $S$. By Birkhoff's theorem, a $\mu$-generic point $x$ in $S$ visits $K$ infinitely many times. Let $n_{i}$ be the set of indices such that $F^{n_{i}}(x)$ belongs to $\Gamma K$ (here $S$ is identified with $S_{0}$ ). By Lemma 6.2.3,

$$
\frac{1}{n_{i}}\left|g\left(F^{n_{i}}(x)\right)\right| \leq \frac{1}{n_{i}}\left(\lambda d\left(x, F^{n_{i}}(x)\right)+C\right) .
$$

Hence, $\bar{m} \geq m / \lambda>0$.

